Questionnaire No:



# YOUR DAUGHTER AT 9

<b>*</b>	All answers are confidential
Chloe	

Sophie and Robert

Marley and friends

This questionnaire is to be answered by the child's main carer.

To answer simply tick the box which is most accurate in your opinion.

Some questions are the same as those you have answered before. This is so that we can tell what changes have happened to you.

Please answer all questions if you can, even if they are similar.

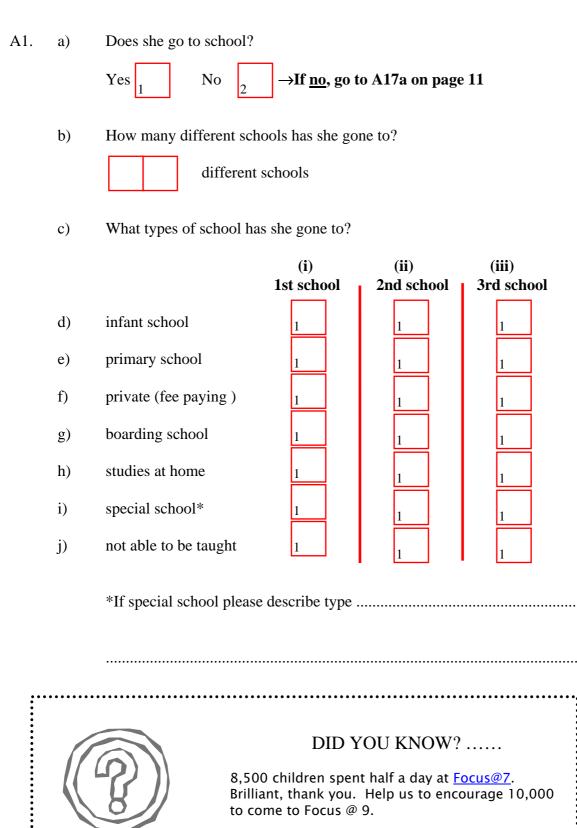
If you do not want to answer a question or if it does not apply to you, put a line through it.

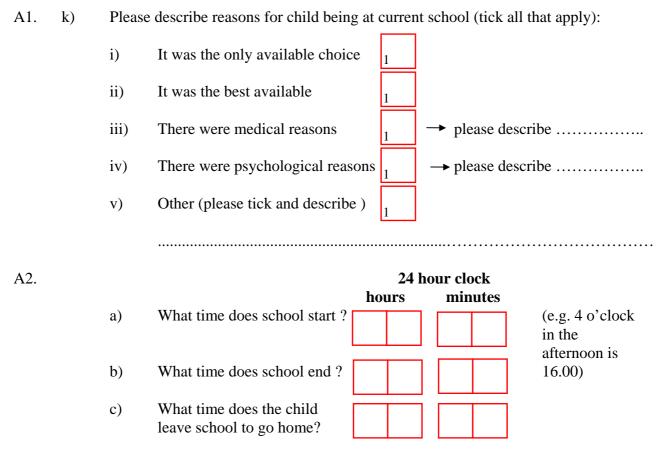
There are no good or bad answers. Just tell us what is true of your child as far as you know.

All answers are confidential

## THANK YOU FOR YOUR HELP

#### **SECTION A: SCHOOL**





A3. Who takes her to and from school nowadays? (Tick all that apply)

			i) oing	(ii) Coming back		
		every day	some days	every day	some days	
a)	I take her	1	2	1	2	
b)	My partner takes her	1	2	1	2	
c)	A grandparent or adult relative	1	2	1	2	
d)	An older child	1	2	1	2	
e)	Childminder	1	2	1	2	
f)	Other person	1	2	1	2	
g)	Goes on her own	1	2	1	2	

#### A4. How does she get to school?

				i) oing	(ii) Coming	back
			every day	some days	every day	some days
a)	She wa	alks	1	2	1	2
b)	She go wheeld	bes in a chair	1	2	1	2
c)	By pul transp		1	2	1	2
d)	School coach	l bus/	1	2	1	2
e)	By car		1	2	1	2
f)	Rides	bicycle	1	2	1	2
g)		(please describe)	1	2	1	2
A5.	a)	How far a	way is the scl	hool?		
		less than <sup>1</sup>	∕₂ mile (1 km)	) away 1		
		¹⁄₂ - 1 mile	e (1-2 km) aw	ay 2		
		1 - 5 mile	s (2-8 km) aw	yay 3		
		more than	5 miles (8 kr	n) away 4		
	b)	How long	does it take t	o get there in the	morning?	minutes
A6.		We would	l like to know	what happens af	ter school.	
•	a)	Does she	<u>usually</u> go str	aight home?		
			. —	_		

No  $\begin{bmatrix} 1 \end{bmatrix}$  Yes  $\begin{bmatrix} 2 \end{bmatrix}$   $\rightarrow$  If <u>yes</u>, go to A6c on page 6

A6.	b)	If <u>no</u> ,	where does she go?	Every day	Some days	Never
		i)	to a relative's home		2	3
		ii)	to a friend's home	1	2	3
		iii)	to a childminder	1	2	3
		iv)	school club	1	2	3
		v)	plays outside	1	2	3
		vi)	other (please tick and describe)	1	2	3
	c)	If she yes, a no, ha ever		lult always there?		ometimes 3
			fa be ch tir	ome of these ques miliar. We have as fore, but don't fo lange for a lot of ne and your answ fferent from last t	sked similar on orget circumsta us over a perio vers today may	es nces d of

6

A7. How does she feel about school?

11/1		Always	Usually	Sometimes	Not at all
a)	She looks forward to seeing her teachers	1	2	3	4
b)	She enjoys school	1	2	3	4
c)	She is stimulated by it	1	2	3	4
d)	She is frightened by the teachers	1	2	3	4
e)	She is frightened by her school mates	1	2	3	4
f)	She is afraid of failure	1	2	3	4
g)	She seems bored by school	1	2	3	4
h)	She likes her school mates	1	2	3	4
i)	She looks forward to lessons	1	2	3	4

A8. At school how much do you think she likes:

		She likes it a lot	She quite likes it	She does not like it	Does not do this
a)	Science, natural history	1	2	3	4
b)	Maths	1	2	3	4
c)	English	1	2	3	4
d)	Games/PE	1	2	3	4
e)	Foreign language	1	2	3	4
f)	Art/painting	1	2	3	4
g)	Music	1	2	3	4
h)	Geography	1	2	3	
i)	History	1	2	3	4

A8.			She likes it a lot	She quite likes it	She does not like it
	j)	Other topic (please tick & describe)	1	2	3

.....

