**S1 Table. Eligibility criteria.** Detailed eligibility criteria of the systematic scoping review.

Criterion	Description
Population	Inclusion:
	<ul> <li>all ages and sexes; individuals in anticipation of, during or in the aftermath of an outbreak of a highly contagious emerging disease which include COVID-19, and other hazardous infectious diseases (e.g. viral hemorrhagic fevers)</li> <li>Ebola epidemic outbreak also considered due to fact that Ebola fever belongs to the group of hazardous infectious diseases</li> <li>irrespective of health status (e.g. healthcare professionals and crisis personnel; children and adolescents; community members; diseased people; people at elevated risk due to somatic conditions)</li> <li>Exclusion:</li> </ul>
	- chronic infectious diseases (e.g. HIV/AIDS, tuberculosis, hepatitis B and C, malaria)
Intervention	Inclusion:
	<ul> <li>any psychological intervention intended to foster the adjustment (e.g. mental health, resilience, or related constructs) of individuals exposed or possibly exposed to pandemics or another hazardous infectious disease outbreak and/or to promote their mental health and psychosocial support in such situations</li> <li>focus on improving the participants' ability to cope with the various stressors of a pandemic (e.g. symptoms and death, quarantine)</li> <li>any setting (e.g. individual or group setting)</li> <li>any delivery format (e.g. face-to-face or online)</li> <li>irrespective of content, theoretical foundation (e.g. cognitive-behavioral therapy, mindfulness) and duration</li> <li>pharmacological (e.g. antidepressant therapy) and physical interventions (e.g. exercise) only if part of psychological training</li> </ul>
	Exclusion:
	<ul> <li>psychological interventions to foster mental health or to promote self-management in people affected by chronic infectious diseases (e.g. HIV)</li> <li>education interventions to provide knowledge on infectious</li> </ul>
	diseases or to affect behavior change (e.g. hygiene education) - interventions aimed at increasing vaccination rates or at
	<ul> <li>improving immune responses to influenza vaccine</li> <li>psychological interventions to prevent or to reduce the symptom severity of acute respiratory infections (e.g. flu symptoms)</li> </ul>
	<ul> <li>experimental studies to test the effect of health communication manipulation</li> </ul>

Comparison	No eligibility criteria
Outcome	No eligibility criteria
Study design	Inclusion:
	<ul> <li>quantitative and qualitative studies focusing on or measuring the effects of the above-defined intervention as well as mixed-methods research designs (e.g. individual and cluster-RCTs, randomized studies, single-group studies, case studies or reports) in order to gain comprehensive view of existing interventions and the body of corresponding research</li> <li>Exclusion:</li> </ul>
<b>Publication date</b>	No restrictions
<b>Publication language</b>	No restrictions
<b>Publication format</b>	No restrictions