

Figure S1. Association of BMI with cause-specific mortality (sub-distribution hazard ratios and 95 % confidence intervals), modelled using restricted cubic splines with 4 knots in a competing risks regression model, adjusted for age, sex, HIV status and socioeconomic status. A BMI of 22 was used as the reference to display the hazard ratios.

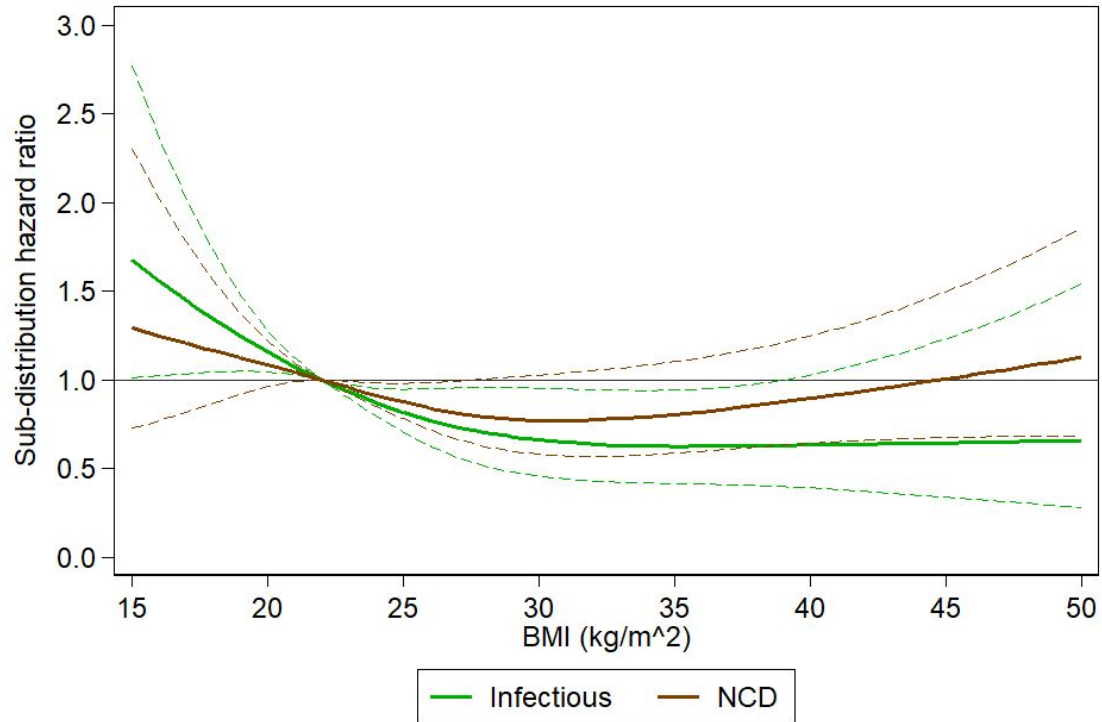


Table S1. Baseline characteristics of those who had BMI measured in the 2010 survey, and those who were eligible for survey but did not have BMI measured

| | Eligible for survey ¹ | BMI measured | BMI not measured ² |
|---------------------------------|----------------------------------|--------------|-------------------------------|
| | N=26,194 | N=9,728 | N=16,466 |
| Median (IQR) age (years) | 32 (20–50) | 31 (20–51) | 32 (21–49) |
| Age group | | | P<0.001³ |
| <30 | 12175 (46.5%) | 4656 (47.9%) | 7519 (45.7%) |
| 35-44 | 5516 (21.1%) | 1817 (18.7%) | 3699 (22.5%) |
| 45-59 | 4602 (17.6%) | 1771 (18.2%) | 2831 (17.2%) |
| 60+ | 3901 (14.9%) | 1484 (15.3%) | 2417 (14.7%) |
| Sex | | | P<0.001 |
| Male | 9966 (38.0%) | 2969 (30.5%) | 6997 (42.5%) |
| Female | 16228 (62.0%) | 6759 (69.5%) | 9469 (57.5%) |
| Marital status | | | P<0.001 |
| Single (never married) | 8114 (31.2%) | 3044 (31.5%) | 5070 (31.1%) |
| Married/informal union | 14958 (57.6%) | 5436 (56.2%) | 9522 (58.4%) |
| Widow/sep/divorced | 2910 (11.2%) | 1185 (12.3%) | 1725 (10.6%) |
| Missing | 212 | 63 | 149 |
| Education | | | P<0.001 |
| None | 4558 (17.5%) | 1824 (18.8%) | 2734 (16.7%) |
| Less than complete secondary | 13466 (51.6%) | 5287 (54.5%) | 8179 (49.9%) |
| Complete secondary/above | 8051 (30.9%) | 2589 (26.7%) | 5462 (33.4%) |
| Missing | 119 | 28 | 91 |
| Employed | | | P<0.001 |
| No | 19998 (77.3%) | 8164 (84.7%) | 11834 (73.0%) |
| Yes | 5859 (22.7%) | 1476 (15.3%) | 4383 (27.0%) |
| Missing | 337 | 88 | 249 |
| Residence | | | P<0.001 |
| Urban | 1953 (7.5 %) | 537 (5.5 %) | 1416 (8.6 %) |
| Peri-urban | 8084 (30.9%) | 2980 (30.7%) | 5104 (31.1%) |
| Rural | 16092 (61.6%) | 6195 (63.8%) | 9897 (60.3%) |
| Missing | 65 | 16 | 49 |
| SES tertile⁴ | | | P<0.001 |
| Low | 8566 (33.6%) | 3451 (36.0%) | 5115 (32.2%) |
| Middle | 8330 (32.7%) | 3199 (33.4%) | 5131 (32.3%) |
| High | 8569 (33.7%) | 2934 (30.6%) | 5635 (35.5%) |
| Missing | 729 | 144 | 585 |

