## Appendix 2. Final Version Patient Benefit Assessment Scale Hospitalisation Goals

People differ in what they wish to achieve with a hospitalisation. They have different goals. This depends on what they suffer from, what they are hospitalised for, and what they find important in life.

I am now going to mention some subjects that may be important to you during this hospitalisation. Can you say whether each applies to you?

A subject applies to you if you experience or anticipate problems or limitations and this applies to your life. For people who, for example, are short of breath, the subject shortness of breath probably applies, but not for others. For others they may be struggling to enjoy life because of their illness, but if you experience no problems with it, then this doesn't apply to you.

Instruction for the interviewer: Circle the number for the subject that applies to the participant.

If a participant asks what you mean by a subject, say:

Are you experiencing problems with [subject] now, or when you were admitted, or are you expecting problems with it because of your illness or hospitalisation?

For the functional subjects, prefer not to use the word 'problem', but rather 'trouble' or 'limitation'.

Now follow the subjects, you should indicate whether each subject applies to you or not:

1. Wanting to feel better

Explanation if necessary: do you feel sick or miserable and would you like to feel better?

- 2. Energy
- 3. Pain
- 4. Bowel movements
- 5. Shortness of breath
- 6. Walking
- 7. Appetite
- 8. Unclarity about what is wrong with me

Explanation if necessary: you may be wondering what is wrong with you. If this was already clear for you when you were admitted then this does not apply.

9. Controlling my disease

Explanation if necessary: Do you suffer from a disease that needs to be controlled?

10. Remain alive

Explanation if necessary: Was your life in danger when you were admitted or do you think that this hospitalisation must contribute to remain alive?

- 11. Enjoying life
- 12. Groceries
- 13. Washing and dressing myself
- 14. Gardening
- 15. Exercise or Sports
- 16. Hobbies
- 17. Driving
- 18. Going on outings
- 19. Visiting family or friends

20. Return back to my home

Explanation if necessary: Are you unsure whether you can return to your own home?

- 21. Independence
- 22. Are there other themes which are important to you during this hospitalisation that I have not mentioned yet? If so, which?

Now that we have identified the themes that apply to you, I am going to ask to what extent they are goals during this hospitalisation.

Can you indicate for each goal that I mention how important it is during <u>this</u> hospitalisation? You can choose from 'not at all important', 'moderately important' 'quite important', or 'very important'.

For some goals you may still say that they do not apply, for example because they do not matter during this hospitalisation. Then you indicate "does not apply to me now".

Instruction to interviewer: Read only the goals which you have circled.

		does not apply to me now	not at all important	somewhat important	<b>quite</b> important	very important
1	How important is it for you that you <b>feel better again</b> as a result of this hospitalisation					
2	How important is it for you that you <b>have more energy</b> as a result of this hospitalisation					
3	How important is it for you that you have less pain as a result of this hospitalisation					
4	How important is it for you that you have normal bowel movements again as a result of this hospitalisation					
5	How important is it for you that you <b>are less short of breath</b> as a result of this hospitalisation					
6	How important is it for you that you can <b>walk better again</b> as a result of this hospitalisation					
7	How important is it for you that you <b>regain your appetite</b> as a result of this hospitalisation					
8	How important is it for you that you <b>know what is wrong with you</b> as a result of this hospitalisation					
9	How important is it for you that <b>your disease is under control</b> as a result of this hospitalisation					
10	How important is it for you that you <b>remain alive</b> as a result of this hospitalisation					
11	How important is it for you that you can <b>enjoy life again</b> as a result of this hospitalisation					

		does not apply to me now	not at all important	somewhat important	<b>quite</b> important	<b>very</b> important
12	How important is it for you that you can <b>do the groceries again</b> as a result of this hospitalisation					
13	How important is it for you that you can wash and dress yourself again as a result of this hospitalisation					
14	How important is it for you that you <b>can garden again</b> as a result of this hospitalisation					
15	How important is it for you that you can exercise or participate in sports again as a result of this hospitalisation					
16	How important is it for you that you can exercise your hobbies again as a result of this hospitalisation					
17	How important is it for you that you <b>can drive again</b> as a result of this hospitalisation					
18	How important is it for you that you <b>go on outings again</b> as a result of this hospitalisation					
19	How important is it for you that you can visit family or friends again as a result of this hospitalisation					
20	How important is it for you that you can return to your own home again as a result of this hospitalisation					
21	How important is it for you that you regain your independence as a result of this hospitalisation					
22	How important is it for you that youas a result of this hospitalisation					
23	Do you have any goals I haven't mentioned yet? If so: How important is it to you that as a result of this hospitalisation					

## **Evaluation of hospitalisation goals**

In the beginning of your hospitalisation you indicated how important various goals for you were. A goal is something you want to achieve with a hospitalisation. Some goals you may have achieved, others maybe not or not entirely.

Can you indicate for each of the goals below how much the hospitalisation has helped to achieving the goal? You can indicate whether the hospitalisation has helped you 'not at all', 'moderately', 'quite', or 'completely'.

Only the goals which applied at baseline are evaluated with the participant.

		Not at all	Somewhat	Quite	Completely
1	Because of the hospitalisation I feel better again				
2	Because of the hospitalisation I have more energy				
3	Because of the hospitalisation I have no more pain				
4	Because of the hospitalisation I have normal bowel movements again				
5	Because of the hospitalisation I am less short of breath				
6	Because of the hospitalisation I walk better again				
7	Because of the hospitalisation I regained appetite				
8	Because of the hospitalisation I know what is/ was wrong with me				
9	Because of the hospitalisation my disease is under control				
10	Because of the hospitalisation I remained alive				
11	Because of the hospitalisation I enjoy life again				
12	Because of the hospitalisation I do the groceries again				
13	Because of the hospitalisation I wash and dress myself again				
14	Because of the hospitalisation I garden again				
15	Because of the hospitalisation I participate in sports again				

		Not at all	Somewhat	Quite	Completely
16	Because of the hospitalisation I can resumed my hobbies				
17	Because of the hospitalisation I drive again				
18	Because of the hospitalisation I go on outings again				
19	Because of the hospitalisation I visit family or friends again				
20	Because of the hospitalisation I am back in my own home				
21	Because of the hospitalisation I regained independence				
22	Because of the hospitalisation				