

**Supplemental Table S2.** Newcastle Ottawa Quality Assessment Scale for Included Cohort Studies

Study	Selection	Comparability	Outcome	Total
Kim et al. (2020) [26]	***	**	**	7/9
Okosieme et al. (2019) [32]	***	**	***	8/9
Langen et al. (2018) [28]	***	**	***	8/9
Ryodi et al. (2018) [17]	***	**	**	7/9
Journy et al. (2017) [25]	***	**	**	7/9
Giesecke et al. (2017) [21]	***	**	***	8/9
Martin et al. (2017) [29]	***	**	**	7/9
Pearce et al. (2016) [33]	***	**	**	7/9
Bruere et al. (2015) [9]	***	**	***	8/9
Geng et al. (2015) [20]	**	**	**	6/9
la Cour et al. (2015) [27]	***	**	***	8/9
Yang et al. (2015) [42]	***	**	**	7/9
Chen et al. (2014) [13]	***	**	**	7/9
Drechsler et al. (2014) [16]	***	**	**	7/9
Perez et al. (2014) [34]	***	**	**	7/9
Brandt et al. (2013) [8]	***	**	***	8/9
Ceresini et al. (2013) [11]	***	**	**	7/9
Asvold et al. (2012) [5]	***	**	**	7/9
Nanchen et al. (2012) [31]	***	**	**	7/9
Waring et al. (2012) [41]	***	**	***	8/9
Molinaro et al. (2012) [30]	***	**	**	7/9
de Jongh et al. (2011) [15]	***	**	**	7/9
Schultz et al. (2011) [36]	***	**	***	8/9
Boekholdt et al. (2010) [7]	***	**	**	7/9
Ittermann et al. (2010) [24]	***	**	**	7/9
Sheu et al. (2010) [38]	***	**	***	8/9
Sgarbi et al. (2010) [37]	***	**	***	8/9
Siu et al. (2009) [39]	***	**	**	7/9
Volzke et al. (2009) [40]	***	**	***	8/9
Rodondi et al. (2008) [35]	***	**	***	8/9
Bauer et al. (2007) [6]	***	*	***	7/9
Iervasi et al. (2007) [23]	***	**	**	7/9
Cappola et al. (2006) [10]	****	**	**	8/9
Qureshi et al. (2006) [44]	***	**	***	8/9
Walsh et al. (2005) [46]	****	**	**	8/9
Gussekloo et al. (2004) [22]	***	**	**	7/9
Parle et al. (2001) [43]	***	**	***	8/9