

Supporting information

2'-O-methylation can increase the abundance and lifetime of alternative RNA conformational states

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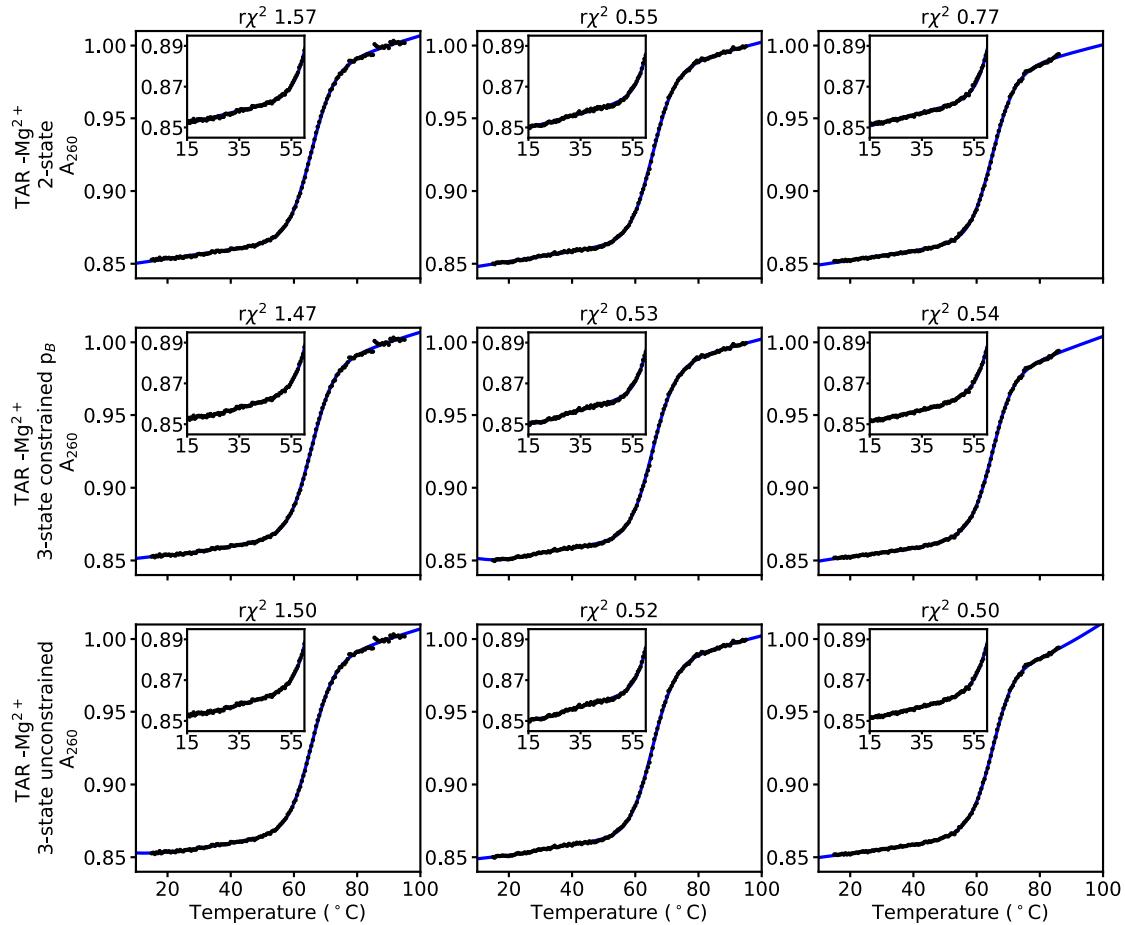
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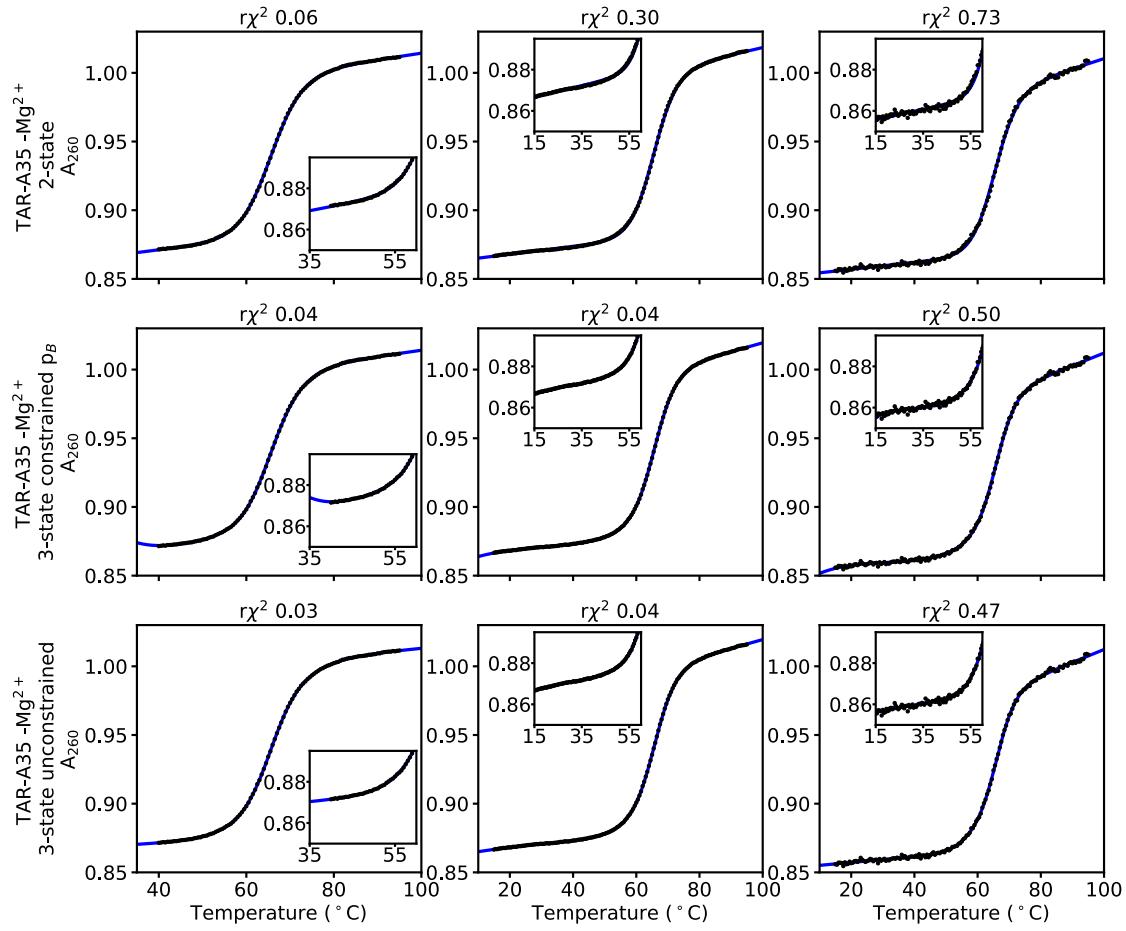
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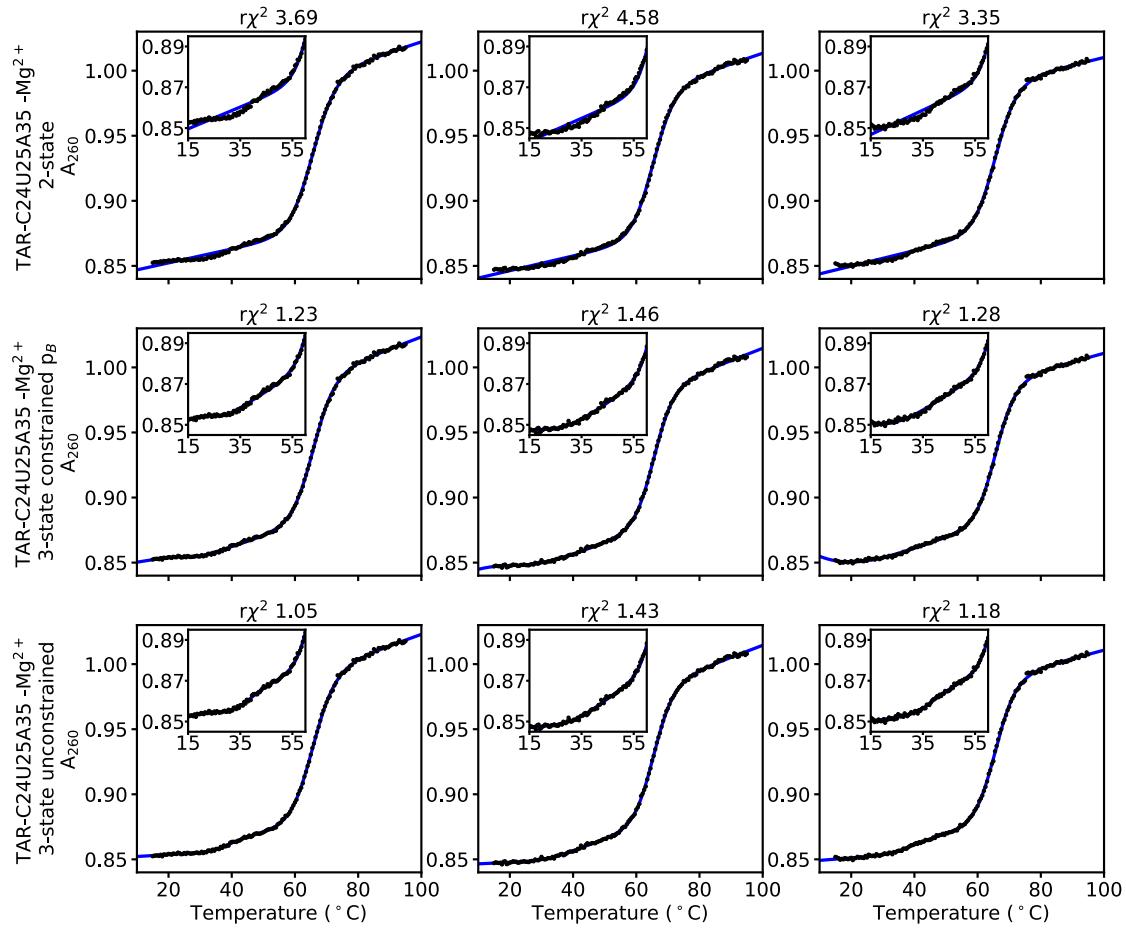
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Supplementary Figures







