

**Figure 1.** The illuminance and violet light irradiance in Tokyo and Aracati. The illuminance and violet light irradiance in Aracati and Tokyo are shown in Figure S1 (**A**) and (**B**). (**A**) The average illuminance during the day in Aracati is almost the same as in Tokyo. (**B**) The average violet light irradiance during the day in Aracati is higher than in Tokyo.