Supplementary material for

3D bioprinting of high cell-density heterogeneous tissue models through spheroid fusion within self-healing hydrogels

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Supplementary Figure 1: 3D bioprinting approach and spheroid formation. (a) Schematic and image of the 3D bioprinting molds used to create a media reservoir (contains the formed spheroids) and a support gel reservoir (contains shear-thinning hydrogel) connected with a narrow channel, scale bar 7 mm. (b) Schematic of the 3D bioprinting setup composed of a robotic micromanipulator (XYZ spatial control) with a micropipette for spheroid aspiration, a microscope stage (XY spatial control) with an environmental chamber (37° C, 5% CO₂), and a spinning disk confocal for live brightfield and fluorescent imaging during bioprinting. (c) Average spheroid diameter (μ m) 24 hours after seeding of either 5,000 or 10,000 human MSCs in ultra-low attachment 96 well round bottom plates. (n=47, 32 biologically independent samples, mean \pm s.d, two-sided student t-test, p<1.0x10⁻¹⁵). (d) Schematic demonstrating the print-paths used to move single spheroids from the media reservoir to the support gel reservoir to create a microtissue ring (top view). All experiments are from a single MSC donor. (**** p<0.0001).



Supplementary Figure 2: Characterization of synthesized HA polymers. (a) ¹H NMR spectrum of adamantane modified hyaluronic acid (Ad-HA); the degree of adamantane functionalization (~18.9 %) relative to HA disaccharides (δ = 3.1 – 4.0, 10 H) is determined by integration of adamantane ethyl multiplet (δ = 1.5 - 1.7, 12 H). (b) ¹H NMR spectrum of β -cyclodextrin-modified hyaluronic acid (CD-HA); the degree of β -cyclodextrin functionalization (~15.4 %) relative to the HA methyl singlet (δ = 1.9 – 2.1, 3 H) is determined by integration of the hexane linker (δ = 1.2 - 1.7, 12 H).



Supplementary Figure 3: Tracking support hydrogel motion during spheroid bioprinting. (i) Sequential images showing the motion of fluorescent beads within the support hydrogel during spheroid translation from left to right (1 μ m Ø fluorescent beads (white), 1:200 dilution). Particle image velocimetry (ii) vector plots and (iii) magnitude plots demonstrating relative bead motion between frames presented in the top panel, e.g. 1-2 represents the bead motion between images 1 and 2. Scalebar 200 μ m. Images are representative of n=3 biologically independent samples.



Supplementary Figure 4: 3D bioprinting precision measurements. (a) XY bioprinting precision method where a spheroid is deposited directly above a crosshatch marker and the post-printing spheroid drift (5 minutes after removing micropipette) is measured from the center of the spheroid. Scalebar 100µm. XY drift % = ΔP_{xy} /spheroid diameter. (b) Z bioprinting precision method where a bioprinted spheroid's z position is tracked in the support hydrogel over 24 hours. Scalebar 1mm. Z drift % = ΔP_z /spheroid diameter. (b) (i) Bioprinting precision in the XY plane (XY drift distance µm) for 200 and 400 µm diameter spheroids (n=8, 8, 7, 7, 6, 7 biologically independent samples (from left to right), mean ± s.d, one-way ANOVA). (ii) Bioprinting precision in the Z plane (Z drift distance µm) for 200 and 400 µm diameter spheroids samples (from left to right), mean ± s.d, one-way ANOVA). All experiments are from a single MSC donor. (n.s. not significant).



Supplementary Figure 5: Post-printing cell viability. (a) Spheroid live/dead staining in 3, 5, and 7 wt% support hydrogels compared to non-printed controls 24 hours post-printing (note: control spheroids were added to the media reservoir, but not bioprinted into a support hydrogel). Scalebar 100 μ m. (b) Quantification of spheroid live area for each condition. (n=7, 6, 8, 10 biologically independent samples (from left to right), mean ± s.d, one-way ANOVA, control vs. 7wt% p=0.028). All experiments are from a single MSC donor. (*p<0.05).