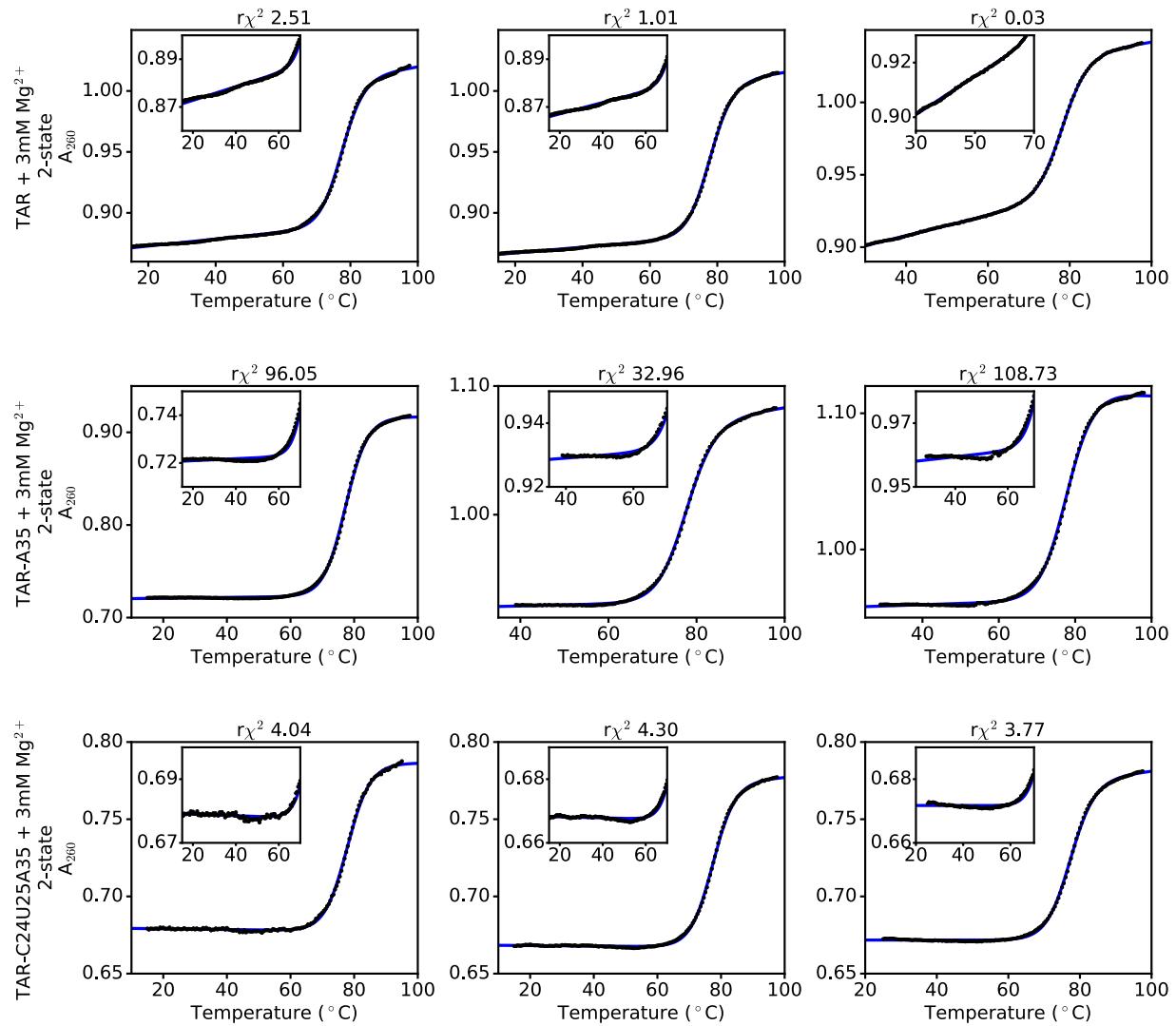
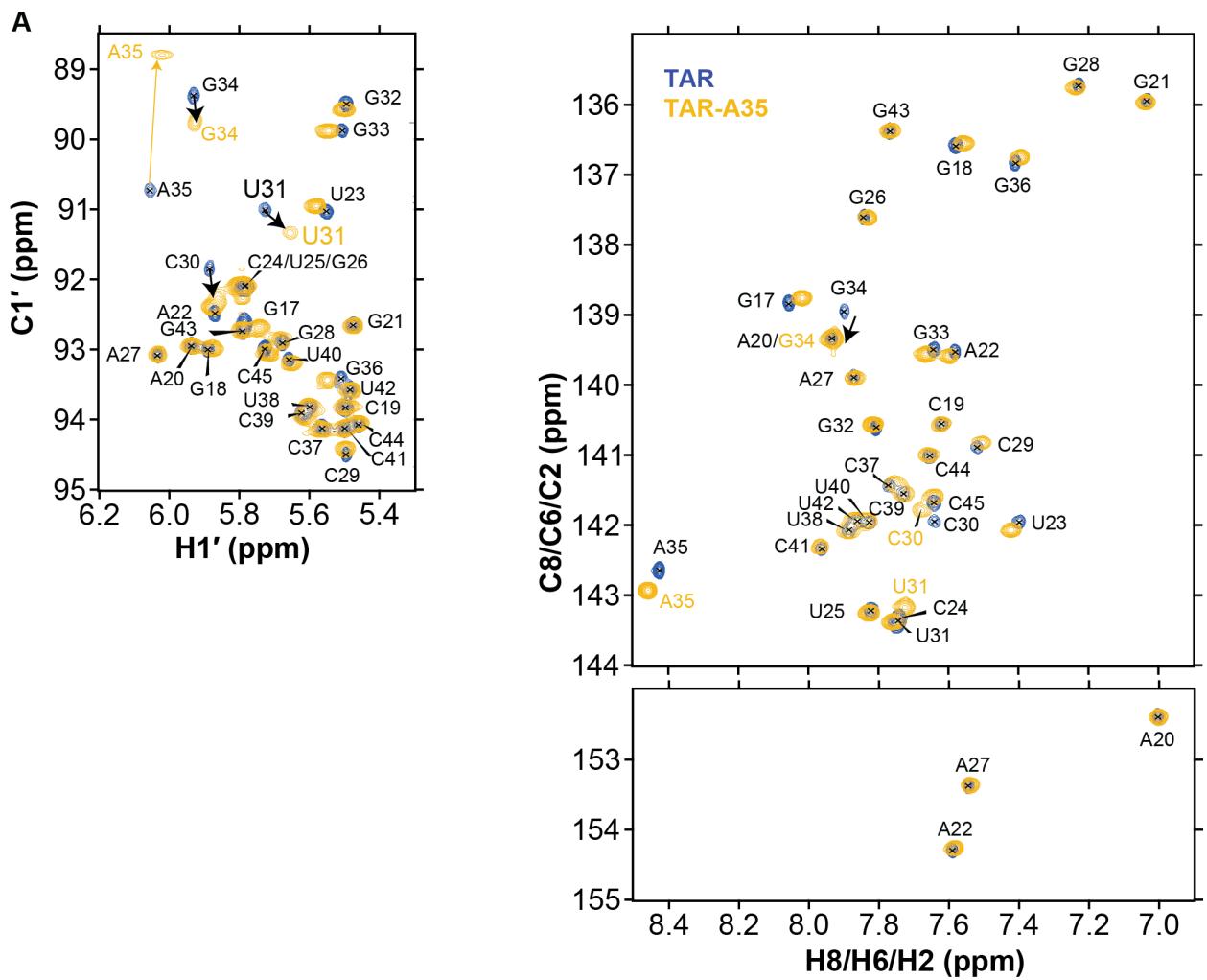


Figure S1. Fits of UV-melting data for TAR samples. Shown are the UV melting curves (black dots) for TAR variants (triplicates for each sample) and fits (blue line) to two-state, unconstrained three-state, and constrained three-state fits (see methods).



