

Figure S1. Mitochondrial structure and metabolic output vary across environments. Related to Figure 1.

(A) The ratio of mitochondrial volume to total volume of cells expressing mitochondrially targeted mNeonGreen (yLB126) and growing exponentially in synthetic media containing either 2% glucose, 2% sucrose, 2% galactose, 3% glycerol, or 2% ethanol, examined by microscopy. N \geq 316 cells collected across three biological replicates. Blue: fermentable carbon sources, red: non-fermentable carbon sources.

(B) Oxygen consumption rates of yLB1 were measured in sealed cell culture plates equipped with a fluorescent oxygen sensor while cells grew exponentially in synthetic media containing varying carbon sources, conducted in parallel with volumetric measurements collected by microscopy in (*A*). Rates normalized by doubling time of each strain, measured in tandem. Error bars indicate one standard deviation. (C) Cells were classified as arrested or recovered on the basis of mitochondrial network morphology (sphericity index > 0.7 or \leq 0.7, respectively) for 10 hr following glucose

withdrawal. N = 261 cells collected across three independent biological replicates. A minority of cells displayed no mitochondrial collapse on the time intervals at which images were acquired (15 min). We are uncertain whether these cells experienced a temporary mitochondrial shock which is not detectable at this temporal resolution, and thus in our downstream analyses we simply classify cells as either recovering or arresting on the basis of their ultimate fate.



Figure S2. Structural defects associated with growth arrest during sudden starvation. Related to Figure 2.

(A)-(B) Dynamics of mitochondrial sphericity (A) and mitochondrial/cell volume ratio (B) in N = 357 cells in the 90 min prior to detectable growth resumption.

(C)-(D) Representative images of cells co-expressing a mitochondrial marker in tandem with actin cable-associated protein Abp140p (yLB69) (*C*), or endocytic actin patch marker Abp1p (yLB45) (*D*), growing in synthetic media containing high glucose and following glucose washout. Scale bars, 10 μ m. The two actin-binding proteins largely maintain their distribution in cells where mitochondria are tubular and lose it in cells whose mitochondria collapse.

(E) Images of cells expressing ratiometric pHluorin2 (yLB397) and stained with MitoTracker Red CM-H₂Xros, in synthetic medium containing high glucose and post-glucose deprivation. MitoTracker Red images are presented as maximum-intensity z-projections for clarity of mitochondrial morphology; pHluorin2 images consist of the summed intensity across all z-slices for retention of expression information. Excitation of pHluorin2 at 488 nm produces a stronger fluorescence signal as pH decreases. Far right panels depict pHluorin2 signal as a thermal heat map for ease of comparison. Red and gray arrows indicate examples of cells with tubular and collapsed mitochondria, respectively. Scale bar, 10 μ m.



Figure S3. Mitochondrial starvation heterogeneity is unique to glucose deprivation and is not explained by cell cycle starvation heterogeneity. Related to Figure 3.

(A) Cumulative budding events occurring prior to and following abrupt glucose withdrawal in a microfluidic chamber, with growth dynamics observed by microscopy. Prototrophic cells (yLB128) were grown in synthetic media lacking amino acids, with and without glucose. Data are an aggregation of three independent biological replicates. (B) Distributions of mitochondrial to total cell volume ratio in cells (yLB128) growing in synthetic media without amino acids, before or following the shift to identical media lacking either glucose or nitrogen (ammonium sulfate), performed at time 0 min. N \geq 360 cells.

(C) Heat map depicting the distribution of mitochondrial sphericity values for cells (yLB126) growing in a microfluidics unit in synthetic media containing high glucose,

before and after a nutrient shift to identical media containing high galactose in lieu of glucose, performed at time 0 min. Intensity reflects the number of cells possessing a sphericity index within a given 0.01-sphericity-unit bin. N = 354 cells.

(D) Heat maps of mitochondrial sphericity for yLB126, before and during glucose starvation, with data partitioned by budded or unbudded status at the moment of glucose washout. N \ge 404 cells.



Figure S4. Disruption of glucose signaling and utilization abrogate bimodal behavior during starvation. Related to Figure 4.

