

Questionnaire

**to people, who have participated in screening
for colorectal cancer**

With this questionnaire, we aim to collect information about how it affects people to participate in screening for colorectal cancer.

It is important that you respond to all the questions.

Part I

Have you, **during the last four days**, experienced any of the following?

	Not at all	A bit	Quite a bit	A lot
1. I have been worried.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I have been worried about my future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I have been scared.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I have been irritable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I have been quieter than normal.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I have slept badly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you, **during the last four days**, experienced any of the following?

	Not at all	A bit	Quite a bit	A lot
7. I have had difficulties concentrating.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I have felt that time passed slowly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. My appetite has changed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. I have been sad.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I have been upset.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I have been restless.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you, **during the last four days**, experienced any of the following?

	Not at all	A bit	Quite a bit	A lot
13. I have been nervous.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I have been uneasy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. It has taken a long time to fall asleep.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. I have withdrawn into myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. I have been unable to cope.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. I have been depressed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you, **during the last four days**, experienced any of the following? Not at all A few times Some-times Many times

19. I have had difficulties dealing with work or other commitments.

20. I have woken up far too early in the morning.

21. I have had difficulties doing things around the house.

22. I have been terrified.

23. I have been awake most of the night.

Have you, **during the last four days**, experienced any of the following? Not at all A bit Quite a bit A lot

24. I have felt sorry for myself.

25. I have been shocked.

26.* Fear of colorectal cancer has, more than usual, been in the back of my mind.

27. I have felt insecure.

28. I have felt as though something was wrong with my body.

Have you, **during the last four days**, experienced any of the following? Not at all A bit Quite a bit A lot

29. I have felt as though my body was a machine that does not work.

30. I have thought my situation was hopeless.

31. I have experienced that I lost control.

32. I have experienced mood swings.

Have you, **during the last four days**, experienced any of the following?

	Not at all	A bit	Quite a bit	A lot
33. I have thought my body was vulnerable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
34. I have kept my thoughts to myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
35. I have felt that I am getting old.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
36. I have felt sour (attitude).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
37. I have been angry.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
38. I have felt as I have been in a vacuum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you, **during the last four days**, experienced any of the following?

	Not at all	A bit	Quite a bit	A lot
39. I have felt older than my own age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
40. I have felt powerless.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
41.* I have been frightened.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
42. I have felt that I was unlucky.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
43. I have changed diet.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
44.* I have changed exercise habits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you, **during the last four days**, experienced any of the following?

	Not at all	A bit	Quite a bit	A lot	Do not know
45.* Less interest in sex.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
46. Negative impact on my sex life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Part IX

Questions about the bowel preparation

Have you, during the last four days , experienced any of the following?	Not at all	A bit	Quite a bit	A lot
47. I felt discomfort with having the bowel emptied.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
48. I have had a feeling of having a lesion on the rectum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
49. I have had a stinging feeling in the rectum.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50. I felt pain during emptying of bowel.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
51. I have had a feeling of a rash on the backside.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
52. I felt stranded at home during emptying of bowel.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
53.* I was worried about drinking other fluids during emptying of bowel.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Questions about colorectal polyps

Have you, during the last four days , experienced any of the following?	Not at all	A bit	Quite a bit	A lot
54. Anxious about having one or more polyps.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
55. I have been confused about what it means to have one or more polyps.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Questions about the colonoscopy

Have you, during the last four days , experienced any of the following?	Not at all	A bit	Quite a bit	A lot
56. I felt discomfort during the colonoscopy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
57. I felt defenseless lying on the examination table.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
58. I felt vulnerable lying on the examination table.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
59. I felt pain during the colonoscopy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
60. I felt humiliation lying on the examination table.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
61. The examination was a harsh experience.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
62. The examination overstepped my boundaries.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
63. I felt exposed lying on the examination table.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
64. I have had regrets having participated in the screening programme.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Items deleted after the psychometric analyses

Part II

Considering everything, have the examinations resulted in any of the following:

Please choose only one alternative per question

1. After the examinations, my aspects of life have been:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less broad	Less broad	The same as before	More broad	Much more broad
Less broad aspects			More broad aspects	

2. After the examinations, my enjoyment of life:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less	Less	The same as before	More	Much more
Less enjoyment			More enjoyment	

3. After the examinations, I feel:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less relaxed	Less relaxed	As relaxed as before	More relaxed	Much more relaxed
Less relaxed			More relaxed	

4. After the examinations, my abilities to listen to other people's problems:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less	Less	The same as before	More	Much more
Less listening			More listening	

5. After the examinations, my understanding for other people's problems:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less	Less	The same as before	More	Much more
Less understanding			More understanding	

Considering everything, have the examinations resulted in any of the following:

Please choose only one alternative per question

6. After the examinations, my relation to my family is:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less close	Less close	The same as before	More close	Much more close
Less close			More close	

7. After the examinations, the relations to my friends are:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less close	Less close	The same as before	More close	Much more close
Mindre tæt			Mere tæt	

8. After the examinations, my relations to other people are:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much worse	Worse	The same as before	Better	Much better
Worse			Better	

9. After the examinations, my feeling of inner calm is:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less	Less	The same as before	More	Much more
Less calm			More calm	

10. After the examinations, my thoughts about the future are:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less bright	Less bright	The same as before	More bright	Much more bright
Less bright future			More bright future	

11.* After the examinations, my feeling of well-being is:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less	Less	The same as before	More	Much more
Less well-being			More well-being	

Considering everything, have the examinations resulted in any of the following:

Please choose only one alternative per question

12. After the examinations, my awareness of life is:

Much less

Less

The same as before

More

Much more

Less awareness of life

More awareness of life

13. After the examinations I value life:

Much less

Less

The same as before

More

Much more

Value life less

Value life more

14. After the examinations, I have:

Much less
energy

Less energy

The same as before

More energy

Much more
Energy

Less energy

More energy

15. After the examinations, my feeling of responsibility for my family is:

Much less

Less

The same as before

More

Much more

Less responsibility

More responsibility

16. After the examinations, I have lived life to the full:

Much less

Less

The same as before

More

Much more

Live life less

Live life more

Considering everything, have the examinations resulted in any of the following:

Please choose only one alternative per question

17. After the examinations, I feel:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less relieved	Less relieved	The same as before	More relieved	Much more relieved
Less relieved			More relieved	

18. After the examinations, I am:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less impulsive	Less impulsive	The same as before	More impulsive	Much more impulsive
Less impulsive			More impulsive	

19. After the examinations, my desire to venture into something new is:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much weaker	Weaker	The same as before	Stronger	Much stronger
Weak desire			Stronger desire	

20. After the examinations, my courage to venture into something risky is:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much weaker	Weaker	The same as before	Stronger	Much stronger
Less courage			Mere modig	

21. After the examinations, I have done things that overstepped my bounds:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Much less	Less	The same as before	More	Much more
Less			More	

*Deleted after psychometric analyses