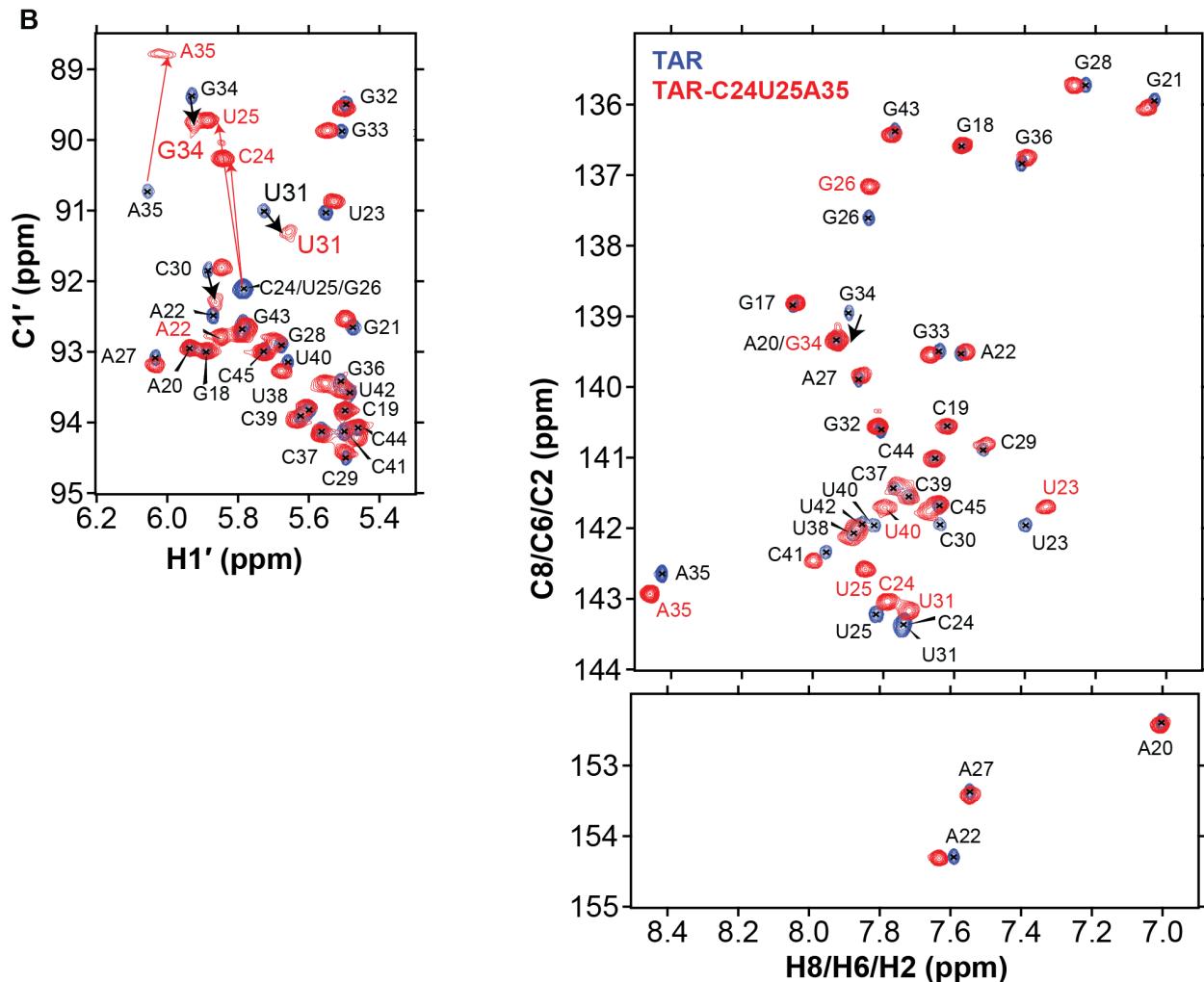


Figure S2. Overlay of unlabeled 2D $[^{13}\text{C}, ^1\text{H}]$ HSQC spectra of A) TAR-A35 (pH 6.4) and B) TAR-C24U25A35 (pH 6.4) with TAR (pH 6.4). Black arrows for the C30-C1', U31-C1', G34-C1' and G34-C8 indicate CSPs towards ES1 in TAR-A35 and TAR-C24U25A35. Yellow arrow at A35-C1' in TAR-A35 and red arrows at C24-C1', U25-C1' and A35-C1' in TAR-C24U25A35 indicate the upfield shift of C1' due to the chemical modification at the 2' position. Sample conditions: 15 mM NaPO₄, 25 mM NaCl and 0.1 mM EDTA, pH 6.4, and 25 °C.

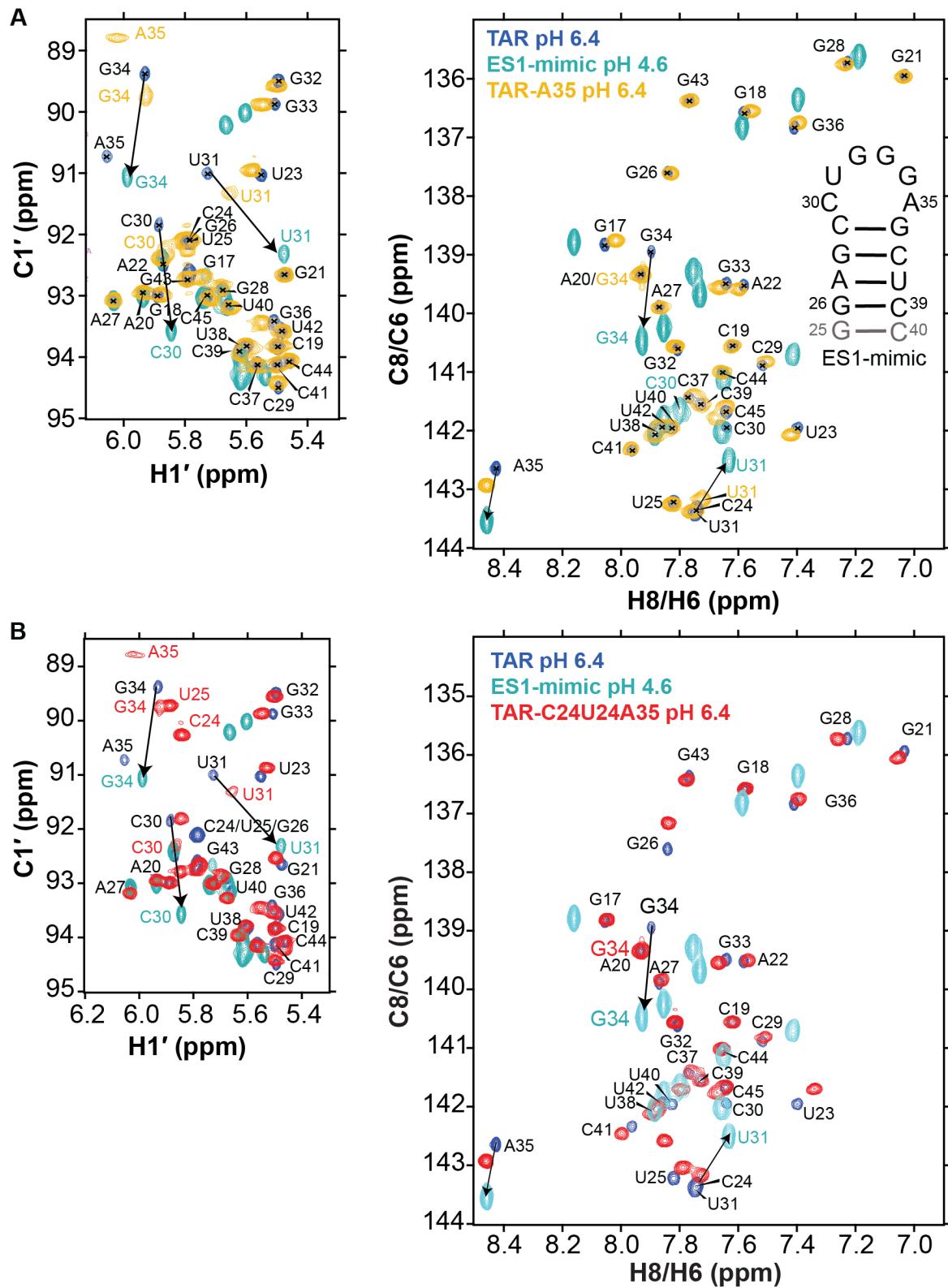
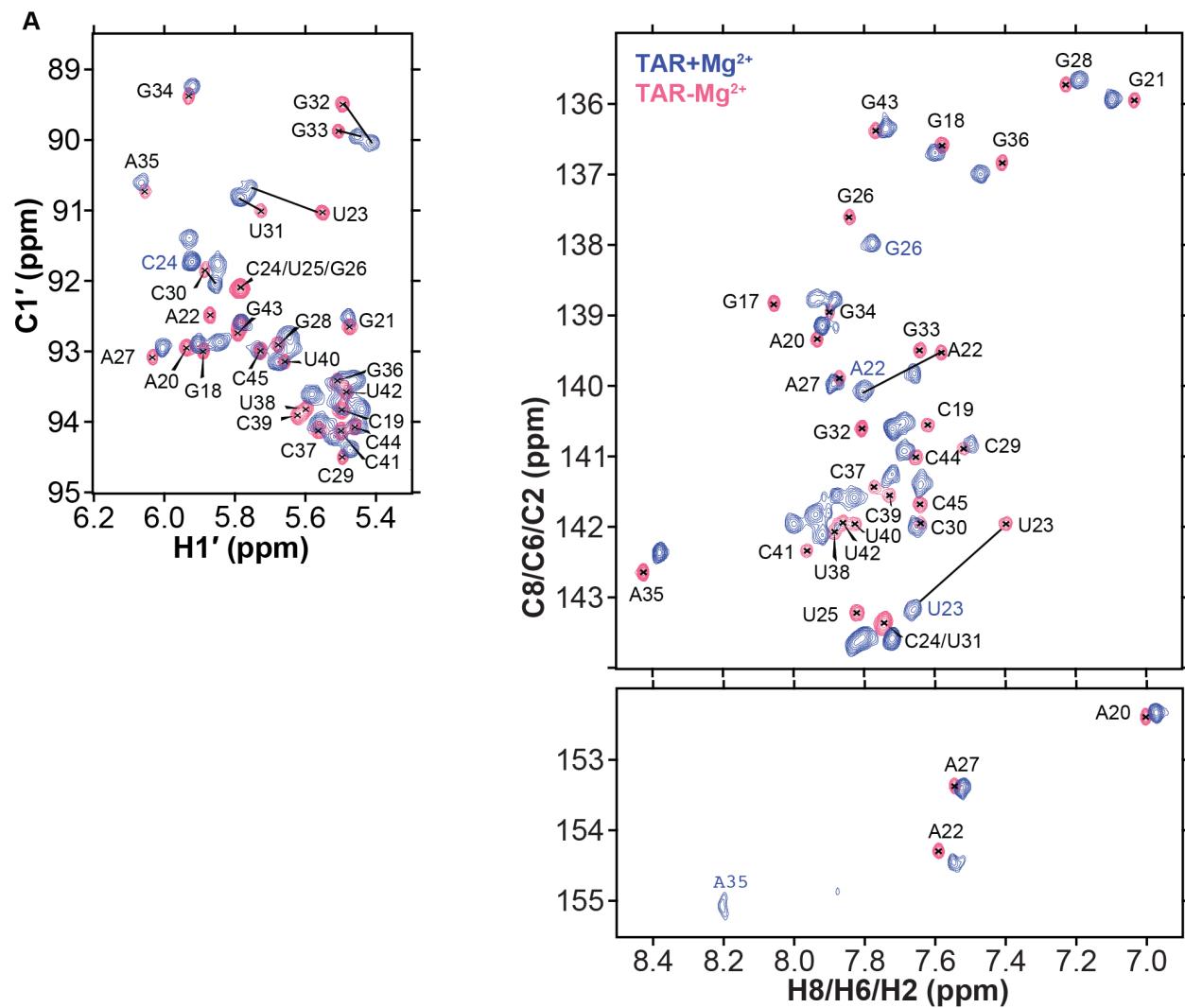
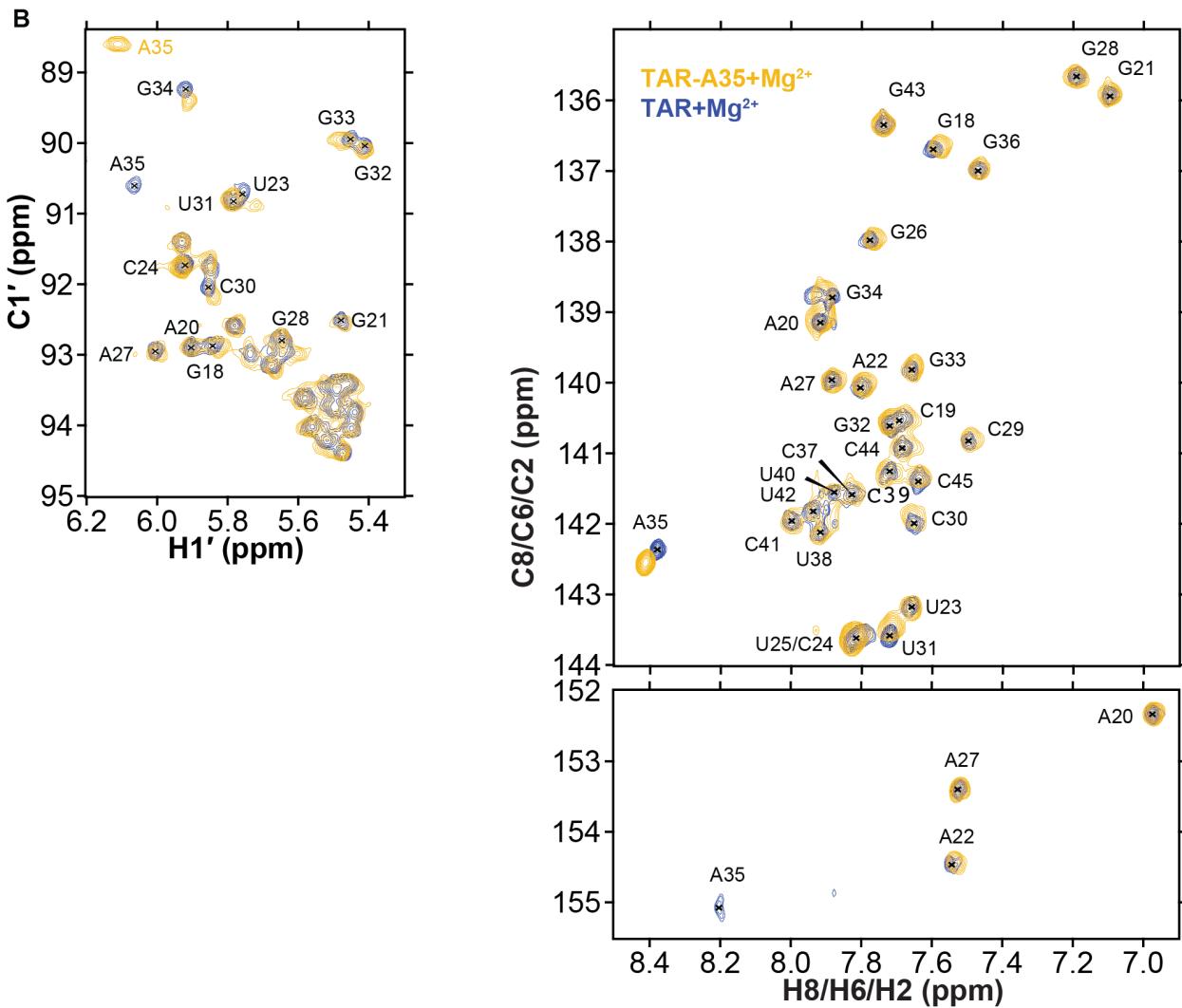
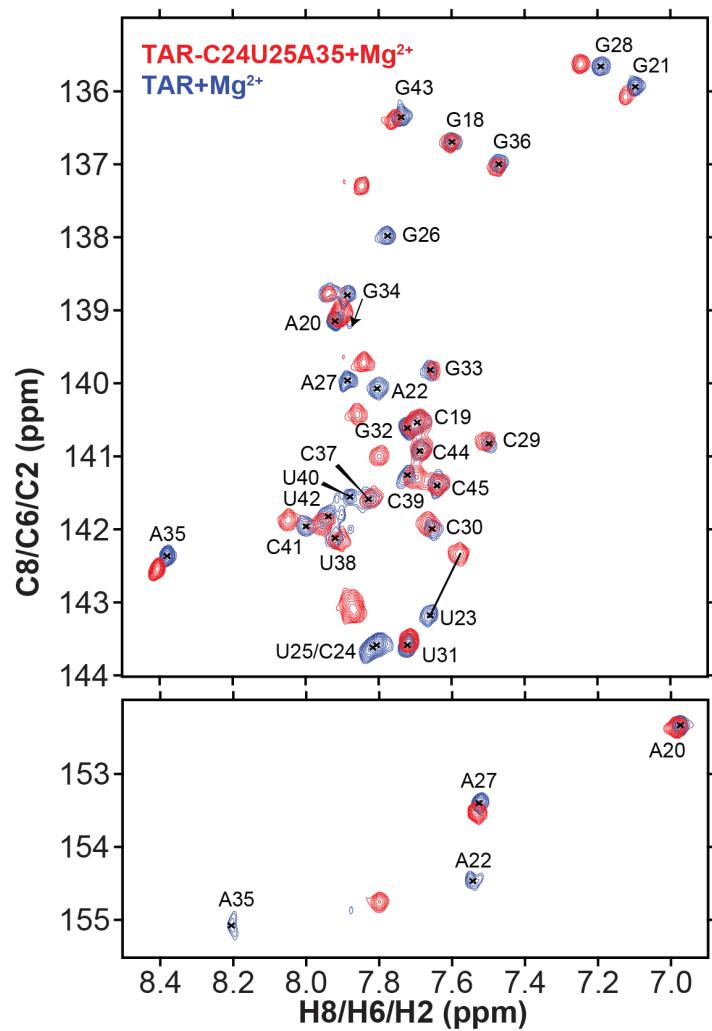
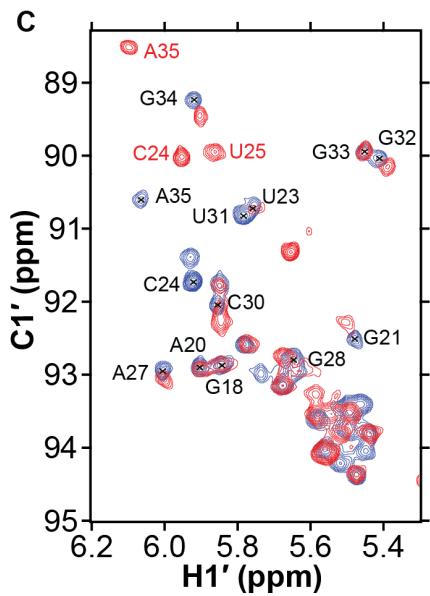


