Questionnaire to people, who have participated in screening for colorectal cancer

With this questionnaire, we aim to collect information about how it affects people to participate in screening for colorectal cancer.

It is important that you respond to all the questions.

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Have you, during the last four days, experienced any of the Not A bit Quite A lot following? at all a bit 1. I have been worried. 2. I have been worried about my future. 3. I have been scared. 4. I have been irritable. 5. I have been quieter than normal. 6. I have slept badly. Have you, during the last four days, experienced any of the Not A bit Ouite A lot following? at all a bit 7. I have had difficulties concentrating. 8. I have felt that time passed slowly. 9. My appetite has changed. 10. I have been sad. 11. I have been upset. 12. I have been restless. Have you, during the last four days, experienced any of the A bit Quite A lot Not following? at all a bit 13. I have been nervous. 14. I have been uneasy. 15. It has taken a long time to fall asleep. 16. I have withdrawn into myself. 17. I have been unable to cope. 18. I have been depressed.

Part I

| Have you, during the last four days , experienced any of the following? | Not at all | A few times | Some- times | Many times |
|--|---------------|----------------|----------------|---------------|
| 19. I have had difficulties dealing with work or other commitments. | | | | |
| 20. I have woken up far too early in the morning. | | | | |
| 21. I have had difficulties doing things around the house. | | | | |
| 22. I have been terrified. | | | | |
| 23. I have been awake most of the night. | | | | |
| Have you, during the last four days , experienced any of the following? | Not at all | A bit | Quite a bit | A lot |
| 24. I have felt sorry for myself. | | | | |
| 25. I have been shocked. | | | | |
| 26.* Fear of colorectal cancer has, more than ususal, been in the back of my mind. | | | | |
| 27. I have felt insecure. | | | | |
| 28. I have felt as though something was wrong with my body. | | | | |
| Have you, during the last four days , experienced any of the following? | Not at all | A bit | Quite a bit | A lot |
| 29. I have felt as though my body was a machine that does not work. | | | | |
| 30. I have thought my situation was hopeless. | | | | |
| 31. I have experienced that I lost control. | | | | |
| 32. I have experienced mood swings. | | | | |
| | | | | |

| Have you, during the last four days , experienced any of the following? | Not at all | A bit | Quit a bi | | A lot |
|--|---------------|-------|----------------|-------|----------------|
| 33. I have thought my body was vulnerable. | | | | | |
| 34. I have kept my thoughts to myself. | | | | | |
| 35. I have felt that I am getting old. | | | | | |
| 36. I have felt sour (attitude). | | | | | |
| 37. I have been angry. | | | | | |
| 38. I have felt as I have been in a vacuum. | | | | | |
| Have you, during the last four days , experienced any of the following? | Not at all | A bit | Quit a bi | | A lot |
| 39. I have felt older than my own age. | | | | | |
| 40. I have felt powerless. | | | | | |
| 41.* I have been frightened. | | | | | |
| 42. I have felt that I was unlucky. | | | | | |
| 43. I have changed diet. | | | | | |
| 44.* I have changed exercise habits. | | | | | |
| Have you, during the last four days , experienced any of the following? | Not at all | A bit | Quite a bit | A lot | Do not know |
| 45.* Less interest in sex. | | | | | |
| 46. Negative impact on my sex life. | | | | | |

Part Ix

Questions about the bowel preparation

| Have you, during the last four days , experienced any of the following? | Not at all | A bit | Quite a bit | A lot |
|--|---------------|-------|----------------|-------|
| 47. I felt discomfort with having the bowel emptied. | | | | |
| 48. I have had a feeling of having a lesion on the rectum. | | | | |
| 49. I have had a stinging feeling in the rectum. | | | | |
| 50. I felt pain during emptying of bowel. | | | | |
| 51. I have had a feeling of a rash on the backside. | | | | |
| 52. I felt stranded at home during emptying of bowel. | | | | |
| 53.* I was worried about drinking other fluids during emptying of bowel. | | | | |

Questions about colorectal polyps

| Have you, during the last four days , experienced any of the following? | Not at all | A bit | Quite a bit | A lot |
|--|---------------|-------|----------------|-------|
| 54. Anxious about having one or more polyps. | | | | |
| 55. I have been confused about what it means to have one or more polyps. | | | | |

