Supplementary Material. Division of selected BCTs over the different components of the training of primary care nurses

Selected BCTs from BCTTv1	BCTs divided over components training			
	Preparation	Training	Coaching sessions	Available resources
1. Information about health consequences	x	x		x
2. Information about social and environmental consequences	x	x		x
3. Prompts/cues		x		x
4. Feedback on the behaviour		x	x	
5. Information about others approval		x	x	
6. Credible source	x	x	x	x
7. Focus on past success		x	x	
8. Verbal persuasion about capability		x	x	
9. Reward		x	x	
10. Monitoring of behaviour by others without feedback		x	x	
11. Monitoring outcome of behaviour by others without feedback		x		
12. Instruction on how to perform the behaviour	x	x	x	x
13. Demonstration of the behaviour		x	x	x
14. Behavioural practice/rehearsal		x	x	x
15. Habit formation		x	x	x
16. Adding objects to the environment		x	x	x
17. Restructuring the physical environment		x	x	x
18. Social support (unspecified)		x	x	
19. Social support (practical)		x	x	
20. Problem solving		x	x	x
21. Self-monitoring of behaviour		x	x	

Abbreviations: BCTs behaviour change techniques; BCTTv1 Behaviour Change Technique Taxonomy v1