Figure S3. Overlay of C1'-H1' and aromatic region of unlabeled 2D [^{13}C , ^1H] HSQC spectra of TAR (pH 6.4) and a TAR ES1-mimic (pH 4.6) (1) with A) TAR-A35 (pH 6.4) and B) TAR-C24U25A35 (pH 6.4). In the

previously reported TAR ES1-mimic (1), the bulge and lower helix were omitted to simplify analysis of ES1. Black arrows at C30-C1', U31-C1', G34-C1' and G34-C8 indicate a shift towards ES1 chemical shifts in TAR-A35 and TAR-C24U25A35. Sample conditions: 15 mM NaPO₄, 25 mM NaCl and 0.1 mM EDTA, pH 6.4, and 25 °C.







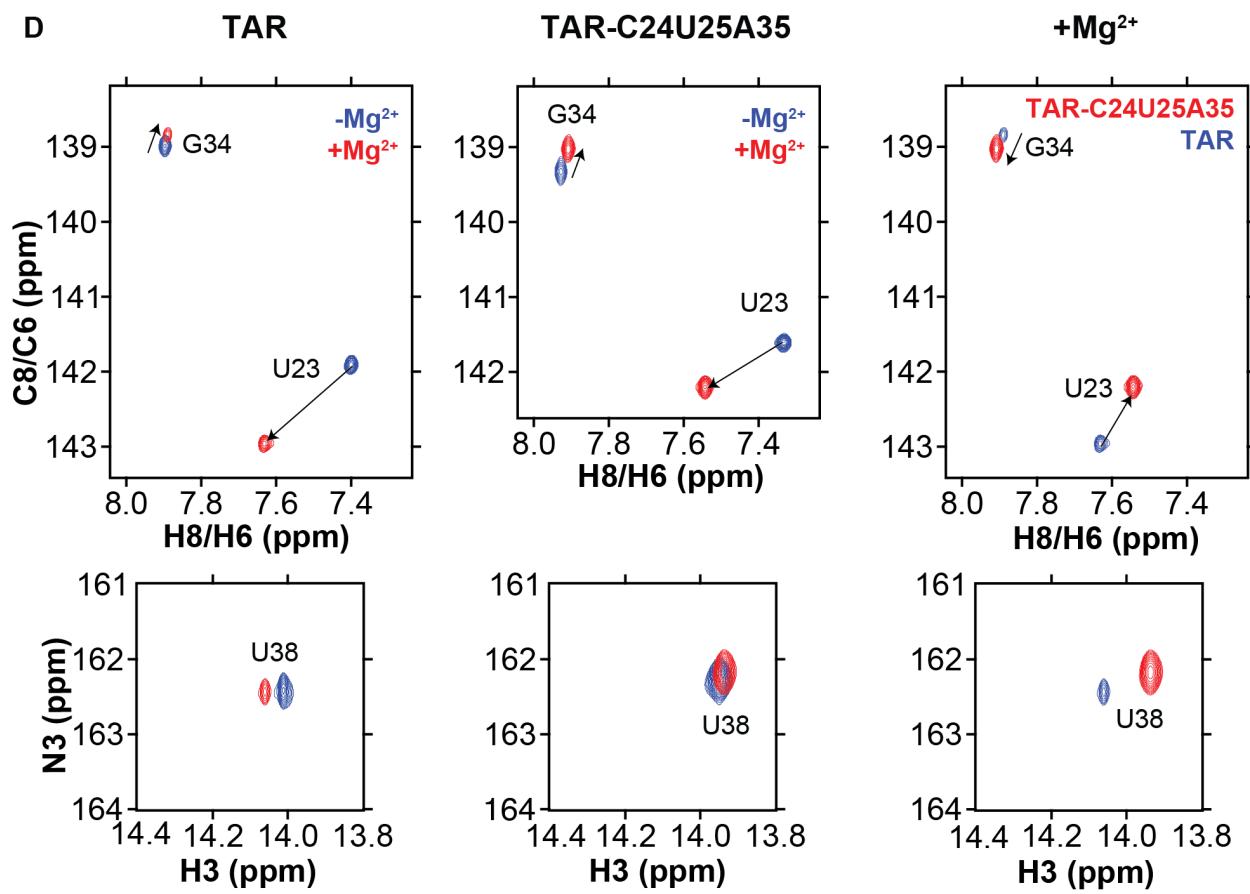


Figure S4. Overlay of unlabeled C1'-H1' and aromatic region of 2D $[^{13}\text{C}, ^1\text{H}]$ HSQC spectra of TAR (pH 6.4) in the presence of 3 mM Mg^{2+} with A) TAR (pH 6.4) in the absence of Mg^{2+} , B) TAR-A35 (pH 6.4) in 3 mM Mg^{2+} and C) TAR-C24U25A35 (pH 6.4) in 3 mM Mg^{2+} . D) Overlay of site-labeled 2D $[^{13}\text{C}, ^1\text{H}]$ and 2D $[^{15}\text{N}, ^1\text{H}]$ of TAR (pH 6.4) and TAR-C24U25A35 (pH 6.4) in the presence and absence of 1 mM Mg^{2+} . Samples were isotopically site-labeled with ^{13}C at G34-C8 and U23-C6 and ^{15}N at U38-N3. Sample conditions: 15 mM NaPO_4 , 25 mM NaCl and 0.1 mM EDTA, pH 6.4, and 25 °C.

