

## Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see our [Editorial Policies](#) and the [Editorial Policy Checklist](#).

### Statistics

For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

n/a Confirmed

- The exact sample size ( $n$ ) for each experimental group/condition, given as a discrete number and unit of measurement
- A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
- The statistical test(s) used AND whether they are one- or two-sided  
*Only common tests should be described solely by name; describe more complex techniques in the Methods section.*
- A description of all covariates tested
- A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
- A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
- For null hypothesis testing, the test statistic (e.g.  $F$ ,  $t$ ,  $r$ ) with confidence intervals, effect sizes, degrees of freedom and  $P$  value noted  
*Give  $P$  values as exact values whenever suitable.*
- For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
- For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
- Estimates of effect sizes (e.g. Cohen's  $d$ , Pearson's  $r$ ), indicating how they were calculated

*Our web collection on [statistics for biologists](#) contains articles on many of the points above.*

### Software and code

Policy information about [availability of computer code](#)

Data collection  
The Immunohistochemistry data: Leica TCS SP8 confocal laser microscopy system  
The qRT-PCR data: ViiA 7 Software v1.2.4 on ViiA 7DX  
The western blot data: ImageQuant LAS 4000mini and Amersham Imager 600  
RNA sequencing: Illumina NovaSeq 6000

Data analysis  
GraphPad Prism 6.0, cutadapt, Ensembl, HTseq, pheatmap R package, DEseq R, ggplots2 R, topGO, KAAS, STRING database, Cytoscape

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Research [guidelines for submitting code & software](#) for further information.

### Data

Policy information about [availability of data](#)

All manuscripts must include a [data availability statement](#). This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

The authors declare that data supporting the findings of this study are available within the manuscript and Supplementary Information.

## Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

Life sciences       Behavioural & social sciences       Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see [nature.com/documents/nr-reporting-summary-flat.pdf](https://www.nature.com/documents/nr-reporting-summary-flat.pdf)

## Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

|                 |   |
|-----------------|---|
| Sample size     | For animal assay, sample sizes were selected empirically from previous experimental experience with similar assays, and/or from sizes generally employed in the field as indicated in the method section (Mouse strains). |
| Data exclusions | No exclusion of animals were used.  |
| Replication     | Data are representative of at least 3 independent experiments, and all attempts at replication were successful.   |
| Randomization   | No randomization was used. Wide-type and Arrb2 <sup>-/-</sup> mice were bred separately. and 6 weeks old male mice were randomly chosen for experiments as described in the text and Methods section (Mouse strains).     |
| Blinding        | Investigators were blinded to mouse chosen.   |

## Behavioural & social sciences study design

All studies must disclose on these points even when the disclosure is negative.

|                   |   |
|-------------------|---|
| Study description | Briefly describe the study type including whether data are quantitative, qualitative, or mixed-methods (e.g. qualitative cross-sectional, quantitative experimental, mixed-methods case study).   |
| Research sample   | State the research sample (e.g. Harvard university undergraduates, villagers in rural India) and provide relevant demographic information (e.g. age, sex) and indicate whether the sample is representative. Provide a rationale for the study sample chosen. For studies involving existing datasets, please describe the dataset and source.  |
| Sampling strategy | Describe the sampling procedure (e.g. random, snowball, stratified, convenience). Describe the statistical methods that were used to predetermine sample size OR if no sample-size calculation was performed, describe how sample sizes were chosen and provide a rationale for why these sample sizes are sufficient. For qualitative data, please indicate whether data saturation was considered, and what criteria were used to decide that no further sampling was needed. |
| Data collection   | Provide details about the data collection procedure, including the instruments or devices used to record the data (e.g. pen and paper, computer, eye tracker, video or audio equipment) whether anyone was present besides the participant(s) and the researcher, and whether the researcher was blind to experimental condition and/or the study hypothesis during data collection.  |
| Timing            | Indicate the start and stop dates of data collection. If there is a gap between collection periods, state the dates for each sample cohort.   |
| Data exclusions   | If no data were excluded from the analyses, state so OR if data were excluded, provide the exact number of exclusions and the rationale behind them, indicating whether exclusion criteria were pre-established.  |
| Non-participation | State how many participants dropped out/declined participation and the reason(s) given OR provide response rate OR state that no participants dropped out/declined participation.   |
| Randomization     | If participants were not allocated into experimental groups, state so OR describe how participants were allocated to groups, and if allocation was not random, describe how covariates were controlled.   |