b





Supplementary Figure 6: Spheroid fusion dynamics. (a) Spheroid fusion measurements where the spheroid area (fluorescently labelled) and gel area (non-fluorescently labelled) between two adjacent spheroids (360 μ m X 270 μ m box) is quantified and used to determine the fusion index. Fusion index % = Spheroid area/ total area. Scalebar 200 μ m. (b) (i) Secondary crosslinking of the guest-host support hydrogel through a thiol-ene reaction between norbornene groups and di-thiol crosslinker (DTT, non-degradable) in the presence of visible light. (ii) Rheological characterization of support hydrogel in response to secondary stabilization, time sweep (1 Hz, 1% strain). This indicates that the support hydrogel initially displays viscous behaviour, with a transition towards more elastic properties (increase in G') after thiol-ene crosslinking of norbornene groups with DTT (1mM DTT, 0.05% LAP photoinitiator, 2 mW cm⁻² intensity 400-500 nm wavelength). (iii) Spheroid fusion over 4 days with and without secondary crosslinking in the presence of DTT. (n=3 biologically independent samples, mean ± s.d, two-sided student t-test, p=0.017). Scalebar 200 μ m. All experiments are from a single MSC donor. (*p<0.05).



Supplementary Figure 7: Cardiac spheroid and microtissue properties during culture: (a) Immunofluorescence staining for connexin-43 (green; gap junctions) and cardiac troponin-T (cTnT) (red; iPSC-CMs) in healthy and scarred spheroids at 3 days (pre-printing). Scalebar 10 μ m. Images are representative of n=2 (healthy spheroid) and n=3 (scarred spheroid) biologically independent samples. (b) Live/dead staining of cardiac microtissues 5 days after printing. Scalebar 100 μ m. Quantification of live area (%) in cardiac microtissues 5 days post-printing, compared to cardiac spheroids (healthy and scarred) at 3 days (pre-printing), (n=5, 7, 4 biologically independent samples (from left to right), mean \pm s.d, one-way ANOVA, p=0.018). (c) Quantification of cellular composition through staining for cTnT (iPSC-CMs) and vimentin (CFs) in healthy spheroids at 3 days (pre-printing) and microtissues at 5 days post-printing (n=3, 3, 5, 5 biologically independent samples, mean \pm s.d, one-way ANOVA). All experiments are from a single iPSC-CM donor (donor A). (n.s. not significant, *p<0.05).

Regional calcium activation parameters in scarred microtissues



Supplementary Figure 8: Regional calcium activation parameters in scarred microtissues. (i) Activation map (ms), (ii) calcium transient duration map (ms), and (iii) time-to-peak map (ms), in scarred cardiac microtissues at 5 days postprinting (single scar). Activation time is defined as the time taken for the calcium signal to reach 50% of its peak value during a single upstroke, calcium transient duration is measured at 50% of peak value, and time-to-peak is defined as the time to reach the peak calcium intensity during an upstroke. Images are representative maps from n=4 biologically independent samples and the mean values for each parameter in healthy and scarred regions have been quantified for comparison in Fig. 5d, e. All experiments are from a single iPSC-CM donor (donor A).



Supplementary Figure 9: miRNA screening in healthy cardiac spheroids. (a) (i) Schematic of cholesterol modified miR302 (chol-miRNA 302 b/c) delivery to healthy cardiac spheroids for 0, 0-2, 0-4, and 0-7 days. (ii) Contraction amplitude (a.u) and (iii) peak-to-peak time (ms) within healthy spheroids after 2, 4, and 7 days for each treatment period (n=6, 6, 4, 5, 5, 6, 5, 5, 6 biologically independent samples (from left to right), mean \pm s.d, one-way ANOVA, (iii) day 2 - 0 vs. 0-2 days treatment p=1.0x10⁻⁵). (b) (i) Immunofluorescence staining for cTnT (red; iPSC-CMs), vimentin (green; cardiac fibroblasts), and EdU (proliferation marker) in healthy spheroids at day 7 for each treatment condition. Quantification of (ii) cardiomyocyte proliferation (EdU⁺ and cTnT⁺) and (iii) fibroblast proliferation (EdU⁺ and Vimentin⁺) at day 7 (n=3, 4, 4, 4 biologically independent samples (from left to right), mean \pm s.d, one-way ANOVA, (ii) 0 vs. 0-2 days treatment p=0.019, 0 vs. 0-4 days treatment p=0.040, 0 vs. 0-7 days treatment p=0.0026). Scalebar 50µm. All experiments are from a single iPSC-CM donor (donor B). (n.s. not significant, *p<0.05, **p<0.01, ****p<0.0001).

