

Supplemental Material: Example Study Extraction

Study 1 Smith & Garza (2020).	Design: RCT Setting: Primary care clinic/academic medical center Participant demographics: Adults age 18-65, 60% women, 45% Hispanic/Latinx; 25% White non-Hispanic/Latinx, 6% Black, 4% other Geographic location: Southwestern US Effect sizes: Between group differences: $d=0.065$ (medium), Within-group difference (Active tx): $d=0.06$ (medium)		ACTORS	ACTION TARGET	IMPLEMENTATION OUTCOME AFFECTED	JUSTIFICATION
ACTIONS, TEMPORALITY & DOSE	Adaptations	Description: Modified protocol from 6-week hour-long CBT for depression sessions in clinic to 6 modules of CBT basics delivered in homes by CHWs 1. Three one-hour focus groups 2. Modifications to CBT for depression protocol based on focus group feedback 3. Revisions of handouts and protocol	<i>Focus groups:</i> CHWs <i>Modifications & materials:</i> Research team	CBT for depression protocol and handouts	-Acceptability -Adoption -Appropriateness	<i>Focus groups:</i> Empirical & pragmatic <i>Modifications & materials:</i> pragmatic justification
	Training	4. Training developed post-focus group 5. Two half-day workshop trainings 6. Pre-post knowledge tests	Licensed Psychologists taught CHWs	Knowledge & skills of CHWs	-Feasibility	Pragmatic
	Implementation steps	7. Established competency benchmarks 8. Implementation of program 9. Random selection of recordings (20%) for fidelity to competency benchmarks 10. Feedback with weekly supervision	Licensed psychologists listened to recordings/provided supervision to CHWs	Primary care patients CHWs	-Fidelity -Uptake	Theoretical & empirical
	Sustainment	11. System hired supervising psychologist to provide weekly group supervision 12. Funding to sustain provided by clinic department	Administrators supported infrastructure change	Program - CBT for depression delivered in homes by CHWs	-Sustainability & maintenance	Pragmatic