## Ecological, evolutionary & environmental sciences study design

All studies must disclose on these points even when the disclosure is negative.

|                   |   |
|-------------------|---|
| Study description | Briefly describe the study. For quantitative data include treatment factors and interactions, design structure (e.g. factorial, nested, hierarchical), nature and number of experimental units and replicates.  |
| Research sample   | Describe the research sample (e.g. a group of tagged <i>Passer domesticus</i> , all <i>Stenocereus thurberi</i> within Organ Pipe Cactus National Monument), and provide a rationale for the sample choice. When relevant, describe the organism taxa, source, sex, age range and any manipulations. State what population the sample is meant to represent when applicable. For studies involving existing datasets, |

|                                   |  |
|-----------------------------------|--|
|                                   | <i>describe the data and its source.</i>   |
| Sampling strategy                 | <i>Note the sampling procedure. Describe the statistical methods that were used to predetermine sample size OR if no sample-size calculation was performed, describe how sample sizes were chosen and provide a rationale for why these sample sizes are sufficient.</i>                                 |
| Data collection                   | <i>Describe the data collection procedure, including who recorded the data and how.</i>  |
| Timing and spatial scale          | <i>Indicate the start and stop dates of data collection, noting the frequency and periodicity of sampling and providing a rationale for these choices. If there is a gap between collection periods, state the dates for each sample cohort. Specify the spatial scale from which the data are taken</i> |
| Data exclusions                   | <i>If no data were excluded from the analyses, state so OR if data were excluded, describe the exclusions and the rationale behind them, indicating whether exclusion criteria were pre-established.</i>   |
| Reproducibility                   | <i>Describe the measures taken to verify the reproducibility of experimental findings. For each experiment, note whether any attempts to repeat the experiment failed OR state that all attempts to repeat the experiment were successful.</i>   |
| Randomization                     | <i>Describe how samples/organisms/participants were allocated into groups. If allocation was not random, describe how covariates were controlled. If this is not relevant to your study, explain why.</i>  |
| Blinding                          | <i>Describe the extent of blinding used during data acquisition and analysis. If blinding was not possible, describe why OR explain why blinding was not relevant to your study.</i>   |
| Did the study involve field work? | <input type="checkbox"/> Yes <input type="checkbox"/> No   |

## Field work, collection and transport

|                        |   |
|------------------------|---|
| Field conditions       | <i>Describe the study conditions for field work, providing relevant parameters (e.g. temperature, rainfall).</i>  |
| Location               | <i>State the location of the sampling or experiment, providing relevant parameters (e.g. latitude and longitude, elevation, water depth).</i>   |
| Access & import/export | <i>Describe the efforts you have made to access habitats and to collect and import/export your samples in a responsible manner and in compliance with local, national and international laws, noting any permits that were obtained (give the name of the issuing authority, the date of issue, and any identifying information).</i> |
| Disturbance            | <i>Describe any disturbance caused by the study and how it was minimized.</i>   |

## Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

### Materials & experimental systems

### Methods

| n/a                                 | Involved in the study   |
|-------------------------------------|---|
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> Antibodies                  |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> Eukaryotic cell lines       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Palaeontology and archaeology          |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> Animals and other organisms |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Human research participants            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Clinical data                          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Dual use research of concern           |

| n/a                                 | Involved in the study                           |
|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> ChIP-seq               |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> Flow cytometry         |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> MRI-based neuroimaging |

