Table 8: Descriptive statistics of the meta-analysis data sample.

Factor	Estimate description	% of estimates
Male	Relates to only male sample	41
Female	Relates to only female sample	21
Middle age	Relates to sample with cohort age between 45 and 65	25
Old age	Relates to sample with cohort age between above 65	31
Unadj	Is unadjusted	1
Socio	Adjusted for socio-demographic factors	71
Smoking	Adjusted for smoking	72
BMI	Adjusted for Body Mass Index	55
Drinking	Adjusted for alcohol consumption	46
Chronic	Adjusted for chronic conditions (e.g. diabetes, hypertension)	58
China	Relates to a population sample from China	12
Other Asia	Relates to a population sample from other Asian countries than China (Taiwan, Hong Kong, Japan)	7
USA	Relates to a population sample from the USA	34
Europe	Relates to a population sample from Europe (UK, Spain, Netherlands, Denmark, Finland, Norway, Sweden, Germany)	42