#### A9. When she finishes school and returns home:

	Does she:	Always	Usually	Sometimes	Never
a)	Read, draw or play quietly by herself	1	2	3	4
b)	Watch TV or video	1	2	3	4
c)	Play with other children	1	2	3	4
d)	Use a computer	1	2	3	4
e)	Do schoolwork	1	2	3	4
f)	Listen to music	1	2	3	4
g)	Something else (please tick and describe)	1	2	3	4

A10. When you meet at home after school:

	Does she:	Always	Usually	Sometimes	Never
a)	Talk about the events of the day	1	2	3	4
b)	Ask about what has happened in your day	1	2	3	4

A11. a) Does she bring home things that she has done at school (e.g. painting)?

Yes 
$$\begin{array}{c} 1 \end{array}$$
 No  $\begin{array}{c} 2 \end{array}$   $\rightarrow$  If no, go to A12 below

b) If <u>ves</u>, how often are they put so that everyone can see them?

always	1	usually	2	sometimes	3	never	4	
	-	Ľ			U			1

A12. When she gets home from school how does she behave?

		Always	Usually	Sometimes	Never
a)	excited	1	2	3	4
b)	talkative	1	2	3	4
c)	withdrawn	1	2	3	4
d)	calm	1	2	3	4
e)	very active	1	2	3	4
f)	sleepy	1	2	3	4
g)	angry	1	2	3	4
h)	hungry	1	2	3	4
i)	tearful	1	2	3	4
j)	anxious	1	2	3	4
k)	affectionate	1	2	3	4
1)	tired	1	2	3	4
m)	in need of your support	1	2	3	4
n)	she avoids talking about scho	ool <sub>1</sub>	2	3	4
o)	other (please tick and describ	be) <sub>1</sub>	2	3	4

A13.	a)	Are you interested in what your child does at school?				
		Yes very 1 Yes mostly 2 No, not really 3				
	b)	Are you happy with the teaching your daughter is getting at school?				
		Yes very $1$ Yes mostly $2$ No, not really $3$				
	c)	Are you happy with the progress your daughter is making at school?				
		Yes very 1 Yes mostly 2 No, not really 3				
	d)	Are you happy with her behaviour at school?				
		Yes very $1$ Yes mostly $2$ No, not really $3$				
A14.		Has she been identified as having any particular problems at school?				
		Yes 1 No 2 If <u>no</u> , go to A17 on page 11				
If <u>yes</u> ,	which p	problems? (tick all that apply)				
	a)	disciplinary 1				
	b)	learning 1				
	c)	in relationships 1				
	d)	emotional 1				
	e)	other 1				
	f)	Please describe each type of school problem:				
	•••••					
A15.	Have y	you been invited to the school to talk about any of these problems?				
		Yes 1 No 2				

A16	a) Was the child investigated by a specialist for any of these problems?
	Yes 1 No 2 $\rightarrow$ If <u>no.</u> go to A17 below
	If <u>yes</u> , what was the result?
	b) Did this investigation result in extra help for the child?
	Yes 1 No 2 $\rightarrow$ If <u>no.</u> go to A17 below
	If <u>yes</u> , describe what:
A17.	a) Do you think that your study child has any particular talents? Yes $1$ No $2$ $\rightarrow$ If <u>no.</u> go to A18 below
	1 2 3
	b) If <u>yes</u> , please describe
A18.	Does your child show any interest in taking up any particular occupation when she is an adult?
	Yes 1 No 2 $\rightarrow$ If <u>no.</u> go to A19 below
	If <u>yes</u> , please describe
A19.	Is there an occupation you really hope your child will choose?
	Yes 1 No 2 $\rightarrow$ If <u>no</u> , go to A20 on page 12
	If <u>yes</u> , please describe

A20. What sort of education do you hope your child will have? (tick just one)

1	the minimum – and leave school as soon as possible
2	to get some good GCSE's and then leave
3	to take at least one A level
4	to go to University
5	other (please tick and describe)
6	don't really care

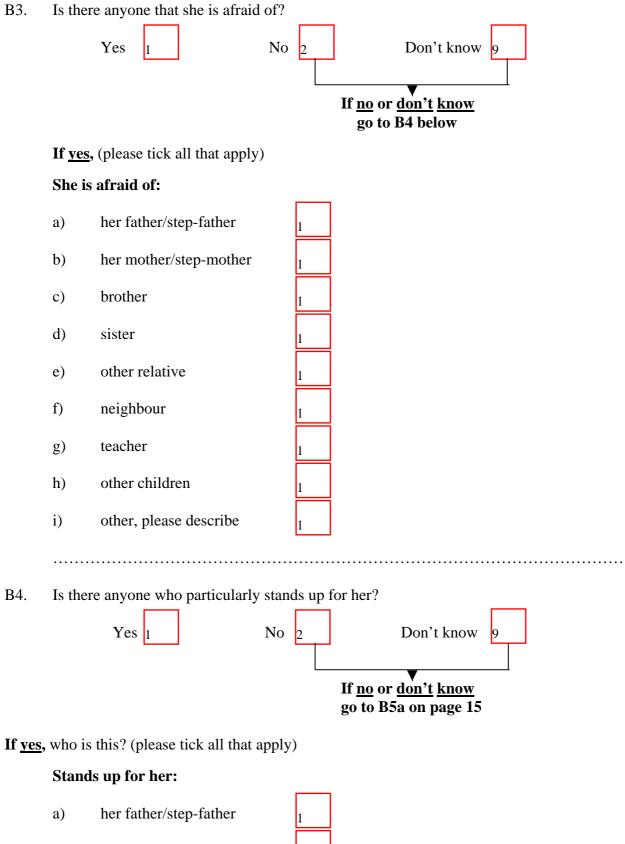


We try to use as many photographs as we can in your questionnaires, but everything you send us is used somewhere: in publicity material, in newsletters or to decorate our Focus clinics.

We love to receive pictures so please keep on sending them

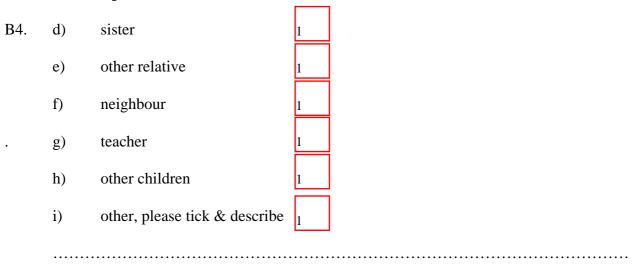
#### SECTION B: DISCIPLINE & LIFESTYLE

<b>B</b> 1.	a)	Are there rules in your hon	ne about what	your study child	can and cannot do?
		No, not at all	Yes for some things	s 2	Yes, for $\frac{3}{3}$
	b)	Does she refuse to do what	she does not v	want to do?	
		Yes usually	Yes sometimes	2	No, not 3
			(ii) Iy husband/ artner does	(iii) Her teacher does	(iv) Someone else → please describe
c)		has most control 1 our study child?	1	1	1
d)	Who u off?	isually tells her $1$	1	1	1
e)	Who ι her?	usually punishes 1	1	1	1
	f)	How often is she punished	?		
		every day 1	several time a week	es 2	once or twice a week 3
		once or twice a month 4	ra	rely 5	never 6
	g)	How often do you slap or h	nit her?		
		every day 1	several time a week	es 2	once or twice a week 3
		once or twice a 4	ra	rely 5	never 6
B2.	Has sł	ne ever run away from home	?		
	Yes	No, but has	tried to 2		but has thought $\frac{1}{3}$
	No, ne	ever 4 Don't know	9		

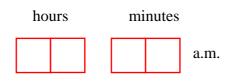


- b) her mother/step-mother
- c) brother

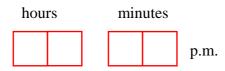
#### Stands up for her:



B5. a) <u>On normal school days</u> what time in the morning does your child usually wake up?