## Antibodies

|                 |   |
|-----------------|---|
| Antibodies used | The following chemical reagents and antibodies were used in this study: anti-TBK1 (3504), anti-phospho-TBK1 (5483), anti-phospho-IRF3 (29047), anti-phospho-IRF7 (24129), anti-phospho-p65 (3033), anti-phospho-p38 (9215), anti-phospho-Erk1/2 (9101), anti-STING (13647), anti-cGAS (15102), anti-RIG-I (4200), anti-phospho-STING (72971), and anti- $\beta$ -arrestin 2 (3857S; all from Cell Signaling Technology); anti- $\beta$ -arrestin 2 (ab54790; from Abcam); anti-Flag M2 Affinity Gel (A2220), anti-HA (H9658), anti-HA (H6908), and anti-Flag (F7425; all from Sigma-Aldrich); anti-GST (CW0085M) and anti-His (CW0083M; both from Cwbio).       |
| Validation      | The commercial antibodies are well used and reported in lots of previous publications. Anti-phospho-TBK1 (5483) is used for human and mouse species, and for Western blot, Immunoprecipitation, Immunofluorescence, Flow cytometry; anti-phospho-IRF3 is used for human, mouse, rat species, and for Western blot, Immunoprecipitation, Immunofluorescence, Flow cytometry; anti-phospho-STING (72971) is used for mouse species, and for Western blot; anti-phospho-IRF7 (24129) is used for mouse species, and for Western blot; anti- $\beta$ -arrestin 2 (3857S) is used for human, mouse, rat, moukey species, and for Western blot, Immunohistochemistry; |

## Eukaryotic cell lines

Policy information about [cell lines](#)

|  |   |
|--|---|
| Cell line source(s)  | Mouse peritoneal macrophages obtained from Arrb2 <sup>-/-</sup> and wide-type mice;<br>mouse embryonic fibroblasts obtained from Arrb2 <sup>-/-</sup> mice;<br>RAW264.7 (ATCC SC-6003) obtained from the American Type Culture Collection (ATCC).<br>L929 (ATCC CCL-1) obtained from the American Type Culture Collection (ATCC).<br>HeLa (ATCC CCL-2) obtained from the American Type Culture Collection (ATCC).<br>Vero (ATCC CCL-81) obtained from the American Type Culture Collection (ATCC).<br>HEK293T (ATCC CRL-11268) obtained from the American Type Culture Collection (ATCC). |
| Authentication   | None of the cell lines used were authenticated.   |
| Mycoplasma contamination   | All cell lines were routinely tested for mycoplasma contamination. All cell lines used are free of mycoplasma but not described in text.  |
| Commonly misidentified lines<br>(See <a href="#">ICLAC</a> register) | No Commonly misidentified lines were used.  |

## Palaeontology and Archaeology

|   |  |
|---|--|
| Specimen provenance   | <i>Provide provenance information for specimens and describe permits that were obtained for the work (including the name of the issuing authority, the date of issue, and any identifying information).</i>  |
| Specimen deposition   | <i>Indicate where the specimens have been deposited to permit free access by other researchers.</i>  |
| Dating methods  | <i>If new dates are provided, describe how they were obtained (e.g. collection, storage, sample pretreatment and measurement), where they were obtained (i.e. lab name), the calibration program and the protocol for quality assurance OR state that no new dates are provided.</i> |
| <input type="checkbox"/> Tick this box to confirm that the raw and calibrated dates are available in the paper or in Supplementary Information. |  |
| Ethics oversight  | <i>Identify the organization(s) that approved or provided guidance on the study protocol, OR state that no ethical approval or guidance was required and explain why not.</i>  |

Note that full information on the approval of the study protocol must also be provided in the manuscript.

## Animals and other organisms

Policy information about [studies involving animals](#); [ARRIVE guidelines](#) recommended for reporting animal research

|                         |   |
|-------------------------|---|
| Laboratory animals      | Homozygous Arrb2 <sup>-/-</sup> mice obtained from Dr. G. Pei, Tongji University, Shanghai, China. 6-week-old Arrb2 <sup>-/-</sup> mice and wild-type control mice used in the experiments were bred in specific pathogen-free conditions. This was described in Methods section (Mouse strains and Virus infection parts). |
| Wild animals            | Study did not involve wild animals.   |
| Field-collected samples | Study did not involve field-collected samples.  |
| Ethics oversight        | All animal studies were approved by the Institutional Animal Care and Use Committee of Fudan University as indicated in Method section (Mouse strains part).  |

Note that full information on the approval of the study protocol must also be provided in the manuscript.

