

Database	Search Terms	Output
MEDLINE (Ovid)	<ol style="list-style-type: none"> 1. Older adults.mp. 2. Older people.mp. 3. elderly.mp. 4. mhealth.mp. 5. ehealth.mp. 6. telehealth.mp. 7. Mobile Applications/ or mobile technology.mp. 8. technolog*.mp. 9. smartphones.mp. 10. mobile health.mp. 11. physical activity.mp. or Exercise/ 12. falls.mp. or Accidental Falls/ 13. falls prevention.mp. 14. adherence.mp. or "Treatment Adherence and Compliance"/ 15. Health* Behavio?r/ or Health Promotion/ or promotion.mp. 16. Behavio?r change.mp. 17. "Review"/ or "Systematic Review"/ 18. 1 or 2 or 3 19. 4 or 5 or 6 or 7 or 8 or 9 or 10 20. 11 or 12 or 13 or 14 or 15 or 16 21. 17 and 18 and 19 and 20 22. cancer.ti. 23. diabet*.ti. 24. obesity.ti. 25. depress*.ti. 26. 22 or 23 or 24 or 25 27. 21 not 26 	158
Scopus (Elsevier)	TITLE-ABS-KEY (("older adults" OR elderly OR "older people") AND (mhealth OR ehealth OR technol* OR telehealth OR "mobile application*" OR smartphone OR "mobile health") AND ("physical	477

	activity" OR exercise OR fall* OR "fall* prevention" OR adherence OR "health behav*" OR "health promotion" OR "behav* change") AND (review OR "systematic review") AND NOT (cancer OR obesity OR depress* OR diabet*))	
CINAHL Plus (EBSCO)	AB ("older adults" or "older people" or elderly) AND AB (mhealth or m-health or "mobile health" or "health app" or "health applications" or ehealth or e-health or telehealth or smartphone* or technolog*) AND AB ("physical activity" or exercise or fall* or "fall* prevention" or adherence or "health* behavio#r" or "health promotion" or promotion or "behavio#r change") AND AB (review or "systematic review") NOT TI (cancer or diabet* or obesity or depress*)	108