

THE LANCET

Supplementary appendix

This appendix formed part of the original submission. We post it as supplied by the authors.

Supplement to: Lee N, Ison M, Dunning J. Early triple antiviral therapy for COVID-19. *Lancet* 2020; **396**: 1487–88.

Appendix

Table. Evidence and concerns on interferons, lopinavir-ritonavir and ribavirin for the treatment of coronavirus infections

<i>Interferons</i>	SARS-CoV1	non-randomized study: add-on interferon- α (n=9, median 8 days post-onset) vs corticosteroid-ribavirin alone, associated with improvements in pneumonia and oxygenation. ^(a,b) Practical challenge to administer in non-hospitalized patients.
	MERS-CoV	non-randomized study: interferon- α /b plus ribavirin (n=144, median 9 days post-onset) vs SOC, insignificant difference in clinical/virological outcomes. ^(c) Systemic review (8 clinical studies): no outcome benefit. ^(d)
<i>Lopinavir-ritonavir</i>	SARS-CoV1	non-randomized study: add-on lopinavir/ritonavir (n=75) vs corticosteroid-ribavirin alone, associated with reduced death/ARDS if given early (median 5.5 days from onset). ^(e,f)
	SARS-CoV2	randomized-controlled trial (n=199): lopinavir/ritonavir vs SOC, insignificant difference in clinical/virological outcomes. Trend towards clinical improvement if given <12 days from onset. Significant GI side-effects, with 14% discontinuation. ^(g) randomized-controlled trial: lopinavir/ritonavir (n=1616) vs SOC (n=3424) in hospitalized patients showed no clinical benefit. ^(h) Required therapeutic concentration likely unachievable with current dosing. ⁽ⁱ⁾
<i>Ribavirin</i>	SARS-CoV1	systematic review (30 clinical studies): inconclusive benefit and possible harm (e.g. hemolytic anaemia). Required therapeutic concentration unachievable with current dosing. ^(b)
	MERS-CoV	systematic review (7 clinical studies): no outcome benefit and possible harm (e.g. hemolytic anaemia). Required therapeutic concentration unachievable with current dosing. ^(c,d)

SOC: standard of care (may include corticosteroids); interferons / lopinavir-ritonavir (but not ribavirin) are candidates in the WHO 'Solidarity Trial': <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/global-research-on-novel-coronavirus-2019-ncov/solidarity-clinical-trial-for-covid-19-treatments> ; and the UK 'Recovery Trial': <http://www.isrctn.com/ISRCTN50189673>

References:

(a) Loutfy MR, et al. *JAMA*. 2003;290(24):3222-8.

(b) Stockman LJ, et al. *PLoS Med*. 2006;3(9):e343.

- (c) Arabi YM, et al. *Clin Infect Dis*. 2020;70(9):1837-1844.
- (d) Kain T, et al. *Emerg Infect Dis*. 2020 Mar 26;26(6).
- (e) Chu CM, et al. *Thorax*. 2004;59(3):252-6.
- (f) Chan et al. *Hong Kong Med J* 2003;9(6):399-406.
- (g) Cao B, et al. *N Engl J Med*.;382(19):1787-1799.
- (h) RECOVERY Collaborative Group. *Lancet*. 2020:S0140-6736(20)32013-4.
- (i) Schoergenhofer C, et al. *Ann Intern Med* 2020;M20-1550.