Supplementary material for

3D bioprinting of high cell-density heterogeneous tissue models through spheroid fusion within self-healing hydrogels

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Supplementary Figure 1: 3D bioprinting approach and spheroid formation. (a) Schematic and image of the 3D bioprinting molds used to create a media reservoir (contains the formed spheroids) and a support gel reservoir (contains shear-thinning hydrogel) connected with a narrow channel, scale bar 7 mm. **(b)** Schematic of the 3D bioprinting setup composed of a robotic micromanipulator (XYZ spatial control) with a micropipette for spheroid aspiration, a microscope stage (XY spatial control) with an environmental chamber (37°C, 5% CO2), and a spinning disk confocal for live brightfield and fluorescent imaging during bioprinting. **(c)** Average spheroid diameter (µm) 24 hours after seeding of either 5,000 or 10,000 human MSCs in ultra-low attachment 96 well round bottom plates. (n=47, 32 biologically independent samples, mean ± s.d, two-sided student t-test, p<1.0x10-15). **(d)** Schematic demonstrating the print-paths used to move single spheroids from the media reservoir to the support gel reservoir to create a microtissue ring (top view). All experiments are from a single MSC donor. (**** p<0.0001).

Supplementary Figure 2: Characterization of synthesized HA polymers. (a) ¹ H NMR spectrum of adamantane modified hyaluronic acid (Ad-HA); the degree of adamantane functionalization (~18.9 %) relative to HA disaccharides (δ = 3.1 – 4.0, 10 H) is determined by integration of adamantane ethyl multiplet (δ = 1.5 - 1.7, 12 H). **(b)** 1H NMR spectrum of β-cyclodextrin-modified hyaluronic acid (CD-HA); the degree of β-cyclodextrin functionalization (~15.4 %) relative to the HA methyl singlet (δ = 1.9 – 2.1, 3 H) is determined by integration of the hexane linker (δ = 1.2 - 1.7, 12 H).

Supplementary Figure 3: Tracking support hydrogel motion during spheroid bioprinting. (i) Sequential images showing the motion of fluorescent beads within the support hydrogel during spheroid translation from left to right (1µm Ø fluorescent beads (white), 1:200 dilution). Particle image velocimetry (ii) vector plots and (iii) magnitude plots demonstrating relative bead motion between frames presented in the top panel, e.g. 1-2 represents the bead motion between images 1 and 2. Scalebar 200 µm. Images are representative of n=3 biologically independent samples.

Supplementary Figure 4: 3D bioprinting precision measurements. (a) XY bioprinting precision method where a spheroid is deposited directly above a crosshatch marker and the post-printing spheroid drift (5 minutes after removing micropipette) is measured from the center of the spheroid. Scalebar 100µm. XY drift % = $\Delta P_{xy}/s$ pheroid diameter. (b) Z bioprinting precision method where a bioprinted spheroid's z position is tracked in the support hydrogel over 24 hours. Scalebar 1mm. Z drift % = ΔPz/spheroid diameter. (b) (i) Bioprinting precision in the XY plane (XY drift distance µm) for 200 and 400 µm diameter spheroids (n=8, 8, 7, 7, 6, 7 biologically independent samples (from left to right), mean \pm s.d, one-way ANOVA). (ii) Bioprinting precision in the Z plane (Z drift distance µm) for 200 and 400 µm diameter spheroids (n=9, 8, 9, 9, 7, 7 biologically independent samples (from left to right), mean ± s.d, one-way ANOVA). All experiments are from a single MSC donor. (n.s. not significant).

Supplementary Figure 5: Post-printing cell viability. (a) Spheroid live/dead staining in 3, 5, and 7 wt% support hydrogels compared to non-printed controls 24 hours post-printing (note: control spheroids were added to the media reservoir, but not bioprinted into a support hydrogel). Scalebar 100 µm. **(b)** Quantification of spheroid live area for each condition. (n=7, 6, 8, 10 biologically independent samples (from left to right), mean ± s.d, one-way ANOVA, control vs. 7wt% p=0.028). All experiments are from a single MSC donor. (*p<0.05).

 $\mathsf b$

Supplementary Figure 6: Spheroid fusion dynamics. (a) Spheroid fusion measurements where the spheroid area (fluorescently labelled) and gel area (non-fluorescently labelled) between two adjacent spheroids (360 µm X 270 µm box) is quantified and used to determine the fusion index. Fusion index % = Spheroid area/ total area. Scalebar 200 µm. **(b)** (i) Secondary crosslinking of the guest-host support hydrogel through a thiol-ene reaction between norbornene groups and di-thiol crosslinker (DTT, non-degradable) in the presence of visible light. (ii) Rheological characterization of support hydrogel in response to secondary stabilization, time sweep (1 Hz, 1% strain). This indicates that the support hydrogel initially displays viscous behaviour, with a transition towards more elastic properties (increase in G') after thiol-ene crosslinking of norbornene groups with DTT (1mM DTT, 0.05% LAP photoinitiator, 2 mW cm-2 intensity 400-500 nm wavelength). (iii) Spheroid fusion over 4 days with and without secondary crosslinking in the presence of DTT. (n=3 biologically independent samples, mean ± s.d, two-sided student t-test, p=0.017). Scalebar 200 µm. All experiments are from a single MSC donor. (*p<0.05).