(A) Time-resolved heat maps of mitochondrial-to-total cell volume ratio and sphericity in N = 523 $hxk2\Delta$ cells (yLB146), before and during acute glucose starvation occurring at 0 min. Compare to Figures 1G and 1H.

(B) Time-resolved heat maps of mitochondrial-to-total cell volume ratio and sphericity in N = 342 *snf1* Δ cells (yLB168), before and during acute glucose starvation.

Figure S5. Fast adaptation to glucose withdrawal confers a reciprocal fitness cost under well-fed conditions. Related to Figure 5.

(A) Representative images of cells co-expressing fluorescently labeled Hxt3pmNeonGreen and mitochondrial matrix-targeted mito-mNeptune in *snf1* Δ (yLB299), *hxk2* Δ (yLB297), or wild-type (yLB256) mutant backgrounds following 24 hr of glucose deprivation. While *hxk2* Δ mutants display uniform mitochondrial network increase and loss of Hxt3p signal and *snf1* Δ uniformly retain Hxt3p-mNeonGreen and have fragmented mitochondria (save for some cells that died during prolonged starvation, evident from their shriveled size and increase autofluorescence), the wild-type population is a heterogeneous distribution of Hxt3p-positive cells with mitochondrial fragmentation and Hxt3p-negative cells with large mitochondrial networks. Scale bar, 10 µm.

(B) Hxt3p-mNeonGreen intensity measured by flow cytometry in wild-type, $snf1\Delta$, and $hxk2\Delta$ cells growing in the presence of high glucose and deprived of glucose for the indicated time intervals. Distributions consist of three biological replicates of N = 40,000 cells each.

(C)-(D) Cultures were initiated with equal proportions of wild-type (yLB365) and $hxk2\Delta$ (yLB373) cells, each expressing distinct fluorescent markers, in synthetic medium containing high glucose. The proportions of wild-type and $hxk2\Delta$ cells were measured during continued cultivation in high glucose (*C*) and following sudden glucose withdrawal (*D*). N = 40,000 cells measured by flow cytometry at each time point. In (C), the fraction of $hxk2\Delta$ cells reaches a minimum at the onset of the diauxic shift, which occurs when all glucose has been fermented, and then rises as cells begin to respire. (E) Pre-starvation growth rate of microcolonies founded by single cells plotted against the change in the cell lineage's size following abrupt glucose withdrawal from the media. Lineages are assigned to two states, recoverers (red) and arresters (black), by their success or failure in doubling in size over the first 12 hr of glucose starvation.

