Appendix 1. Version 1. Patient Benefit Assessment Scale Hospitalisation goals

The following questions cover how important the goals below are for you during your current hospitalisation.

Can you indicate how important each goal below is for you? You can choose from: 'not at all', 'somewhat', 'moderately' 'quite', or 'very'. If a goal doesn't apply to you, for example because you don't have difficulty with the listed problem (for example with bowel movements, or shortness of breath) or because you don't have a garden, then choose 'does not apply to me'.

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26 You can go back home	24	You can take a short break						
	25	You know the cause of your complaints						
27 You regain your independence	26	You can go back home						
	27	You regain your independence						

Evaluation of hospitalisation goals

In the beginning of your hospitalisation you indicated how important various goals for you were. Can you indicate for each of the goals below how much the hospitalisation has helped to achieving the goal? You can indicate whether the hospitalisation helped you 'not at all', 'somewhat', 'moderately' 'quite', or 'very'. If a goal didn't apply to you, for example because you didn't have difficulty with the listed problem (for example with bowel movements, or shortness of breath) or because you have no garden, then choose 'did not apply to me'.

	The hospitalisation helped me to	Not at all	Somewhat	Moderately	Quite	Very	Did not apply to me
1	Feel better						
2	Regain weight						
3	Improve my condition						
4	Have more energy						
5	Walk better						
6	Move easier						
7	Do the housework						
8	Cook						
9	Do the groceries						
10	Garden						
11	Take pleasure in eating						
12	Wash and dress myself						
13	Exercise or Participate in sports						
14	Have no pain						
15	Have normal bowel movements						
16	Have less shortness of breath						
17	Keep my disease under control						
18	Remain alive						
19	Enjoy life						
20	Regain my freedom						
21	Resume my volunteer work						
22	Go on outings						
23	Visit family or friends						
24	Can take a short break						
25	Know what the cause of my complaints is/was						
26	Go back to my home						
27	Regain my independence						