Supplementary Figure 7: Cardiac spheroid and microtissue properties during culture: (a) Immunofluorescence staining for connexin-43 (green; gap junctions) and cardiac troponin-T (cTnT) (red; iPSC-CMs) in healthy and scarred spheroids at 3 days (pre-printing). Scalebar 10 µm. Images are representative of n=2 (healthy spheroid) and n=3 (scarred spheroid) biologically independent samples. (**b)** Live/dead staining of cardiac microtissues 5 days after printing. Scalebar 100 µm. Quantification of live area (%) in cardiac microtissues 5 days post-printing, compared to cardiac spheroids (healthy and scarred) at 3 days (pre-printing), (n=5, 7, 4 biologically independent samples (from left to right), mean \pm s.d, one-way ANOVA, p=0.018). **(c)** Quantification of cellular composition through staining for cTnT (iPSC-CMs) and vimentin (CFs) in healthy spheroids at 3 days (pre-printing) and microtissues at 5 days post-printing (n=3, 3, 5, 5 biologically independent samples, mean ± s.d, one-way ANOVA). All experiments are from a single iPSC-CM donor (donor A). (n.s. not significant, *p<0.05).

Regional calcium activation parameters in scarred microtissues

Supplementary Figure 8: Regional calcium activation parameters in scarred microtissues. (i) Activation map (ms), (ii) calcium transient duration map (ms), and (iii) time-to-peak map (ms), in scarred cardiac microtissues at 5 days postprinting (single scar). Activation time is defined as the time taken for the calcium signal to reach 50% of its peak value during a single upstroke, calcium transient duration is measured at 50% of peak value, and time-to-peak is defined as the time to reach the peak calcium intensity during an upstroke. Images are representative maps from n=4 biologically independent samples and the mean values for each parameter in healthy and scarred regions have been quantified for comparison in Fig. 5d, e. All experiments are from a single iPSC-CM donor (donor A).

Supplementary Figure 9: miRNA screening in healthy cardiac spheroids. (a) (i) Schematic of cholesterol modified miR302 (chol-miRNA 302 b/c) delivery to healthy cardiac spheroids for 0, 0-2, 0-4, and 0-7 days. (ii) Contraction amplitude (a.u) and (iii) peak-to-peak time (ms) within healthy spheroids after 2, 4, and 7 days for each treatment period (n=6, 6, 4, 5, 5, 6, 5, 5, 6 biologically independent samples (from left to right), mean ± s.d, one-way ANOVA, (iii) day 2 - 0 vs. 0-2 days treatment p=1.0x10⁻⁵). (b) (i) Immunofluorescence staining for cTnT (red; iPSC-CMs), vimentin (green; cardiac fibroblasts), and EdU (proliferation marker) in healthy spheroids at day 7 for each treatment condition. Quantification of (ii) cardiomyocyte proliferation (EdU⁺ and cTnT⁺) and (iii) fibroblast proliferation (EdU⁺ and Vimentin⁺) at day 7 (n=3, 4, 4, 4 biologically independent samples (from left to right), mean ± s.d, one-way ANOVA, (ii) 0 vs. 0-2 days treatment p=0.019, 0 vs. 0-4 days treatment p=0.040, 0 vs. 0-7 days treatment p=0.0026). Scalebar 50µm. All experiments are from a single iPSC-CM donor (donor B). (n.s. not significant, *p<0.05, **p<0.01, ****p<0.0001).

Screening miRNA delivery time using scarred microtissues

Supplementary Figure 10: Calcium activation parameters in response to miRNA treatment using scarred microtissues: Quantification of (i) calcium transient duration (ms), (ii) time-to-peak map (ms), and (iii) calcium flux amplitude (F/Fo) in scarred region of microtissues (5 days culture in support hydrogel; with and without 4 days miRNA treatment). (n=5 biologically independent samples, two-sided student t-test, (ii) p=0.037). Each data point represents the mean CTD, time-to-peak, and calcium flux amplitude in the scarred region of the microtissue. All experiments are from a single iPSC-CM donor (donor B). (*p<0.05).

Supplementary Table 1: Summary of prior studies that have used cardiomyocyte spheroids, including the source of cardiomyocytes and electrophysiology analysis used if applicable.

AP: Action potential; **APA:** Action Potential amplitude; **APD:** Action potential duration; **CFA:** Calcium flux amplitude; **CM**: Cardiomyocyte; **CT:** Calcium transient trace; **CTD:** Calcium transient duration; **CV:** Conduction velocity; **iPSC:** inducedpluripotent stem cell

** analysis was all performed on single dissociated cells taken from spheroids

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