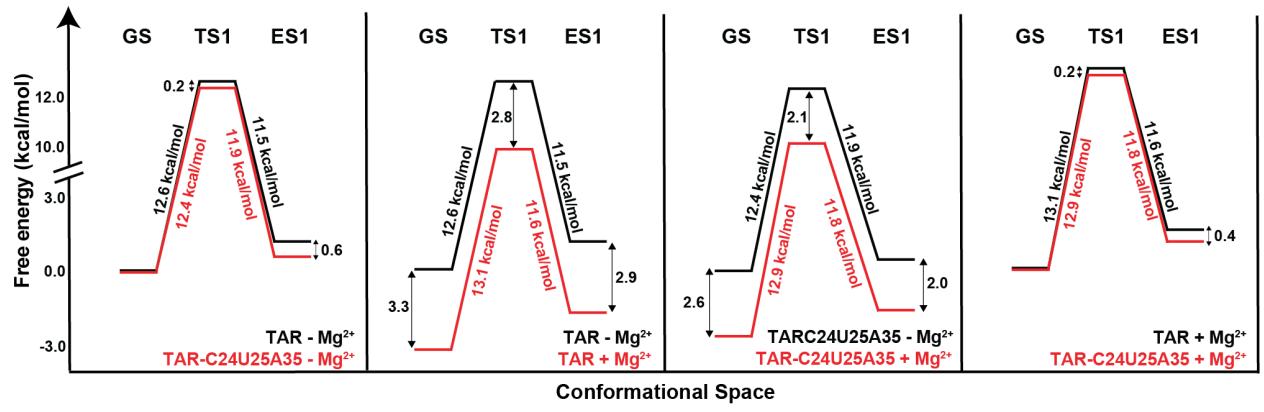


Figure S5. Free energy diagrams of GS-ES1 exchange.

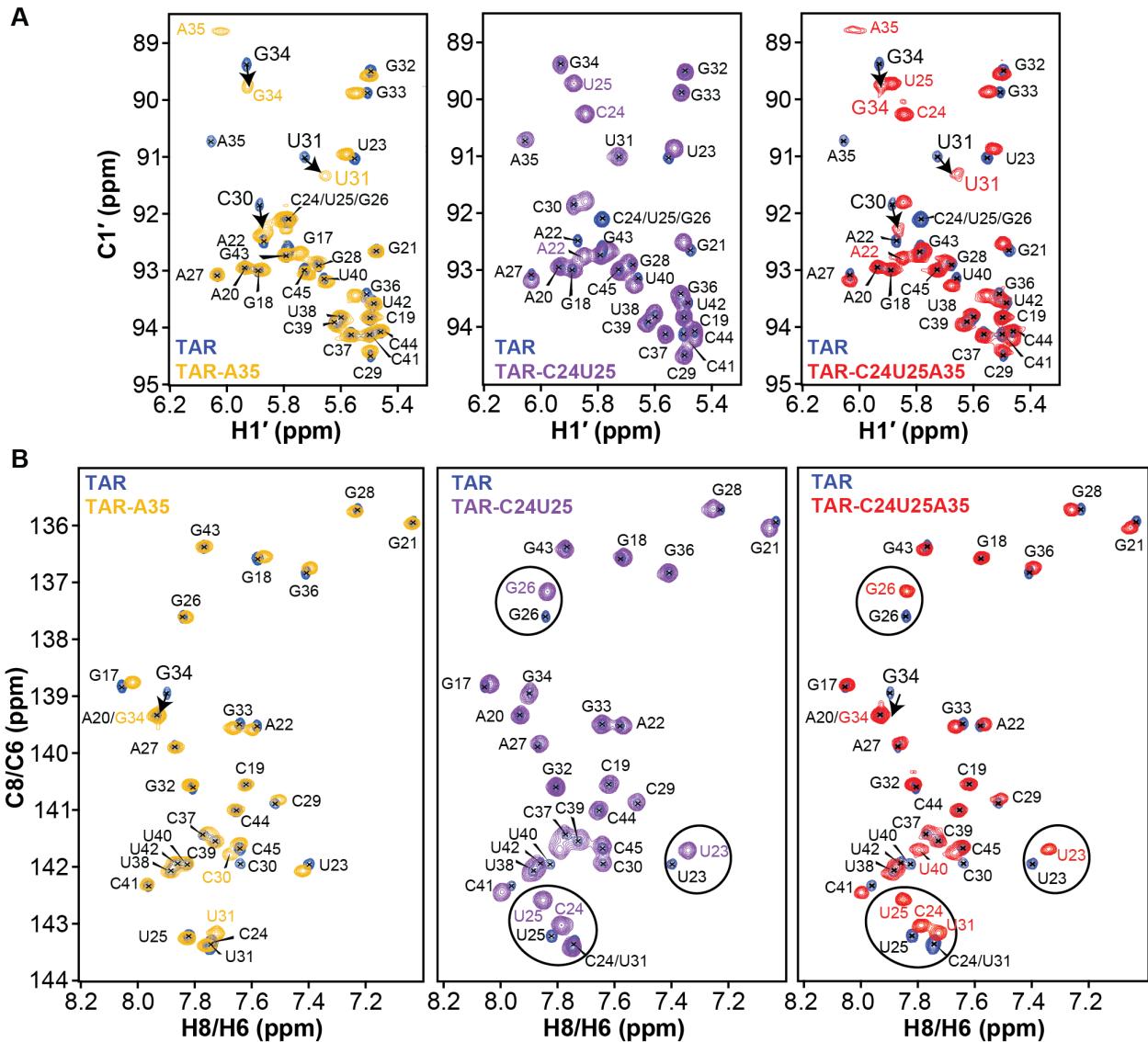
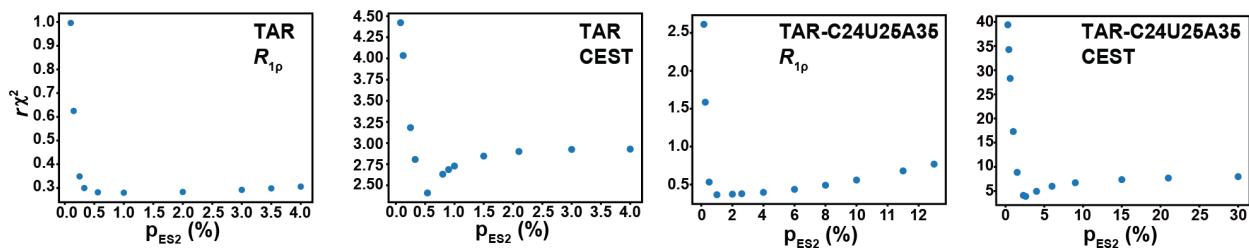


Figure S6. Overlay of A) C1'-H1' and B) aromatic region of unlabeled 2D [^{13}C , ^1H] HSQC spectra of TAR with either TAR-A35, TAR-C24U25 or TAR-C24U25A35. Black arrows at C30-C1', U31-C1', G34-C1' and G34-C8 in TAR-A35 and TAR-C24U25A35 indicate a shift towards ES1. Black circles around U23-C6, C24-C6, U25-C6 and G26-C8 in TAR-C24U25 or TAR-C24U25A35 indicate a shift in the GS ensemble towards the kinked conformation. Sample conditions: 15 mM NaPO₄, 25 mM NaCl and 0.1 mM EDTA, pH 6.4, and 25 °C.

A ES2 - Mg²⁺



B ES2 CEST + Mg²⁺

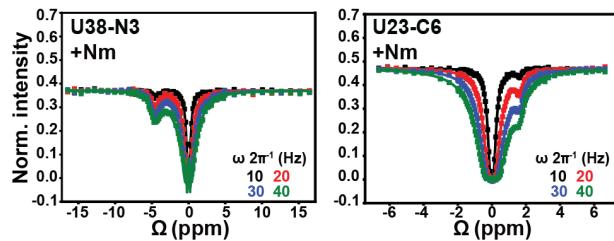


Figure S7. Supplementary R_{1p} and CEST data for ES2. A) Uncertainty in exchange parameters obtained from fitting the R_{1p} and CEST data. Shown are plots of reduced χ^2 ($r\chi^2$) as a function of fixing the population of ES2 to different values for TAR and TAR-C24U25A35 in the absence of Mg²⁺. B) ¹⁵N and ¹³C CEST profiles for U23-C6 and U38-N3 for TAR-C24U25A35 (pH 6.4) at 25°C in the presence of 1 mM Mg²⁺. $\Omega = \omega_{RF} - \omega_{OBS}$. Spin-lock powers are color-coded.

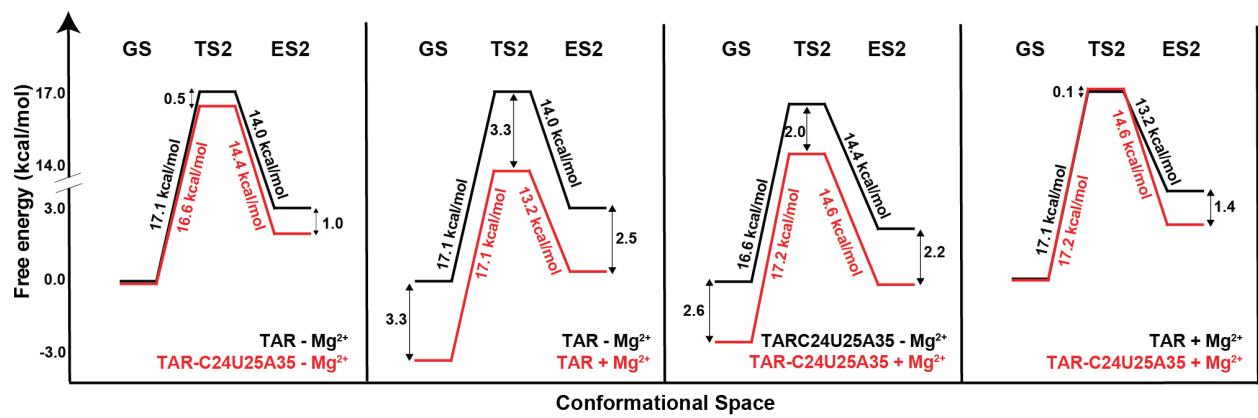


Figure S8. Free energy diagrams of GS-ES2 exchange.