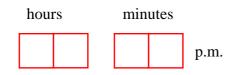
b) <u>On normal school days</u> what time in the evening does your child usually go to sleep?



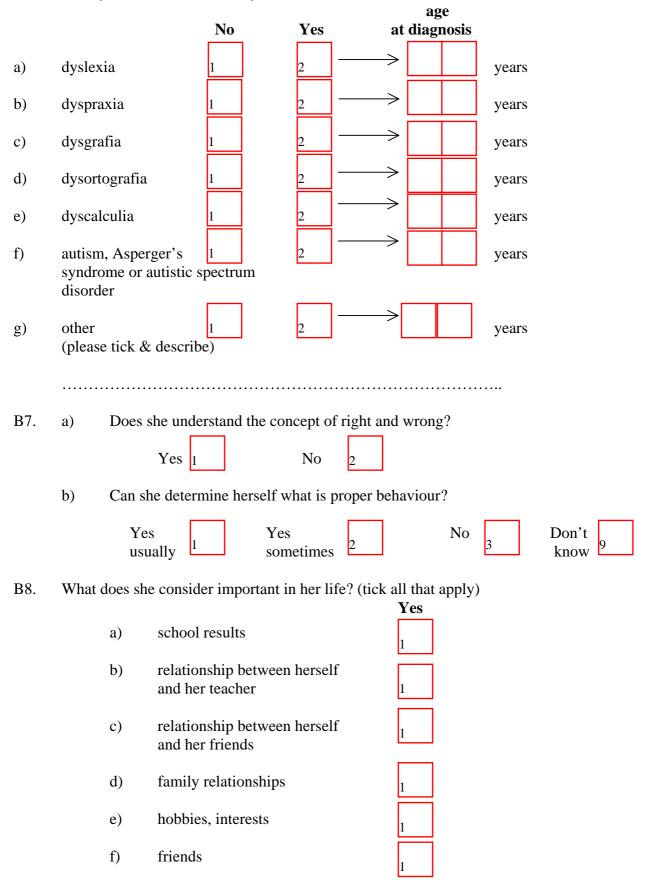
c) <u>On weekends</u> what time in the morning does your child usually wake up?



d) <u>On weekends</u> what time in the evening does your child usually go to sleep?



B6. Have you ever been told that your child has:

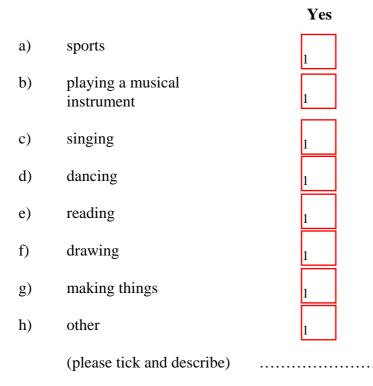


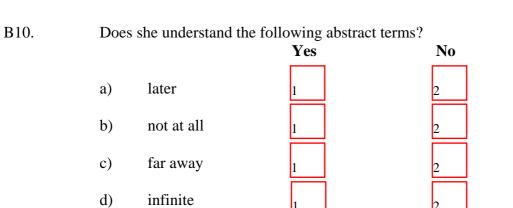
Yes

. . . . . . . . . . . . .

B8.	g)	clothes	1
	h)	money	1
	i)	material possessions	1
	j)	holidays, trips	1

B9. What does she really like to do best? (tick all that apply)



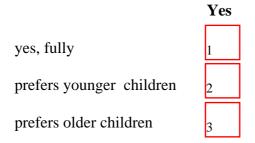


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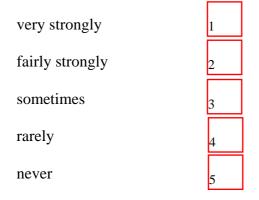
B11. Does she understand the concept of death as an irreversible event with all its emotional consequences?

		1				
		Yes, understands 1	Yes, mo understa	ore or less 2		
		Not really 3	Not at a	11 4		
B12.	Does		es, very nterested	Yes, somewhat interested	No, not interested	Not sure
	a)	in nationalism	1	2	3	4
	b)	in politics	1	2	3	4
	c)	in the meaning of life	1	2	3	4
	d)	in law and order	1	2	3	4
	e)	in religion	1	2	3	4
	f)	Does she attend a place of worship	(church, r	nosque, etc)?		
		Yes often $1$ Yes sometim	nes 2	No, not at	all <sub>3</sub>	
	g)	Does she pray?				
		Yes often $1$ Yes sometime	nes 2	No, not at	all <sub>3</sub>	
		Don't know 9				
B13.	a)	What friends does she prefer?				
		boys 1				
		girls 2				
		she doesn't mind $3$				
		she doesn't have friends 4				
	b)	Does she have a favourite friend of	f the other	sex?		
		Yes 1 No 2				

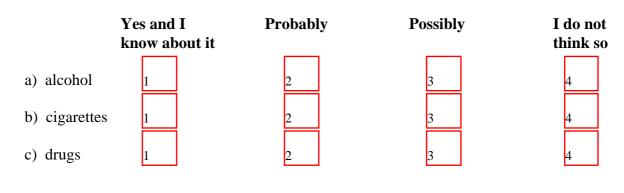
B14. Is she at ease with children of her own age?



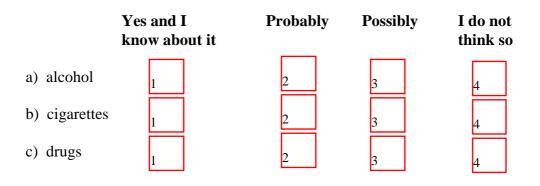
B15. How much is she influenced by her friends/mates?