¹Individuals who were on the eligibility list for the 2010 survey (aged ≥15 years as of Dec 2009 and resident in the DSS), were successfully contacted (92% of all on the list) and still eligible at the time of contact (75% of those contacted). ²Includes 16,431 individuals who refused consent, and 35 individuals who consented but for whom BMI measurements were not available. ³P-value from Chi-squared test comparing those with BMI measurements and those without (excludes missing values). ⁴Calculated from an asset index derived using principal component analysis, based on ownership of household items as measured in the annual household survey.

Table S2. Association of BMI and other covariates with all-cause mortality

| | Crude HR¹ (95% CI) | Adjusted HR¹ (95% CI) |
|---|--|---|
| BMI (kg/m²)² | P<0.001 | P<0.001 |
| <18.5 | 1.54 (1.28 -1.86) | 1.37 (1.12 -1.69) |
| 18.5-24.9 | 1 | 1 |
| 25.0-29.9 | 0.64 (0.56 -0.73) | 0.80 (0.69 -0.92) |
| 30.0-34.9 | 0.53 (0.43 -0.65) | 0.75 (0.60 -0.93) |
| ≥35 | 0.54 (0.44 -0.67) | 0.80 (0.64 -1.02) |
| Sex | P<0.001 | P<0.001 |
| Male | 1 | 1 |
| Female | 0.43 (0.37 -0.50) | 0.52 (0.44 -0.62) |
| HIV status³ | P<0.001 | P<0.001 |
| Negative | 1 | 1 |
| Positive not on ART | 3.68 (2.91 -4.67) | 3.73 (2.93 -4.75) |
| Positive on ART | 3.27 (2.59 -4.12) | 3.11 (2.44 -3.95) |
| Unknown ⁴ | 3.44 (2.83 -4.19) | 3.11 (2.54 -3.81) |
| SES tertile⁵ | P=0.49 | P=0.68 |
| Low | 1 | 1 |
| Middle | 0.96 (0.81 -1.14) | 0.96 (0.81 -1.15) |
| High | 0.90 (0.76 -1.07) | 0.93 (0.78 -1.10) |

¹HRs estimated from Cox regression; adjusted for current age (as timescale). Models were weighted to account for non-response in the 2010 survey. ²BMI modelled as a continuous covariate by restricted cubic splines with 4 knots; deaths / person-years in each group shown for information only. HRs are presented at selected values of BMI, comparing the median value in each BMI group to BMI 22 as the reference. ³Imputed HIV status in 2010, based on complete history of testing in the DSS, including subsequent years. ⁴Includes 402 individuals who never tested, 138 whose last test was negative but >2 years before the survey, and individuals whose first test was after 2010, and was positive. ⁵Calculated from an asset index derived using principal component analysis, based on ownership of household items as measured in the annual household survey.

Table S3. Causes of death, by BMI category

| | All deaths | BMI (kg/m²)¹ | | | | |
|-----------------------------|-------------------|---|-------------------|------------------|------------------|--------------|
| | | <18.5 | 18.5– 24.9 | 25.0–29.9 | 30.0–34.9 | ≥35.0 |
| Infectious/parasitic | 261 (33.5%) | 31 (36.9%) | 131 (39.1%) | 52 (28.3%) | 29 (31.2%) | 18 (21.7%) |
| Neoplasms | 97 (12.5%) | 18 (21.4%) | 39 (11.6%) | 15 (8.2 %) | 9 (9.7 %) | 16 (19.3%) |
| Endocrine/metabolic | 26 (3.3 %) | 0 (0.0 %) | 10 (3.0 %) | 9 (4.9 %) | 4 (4.3 %) | 3 (3.6 %) |
| Cardiovascular | 169 (21.7%) | 14 (16.7%) | 55 (16.4%) | 49 (26.6%) | 25 (26.9%) | 26 (31.3%) |
| COPD/asthma | 8 (1.0 %) | 1 (1.2 %) | 3 (0.9 %) | 1 (0.5 %) | 0 (0.0 %) | 3 (3.6 %) |
| Acute abdomen/liver failure | 27 (3.5 %) | 3 (3.6 %) | 7 (2.1 %) | 10 (5.4 %) | 2 (2.2 %) | 5 (6.0 %) |
| Renal failure | 32 (4.1 %) | 1 (1.2 %) | 7 (2.1 %) | 17 (9.2 %) | 5 (5.4 %) | 2 (2.4 %) |
| Epilepsy | 3 (0.4 %) | 1 (1.2 %) | 0 (0.0 %) | 2 (1.1 %) | 0 (0.0 %) | 0 (0.0 %) |
| Pregnancy/childbirth | 5 (0.6 %) | 0 (0.0 %) | 1 (0.3 %) | 1 (0.5 %) | 1 (1.1 %) | 2 (2.4 %) |
| Injury/accident/poisoning | 83 (10.7%) | 8 (9.5 %) | 52 (15.5%) | 18 (9.8 %) | 3 (3.2 %) | 2 (2.4 %) |
| Unknown | 68 (8.7 %) | 7 (8.3 %) | 30 (9.0 %) | 10 (5.4 %) | 15 (16.1%) | 6 (7.2 %) |
| Total | 779 | 84 | 335 | 184 | 93 | 83 |