

Multimedia Appendix 2

Standard medication reduction scheme, recommended after hospital discharge

NSAID: non-steroidal anti-inflammatory drug. All drugs are administered taking into account the weight of the patient.

Hospital discharge

- Stop NSAID and coadministered ranitidine

After 7 days

- Reduce tilidine/naloxone slow release 50 mg two times a day to one a day regimen, earlier reduction is recommended if excessively sleepy.
- Continue acetaminophen

After 12 days

- Reduce gabapentin from three times a day, to twice a day
- Continue acetaminophen

After 13 days

- Reduce gabapentin from two times a day, to once a day
- Continue acetaminophen

After 14 days

- Stop tilidine/naloxone
- Stop gabapentin
- Acetaminophen can be administered if necessary