#### B16. Has she ever been offered:

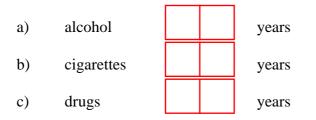


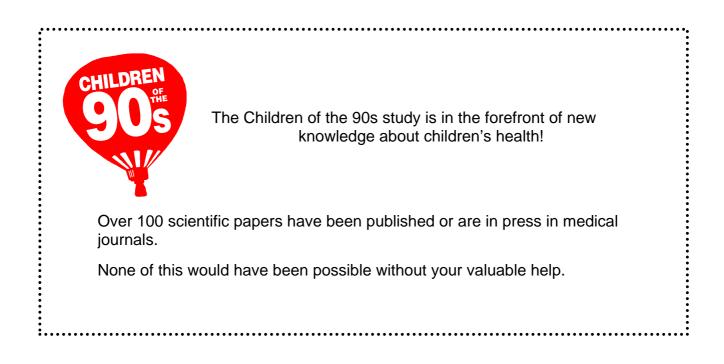
B17. (i) Has she ever tried:



#### If <u>ves</u> to any of the above,

B17. (ii) At what age was she when she tried them? (put 99 if you don't know and 88 if she never tried them)





# **SECTION C: TALKING**

Below are a number of statements about speech. Please indicate which are true for your study child.

		Certainly true	Somewhat true	Not true
C1.	People can understand almost everything she says	1	2	3
C2.	People have trouble in understanding much of what she says	1	2	3
C3.	She seldom makes any errors in producing speech sounds	1	2	3
C4.	She mispronounces one or two speech sounds but is not difficult to understan e.g. may say "th" for "s" or "w" for "r	nd;	2	3
C5.	Her production of speech sounds seen immature, like that of a younger child e.g. she says "tat" for "cat", or "chime for "chimney", or "bokkle" for "bottle	, l pley"	2	3
C6.	She seems unable to produce several sounds; e.g. "k" or "s", so that "cat" and "sat" are both pronounced as "tat"	1	2	3
C7.	She leaves off beginnings or ends of words, or omits entire syllables e.g. "bella" for "umbrella"	1	2	3
C8.	It is much harder to understand her wl she is talking in sentences, rather than just producing single words		2	3
C9.	Her speech is extremely rapid	1	2	3
C10.	She seems to have difficulty in construct the whole of what she wants to say: makes false starts, and repeats whole words and phrases; e.g. might say "ca can-I-can-can I have an-have an ice can	1 n I-	2	3
C11.	Her words are clearly spoken and they flow one from another	/ 1	2	3

	(	Certainly true	Somewhat true	Not true
C12.	Speech is mostly just 2 or 3 word phrases such as "me got ball" or "give dolly"	1	2	3
C13.	She can produce long and complicated sentences such as: "When we went to park I had a go on the swings"; "I saw man standing on the corner"	the <sup>1</sup>	2	3
C14.	She tends to leave out words and grammatical endings, such as: "I find dog", "John go there yesterday"	two 1	2	3
C15.	Sometimes she makes mistakes with pronouns, e.g. saying "she" rather than "he" or vice versa	1	2	3
C16.	She talks to anyone and everyone	1	2	3
C17.	She talks too much	1	2	3
C18.	She keeps telling people things that th know already	ey 1	2	3
C19.	She talks to herself	1	2	3
C20.	She talks repetitively about things that no-one is interested in	t 1	2	3
C21.	She asks questions although she know the answers	s 1	2	3
C22.	It is sometimes hard to make sense of what she is saying because it seems illogical or disconnected	1	2	3
C23.	Conversation with her can be enjoyable and interesting	le 1	2	3
C24.	She can give an easy-to-follow accour of a past event such as a birthday party holiday		2	3

	Cer	tainly true	Somewhat true	Not true
C25.	She can talk clearly about what she plans to do in the future e.g. tomorrow or next week	1	2	3
C26.	She would have difficulty in explaining to a younger child how to play a simple gam such as "snap"		2	3
C27.	She has difficulty in telling a story, or describing what she has done in a sequence of events	1	2	3
C28.	She uses terms like "he" or "it" without making it clear what she is talking about	1	2	3
C29.	She doesn't seem to realise the need to explain what she is talking about to some one who doesn't share her experiences; e.g. might talk about "Johnny" without explaining who he is	1	2	3
C30.	She pronounces words in an over-precise manner: accent may sound rather affected or "put-on", as if child is mimicking a TV personality rather than talking like those around her		2	3
C31.	She makes frequent use of expressions such as "by the way", "actually", "you know what?", "as a matter of fact", "well know" or "of course"	1 you	2	3
C32.	She will suddenly change the topic of conversation	1	2	3
C33.	She often turns the conversation to a favourite theme, rather than following what the other person wants to talk about	1	2	3
C34.	Conversation with her tends to go off in unexpected directions	1	2	3

		Certainly true	Somewhat true	Not true
C35.	She includes over-precise information her talk, e.g. will give the exact time date of an event. e.g. when asked "w go on holiday?" may say "13 <sup>th</sup> July rather than "in the summer"	e or under the second s	2	3
C36.	She has favourite phrases, sentences longer sequences which she will use great deal, sometimes in inappropria	e a 📕	2	3
C37.	She sometimes seems to say things the she does not fully understand	that 1	2	3
C38.	She tends to repeat back what others just said	s have 1	2	3
C39.	Her ability to communicate clearly s to vary a great deal from one situation to another		2	3
C40.	She takes in just one or two words is sentence, and so often misinterprets has been said		2	3
C41.	She can understand sarcasm e.g. will amused rather than confused when so one says "isn't it a lovely day!" whe pouring with rain	some-	2	3
C42.	She tends to be over-literal, sometin with (unintentionally) funny results, e.g. a child who was asked "Do you to get up in the morning" replied "N just put one leg out of the bed and th and stand up"	find it hard lo, you	2	3
C43.	She gets into trouble, because she de always understand the rules for poli behaviour, and is regarded by others rude or strange	te	2	3
C44.	She may say things which are tactle socially inappropriate	ss or 1	2	3

		Certainly true	Somewhat true	Not true
C45.	She treats everyone the same way, regardless of social status: e.g. she mig talk to the head teacher the same way a to another child		2	3
C46.	She ignores conversational overtures from others e.g. if asked "what are you making?" the child just continues work as if nothing had happened	1	2	3
C47.	She hardly ever starts up a conversation does not volunteer information about what has happened	n; <u>1</u>	2	3
C48.	She doesn't seem to read facial express or tone of voice and may not realise when other people are upset or angry	sions 1	2	3
C49.	She is poor at using facial expressions gestures to convey her feelings; she ma look blank when angry, or smile when	ıy 1	2	3
C50.	She makes good use of gestures to get meaning across	her 1	2	3
C51.	She seldom or never looks at the perso she is talking to: seems to actively avoi eye contact		2	3
C52.	She tends to look away from the person she is talking to: seems inattentive or preoccupied	n 1	2	3
C53.	She smiles appropriately when talking to people	1	2	3

Michelle and her sister

# SECTION D: THE CHILD'S ACTIVITIES

D1. About how often does your child do the following:

