



Supplemental Figure 1: Forest plot of clinical studies on ischaemic conditioning in patients with acute myocardial infarction and with biomarker release or imaging techniques to estimate infarct size as end-point. The zero represents the mean value, and the gray bars represent the standard error of the mean for the placebo group. Closed squares represent

significantly reduced infarct size ($\bar{x} \pm \text{SEM}$), open squares represent non-significant changes. CK(-MB) = creatine kinase (muscle-brain); IC = ischaemic conditioning group; MRI = magnetic resonance imaging; n.s. = not significant; PLA = placebo group; PoCo = local ischaemic postconditioning; RIC = remote ischaemic conditioning; SPECT = single-photon emission computed tomography; Tn(I) = troponin (I);

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