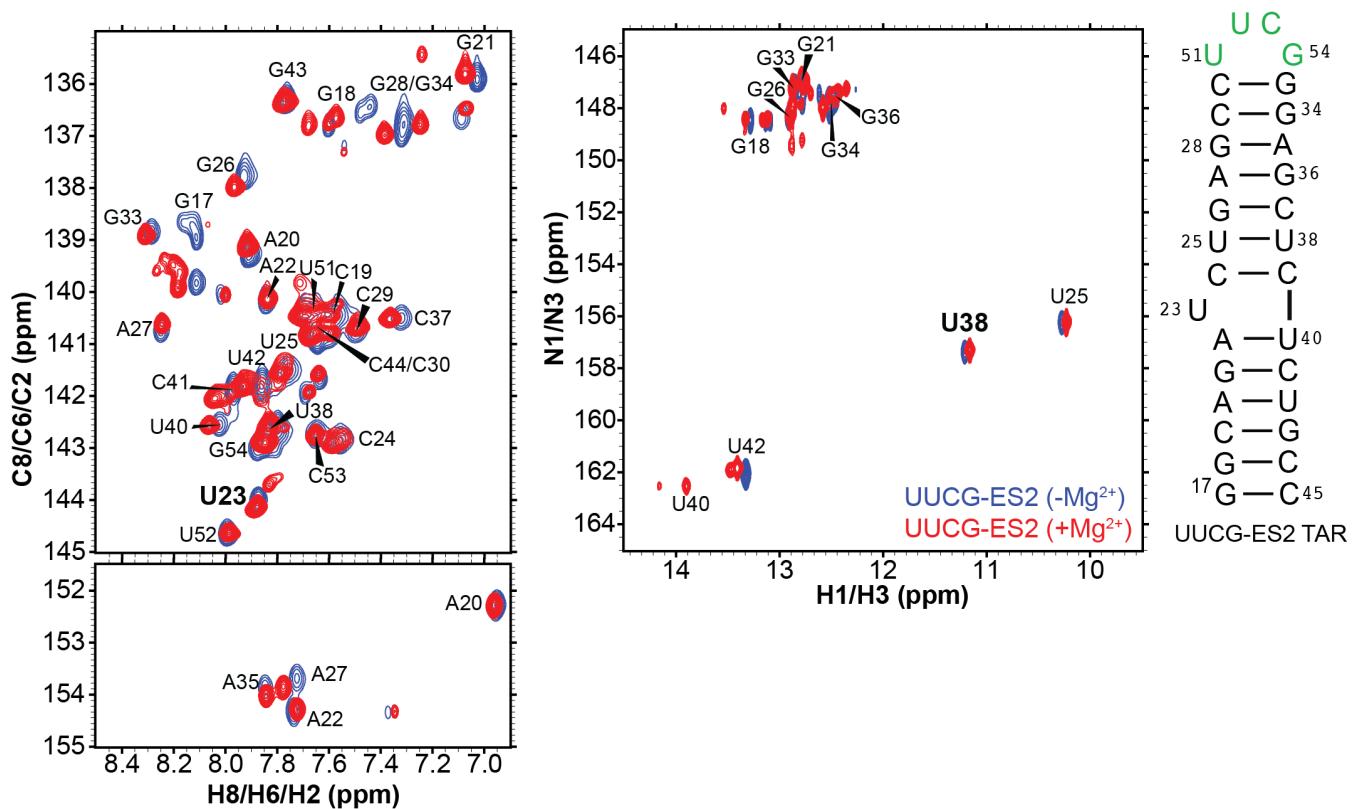


Figure S9. The effect of Mg^{2+} on the chemical shifts of ES2 probes. Overlay of uniformly $^{13}C/^{15}N$ labeled $[^{13}C, ^1H]$ and $[^{15}N, ^1H]$ 2D HSQC spectra of UUCG-ES2 mutant (3) in the presence and absence of 1 mM Mg^{2+} . UUCG-ES2 stabilizes ES2 (3) as the dominant conformation through replacement of the native TAR apical loop with a UUCG loop. The addition of 1 mM Mg^{2+} does not significantly affect the chemical shifts of the ES2 probes (U23-C6 and U38-N3) used in this study. Sample conditions: 15 mM NaPO₄, 25 mM NaCl and 0.1 mM EDTA, pH 6.4, and 25 °C.

Tables

Table S1. Thermodynamic parameters obtained from two-state fitting (in the presence and absence of Mg²⁺), as well as unconstrained and constrained three-state fitting (in the absence of Mg²⁺) of the UV melting data measured for TAR samples.

		Two-state fitting							
		No Mg ²⁺				+ 3 mM Mg ²⁺			
Sample	T _m (°C)	ΔH ^o _{melt} (kcal/mol)	TΔS ^o _{melt} (kcal/mol)	ΔG ^o _{melt,37C} (kcal/mol)	T _m (°C)	ΔH ^o _{melt} (kcal/mol)	TΔS ^o _{melt} (kcal/mol)	ΔG ^o _{melt,37C} (kcal/mol)	
TAR	65.2±0.2	-62.8±1.1	-57.5±1.0	-5.2±0.1	77.8±0.4	-75.1±2.8	-66.4±2.4	-8.7±0.4	
TAR-A35	65.4±0.2	-63.0±0.9	-57.7±0.8	-5.3±0.1	77.6±0.2	-71.7±2.2	-63.4±1.8	-8.3±0.2	
TAR-C24U25A35	65.5±0.1	-65.0±2.4	-59.5±2.2	-5.5±0.2	77.5±0.3	-70.0±1.6	-61.9±1.4	-8.1±0.1	
No Mg ²⁺									
Unconstrained three-state fitting									
Sample	ΔH ^o _{melt} (kcal/mol)	TΔS ^o _{melt} (kcal/mol)	ΔG ^o _{melt,37C} (kcal/mol)	ΔH ^o _{conf} (kcal/mol)	TΔS ^o _{conf} (kcal/mol)	ΔG ^o _{conf,37C} (kcal/mol)			
TAR	-98.2±47.6	-93.9±49.3	-4.3±1.7	45.1±44.4	43.1±46.9	2.0±4.7			
TAR-A35	-99.1±15.3	-91.4±14.3	-7.7±1.1	37.5±12.7	34.9±11.6	2.6±1.3			
TAR-C24U25A35	-123.9±11.5	-118.1±11.6	-5.8±0.1	54.6±14.5	54.6±14.4	0.003±0.2			
Constrained three-state fitting									
TAR (13%)	-65.6±3.8	-60.2±3.6	-5.4±0.2	-51.5±49.6	-54.7±51.6	3.2±2.0			
TAR-A35 (30%)	-71.0±2.5	-65.4±2.2	-5.5±0.3	5.1±0.8	4.7±0.8	0.3±0.03			
TAR-C24U25A35 (30%)	-97.8±35.5	-92.9±36.9	-5.1±1.4	15.2±47.6	15.3±49.5	-0.1±1.9			

ΔH^o_{melt} , ΔH^o_{conf} , ΔS^o_{melt} , ΔS^o_{conf} refer to the enthalpies and entropies of the annealing and conformational change, $\Delta G^o_{melt,37C}$ and $\Delta G^o_{conf,37C}$ are the free energies of melting and conformational change respectively, at 37 °C and T is the temperature in Kelvin. For the constrained three-state fit, ΔG^o_{conf} was constrained such that the population of the conformational change was equal to that obtained from R_{1p} measurements at 25 °C (Table S5, 13% for TAR and 30% for TAR-A35 and TAR-C24U25A35 in the absence of Mg²⁺). The population of ES1 at 25 °C in TAR-A35 was assumed to be the same as that measured by R_{1p} on TAR-C24U25A35 at 25 °C. Errors were defined as the standard deviation of the respective parameters obtained from triplicate measurements. Buffer conditions are 15 mM NaPO₄, 25 mM NaCl and 0.1 mM EDTA, with and without 3 mM Mg²⁺.

Table S2. Comparison of thermodynamic parameters obtained from two-state and unconstrained three-state fitting of the UV melting data for TAR samples in the absence of Mg²⁺.

Sample	$\Delta G_{melt,25C}^o$ (two-state) (kcal/mol)	$\Delta G_{melt,25C}^o$ (unconstrained three-state) (kcal/mol)	$\Delta G_{conf,25C}^o$ (unconstrained three-state) (kcal/mol)	$\Delta G_{conf,25C}^o$ (R_{1p}) (kcal/mol)	Significant fit
TAR	-7.5±0.1	-7.9±0.4	3.7±4.0	1.1	2/3-state free*
TAR-C24U25A35	-7.8±0.3	-10.4±0.3	2.1±0.7	0.5	3-state free

$\Delta G_{melt,25C}^o$ and $\Delta G_{conf,25C}^o$ denote the free energy of annealing and the conformational change at 25°C, respectively. *Some of the individual melts of the triplicate set of measurements fit better to a 2-state and the others to a 3-state free fit based on AIC/BIC statistical criteria.

Table S3. Perturbations in chemical shifts of A and U upon 2'-O-methylation computed using density functional theory (DFT) calculations.

Entry		A-C8	A-C2	A-C1'	A-C2'	A-C3'	A-C4'	U-C6	U-C1'	U-C2'	U-C3'	U-C4'
1	rA C3'-endo	142.56	156.21	95.316	78.8973	70.12 77	85.4643					
2	rU C3'-endo							147.234	93.9691	77.7646	69.8541	85.629
3	rA C2'-endo	140.01	157.01	94.465	75.158	77.46 95	89.7878					
4	rU C2'-endo							145.029	94.6564	74.5493	78.1384	88.483
5	Am, C3'-endo	142.71	155.96	92.459	90.5046	70.39	85.9056					
6	Um, C3'-endo							146.916	91.3198	89.5421	70.1019	86.499
7	Am, C2'-endo	140.75	156.66	92.608	83.1558	77.28 77	89.109					
8	Um, C2'-endo							145.555	93.7743	82.5949	77.1266	88.861

Table S4. Population of ES1 derived from chemical shift perturbation analysis.

	Shift toward ES1 (%)			
	-Mg ²⁺		+1 mM Mg ²⁺	
Resonance	TAR-A35	TAR-C24U24A35	TAR	TAR-C24U24A35
C30C1'-H1'	30.5	34.1		
U31C1'-H1'	28.7	27.1		
U31C6-H6	27.5	27.7		
G34C1'-H1'	29.7	29.2		
G34C8-H8	27.0	26.1	7.3	14.5
Average	28.7	28.8		
STDEV	1.5	3.1		

Table S5. Exchange parameters for ES1 from fitting $R_{1\rho}$ data for G34-C8 at 25 °C.

