

Appendix 1. Diagnoses and frequencies.

Diagnoses, N=212	Frequency	Diagnoses	Frequency
Trigger finger	16 (7.5)	<i>Continued</i>	
CTS	14 (6.6)	CTS and trigger thumb	1 (0.47)
Ganglion cyst	11 (5.2)	CubTS and ganglion cyst	1 (0.47)
Knee arthritis	11 (5.2)	Distal humerus fracture	1 (0.47)
Finger fracture	9 (4.2)	DRF malunion	1 (0.47)
Rotator cuff tear	9 (4.2)	Dog bite finger	1 (0.47)
Anterior cruciate ligament tear	7 (3.3)	DRF and scaphoid fracture	1 (0.47)
DRF	7 (3.3)	DRF and finger fracture	1 (0.47)
Shoulder pain	6 (2.8)	Dupuytren disease	1 (0.47)
Knee pain	5 (2.4)	Dupuytren disease and gout	1 (0.47)
CubTS	4 (1.9)	Elbow pain	1 (0.47)
De Quervain tenosynovitis	4 (1.9)	Excision hook of hamate	1 (0.47)
Mallet finger	4 (1.9)	Extensor indicis proprius tendon tear	1 (0.47)
Meniscus tear	4 (1.9)	Extensor tendinitis thumb	1 (0.47)

Bilateral arthritis hands	3 (1.4)	Extensor tendon tear finger	1 (0.47)
Labral tear shoulder	3 (1.4)	Fibula fracture	1 (0.47)
Mass arm	3 (1.4)	Finger fracture and wrist arthritis	1 (0.47)
MCP fracture	3 (1.4)	Finger sprain	1 (0.47)
Scaphoid fracture	3 (1.4)	Foot Fracture	1 (0.47)
Arm pain	2 (0.94)	Frozen shoulder	1 (0.47)
Basal joint arthritis	2 (0.94)	Hamstring tear	1 (0.47)
Bilateral pain hands	2 (0.94)	Hand laceration	1 (0.47)
CMC arthritis	2 (0.94)	Hip pain	1 (0.47)
Finger laceration	2 (0.94)	Intersection syndrome	1 (0.47)
Finger mass	2 (0.94)	Knee and ankle pain	1 (0.47)
Herniated disc	2 (0.94)	Knee sprain	1 (0.47)
Paronychia	2 (0.94)	Lumbar spine injury	1 (0.47)
Plantar fasciitis	2 (0.94)	Malleolus fracture	1 (0.47)
Radiculopathy	2 (0.94)	Medial patellofemoral ligament tear	1 (0.47)
Radius fracture	2 (0.94)	Meniscus tear and wrist sprain	1 (0.47)

Shoulder arthritis	2 (0.94)	Metatarsal stress fracture	1 (0.47)
TFCC tear	2 (0.94)	Neck and back pain	1 (0.47)
Ulnar collateral ligament tear finger	2 (0.94)	Olecranon bursitis	1 (0.47)
Wrist pain	2 (0.94)	Osteoarthritis	1 (0.47)
4th extensor compartment tenosynovitis	1 (0.47)	Osteomyelitis after cat bite fore arm	1 (0.47)
AC joint arthritis	1 (0.47)	Plantar fasciitis and peroneal tendonitis	1 (0.47)
Achilles tendon rupture	1 (0.47)	Proximal interphalangeal joint fusion	1 (0.47)
Ankle pain	1 (0.47)	Proximal radius fracture	1 (0.47)
Back pain	1 (0.47)	Shoulder impingement	1 (0.47)
Bicep tendon tear	1 (0.47)	Stress fracture knee	1 (0.47)
Carpal boss	1 (0.47)	Talus fracture	1 (0.47)
Central slip injury finger	1 (0.47)	Tennis elbow	1 (0.47)
Chondromalacia patella	1 (0.47)	Thumb arthritis	1 (0.47)
Common extensor tendon tear	1 (0.47)	Toe fracture	1 (0.47)
CTS and tennis elbow	1 (0.47)	Trigger finger and De Quervain disease	1 (0.47)
CTS and trigger finger	1 (0.47)	Ulnar artery reconstruction finger	1 (0.47)

Discrete variables as number (percentage); AC: Acromioclavicular; CMC: Carpometacarpal; CTS: Carpal tunnel syndrome; CubTS: Cubital tunnel syndrome; DRF: Distal radius fracture; MCP: Metacarpophalangeal; TFCC: Triangular fibrocartilage complex.