Additional File 2. Summary of variables

VARIABLES	CATEGORIES
Age	50-60
	61-71
Sex	Man
	Woman
Smoking	Smoker: if affirmative information was registered
	in the medical records during the last four years
	Non-smoker
Diabetes	Diabetic: Code 250 (CIE-10) before invitation
mellitus	Non-diabetic
	Among diabetics, it was considered controlled if
	they had HbA1c≤7.6% in the last measure over eight
	months before invitation.
Arterial	Hypertensive: Code 401-404 (CIE-10) before
hypertension	invitation
	Non-hypertensive.
	Among hypertensives, it was considered controlled
	if they had SBP≤140mmHg or DBP≤90mmHg in the last
	three measurements over the last two years
Obesity	Obese: BMI ≥30 in the last two years
	Non-obese.
	Among the obese, it was considered controlled if
	they had two or more BMI measurements over the last two
	years

Use of the	≤6
health services (visits	7-15
to the GP and/or nurse)	16-28
	≥29
Influenza	Vaccinated
vaccines (only for	Non-vaccinated
people ≥65 years old	
during the last two	
years)	
Comorbidity	Very low
index ¹⁶	Low
	Moderate
	Severe
Deprivation	Very low
index 15	Low
	Moderate
	High
	Very high
Type of	Regular participant: participation in the last
participant	invitation and in the previous one or more
	Non-participant: never participated
	Irregular participant: participation in the last
	invitation, although not in the previous one or the other
	way round.

Initial participant (PIN): participation in first invitation in the studied period

Successive participant (PIS): initial participation in second or subsequent invitations