	R_1 (Hz)	R_2 (Hz)	p_{ES1} (%)	$\Delta\omega$ (ppm)	k_{ex} (s ⁻¹)	k_1 (s ⁻¹)	k_{-1} (s ⁻¹)	τ (μs)	ΔG° (kcal/mol)
1) TAR -Mg ²⁺ from (1)	2.3 ± 0.1	22.3 ± 1.2	13.0 ± 2.0	2.6 ± 0.2	25807 ± 716	3436 ± 509	22371 ± 1771	45 ± 4	1.1 ± 0.1
2) TAR -Mg ²⁺	3.4 ± 0.3	28.9 ± 5.6	21.9 ± 10.0	2.6 ± 0.5	32248 ± 4214	7055 ± 2839	25193 ± 4248	40 ± 7	0.75 ± 0.3
3) TAR -Mg ²⁺	3.3 ± 0.2	31.3 ± 4.4	13*	3.0 ± 0.4	30531 ± 3484	3969 ± 3484	26562 ± 4624	38 ± 7	1.1
4) TAR- C24U25A35 -Mg ²⁺	1.2 ± 0.4	32.6 ± 2.1	30.3 ± 6.0	2.4 ± 0.2	15874 ± 613	4816 ± 752	11059 ± 848	90 ± 7	0.5 ± 0.1
5) TAR- C24U25A35 -Mg ²⁺	1.2 ± 0.4	32.7 ± 2.1	29**	2.4 ± 0.1	15852 ± 613	4597 ± 3530	11255 ± 3553	89 ± 28	0.5**
6) TAR +1 mM Mg ²⁺	2.6 ± 0.2	37.3 ± 2.6	7.0**	2.9 ± 0.3	23516 ± 2685	1646 ± 1547	21870 ± 2932	46 ± 6	1.5**
7) TAR- C24U25A35 +1 mM Mg ²⁺	2.1 ± 0.2	37.2 ± 1.1	14.1 ± 2.8	2.5 ± 0.2	15098 ± 487	2122 ± 372	12976 ± 556	77 ± 3	1.1 ± 0.1

*values fixed while fitting the data, these values are obtained from previously published results (1)

** p_{ES1} from chemical shift perturbation analysis in 2D HSQC NMR and the corresponding ΔG° is calculated based on the following equation: $RT\ln[p_{ES1}/(1-p_{ES1})]$

Table S6. Free energy values calculated for TS1 and TS2.

ES	Condition	$\Delta^\ddagger G^\circ$ kcal/mol
ES1	TAR	12.6 ± 0.1
	TAR-C24U25A35	12.4 ± 0.1
	TAR + Mg ²⁺	13.1 ± 0.6
	TAR-C24U25A35 + Mg ²⁺	12.9 ± 0.1
ES2	TAR	17.06 ± 0.04
	TAR-C24U25A35	16.56 ± 0.01
	TAR + Mg ²⁺	17.06 ± 0.14
	TAR-C24U25A35 + Mg ²⁺	17.15 ± 0.03

Table S7. Phi-values for Nm-modified TAR in the absence and presence of Mg²⁺.

ES	Sample	Φ
ES1	TAR-C24U25A35	0.33 ± 0.25
	TAR-C24U25A35 + Mg ²⁺	0.5 ± 1.6*
ES2	TAR-C24U25A35	0.53 ± 0.04
	TAR-C24U25A35 + Mg ²⁺	-0.07 ± 0.10*

*Phi-value calculated for TAR-C24U25A35 in the presence of Mg²⁺ with TAR in Mg²⁺ as a reference.

Table S8A. Comparison of ES2 exchange parameters for TAR and TAR-C24U25A35 obtained from fitting CEST and R_{1p} data in the absence of Mg^{2+} .

	R1 (Hz)	R2 (Hz)	p_{ES2} (%)	$\Delta\omega$ (ppm)	k_{ex} (s^{-1})	k_1 (s^{-1})	k_{-1} (s^{-1})	τ (ms)	ΔG° (kcal/mol)	
TAR U23-C6 from (3)	2.50 ± 0.04	30.7 ± 0.1	0.40 ± 0.05	2.3 ± 0.1	474 ± 69	1.9 ± 0.4	472 ± 70	2.1 ± 0.3	3.26 ± 0.07	
TAR U38-N3 from (3)	1.40 ± 0.03	6.20 ± 0.03		-5.2 ± 0.2						
TAR CEST (U23-C6)	2.702 ± 0.004	30.38 ± 0.19	0.54 ± 0.01	2.07 ± 0.02	356 ± 23	1.92 ± 0.13	354 ± 23	2.8 ± 0.2	3.09 ± 0.01	
TAR CEST (U38-N3)	3.111 ± 0.005	9.90 ± 0.13		-5.12 ± 0.06						
TAR RD (U23-C6)	2.71 ± 0.07	30.07 ± 0.09	0.54*	2.32 ± 0.13	431 ± 15	2.3 ± 2.3	429 ± 15	2.33 ± 0.08		
TAR RD (U38-N3)	2.03 ± 0.02	6.29 ± 0.02		-4.89 ± 0.13						
TAR-C24U25A35 CEST (U23-C6)	2.538 ± 0.003	31.15 ± 0.14	2.60 ± 0.03	2.142 ± 0.003	171 ± 3	4.45 ± 0.09	167 ± 3	6.0 ± 0.1	2.15 ± 0.01	
TAR-C24U25A35 CEST (U38-N3)	3.458 ± 0.004	10.21 ± 0.08		-4.877 ± 0.009						
TAR-C24U25A35 RD (U23-C6)	2.9 ± 0.1	33.53 ± 0.13	2.6*	2.25 ± 0.08	174 ± 5	4.5 ± 4.4	170 ± 6	5.9 ± 0.2		
TAR-C24U25A35 RD (U38-N3)	2.15 ± 0.03	6.68 ± 0.03		-4.56 ± 0.09						

* R_{1p} RD data was fit by fixing the population to the values determined by CEST.

Table S8B. Comparison of ES2 exchange parameters for TAR and TAR-C24U25A35 in the presence of 1 mM Mg^{2+} obtained from fitting CEST and R_{1p} data.

	R1 (Hz)	R2 (Hz)	p_{ES2} (%)	$\Delta\omega$ (ppm)	k_{ex} (s^{-1})	k_1 (s^{-1})	k_{-1} (s^{-1})	τ (ms)	ΔG° (kcal/mol)	
TAR RD (U38-N3)	2.02 ± 0.03	6.62 ± 0.05	0.14 ± 0.02	-4.4 ± 0.5	1367 ± 267	1.92 ± 0.47	1365 ± 266	0.73 ± 0.14	3.89 ± 0.19	
TAR-C24U25A35 CEST (U23-C6)	2.459 ± 0.003	39.25 ± 0.17	1.39 ± 0.03	1.631 ± 0.004	118 ± 4	1.65 ± 0.07	116 ± 4	8.6 ± 0.3	2.52 ± 0.01	
TAR-C24U25A35 CEST (U38-N3)	3.255 ± 0.003	10.49 ± 0.07		-4.66 ± 0.01						
TAR-C24U25A35 RD (U23-C6)	2.6 ± 0.1	41.66 ± 0.13	1.4*	2.0 ± 0.2	117 ± 5	1.6 ± 1.6	116 ± 5	8.6 ± 0.4		
TAR-C24U25A35 RD (U38-N3)	1.96 ± 0.02	7.14 ± 0.02		-4.43 ± 0.15						

* R_{1p} RD data for TAR-C24U25A35 was fit by fixing the population to the values determined by CEST.

Table S9. Spin-lock power and offsets used in the $R_{1\rho}$ measurements.

construct	Nuclei	[spin-lock power] {offset frequencies}/[$\omega_1 2\pi^{-1}(s^{-1})$] { $\Omega 2\pi^{-1}(s^{-1})$ }
TAR (-Mg ²⁺)	U23-C6	[50, 100, 150, 200, 250, 300, 350, 400, 500, 600, 700, 800, 900, 1000, 1200, 1400, 1600, 1800, 2000, 2500] {0}
		[200] {-800, -700, -600, -540, -480, -420, -390, -360, -330, -300, -270, -240, -210, -180, -150, -120, -90, -60, -30, 30, 60, 90, 120, 150, 180, 210, 240, 270, 300, 330, 360, 390, 420, 480, 540, 600, 700, 800}
		[400] {-1500, -1200, -1000, -900, -800, -700, -600, -550, -500, -450, -400, -350, -300, -250, -200, -150, -100, -50, 50, 100, 150, 200, 250, 300, 350, 400, 450, 500, 550, 600, 700, 800, 900, 1000, 1200, 1500}
		[600] {-1600, -1400, -1200, -1000, -800, -650, -550, -450, -375, -300, -225, -150, -75, 75, 150, 225, 300, 375, 450, 550, 650, 800, 1000, 1200, 1400, 1600}
		[1000] {-1700, -1500, -1300, -1100, -900, -700, -500, -400, -300, -200, -100, 100, 200, 300, 400, 500, 700, 900, 1100, 1300, 1500, 1700}
	U38-N3	[100, 150, 200, 250, 300, 350, 400, 450, 500, 550, 600, 700, 800, 900, 1000, 1200, 1400, 1600, 1800, 2000] {0}
		[200] {-500, -400, -350, -300, -250, -225, -200, -180, -160, -140, -120, -100, -80, -60, -40, -20, 20, 40, 60, 80, 100, 120, 140, 160, 180, 200, 225, 250, 300, 350, 400, 500}
		[400] {-1000, -800, -700, -600, -500, -400, -350, -300, -250, -210, -180, -150, -120, -90, -60, -30, 30, 60, 90, 120, 150, 180, 210, 250, 300, 350, 400, 500, 600, 700, 800, 1000}
		[600] {-1600, -1400, -1200, -1000, -800, -600, -500, -400, -300, -240, -200, -160, -120, -80, -40, 40, 80, 120, 160, 200, 240, 300, 400, 500, 600, 800, 1000, 1200, 1400, 1600}
		[1000] {-3000, -2500, -2000, -1500, -1300, -1100, -900, -700, -600, -500, -400, -300, -200, -100, 100, 200, 300, 400, 500, 600, 700, 900, 1100, 1300, 1500, 2000, 2500, 3000}
TAR- C24U25A35 (-Mg ²⁺)	U23-C6	[200, 250, 300, 350, 400, 500, 600, 700, 800, 900, 1000, 1200, 1400, 1600, 1800, 2000, 2500] {0}
		[200] {-800, -700, -600, -540, -480, -420, -390, -360, -330, -300, -270, -240, -210, -180, -150, -120, -90, -60, -30, 30, 60, 90, 120, 150, 180, 210, 240, 270, 300, 330, 360, 390, 420, 480, 540, 600, 700, 800}
		[400] {-1500, -1200, -1000, -900, -800, -700, -600, -550, -500, -450, -400, -350, -300, -250, -200, -150, -100, -50, 50, 100, 150, 200, 250, 300, 350, 400, 450, 500, 550, 600, 700, 800, 900, 1000, 1200, 1500}
		[600] {-1600, -1400, -1200, -1000, -800, -650, -550, -450, -375, -300, -225, -150, -75, 75, 150, 225, 300, 375, 450, 550, 650, 800, 1000, 1200, 1400, 1600}
		[1000] {-1700, -1500, -1300, -1100, -900, -700, -500, -400, -300, -200, -100, 100, 200, 300, 400, 500, 700, 900, 1100, 1300, 1500, 1700}
	U38-N3	[100, 150, 200, 250, 300, 350, 400, 450, 500, 550, 600, 700, 800, 900, 1000, 1200, 1400, 1600, 1800, 2000] {0}
		[200] {-500, -400, -350, -300, -250, -225, -200, -180, -160, -140, -120, -100, -80, -60, -40, -20, 20, 40, 60, 80, 100, 120, 140, 160, 180, 200, 225, 250, 300, 350, 400, 500}
		[400] {-1000, -800, -700, -600, -500, -400, -350, -300, -250, -210, -180, -150, -120, -90, -60, -30, 30, 60, 90, 120, 150, 180, 210, 250, 300, 350, 400, 500, 600, 700, 800, 1000}
		[600] {-1600, -1400, -1200, -1000, -800, -600, -500, -400, -300, -240, -200, -160, -120, -80, -40, 40, 80, 120, 160, 200, 240, 300, 400, 500, 600, 800, 1000, 1200, 1400, 1600}
		[1000] {-3000, -2500, -2000, -1500, -1300, -1100, -900, -700, -600, -500, -400, -300, -200, -100, 100, 200, 300, 400, 500, 600, 700, 900, 1100, 1300, 1500, 2000, 2500, 3000}
TAR (+Mg ²⁺)	U38-N3	[100, 150, 200, 250, 300, 350, 400, 450, 500, 550, 600, 700, 800, 900, 1000, 1200, 1400, 1600, 1800, 2000] {0}