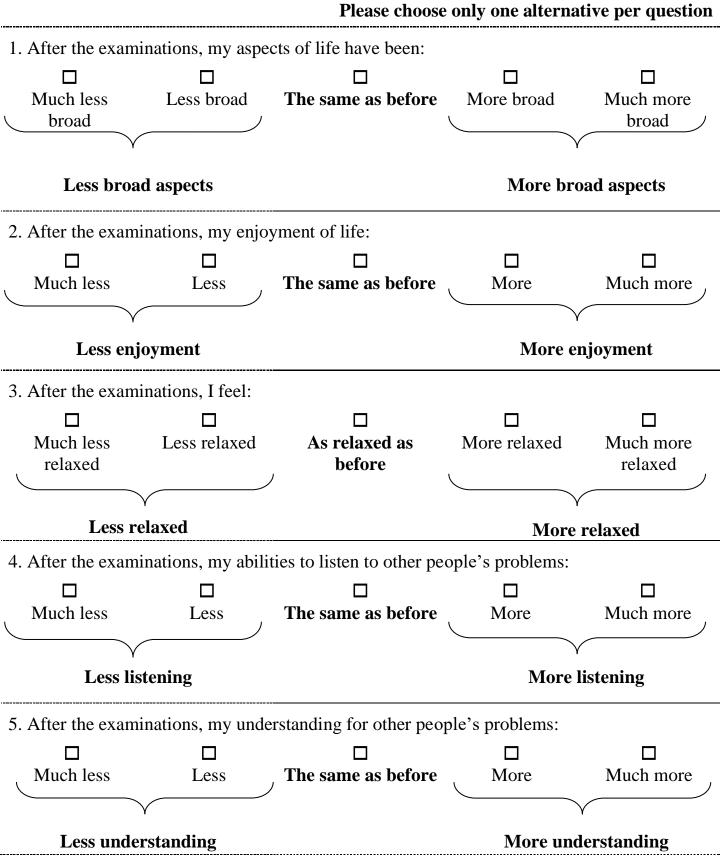
Questions about the colonoscopy

| | e you, during the last four days , experienced any of the owing? | Not at all | A bit | Quite a bit | A lot |
|-----|---|---------------|-------|----------------|-------|
| 56. | I felt discomfort during the colonoscopy. | | | | |
| 57. | I felt defenseless lying on the examination table. | | | | |
| 58. | I felt vulnerable lying on the examination table. | | | | |
| 59. | I felt pain during the colonoscopy. | | | | |
| 60. | I felt humiliation lying on the examination table. | | | | |
| 61. | The examination was a harsh experience. | | | | |
| 62. | The examination overstepped my boundaries. | | | | |
| 63. | I felt exposed lying on the examination table. | | | | |
| | I have had regrets having participated in the screening gramme. | | | | |

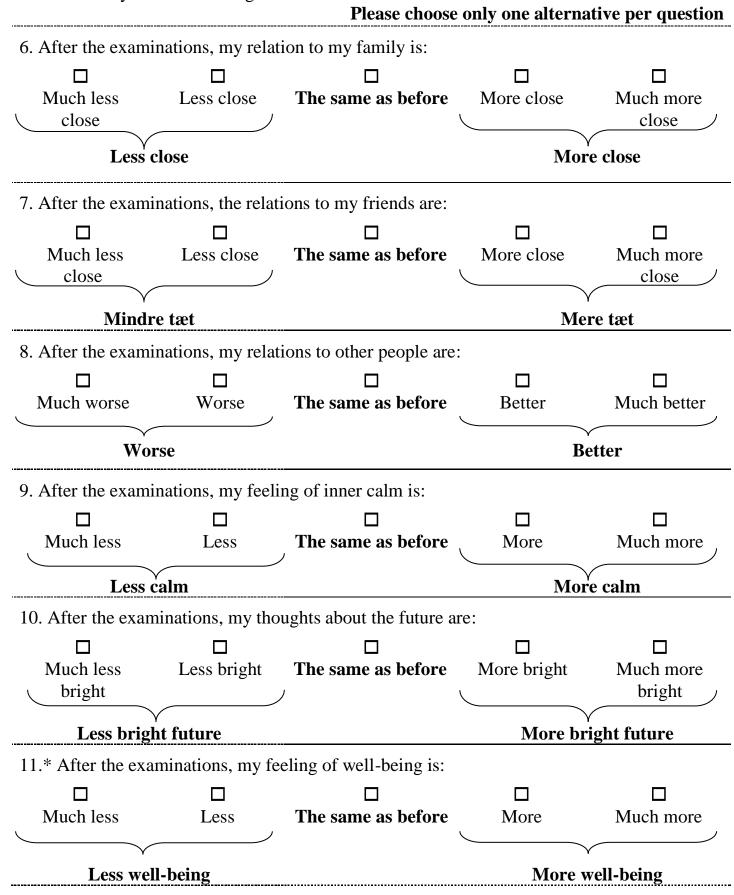
*Items deleted after the psychometric analyses