Screening miRNA delivery time using scarred microtissues



Supplementary Figure 10: Calcium activation parameters in response to miRNA treatment using scarred microtissues: Quantification of (i) calcium transient duration (ms), (ii) time-to-peak map (ms), and (iii) calcium flux amplitude (F/Fo) in scarred region of microtissues (5 days culture in support hydrogel; with and without 4 days miRNA treatment). (n=5 biologically independent samples, two-sided student t-test, (ii) p=0.037). Each data point represents the mean CTD, time-to-peak, and calcium flux amplitude in the scarred region of the microtissue. All experiments are from a single iPSC-CM donor (donor B). (*p<0.05).

Supplementary Table 1: Summary of prior studies that have used cardiomyocyte spheroids, including the source of cardiomyocytes and electrophysiology analysis used if applicable.

	Paper	Source of	Optical mapping	Patch clamp	Multi electrode
1	Daly at al. 2020		Coloium activation propagation	parameters	array parameters
1	* This paper	Human IPSC-CM	map, CT trace, CFA, CTD, Time- to-peak, activation delay		
2	(Kim et al. 2018)	Neonatal Rat Ventricular myocytes	Calcium activation propagation map, CT traces, activation delay		
3	(Zuppinger 2019)	Human iPSC-CM	CT trace, Calcium activation propagation map		
4	(Arai et al. 2018)	Human iPSC-CM	none		
5	(Ong et al. 2017)	Human iPSC-CM	AP propagation map, AP traces, CV, APD		
6	(Beauchamp et al. 2020)	Human iPSC-CM		Amplitude and resting membrane potential, AP trace, APD, Upstroke velocity (DV/DT)	
7	(Giacomelli et al. 2020)	Human iPSC-CM	CT trace, time-to-peak, decay 90%, peak-to-half decay time	AP trace, resting membrane potential, APD, APA, Velocity max, **	
8	(Mattapally et al. 2018)	Human iPSC-CM	AP propagation map, AP traces, APD, CTD		
9	(Richards et al. 2020)	Human iPSC-CM	CT traces, CT propagation map, CFA		
10	(Polonchuk et al. 2017)	Human iPSC-CM	none		
11	(Archer et al. 2018)	Human iPSC-CM	none		
12	(Lee et al. 2019)	Human ESC-CM			Averaged field potential, Field potential duration
13	(Desroches et al. 2012)	Neonatal Rat Ventricular myocytes	AP/CT trace, activation map, AP/CT duration, APD, APD map,	Recording of inward rectifier K ⁺ current, **	AP traces,
14	(LaBarge et al. 2019)	Human iPSC-CM	Activation propagation map, AP trace, Conduction velocity, APD		
15	(Giacomelli et al. 2017)	Human ESC-CM		AP trace, APD, APA, Diastolic membrane potential	QT and RR intervals
16	(Noguchi et al. 2016)	Neonatal Rat Ventricular myocytes	none		
17	(Tan et al. 2017)	Human iPSC-CM	CFA, CTD, CT		
18	(Richards et al. 2016)	Human iPSC-CM	none		
19	(Richards et al. 2017)	Human iPSC-CM	CFA, CTD, Time-to-peak, CT		
20	(Arai et al. 2020)	Human iPSC-CM	none		
21	(Pitaktong et al. 2019)	Human iPSC-CM	none		
22	(Cui et al. 2019)	Human iPSC-CM	CT trace, CFA, CV	AP trace, APD	
23	(Beauchamp et al. 2015)	Human iPSC-CM	CT trace, Calcium activation propagation map		
24	(Jakab et al. 2008)	Chicken embryos	none		
25	(Kelm et al. 2004)	Neonatal Rat myocytes	none		
26	(Tan et al. 2015)	Neonatal Rat myocytes + Human iPSC-CM	CT trace, CFA, time-to-peak		
27	(Figtree et al. 2017)	Neonatal Rat myocytes	none		
28	(Jiang et al. 2015)	Primate ESC and iPSC CMs	CT trace		
29	(Varzideh, Mahmoudi, and Pahlavan 2019)	Human ESC-derived cardiac progenitor cells			Field potential duration, Interspike interval (beating rate), Field potential amplitude

AP: Action potential; **APA:** Action Potential amplitude; **APD:** Action potential duration; **CFA:** Calcium flux amplitude; **CM**: Cardiomyocyte; **CT:** Calcium transient trace; **CTD:** Calcium transient duration; **CV:** Conduction velocity; **iPSC:** induced-pluripotent stem cell

** analysis was all performed on single dissociated cells taken from spheroids

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