Strain	Genotype description		
name			
yLB1	W303 MATa can1-100 leu2-3,112 his3-11,15 ura3-1 BUD4-S288C RAD5 TRP		
yLB41	yLB1 his3::pADH1-preSu9-link-mKate2-ADH1term-HIS3 SEC63-EGFP-KAN		
yLB45	yLB1 his3::pADH1-preSu9-link-mKate2-ADH1term-HIS3 ABP1-EGFP-KAN		
yLB69	yLB1 his3::pADH1-preSu9-link-mKate2-ADH1term-HIS3 ABP140-mNeonGreen-KAN		
yLB73	yLB1 rho ⁰		
yLB113	W303 MATa can1-100 his3::pADH1-preSu9-link-EGFP-ADH1term-HIS3 BUD4-S288 RAD5 TRP		
yLB126	yLB1 his3::pADH1-preSu9-link-mNeonGreen-ADH1term-HIS3		
yLB128	W303 MATa can1-100 his3::pADH1-preSu9-link-mNeonGreen-ADH1term-HIS3 BUD4- S288C RAD5 TRP		
yLB134	yLB1 his3::pADH1-preSu9-link-mNeonGreen-ADH1term-HIS3 dnm1::KAN		
yLB145	yLB1 hxk2::NAT		
yLB146	yLB126 hxk2::NAT		
yLB167	yLB1 snf1::KAN		
yLB168	yLB126 snf1::KAN		
yLB180	yLB126 mig1::NAT mig2::KAN		
yLB181	yLB1 mig1::NAT mig2::KAN		
yLB194	yLB1 reg1::KAN		
yLB196	yLB126 reg1::KAN		
yLB219	yLB1 his3::pADH1-preSu9-link-ratiometric pHluorin-HIS3 ura3-1		
yLB232	yLB1 snf3::KAN rgt2::NAT		
yLB233	yLB126 snf3::KAN rgt2::NAT		
yLB256	yLB1 his3::pADH1-preSu9-link-mNeptune-ADH1term-HIS3 HXT3-mNeonGreen- CgLEU2		
yLB297	yLB256 hxk2::NAT		
yLB299	yLB256 snf1::KAN		
yLB365	yLB1 his3::pACT1-mNeptune-ADH1t-HIS3		
yLB373	yLB1 his3::pACT1-mNeonGreen-ADH1t-HIS3 hxk2::NAT		
yLB397	yLB1 his3::pACT1-ratiometric pHluorin-ADH1term-HIS3		
yLB412	yLB397 his3::pACT1-ratiometric pHluorin-ADH1term-HIS3 snf1::KAN		
yLB416	yLB397 his3::pACT1-ratiometric pHluorin-ADH1term-HIS3 hxk2::NAT		
yLB432	W303 MATa can1-100 leu2-3,112 his3-11,15 BUD4-S288C RAD5 TRP URA HXT3-		
	mNeonGreen-SpHIS5 HXT7-mNeptune-CgLEU2		
yLB453	BC187 HIS3::pHXT3-HXT3-link-mNeonGreen-ADH1t-KAN-HIS3		
yLB457	Y12 HIS3::pHXT3-HXT3-link-mNeonGreen-ADH1t-KAN-HIS3		
yLB463	YJM978 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3		
yLB467	CEN.PK HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3		
yLB470	DBVPG1373 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3		
yLB474	L-1374 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3		

yLB478	BC187 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3	
yLB480	YS2 HIS3::pACT1-mNeonGreen-ADH1t-KAN-HIS3	
yLB486	Y12 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3	
yLB492	K11 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3	
yLB494	YPS606 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3	
yLB496	UWOPS83-787.3 HIS3::pACT1-mNeptune-ADH1t-KAN-HIS3	

Table S1 Transgenic yeast strains used in this study. Related to STAR Methods.

