

Maternal COVID-19-related Prenatal Stress (MCPS)

Physical exposure (MCPS_{PE})

<i>During pregnancy</i>	YES	NO
1. I was positive to the Covid-19		
2. I had symptoms that made me think I was positive to the Covid-19		
3. I had contacts with relatives or friends who were positive to the Covid-19		
4. I live in a high contagion zone (red zone)		
5. I had contacts with relatives or friends who live in a high contagion zone (red zone)		
6. One of my relatives or friends was hospitalized due to Covid-19 infection		
7. One of my relatives or friends died with Covid-19		

Emotional elaboration (MCPS_{EE})

<i>During pregnancy</i>	Not at all	Not much	Moderately	Very much	Extremely
1. How much worried were you about the risk of infection by Covid-19?					
2. How much did you feel that your pregnancy was at risk?					
3. How much did you fear for your health?					
4. How much did you fear for your baby's health?					
5. How much did you feel that you had lost confidence in your health?					
6. How much did you feel you had lost faith in your physician?					

Cognitive elaboration (MCPS_{CE})

<i>During pregnancy</i>	Never	Rarely	Sometimes	Often	Always
1. I looked for information about the virus on the web					
2. I found out about the virus on television					
3. I looked for information through scientific journals or experts					
4. I decided I didn't want to know anything about it					
5. I requested (or I thought to request) a psychological support					
6. I told myself that the virus wasn't dangerous					
7. I told myself that the virus was dangerous					
8. I tried to understand who was to blame for the emergency					
9. I accepted that the real situation of emergency					

Lifestyle (MCPS_{LS})

<i>During pregnancy</i>	YES	NO
1. Did you change your lifestyle?		
2. Did you reduce your social contacts?		
3. Did you go out less frequently?		
4. Did you reduce your contacts with relatives and close friends?		
5. Did you change the way you took care of your health?		
6. Has the father of your baby reduced or stopped working?		