## Human research participants

Policy information about [studies involving human research participants](#)

|                            |  |
|----------------------------|--|
| Population characteristics | <i>Describe the covariate-relevant population characteristics of the human research participants (e.g. age, gender, genotypic information, past and current diagnosis and treatment categories). If you filled out the behavioural &amp; social sciences study design questions and have nothing to add here, write "See above."</i> |
| Recruitment                | <i>Describe how participants were recruited. Outline any potential self-selection bias or other biases that may be present and how these are likely to impact results.</i>   |
| Ethics oversight           | <i>Identify the organization(s) that approved the study protocol.</i>  |

Note that full information on the approval of the study protocol must also be provided in the manuscript.

## Clinical data

Policy information about [clinical studies](#)

All manuscripts should comply with the ICMJE [guidelines for publication of clinical research](#) and a completed [CONSORT checklist](#) must be included with all submissions.

|                             |  |
|-----------------------------|--|
| Clinical trial registration | <input type="text" value="Provide the trial registration number from ClinicalTrials.gov or an equivalent agency."/>                            |
| Study protocol              | <input type="text" value="Note where the full trial protocol can be accessed OR if not available, explain why."/>                              |
| Data collection             | <input type="text" value="Describe the settings and locales of data collection, noting the time periods of recruitment and data collection."/> |
| Outcomes                    | <input type="text" value="Describe how you pre-defined primary and secondary outcome measures and how you assessed these measures."/>          |

## Dual use research of concern

Policy information about [dual use research of concern](#)

### Hazards

Could the accidental, deliberate or reckless misuse of agents or technologies generated in the work, or the application of information presented in the manuscript, pose a threat to:

| No                                  | Yes                      |                            |
|-------------------------------------|--------------------------|----------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Public health              |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | National security          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Crops and/or livestock     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Ecosystems                 |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Any other significant area |

### Experiments of concern

Does the work involve any of these experiments of concern:

| No                                  | Yes                      |   |
|-------------------------------------|--------------------------|---|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Demonstrate how to render a vaccine ineffective                             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Confer resistance to therapeutically useful antibiotics or antiviral agents |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Enhance the virulence of a pathogen or render a nonpathogen virulent        |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Increase transmissibility of a pathogen                                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Alter the host range of a pathogen  |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Enable evasion of diagnostic/detection modalities                           |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Enable the weaponization of a biological agent or toxin                     |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Any other potentially harmful combination of experiments and agents         |

## ChIP-seq

### Data deposition

- Confirm that both raw and final processed data have been deposited in a public database such as [GEO](#).
- Confirm that you have deposited or provided access to graph files (e.g. BED files) for the called peaks.

Data access links  
May remain private before publication.

Files in database submission

Genome browser session  
(e.g. [UCSC](#))

### Methodology

Replicates

Sequencing depth

|                         |   |
|-------------------------|---|
| Antibodies              | <i>Describe the antibodies used for the ChIP-seq experiments; as applicable, provide supplier name, catalog number, clone name, and lot number.</i>                         |
| Peak calling parameters | <i>Specify the command line program and parameters used for read mapping and peak calling, including the ChIP, control and index files used.</i>                            |
| Data quality            | <i>Describe the methods used to ensure data quality in full detail, including how many peaks are at FDR 5% and above 5-fold enrichment.</i>                                 |
| Software                | <i>Describe the software used to collect and analyze the ChIP-seq data. For custom code that has been deposited into a community repository, provide accession details.</i> |

## Flow Cytometry

### Plots

Confirm that:

- The axis labels state the marker and fluorochrome used (e.g. CD4-FITC).
- The axis scales are clearly visible. Include numbers along axes only for bottom left plot of group (a 'group' is an analysis of identical markers).
- All plots are contour plots with outliers or pseudocolor plots.
- A numerical value for number of cells or percentage (with statistics) is provided.

### Methodology

|                           |   |
|---------------------------|---|
| Sample preparation        | <i>Describe the sample preparation, detailing the biological source of the cells and any tissue processing steps used.</i>  |
| Instrument                | <i>Identify the instrument used for data collection, specifying make and model number.</i>  |
| Software                  | <i>Describe the software used to collect and analyze the flow cytometry data. For custom code that has been deposited into a community repository, provide accession details.</i>   |
| Cell population abundance | <i>Describe the abundance of the relevant cell populations within post-sort fractions, providing details on the purity of the samples and how it was determined.</i>  |
| Gating strategy           | <i>Describe the gating strategy used for all relevant experiments, specifying the preliminary FSC/SSC gates of the starting cell population, indicating where boundaries between "positive" and "negative" staining cell populations are defined.</i> |

Tick this box to confirm that a figure exemplifying the gating strategy is provided in the Supplementary Information.