How o	often does she:	Nearly every day	2-5 times a week	Once a week	1-3 times a month	Less than once per month	Not at all
a)	Go swimming	1	2	3	4	5	6
b)	Play a musical instrument (e.g. piano, recorder)	1	2	3	4	5	6
c)	Go to special groups (such as Scouts)	1	2	3	4	5	6
	Please tick and describe	e					
d)	Go to Sunday School	1	2	3	4	5	6
e)	Go to special classes or clubs for some activity (e.g. dancing, judo, sports)	1	2	3	4	5	6
	Please tick and describe	e					
f)	Go to special classes because of learning difficulty	1	2	3	4	5	6
	Please tick and describe	e					
g)	Classes for foreign languages	1	2	3	4	5	6
	Please tick and describe	e					
h)	Singing group	1	2	3	4	5	6
	Please tick and describe	e					
i)	Other type of classes or group	1	2	3	4	5	6
	Please tick and describe	e					

D1. <b>How o</b>	often does she:	Nearly every day	2-5 times a week	Once a week	1-3 times a month	Less than once per month	Not at all
j)	See her grandparents	1	2	3	4	5	6
k)	Play computer games	1	2	3	4	5	6
1)	Help in the house	1	2	3	4	5	6

D2. How often does her mother or other adult female do these activities with her?

	Adult female:	Nearly every day	2-5 times a week	Once a week	Less than once a week	Never ↓
a)	bath (or showers) her	1	2	3	4	5
b)	makes things with her	1	2	3	4	5
c)	sings with her	1	2	3	4	5
d)	reads to/with her	1	2	3	4	4
e)	plays with toys	1	2	3	4	5
f)	cuddles her	1	2	3	4	5
g)	active play (e.g. ball games, wrestling, hide and seek)	1	2	3	4	5
h)	takes her to the park or playground	1	2	3	4	5
i)	puts her to bed	1	2	3	4	5
j)	takes her swimming, fishing or other activity	1	2	3	4	5
k)	draws or paints with her	1	2	3	4	5
1)	prepares food with her	1	2	3	4	5

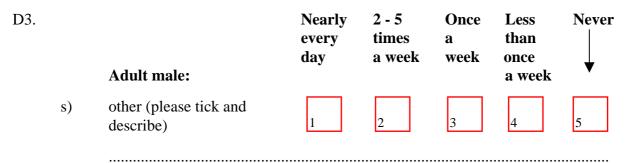
D2.	Adult female:	Nearly every day	2-5 times a week	Once a week	Less than once a week	Never ↓
m)	takes her to classes	1	2	3	4	5
n)	takes her shopping	1	2	3	4	5
0)	takes her to watch sports/ football	1	2	3	4	5
p)	does homework with her	1	2	3	4	5
q)	has conversations with her	1	2	3	4	5
r)	helps her prepare things for school	1	2	3	4	5
s)	other (please tick & describe	2) 1	2	3	4	5

t) Who are the women involved in any of these activities with the study child? (tick all that apply)

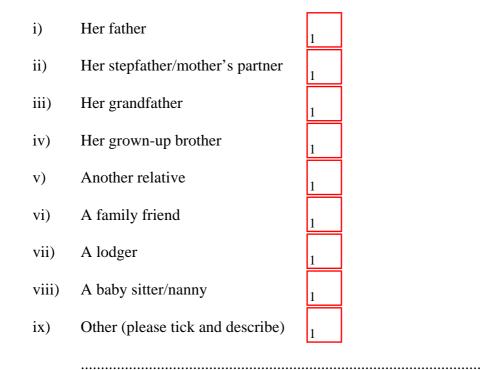
i)	Her mother	1
ii)	Her stepmother/father's partner	1
iii)	Her grandmother	1
iv)	Her grown-up sister	1
v)	Another relative	1
vi)	A family friend	1
vii)	A lodger	1
viii)	A baby sitter/nanny	1
ix)	Other (please tick and describe)	1

D3. How often does a male adult (e.g. her father/mother's husband or partner) do these activities with your child?

	t male:	Nearly every day	2-5 times a week	Once a week	Less than once a week	Never ↓
a)	bath (or showers) her	1	2	3	4	5
b)	makes things with her	1	2	3	4	5
c)	sings with her	1	2	3	4	5
d)	reads to/with her	1	2	3	4	5
e)	plays with toys	1	2	3	4	5
f)	cuddles her	1	2	3	4	5
g)	active play (e.g. ball games, wrestling, hide and seek)	1	2	3	4	5
h)	takes her to the park or playground	1	2	3	4	5
i)	puts her to bed	1	2	3	4	5
j)	takes her swimming, fishing or similar activity	1	2	3	4	5
k)	draws or paints with her	1	2	3	4	5
l)	prepares food with her	1	2	3	4	5
m)	takes her to classes	1	2	3	4	5
n)	takes her shopping	1	2	3	4	5
0)	take her to watch sports/ football	1	2	3	4	5
p)	does homework with her	1	2	3	4	5
q)	has conversations with her	1	2	3	4	5
r)	helps her prepare things for school	1	2	3	4	5



t) Who are the men involved in any of these activities with the study child? (tick all that apply)



#### D4. Help in the house:

a) Does your daughter help in the home (cleaning, washing dishes etc.)?

Yes, but only if made to	1
Yes, sometimes offers to and sometimes is made to	2
Yes, always offers to	3
No, refuses to help	4
No, is not allowed to help	5

- D4. b) If <u>not allowed.</u> why is this?.....
- D5. Does she have a space in which she can do things on her own?

	Yes, her own	bedroom	1	
	A corner of a	room	2	
	Her own table	;	3	
	No, there is no	o room for this	4	
			5	
a)	Does she have brother and sisters)?	rs and/or sister	s living at home (inclu	de step and half-brothers
	Yes 1	No 2 —	→ If <u>no</u> , go to D7	on page 33
If <u>yes</u> ,				
b)	How many?			
	i) older brothers		older sisters	
	ii) younger brothers		younger sisters	
	iii) twin brother		twin sister	
Please	give the age of: (Put	: 99 if no such	person. Put 00 if less	than 1 year old)
	iv) oldest brother		years old	
	v) oldest sister		years old	
	vi) youngest brother		years old	
	vii) youngest sister		years old	
	<b>If <u>yes</u>,</b> b)	A corner of a final of the formula o	Yes No   If yes,   b)   How many?   i) older brothers   ii) younger brothers   iii) twin brother   Please give the age of: (Put 99 if no such iv) oldest brother iv) oldest sister v) oldest sister	A corner of a room   A corner of a room 2   Her own table 3   No, there is no room for this 4   Something else (please tick and describe) 5   a) Does she have brothers and/or sisters living at home (incluand sisters)? Yes 1 No 2

D6. c) How often does she do the following with them?

