Ultra-purified alginate gel implantation decreases inflammatory cytokine levels, prevents intervertebral disc degeneration, and reduces acute pain after discectomy Katsuro Ura¹, Katsuhisa Yamada^{1*}, Takeru Tsujimoto¹, Daisuke Ukeba¹, Norimasa Iwasaki¹, Hideki Sudo^{2*} ¹ Department of Orthopedic Surgery, Faculty of Medicine and Graduate of Medicine, Hokkaido University, Sapporo, Hokkaido, Japan ² Department of Advanced Medicine for Spine and Spinal Cord Disorders, Faculty of Medicine and Graduate of Medicine,

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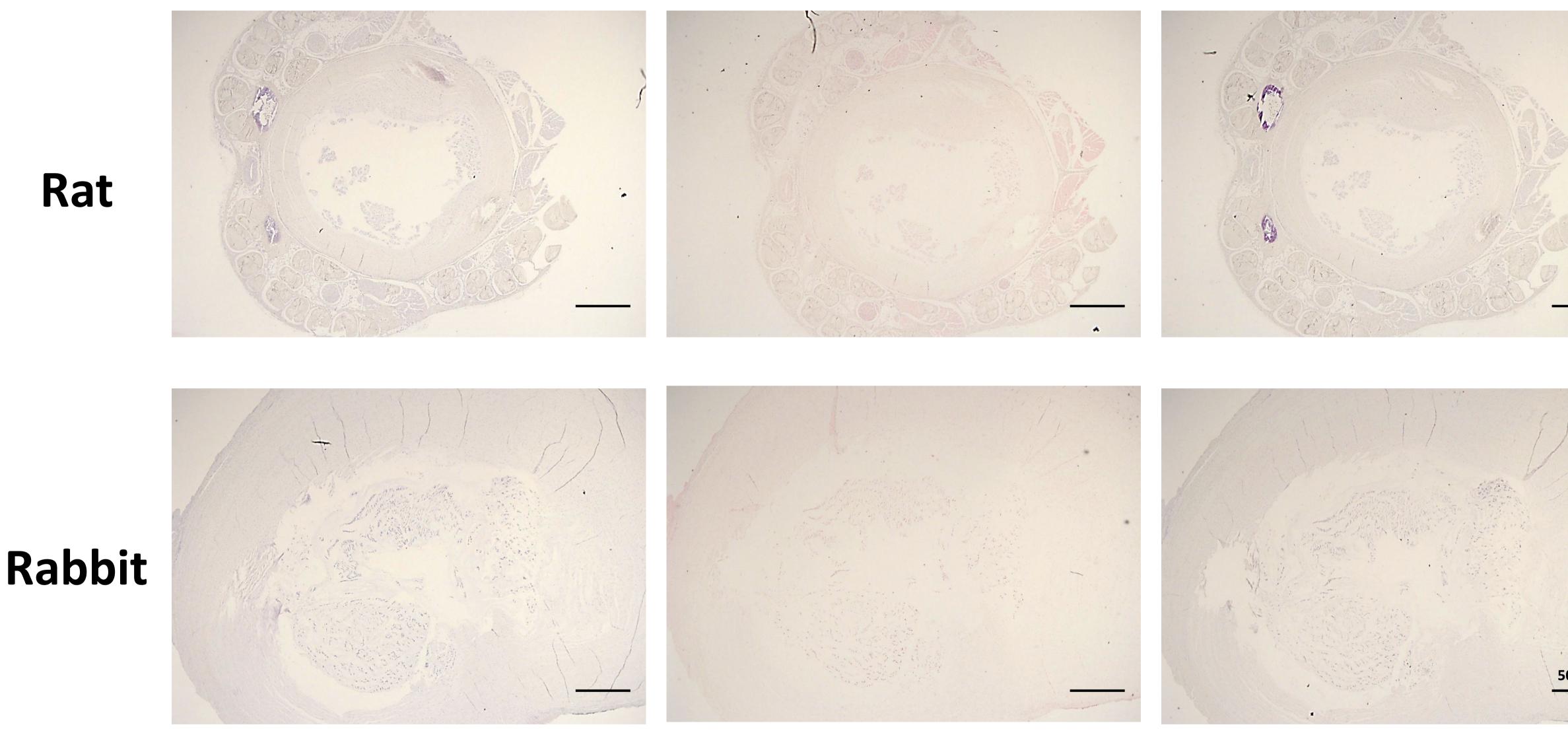
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TNF- α

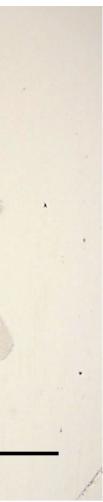


Rat

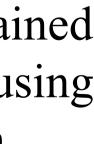
Supplementary fig. 1 Negative controls for TNF-a, IL-6 and TrkA in immunohistochemistry. TNF-α -positive cells are stained red and nuclei was stained purple using hematoxylin. IL-6 -positive cells are stained green and nuclei was stained red using nuclear fast red. TrkA -positive cells are stained brown and nuclei was stained purple using hematoxylin. Scale bar, 500 µm.

IL-6









Category —	Score		
	Sham	Punch	Gel
Endplate	0	0.67 ± 0.47	0.17 ± 0.37
AF	0	1	0.33 ± 0.47
Boundary between NP and AF	0	1.67 ± 0.47	0.17 ± 0.37
Cellularity of NP	0	2	0.5 ± 0.5
Matrix NP(H&E)	0	2	$0.5~\pm~0.5$
Matrix NP(SO)	0	2	0
Total score	0	9.33 ± 0.94	1.67 ± 1.89

Supplementary Table 1. Histological grading

N = 6 discs in each group, mean \pm standard deviation. NP; nucleus pulposus. AF; annuls fibrosus. H&E; hematoxylin and eosin. SO; safranin O

7