homologous recombination)-link-mKate2-yLB41, yLB45, yLB69	ector	
)-link-mKate2- yLB41, yLB45, yLB69		homologous recombination
	RS403 pADH1-preSu9-link-mKate2-	ADH1-preSu9-link-mKate2- yLB41, yLB45, yLB69
	ADH1t-HIS3	DH1t-HIS3
-link-mNeptune- yLB256, yLB297, yLB299	RS403 pADH1-preSu9-link-mNeptune-	ADH1-preSu9-link-mNeptune- yLB256, yLB297, yLB299
	HIS3	S3
SFP-ADH1t-KAN- yLB41	UC19 SEC63-link-yEGFP-ADH1t-KAN-	C63-link-yEGFP-ADH1t-KAN- yLB41
	3'SEC63	SEC63
FP-ADH1t-KAN- yLB45	UC19 ABP1-link-yEGFP-ADH1t-KAN-	3P1-link-yEGFP-ADH1t-KAN- yLB45
	3'ABP1	ABP1
NeonGreen- yLB69	UC19 ABP140-link-mNeonGreen-	3P140-link-mNeonGreen- yLB69
ABP140	ADH1t-KAN-3'ABP140	DH1t-KAN-3'ABP140
-link- yLB126, yLB146, yLB168, yLB	RS403 pADH1-preSu9-link-	ADH1-preSu9-link- yLB126, yLB146, yLB168, yLB180, yLB196,
ADH1t-HIS3 yLB233	mNeonGreen-ADH1t-HIS3	NeonGreen-ADH1t-HIS3 yLB233
P-ratiometric yLB219	RS403 pADH1-preSu9-ratiometric	ADH1-preSu9-ratiometric yLB219
	pHiuorin-ADH1t-HIS3	Huorin-ADH1t-HIS3
songreen- ylb256, ylb297, ylb299	UC19 HX13-link-mNeonGreen-	VI3-IINK-MINEONGREEN- YLB256, YLB297, YLB299
2-3 HX13	ADHIT-CgLEU2-3'HX13	JH1t-CgLEU2-3'HX13
aptune-ADHIt- VLB432	UC19 HX17-IINK-MNeptune-ADH1t-	VI7-IINK-MINEPTUNE-ADHIT- VLB432
		(T2 link mNoonCroon vi D422
		VI3-IINK-MINEONGREEN- YLB432
		ACT1-INVEPTURE-ADH11-HIS3 YLB305
Green-ADH1t-	RS403 pACI1-mNeonGreen-ADH1t-	ACI1-mNeonGreen-ADH1t- yLB373
	HIS3	
etric philorin- ylb397, ylb412, ylb416	RS403 pACI1-ratiometric pHiuorin-	ACTI-ratiometric pHillorin- yLB397, yLB412, yLB416
NK- YLB453, YLB457	RS403 PHX13-HX13-IINK-	1XI 3-HXI 3-HINK- Neen Green ADU11 KAN US2
	PS402 PACT1 mNoonCroon ADU1t	Neongreen-ADH1t-KAN-HISS
$\frac{1}{2} = \frac{1}{2} = \frac{1}$		$S3 \qquad \qquad$
P-link-mNeptune-yLB256, yLB297, yLB299FP-ADH1t-KAN-yLB41FP-ADH1t-KAN-yLB45INeonGreen-yLB69ABP140yLB126, yLB146, yLB168, yLB1P-link-yLB233P-ratiometricyLB2191t-HIS3yLB256, yLB297, yLB2992-3'HXT3yLB432PonGreen-yLB432-5'HXT3yLB365iGreen-ADH1t-yLB373etric pHluorin-yLB397, yLB412, yLB416ink-yLB453, yLB457ADH1t-KAN-HIS3yLB463, yLB467, yLB470, yLB-une-ADH1t-yLB480	RS403pADH1-preSu9-link-mNeptune- HIS3UC19SEC63-link-yEGFP-ADH1t-KAN- 3'SEC63UC19ABP1-link-yEGFP-ADH1t-KAN- 3'ABP1UC19ABP140-link-mNeonGreen- ADH1t-KAN-3'ABP140RS403pADH1-preSu9-link- mNeonGreen-ADH1t-HIS3RS403pADH1-preSu9-ratiometric pHluorin-ADH1t-HIS3UC19HXT3-link-mNeonGreen- 	ADH1-preSu9-link-mNeptune- S3 C63-link-yEGFP-ADH1t-KAN- SEC63 SP1-link-yEGFP-ADH1t-KAN- ABP1 SP140-link-mNeonGreen- DH1t-KAN-3'ABP140 ADH1-preSu9-link- NeonGreen-ADH1t-HIS3 ADH1-preSu9-ratiometric YLB126, yLB146, yLB168, yLB180, yLB196, yLB233 ADH1-preSu9-ratiometric YLB219 Huorin-ADH1t-HIS3 ACT3-link-mNeonGreen- DH1t-CgLEU2-3'HXT3 ACT7-link-mNeptune-ADH1t- YLB432 YLB432 ACT1-mNeptune-ADH1t-HIS3 ACT1-mNeonGreen- DH1t-SpHIS5-5'HXT3 ACT1-mNeonGreen-ADH1t-HIS3 ACT1-ratiometric pHluorin- DH1t-HIS3 ACT1-ratiometric pHluorin- DH1t-HIS3 ACT1-ratiometric pHluorin- DH1t-HIS3 ACT1-mNeonGreen-ADH1t- YLB453, yLB457 NeonGreen-ADH1t-KAN-HIS3 ACT1-mNeonGreen-ADH1t- YLB453, yLB467, yLB470, yLB474, yLB478, YLB486, yLB492, yLB494, yLB496

Table S2 Plasmids used in the construction of transgenic yeast strains. Related to STAR Methods.