		[200] {-500, -400, -350, -300, -250, -225, -200, -180, -160, -140, -120, -100, -80, -60, -40, -20, 20, 40, 60, 80, 100, 120, 140, 160, 180, 200, 225, 250, 300, 350, 400, 500}
		[400] {-1000, -800, -700, -600, -500, -400, -350, -300, -250, -210, -180, -150, -120, -90, -60, -30, 30, 60, 90, 120, 150, 180, 210, 250, 300, 350, 400, 500, 600, 700, 800, 1000}
		[600] {-1600, -1400, -1200, -1000, -800, -600, -500, -400, -300, -240, -200, -160, -120, -80, -40, 40, 80, 120, 160, 200, 240, 300, 400, 500, 600, 800, 1000, 1200, 1400, 1600}
		[1000] {-3000, -2500, -2000, -1500, -1300, -1100, -900, -700, -600, -500, -400, -300, -200, -100, 100, 200, 300, 400, 500, 600, 700, 900, 1100, 1300, 1500, 2000, 2500, 3000}
TAR- C24U25A35 (+Mg ²⁺)	U23-C6	[50, 100, 150, 200, 250, 300, 350, 400, 500, 600, 700, 800, 900, 1000, 1200, 1400, 1600, 1800, 2000, 2500] {0}
		[200] {-800, -700, -600, -540, -480, -420, -390, -360, -330, -300, -270, -240, -210, -180, -150, -120, -90, -60, -30, 30, 60, 90, 120, 150, 180, 210, 240, 270, 300, 330, 360, 390, 420, 480, 540, 600, 700, 800}
		[400] {-1500, -1200, -1000, -900, -800, -700, -600, -550, -500, -450, -400, -350, -300, -250, -200, -150, -100, -50, 50, 100, 150, 200, 250, 300, 350, 400, 450, 500, 550, 600, 700, 800, 900, 1000, 1200, 1500}
		[600] {-1600, -1400, -1200, -1000, -800, -650, -550, -450, -375, -300, -225, -150, -75, 75, 150, 225, 300, 375, 450, 550, 650, 800, 1000, 1200, 1400, 1600}
		[1000] {-1700, -1500, -1300, -1100, -900, -700, -500, -400, -300, -200, -100, 100, 200, 300, 400, 500, 700, 900, 1100, 1300, 1500, 1700}
	U38-N3	[100, 150, 200, 250, 300, 350, 400, 450, 500, 500, 600, 700, 800, 900, 1000, 1200, 1400, 1600, 1800, 2000] {0}
		[200] {-500, -400, -350, -300, -250, -225, -200, -180, -160, -140, -120, -100, -80, -60, -40, -20, 20, 40, 60, 80, 100, 120, 140, 160, 180, 200, 225, 250, 300, 350, 400, 500}
		[400] {-1000, -800, -700, -600, -500, -400, -350, -300, -250, -210, -180, -150, -120, -90, -60, -30, 30, 60, 90, 120, 150, 180, 210, 250, 300, 350, 400, 500, 600, 700, 800, 1000}
		[600] {-1600, -1400, -1200, -1000, -800, -600, -500, -400, -300, -240, -200, -160, -120, -80, -40, 40, 80, 120, 160, 200, 240, 300, 400, 500, 600, 800, 1000, 1200, 1400, 1600}
		[1000] {-3000, -2500, -2000, -1500, -1300, -1100, -900, -700, -600, -500, -400, -300, -200, -100, 100, 200, 300, 400, 500, 600, 700, 900, 1100, 1300, 1500, 2000, 2500, 3000}

Table S10. Spin-lock power and offsets used in the CEST measurements.

construct	Nuclei	[spin-lock power] {offset frequencies}
		[$\omega_1 2\pi^{-1}(s^{-1})$] { $\Omega 2\pi^{-1}(s^{-1})$ }
TAR (-Mg ²⁺)	U23-C6	[10] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[20] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[30] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[40] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
TAR (-Mg ²⁺)	U38-N3	[10] {-800.0, -766.7, -733.3, -700.0, -666.7, -633.3, -600.0, -566.7, -533.3, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 333.3, 366.7, 400.0, 433.3, 466.7, 500.0, 533.3, 566.7, 600.0}
		[20] {-800.0, -766.7, -733.3, -700.0, -666.7, -633.3, -600.0, -566.7, -533.3, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -

		[25] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[50] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[10] {-1000.0, -944.4, -888.9, -833.3, -777.8, -722.2, -666.7, -611.1, -555.6, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}
		[20] {-1000.0, -944.4, -888.9, -833.3, -777.8, -722.2, -666.7, -611.1, -555.6, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}
TAR-C24U25A35 (-Mg ²⁺)	U38-N3	[25] {-1000.0, -944.4, -888.9, -833.3, -777.8, -722.2, -666.7, -611.1, -555.6, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}
		[30] {-1000.0, -944.4, -888.9, -833.3, -777.8, -722.2, -666.7, -611.1, -555.6, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}

		158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}
TAR-C24U25A35 (+Mg ²⁺)	U23-C6	[10] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[20] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[30] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
		[40] {-1000.0, -922.2, -844.4, -766.7, -688.9, -611.1, -533.3, -455.6, -377.8, -300.0, -300.0, -289.9, -279.7, -269.6, -259.5, -249.4, -239.2, -229.1, -219.0, -208.9, -198.7, -188.6, -178.5, -168.4, -158.2, -148.1, -138.0, -127.8, -117.7, -107.6, -97.5, -87.3, -77.2, -67.1, -57.0, -46.8, -36.7, -26.6, -16.5, -6.3, 3.8, 13.9, 24.1, 34.2, 44.3, 54.4, 64.6, 74.7, 84.8, 94.9, 105.1, 115.2, 125.3, 135.4, 145.6, 155.7, 165.8, 175.9, 186.1, 196.2, 206.3, 216.5, 226.6, 236.7, 246.8, 257.0, 267.1, 277.2, 287.3, 297.5, 307.6, 317.7, 327.8, 338.0, 348.1, 358.2, 368.4, 378.5, 388.6, 398.7, 408.9, 419.0, 429.1, 439.2, 449.4, 459.5, 469.6, 479.7, 489.9, 500.0, 500.0, 555.6, 611.1, 666.7, 722.2, 777.8, 833.3, 888.9, 944.4, 1000.0}
TAR-C24U25A35 (+Mg ²⁺)	U38-N3	[10] {-1000.0, -944.4, -888.9, -833.3, -777.8, -722.2, -666.7, -611.1, -555.6, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}
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	<p>[30] {-1000.0, -944.4, -888.9, -833.3, -777.8, -722.2, -666.7, -611.1, -555.6, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}</p>
	<p>[40] {-1000.0, -944.4, -888.9, -833.3, -777.8, -722.2, -666.7, -611.1, -555.6, -500.0, -500.0, -489.9, -479.7, -469.6, -459.5, -449.4, -439.2, -429.1, -419.0, -408.9, -398.7, -388.6, -378.5, -368.4, -358.2, -348.1, -338.0, -327.8, -317.7, -307.6, -297.5, -287.3, -277.2, -267.1, -257.0, -246.8, -236.7, -226.6, -216.5, -206.3, -196.2, -186.1, -175.9, -165.8, -155.7, -145.6, -135.4, -125.3, -115.2, -105.1, -94.9, -84.8, -74.7, -64.6, -54.4, -44.3, -34.2, -24.1, -13.9, -3.8, 6.3, 16.5, 26.6, 36.7, 46.8, 57.0, 67.1, 77.2, 87.3, 97.5, 107.6, 117.7, 127.8, 138.0, 148.1, 158.2, 168.4, 178.5, 188.6, 198.7, 208.9, 219.0, 229.1, 239.2, 249.4, 259.5, 269.6, 279.7, 289.9, 300.0, 300.0, 377.8, 455.6, 533.3, 611.1, 688.9, 766.7, 844.4, 922.2, 1000.0}</p>

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3. Lee, J., Dethoff, E.A. and Al-Hashimi, H.M. (2014) Invisible RNA state dynamically couples distant motifs. *Proc Natl Acad Sci*, **111**, 9485-9490.