With her brothers and sisters	Nearly every day	2-5 times a week	Once a week	Less than once a week	Never
(i) Play with toys	1	2	3	4	5
(ii) Read together	1	2	3	4	5
(iii) Sing together	1	2	3	4	5
(iv) Make things, draw or paint	1	2	3	4	5
(v) Go out together	1	2	3	4	5
(vi) Talk together	1	2	3	4	5
(vii) Eat together	1	2	3	4	5
(viii) Argue with one another	1	2	3	4	5
(ix) Do sports together	1	2	3	4	5

D7. a) Does she wear clothes that have been handed down free from others? (tick all that apply)

- i) yes, from older brothers & sisters
- ii) yes, from other relatives
- iii) yes, from friends



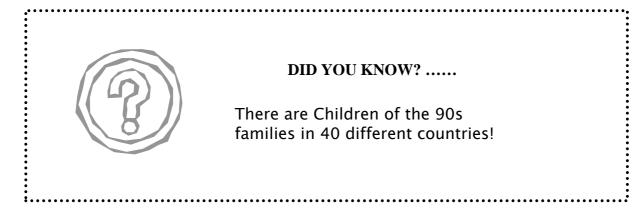
- b) Does she ever have clothes bought second hand for her?
  - Yes 1

No 2

#### SECTION E: MOODS AND FEELINGS

These questions are about how your child may have been feeling or acting recently. For each question, please say how much she has felt or acted this way in the <u>past two weeks</u>.

		True	Sometimes true	Not true
E1.	She felt miserable or unhappy	1	2	3
E2.	She didn't enjoy anything at all	1	2	3
E3.	She felt so tired that she just sat around and did nothing	1	2	3
E4.	She was very restless	1	2	3
E5.	She felt she was no good any more	1	2	3
E6.	She cried a lot	1	2	3
E7.	She found it hard to think properly or concentrate	1	2	3
E8.	She hated herself	1	2	3
E9.	She felt she was a bad person	1	2	3
E10.	She felt lonely	1	2	3
E11.	She thought nobody really loved her	1	2	3
E12.	She thought she could never be as good as other kids	1	2	3
E13.	She felt she did everything wrong	1	2	3



### SECTION F: STRENGTHS AND DIFFICULTIES

Please think how your child has been in the past 6 months

	In the last six months:	Not true	Somewhat true	Certainly true	Don't know
F1.	She has been considerate of other people's feelings	1	2	3	4
F2.	She has been restless, overactive, cannot stay still for long	1	2	3	4
F3.	She has often complained of headaches, stomach aches or sickness	1	2	3	4
F4.	She has shared readily with other children (treats, toys, pencils etc.)	1	2	3	4
F5.	She has often had temper trantrums or hot tempers	1	2	3	4
F6.	She is rather solitary, tends to play alone	1	2	3	4
F7.	She is generally obedient, usually does what adults request	t 1	2	3	4
F8.	She has many worries, often seems worried	1	2	3	4
F9.	She is helpful if someone is hurt, upset or feeling ill	1	2	3	4
F10.	She is constantly fidgeting or squirming	1	2	3	4
F11.	She has at least one good friend	1	2	3	4
F12.	She often fights with other children or bullies them	1	2	3	4
F13.	She is often unhappy, down-hearted or tearful	1	2	3	4
F14.	She is generally liked by other children	1	2	3	4

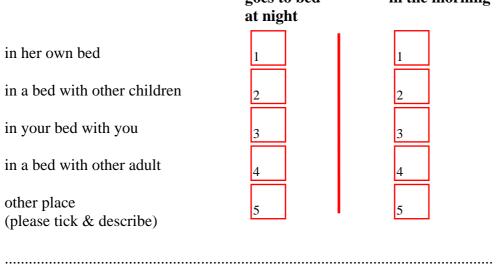
	In the last six months:	Not true	Somewhat true	Certainly true	Don't know
F15.	She is easily distracted, her concentration wanders	1	2	3	4
F16.	She is nervous or clingy in new situations, easily loses confidence	1	2	3	4
F17.	She is kind to younger children	1	2	3	4
F18.	She often lies or cheats	1	2	3	4
F19.	She is picked on or bullied by other childre	n 1	2	3	4
F20.	She often volunteers to help others (parents teachers, other children)	s, <u>1</u>	2	3	4
F21.	She thinks things out before acting	1	2	3	4
F22.	She steals from home, school or elsewhere	1	2	3	4
F23.	She gets on better with adults than with other children	1	2	3	4
F24.	She has many fears, is easily scared	1	2	3	4
F25.	She sees tasks through to the end, has good attention span	1	2	3	4

Lauren

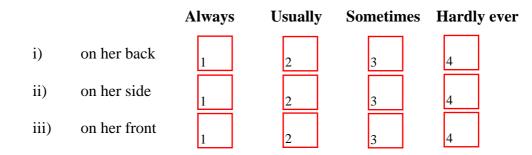
Sam

## **SECTION G : SLEEPING**

G1.	a)	Does your child have a regularized Yes $1$ No $2$	alar sleeping routi	ne?
	b)	How often during the night	does she usually	wake? times
G2.	a)	Where does she usually slee	ep? (i) When she goes to bed at night	(ii) When she wakes in the morning
	in her	own room on her own	1	1
	in a ro	om with other children	2	2
	in you	r bedroom	3	3
	in a ro	om with other adults	4	4
	other j (please	place e tick & describe)	5	5
	 b)	Does she sleep on her own	-	
			(i) When she goes to bed	(ii) When she wakes in the morning



# G2. c) How often does she sleep:



d) Does your child seem to grind her teeth :

		Yes, often	Yes, sometimes	No
i)	when she's asleep?	1	2	3
ii)	at other times?	1	2	3

e) In the room where the child sleeps most of the night:

			In Winte	er	In S	ummer	
		Yes always	Yes some- times	No not at all	Yes always	Yes some- times	No not at all
i)	is the heating on all night?	1	2	3	1	2	3
ii)	is the heating on part of the night?	1	2	3	1	2	3
iii)	is there a window open at night?	1	2	3	1	2	3
iv)	does she sleep with a duver	t? 1	2	3	1	2	3
v)	does she have an electric blanket?	1	2	3	1	2	3
vi)	does she sleep with a pillow	w?1	2	3	1	2	3

# G3. **In the past year** has your child regularly:

		Yes, but did not worry me	Yes, worried me a bit	Yes, worried me greatly	No, did not happen	Don't know
a)	refused to go to bed	1	2	3	4	9
b)	woken very early	1	2	3	4	9
c)	had difficulty going to sleep	1	2	3	4	9
d)	had nightmares	1	2	3	4	9
e)	continued to get up after being put to bed	l 1	2	3	4	9
f)	refused to go to bed	1	2	3	4	9
g)	got up after only a fe hours sleep	w 1	2	3	4	9

Samuel

Paige

# **SECTION H: BITS AND PIECES**

Please list the dates on which your child was weighed or measured since she was 7 years old and add her height and weight. If you don't know, please write DK and go to H2 below.