## Magnetic resonance imaging

### Experimental design

|                                 |   |
|---------------------------------|---|
| Design type                     | <i>Indicate task or resting state; event-related or block design.</i>   |
| Design specifications           | <i>Specify the number of blocks, trials or experimental units per session and/or subject, and specify the length of each trial or block (if trials are blocked) and interval between trials.</i>  |
| Behavioral performance measures | <i>State number and/or type of variables recorded (e.g. correct button press, response time) and what statistics were used to establish that the subjects were performing the task as expected (e.g. mean, range, and/or standard deviation across subjects).</i> |

### Acquisition

|                               |   |
|-------------------------------|---|
| Imaging type(s)               | <i>Specify: functional, structural, diffusion, perfusion.</i>   |
| Field strength                | <i>Specify in Tesla</i>   |
| Sequence & imaging parameters | <i>Specify the pulse sequence type (gradient echo, spin echo, etc.), imaging type (EPI, spiral, etc.), field of view, matrix size, slice thickness, orientation and TE/TR/flip angle.</i> |
| Area of acquisition           | <i>State whether a whole brain scan was used OR define the area of acquisition, describing how the region was determined.</i>   |
| Diffusion MRI                 | <input type="checkbox"/> Used <input type="checkbox"/> Not used   |

## Preprocessing

|                            |  |
|----------------------------|--|
| Preprocessing software     | <i>Provide detail on software version and revision number and on specific parameters (model/functions, brain extraction, segmentation, smoothing kernel size, etc.).</i>   |
| Normalization              | <i>If data were normalized/standardized, describe the approach(es): specify linear or non-linear and define image types used for transformation OR indicate that data were not normalized and explain rationale for lack of normalization.</i> |
| Normalization template     | <i>Describe the template used for normalization/transformation, specifying subject space or group standardized space (e.g. original Talairach, MNI305, ICBM152) OR indicate that the data were not normalized.</i>                             |
| Noise and artifact removal | <i>Describe your procedure(s) for artifact and structured noise removal, specifying motion parameters, tissue signals and physiological signals (heart rate, respiration).</i>   |
| Volume censoring           | <i>Define your software and/or method and criteria for volume censoring, and state the extent of such censoring.</i>   |

## Statistical modeling & inference

|   |   |
|---|---|
| Model type and settings   | <i>Specify type (mass univariate, multivariate, RSA, predictive, etc.) and describe essential details of the model at the first and second levels (e.g. fixed, random or mixed effects; drift or auto-correlation).</i> |
| Effect(s) tested  | <i>Define precise effect in terms of the task or stimulus conditions instead of psychological concepts and indicate whether ANOVA or factorial designs were used.</i>   |
| Specify type of analysis:   | <input type="checkbox"/> Whole brain <input type="checkbox"/> ROI-based <input type="checkbox"/> Both   |
| Statistic type for inference<br>(See <a href="#">Eklund et al. 2016</a> ) | <i>Specify voxel-wise or cluster-wise and report all relevant parameters for cluster-wise methods.</i>  |
| Correction  | <i>Describe the type of correction and how it is obtained for multiple comparisons (e.g. FWE, FDR, permutation or Monte Carlo).</i>   |

## Models & analysis

|   |  |
|---|--|
| n/a   | Included in the study  |
| <input type="checkbox"/>                      | <input type="checkbox"/> Functional and/or effective connectivity  |
| <input type="checkbox"/>                      | <input type="checkbox"/> Graph analysis  |
| <input type="checkbox"/>                      | <input type="checkbox"/> Multivariate modeling or predictive analysis  |
| Functional and/or effective connectivity      | <i>Report the measures of dependence used and the model details (e.g. Pearson correlation, partial correlation, mutual information).</i>   |
| Graph analysis                                | <i>Report the dependent variable and connectivity measure, specifying weighted graph or binarized graph, subject- or group-level, and the global and/or node summaries used (e.g. clustering coefficient, efficiency, etc.).</i> |
| Multivariate modeling and predictive analysis | <i>Specify independent variables, features extraction and dimension reduction, model, training and evaluation metrics.</i>   |