**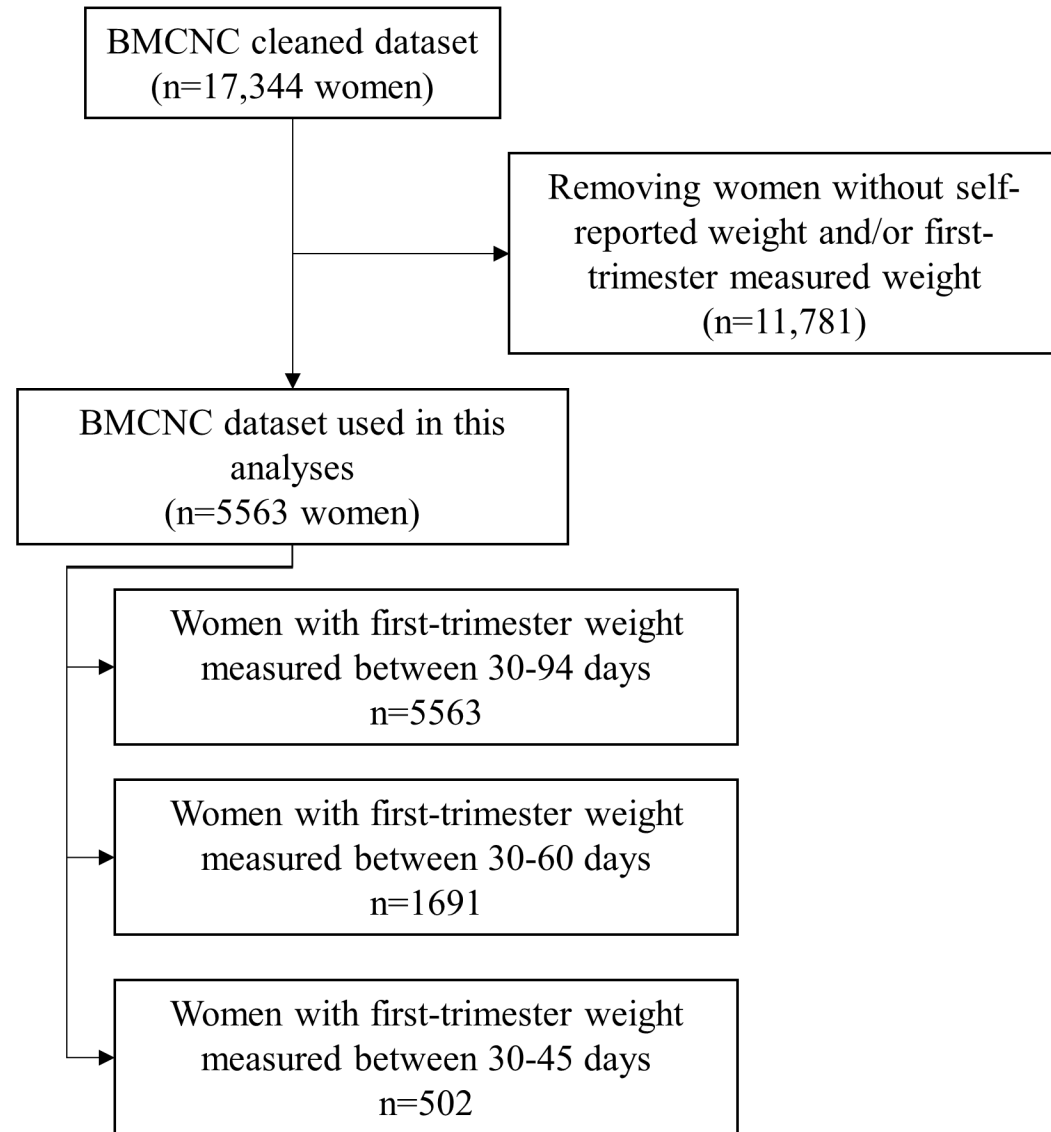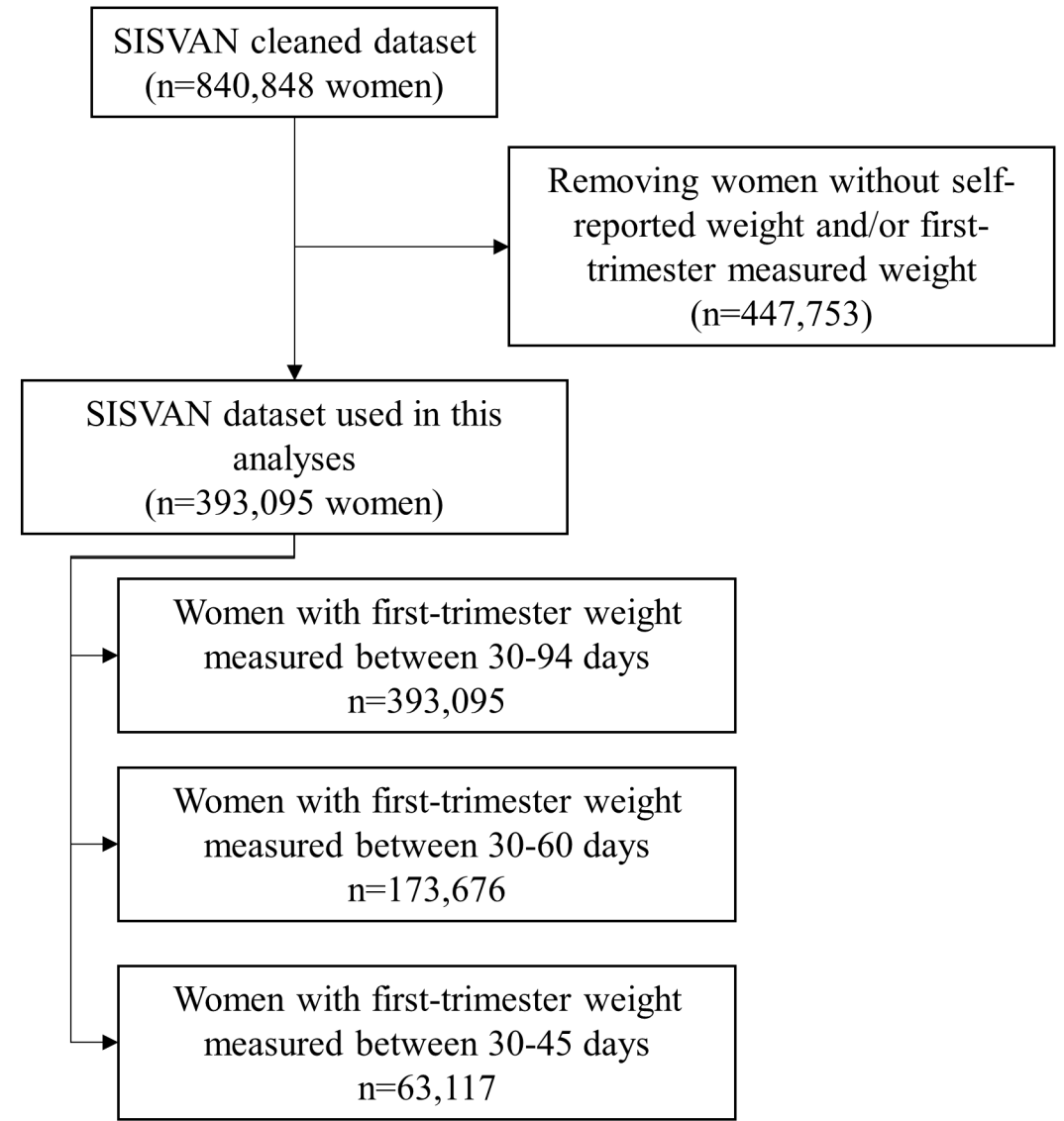Additional figure 1.** Flowchart for the constitution of the datasets used in this study: **a.** data from the Brazilian Maternal and Child Nutrition Consortium (BMCNC), and **b.** the National Food and Nutritional Surveillance System (SISVAN).