

APPENDIX 1 - SCOT:REACH-HF Interview Topic Guide

Introduction:

- Explain interview purpose / study aims
- Emphasise no right/wrong answers, can decline to answer at any time
- Opportunity for questions
- Check consent, permission to record

General:

- Tell me a little about yourself (e.g. Job title, key roles/responsibilities)

Starting out with REACH-HF

- What was your first impression of REACH-HF?
- Tell me about your experience of the facilitator training (if applicable)
- Was the training sufficient to enable you to deliver REACH-HF? (*PROMPT anything you would have liked to see done differently, added/left out, additional resources?*)
- Was there anything that made it easier/more difficult for you to take part in the training?
- To what extent do you feel you started with a clear understanding of what you were being asked to do?

Implementing REACH-HF (facilitators)

- Tell me about when you first began delivering the intervention (*PROMPT first patient session e.g. initial experiences, concerns, information gaps, confidence*)
- How has delivering REACH-HF differed from your usual way of working?
- Was there anything that made it easier/more difficult for you to deliver the intervention? (*PROMPT adequate support*)
- What did you see as being the main purpose of REACH-HF? (*PROMPT has that changed?*)
- What, if any, changes did you make to how you delivered the intervention as time went on (e.g. to suit your way of working, or the patient's needs)? (*PROMPT for details*)
- How did you find the task of completing the post-session checklist (after recorded sessions)? (*PROMPT e.g. useful, additional burden etc*)

Implementation of REACH-HF (non-facilitators)

- Tell me about your impressions of how the delivery of REACH-HF went in your area
- Was there anything that made it easier/more difficult for REACH-HF to be delivered in your area?
- Can you tell me about any additional resources that were needed for REACH-HF? Or changes in roles/responsibilities?

Embedding REACH-HF

- How, if at all, has delivering REACH-HF changed the way you work? (*PROMPT changes specific to home self-care; changes to way team works; if expect likely to be lasting change*)

- How easy has it been to integrate REACH-HF into your usual work? (*PROMPT good fit or not*)
- What changes, if any, would you make to REACH-HF to suit your way of working?
- Of those you work with, who is it that's driven REACH-HF forward? (*PROMPT role, what they've done to support delivery; can include self*)
- In what way, if any, has implementing REACH-HF changed working relationships in your team?
- Is there anything else that would make it easier for REACH-HF to become part of routine practice for your team? (*PROMPT additional skills, training, support*)
- Are your team evaluating the impact of REACH-HF on your service? (*PROMPT details*)
- What do you think is likely to be the future of REACH-HF in your service? (*PROMPT likely to become routine practice?*)

Overall impressions of REACH-HF

- To what extent do you feel that offering the intervention has been worthwhile?
- When you've discussed as a team how REACH is going, can you tell me about how those conversations have gone? (*PROMPT similarities/differences around e.g. aims, expected benefits as a mode of delivery*)
- What, if anything, do you see as being the value of the intervention:
 - For you
 - To your patients (if applicable)
- Has the COVID-19 pandemic impacted your delivery of REACH-HF/CR?
- What are your overall views on REACH-HF? (*PROMPT anything not already noted*)
- Is there anything else you think it is important for the research team to know?

Close

- Any questions?
- Feedback on interview?
- Thank participant and close.