Part II

Considering everything, have the examinations resulted in any of the following:

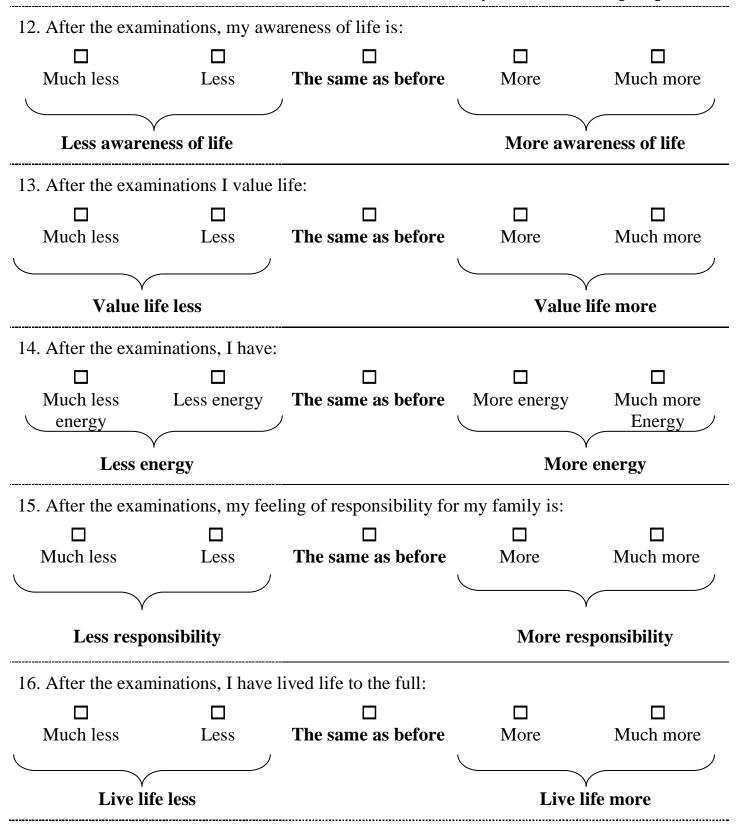


Considering everything, have the examinations resulted in any of the following:



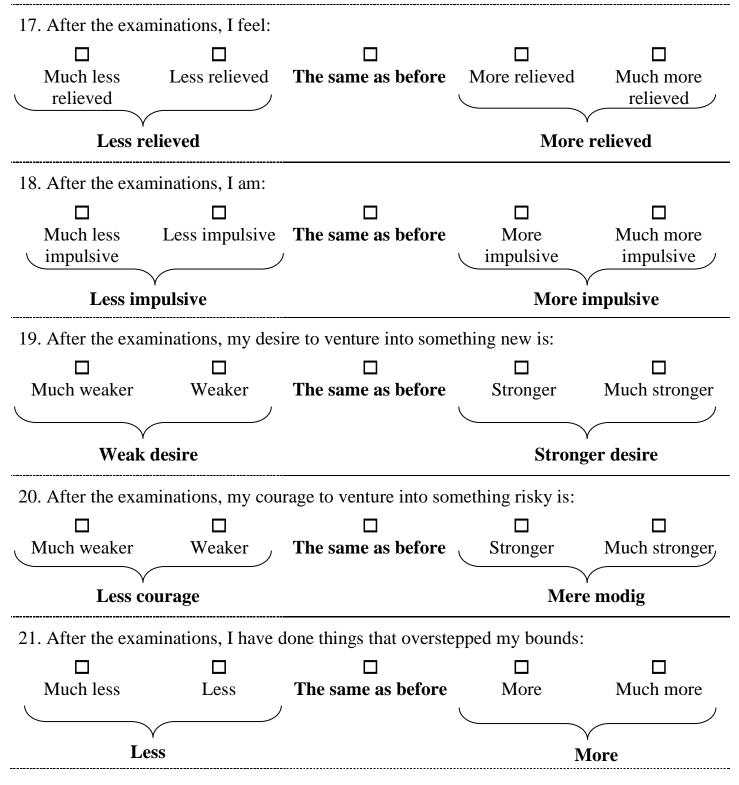
Considering everything, have the examinations resulted in any of the following:

Please choose only one alternative per question



Considering everything, have the examinations resulted in any of the following:

Please choose only one alternative per question



*Deleted after psychometric analyses