

Supplementary Material 3. Identified definitions of a step.

Study	Definition
CTA Standard ¹	<i>“raising one foot and putting it down in another spot with the goal of locomotion by Walking and/or Jogging/Running”</i>
Merriam-Webster Dictionary ²	<i>“an advance or movement made by raising the foot and bringing it down elsewhere”</i>
Oxford English Dictionary ³	<i>“An act of bodily motion consisting in raising the foot from the ground and bringing it down again in a fresh position; usually, an act of this kind as constituting by repetition the progressive motion of a human being or animal in walking, running, or climbing.”</i>
Feito et al., 2012 ⁴	<i>“every time the right heel made contact with the ground”</i>
Hickey et al., 2016 ⁵	<i>“each occasion the foot was completely raised off and subsequently lowered to the ground.”</i>
Imboden et al., 2018 ⁶	<i>“lifting the entire foot and then placing it on the ground”</i>
Larkin et al., 2016 ⁷	<i>“complete foot contact with the ground in the sagittal or frontal plane, with the foot having left the ground completely before contact with the ground”</i>
Nelson et al., 2016 ⁸	<i>“picking up of the heel and toe of a foot and replacing it on the ground”</i>

References for Supplemental File 2

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5. Hickey A, John D, Sasaki JE, Mavilia M, Freedson P. Validity of Activity Monitor Step Detection Is Related to Movement Patterns. *J Phys Act Health*. 2016;13(2):145-153.
6. Imboden MT, Nelson MB, Kaminsky LA, Montoye AH. Comparison of four Fitbit and Jawbone activity monitors with a research-grade ActiGraph accelerometer for estimating physical activity and energy expenditure. *Br J Sports Med*. 2018;52(13):844-850.
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8. Nelson MB, Kaminsky LA, Dickin DC, Montoye AH. Validity of Consumer-Based Physical Activity Monitors for Specific Activity Types. *Med Sci Sports Exerc*. 2016;48(8):1619-1628.