

APPENDIX 1

	Guide to Questions
Generic needs	<p>Tell me about what was different for you/ you and your child following your injury?</p> <p>What help did you/your child need after your injury?</p>
Discharge specific needs	<p>What was it like for you/ you and your child when you went home from the hospital?</p> <p>When you/your child went home from the hospital how did you feel?</p> <p>Did you feel you/you and your child prepared to go home?</p> <p>Was there anything that worried you/ you and your child about going home?</p> <p>Did you/you and your child need any support/help from hospital staff/health professionals when you went home from the hospital?</p> <p>Did you feel that you got the help you/you and your child needed?</p> <p>Did you/your child have any difficulties when you went home from the hospital?</p> <p>Was there anything that really helped or made things easier when you/your child went home?</p>

	<p>Probes: Equipment, modifications to home, home visits, advice leaflets, meetings before discharge, follow up appointments, phone calls from the hospital.</p>
Key Worker	<p>Did you/your child have a key worker (a health professional/nurse/physio/occupational-therapist/carer/doctor) who provided help or advice when you went home from the hospital?</p> <p>If answers yes: Did you find this helpful? Why was this helpful?</p> <p>What did the key worker do for you?</p> <p>If answers no: Do you think that a key worker would have been helpful?</p> <p>What help/support could have they provided?</p>
Information needs	<p>Was your/your child's injury explained to you in the hospital?</p> <p>Did you understand the explanation of your/your child's injury?</p> <p>Did you understand how the injury would affect you/your child?</p> <p>Were you provided with advice about what you/your child was allowed and not allowed to do following your/your child's injury? Was this easy to understand?</p> <p>Did you receive any advice or information when you were discharged from the hospital? Probe: information booklet, helplines, follow up appointments/ follow up phone calls.</p>

	<p>If answers yes: Was the information helpful/how? Were you given enough information? Was it easy to understand? Who gave you the information?</p> <p>If answers no: Was there you wanted to know when you went home from the hospital, which you were not told? Was there anything you had to find out for yourself?</p>
Educational needs	<p>How did you/your child deal with returning to school after their injury?</p> <p>Did you/your child have any difficulties returning to school?</p> <p>Did your/your child's teachers know that you/your child had suffered from an injury?</p> <p>Probes: Did they understand the injury/do anything differently?</p> <p>Was there anything that really helped you/your child when you returned to school?</p> <p>Were there any changes made or advice which made your/your child's return to school easier?</p>
Social needs	<p>Did your friends/family know about your/your child's injury?</p> <p>Do you think they understood what had happened to you/your child?</p> <p>Were your friendships different in any way following your/your child's injury?</p> <p>Did your friends and family help you/your child after your child's injury?</p> <p>Did your/your child's hobbies/play/sporting activities change following your injury?</p>

<p>Physical</p>	<p>Did you/your child have any physical problems following the injury?</p> <p>(Probes: will depend on the age of child: difficulties walking, talking, crawling, eating, speaking hearing, toileting, returning to their usual activities)</p> <p>Did you/your child need crutches/walking frame/wheel chair after your injury?</p> <p>Did you/your child have any treatment from therapists /health professionals to help with the physical problems after the injury?</p> <p>Therapists and Health Professionals are: physiotherapists/occupational therapists/dieticians/speech therapists/nurses/doctors.</p> <p>Did you need additional care/help at home? Probe: adaptations to the home, downstairs living.</p> <p>Was there any change to your/your child's appearance after their injury?</p> <p>Probes: scars, cuts & bruises, weight gain or loss, items your child had to wear: supports, casts, brace, breathing pipe.</p>
<p>Psychological</p>	<p>Were you or your child scared or worried after your/your child's injury?</p> <p>Did you or your child have any problems sleeping following their injury?</p> <p>Did your child's/your behaviour change following the injury?</p>
<p>Emotional needs</p>	<p>How did you feel after your/your child's injury?</p>

	<p>Did your/your child's injury affect you emotionally?</p> <p>Did you receive any emotional support from staff at the hospital or people in your local community?</p> <p>Probes: worried, concerns for the future, upset, scared.</p>
Family/work needs?	<p>Did your/your child's injury affect the family or family life?</p> <p>Probes:</p> <ul style="list-style-type: none"> • Was there any change to the daily routine? • Was there any change to roles/responsibilities within the family? • Do you have other children? Was it difficult to look after them at the time of your child's injury? • Were you working at the time of your child's injury? Did their injury affect work in any way? • Was your place of employment supportive after your child's injury? • Did you need any support to look after your child ?
Current situation	<p>What are things like for you/your child now?</p> <p>Are you receiving help from either the hospital or your community services?</p> <p>Have you/ your child regained their previous level of activities at home?</p> <p>And at school?</p>
Unmet needs/met needs	<p>Looking back over the time since the injury, is there anything that could have been done differently to help your/your child's recovery?</p> <p>With hindsight were there any services which you did not receive which you think would have helped you and your child/you?</p> <p>What really helped you after your injury/ you and your child after your child's injury. Probes: Advice/information/people (health</p>

	professionals/family, friends/people in the community), equipment, support groups, follow ups.
Closing	Thank you for much for talking to me today. Do you have any questions or is there anything else you would like to tell me which we haven't covered?