	<b>Date</b>	<u> </u>	eight/	I	<u>Height</u>		
H1.	a)//						
	b)//						
	c)//						
	d)//						
H2.	What size sho	es does sho	e take?				
H3.	How often no	wadays do	es she wear	r the follow	ving footwear:		
		(i) Out of	f doors			(ii) Indoors	
	τ	J <b>sually S</b> o	ometimes	Never	Usually	<b>Sometimes</b>	Never
a)	sandals	1	2	3	1	2	3
b)	trainers/ plimsolls	1	2	3	1	2	3
c)	slippers	1	2	3	1	2	3
d)	shoes	1	2	3	1	2	3
e)	other (please tick and describe)	1	2	3	1	2	3
H4.	How long do	you usually	y let her gro	ow her hai	r before cutting	g it?	
	less than 1 ind	ch 1		than 1 incl ot shoulder		should	er length $_3$
	longer than shoulder	4		ver has cut	5	ther, please de	escribe 6

H5. How many of the following immunisations has she had <u>since the age of 7</u>? (If you don't know put 9)

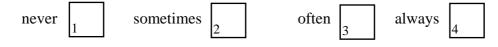
Number
a) BCG (for tuberculosis)
b) DTP or Triple (includes whooping cough)
c) DT (without whooping cough)
d) Polio
e) MMR (measles, mumps and rubella)
<ul><li>f) Hib (Haemophylus influenzae B</li><li>- for meningitis)</li></ul>
g) Other (please tick and describe)
h) Did she have a temperature or was she unwell after any of these immunisations?
Yes No $_2$ If <u>no</u> , go to I1 on page 42
If <u>ves</u> , please describe:
i) which immunisation:
ii) how old was she? years
iii) how long after the immunisation did this start?
under 3 hours 1 3-24 hours 2 1-2 days 3
3-6 days1 week or moredon't know9
iv) how was she affected?

#### **SECTION I: USING THE TOILET**

- I1. When she needs to go to the toilet to urinate (pass water):
  - a) How often does she show signs (e.g. fidgets) that she needs to go?

never sometimes	2 often	3
-----------------	---------	---

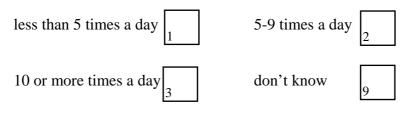
b) When she needs to, how often does she go to the toilet without you having to remind her?



c) Does she have to dash to the toilet quickly when she realises she needs to go?

yes, has to go straight away	1
can hold for a short time (less than 5 minutes)	2
can hold for longer than 5 minutes	3

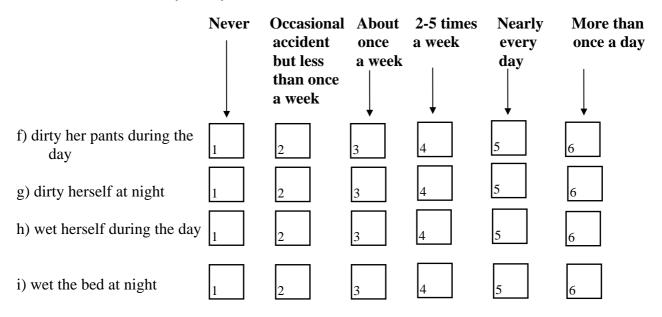
d) How often does she usually go to the toilet to pass water during the day?



e) How often does she usually get up to go to the toilet at night?

not at all 1		once 2	twice	3
3 or more times	4	don't know	9	

#### I1. How often usually does your child:

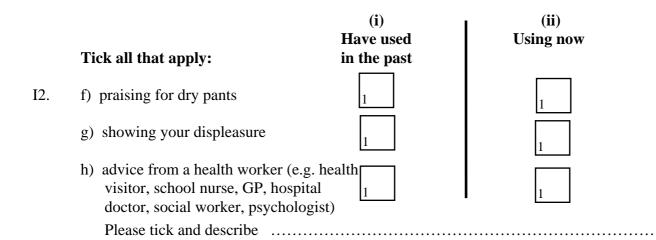


j) If she wets at night, how often does she:

	never	sometimes	often	always
(i) wake up after wetting	1	2	3	4
(ii) seem to wet soon after going to sleep	1	2	3	4
(iii) seem upset when the bed is wet	1	2	3	4

I2. Which of the following methods have you tried in the past or are using now to try and help your child stop wetting <u>during the day</u>? (Please note: this is <u>not</u> a list of ways which are necessarily effective in helping children to stop wetting during the day).

Tick all that apply:	(i) Have used in the past	(ii) Using now
a) taking/sending her to the toilet	regularly 1	1
<ul><li>b) encouraging child to 'hold on' using the toilet</li></ul>	before 1	1
c) drinking more fluids	1	1
d) drinking less fluids	1	1
e) medication	1	1



I3. Which of the following methods have you tried in the past or are you using now to try and help your child stop wetting the bed? (Please note: this is not a list of ways which are necessarily effective in helping children to stop wetting the bed).

Tick all that apply:	(i) Have used in the past	(ii) Using now
a) lifting (taking your child out of bed to the toilet)	1	1
b) restricting drinks before bed	1	1
c) getting her to toilet regularly in the	day 1	1
d) rewarding for being dry	1	1
e) medication	1	1
f) homeopathy	1	1
g) hypnosis	1	1
h) an alarm that wakes the child when she wets	1	1
i) showing your displeasure	1	1
<ul> <li>j) using night-time protection pants or nappies</li> </ul>	1	1
<ul> <li>k) advice from a health worker (e.g. h visitor, school nurse, GP, hospital doctor, social worker, psychologist</li> <li>Please tick and describe</li> </ul>	1	1

. . . . . . . . .

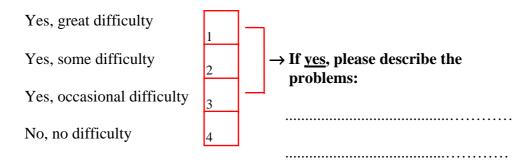
David

Charlotte

Leo

#### **SECTION J: EATING**

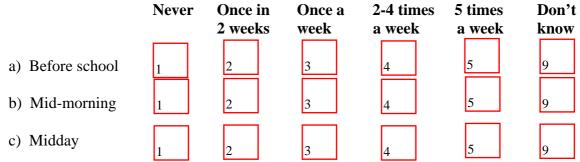
J1. In the past year have you had difficulties getting her to eat what you wanted her to?



#### J2. In the past year has she at any time:

		Yes, worried me greatly	Yes, worried me a bit	Yes, but did not worry me	No did not happen
a)	deliberately not eaten enough food	1	2	3	4
b)	refused to eat the food you think she should eat	1	2	3	4
c)	been choosy with food	1	2	3	4
d)	over-eaten	1	2	3	4
e)	been difficult to get into an eating routine	2 1	2	3	4

J3. **On school days** how often does your study child usually eat at each of the following times of day?



		Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
J3.	d) Mid-afternoon before 4.30 p.m.	1	2	3	4	5	9
	e) Late afternoon, betwe 4.30 & 6.00 p.m.	en 1	2	3	4	5	9
	f) Early evening between 6.00 & 7.30 p.m.	n 1	2	3	4	5	9
	g) Mid-evening between 7.30 & 9.00 p.m.	1	2	3	4	5	9
	h) Late evening after 9.00 p.m.	1	2	3	4	5	9

J4. How many times a week on school days does your study child have the following foods or drinks before school?

	Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
Before school:						
a) Nothing to eat or drin	k 1	2	3	4	5	9
b) Has a drink but nothin to eat	ng 1	2	3	4	5	9
c) Has cereal without mi	lk 1	2	3	4	5	9
d) Has cereal with milk	1	2	3	4	5	9
e) Has bread or toast	1	2	3	4	5	9
f) Has bacon, egg, sausage, or cheese	1	2	3	4	5	9
g) Has crisps, corn snack or other savoury snack		2	3	4	5	9
h) Has sweet biscuits, sweets or chocolates	1	2	3	4	5	9
i) Has fruit, yoghurt or fromage frais	1	2	3	4	5	9

		Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
	Before school:						
J4.	j) Has a milk drink	1	2	3	4	5	9
	<ul><li>k) Has other food</li><li>(Please tick &amp; describ</li></ul>	$(be)^{1}$	2	3	4	5	9

J5. How many times a week on school days does your study child have as her midday meal?

	Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
a) Cooked meal at school	ol 1	2	3	4	5	9
b) Packed lunch provide by school	d 1	2	3	4	5	9
c) Packed lunch provide from home	d 1	2	3	4	5	9
d) Comes home for a snack lunch	1	2	3	4	5	9
e) Comes home for a main meal at midday	1	2	3	4	5	9

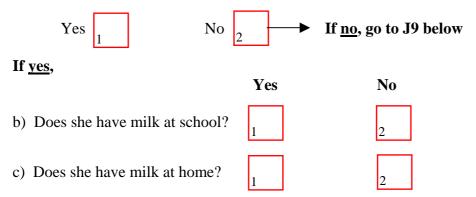
J6. How often do you ask your study child about the food she has eaten at school?

Never	Occasionally	Quite often	Most days	Does not eat at school
1	2	3	4	5

J7. How many times a week on **school days** does your study child have for her **tea/evening meal** 

	Never	Once in 2 weeks	Once a week	2-4 times a week	5 times a week	Don't know
Tea/evening meal						
a) Cooked meal with no vegetables or salad	1	2	3	4	5	9
b) Cooked meal with fre vegetables or salad	sh 1	2	3	4	5	9
c) Cooked meal with frozen vegetables	1	2	3	4	5	9
d) Cooked meal with tinned vegetables	1	2	3	4	5	9
e) Sandwich or snack me e.g. Baked beans on toast, pot noodles	eal 1	2	3	4	5	9
f) Sitting up at a table	1	2	3	4	5	9
<ul> <li>g) Eaten from a tray/plat on her lap</li> </ul>	e 1	2	3	4	5	9
h) Eaten using a knife and fork	1	2	3	4	5	9
i) Eaten using a spoon and/or fingers	1	2	3	4	5	9
j) Adult(s) eating with he	er 1	2	3	4	5	9
<ul> <li>k) Other children eating with her but not adult</li> </ul>	1 1	2	3	4	5	9
l) Eating on her own	1	2	3	4	5	9

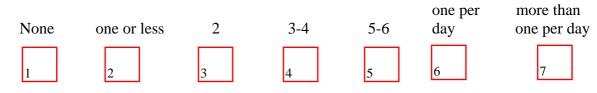
J8. a) Does your child usually drink milk on a school day?



d) If milk is drunk at home about how much does she have in total in drinks and on cereal at home?

Up to ½ pint	<sup>1</sup> /2-1 pint	1-1½ pints	11/2-2 pints	more than 2 pints
1	2	3	4	5

J9. How many normal size pots (100-150g) of yoghurt or fromage frais does your child eat each week in total (2 tiny pots equals one normal pot)?

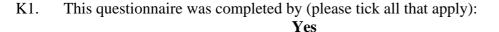


J10. Has your child had any of the following supplements in the last 12 months?

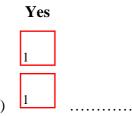
		Never ↓ ▼	Yes, takes them most days`	Yes takes them occasionally	If yes, please give full name
a)	Multivitamins	1	2	3	
b)	Multiminerals	1	2	3	
c)	Calcium	1	2	3	
d)	Iron	1	2	3	
e)	Vitamin D	1	2	3	
f)	Vitamin C	1	2	3	
g)	Cod liver oil	1	2	3	
h)	Other		2	3	

J11.	Is your child at present a vegetarian?
	Yes 1 No 2
J12.	Is your child at present a vegan (i.e. does not eat meat, poultry, fish, eggs, butter, milk or cheese)?
	Yes 1 No 2
J13.	Is your child at present on any other kind of special diet?
	Yes $1$ No $2 \rightarrow$ If <u>no</u> , go to J14 below
	If <u>ves</u> , please describe below.
J14.	Does your child have definite likes and dislikes as far as food is concerned?
	no, will eat almost anything 1
	yes, quite choosy 2
	yes, very choosy 3
J15.	Does she eat coal, soil, dirt or other non-food substances?
	yes, every day 1
	yes, at least once a week $2 \rightarrow$ If <u>yes</u> , please describe what she eats:
	yes, less than once a week 3
	no, not at all 4

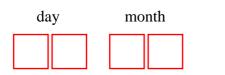
#### **SECTION K:**

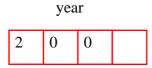


- a) child's biological mother
- b) child's mother-figure
- c) child's biological father
- 1
- d) study child
- e) someone else (please describe)

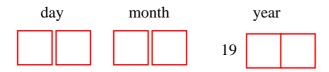


K2. Please give the date on which you completed this questionnaire:

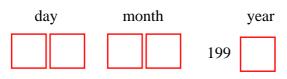




K3. Please give <u>your</u> date of birth:



K4. Please give <u>your study child's</u> date of birth:



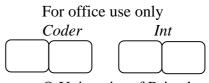
## THANK YOU VERY MUCH FOR YOUR HELP

Space for any additional comments you would like to make

### NB Please remember we cannot reply to any comment unless you sign it.

When completed, please return the questionnaire to:

Professor Jean Golding Children of the Nineties - ALSPAC Institute of Child Health 24 Tyndall Avenue Bristol BS8 1BR Tel: Bristol 9285007



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