

SUPPLEMENTARY MATERIAL

**Table S3** Overall number of consecutively observed BMI SDS categories between the ages of 6 and 14 years for 507 (225 girls and 282 boys) children being at sixth grade in 2013 in Helsinki, Finland affected by overweight during six primary school years

BMI SDS category	BMI SDS category at next measurement					
	Girls			Boys		
	Normal weight	Overweight	Obesity	Normal weight	Overweight	Obesity
Normal weight	292	151	0	194	127	1
Overweight	126	652	29	104	715	85
Obesity	0	30	120	0	66	424