

Supplementary material

Supplementary Table 1. IHE quality assessment checklist for prospective studies.

	Witte- man PBL et al. 2012 [12]	Muls V et al. 2013 [11]	Roy- shapira A et al. 2015 [13]	Kim HJ et al. 2016 [14]	Stefanidis G et al. 2017 [16]	Trad KS et al. 2018 [15]	Chimukangara M et al. 2019 [18]	Testoni PA et al. 2019 [17]
Study objective								
Is the hypothesis/aim/objective of the study clearly stated in the abstract, introduction, or methods section?	+	+	+	+	+	+	+	+
Study population								
Are the characteristics of the participants included in the study described?	+	+	+	+	+	+	+	+
Were the cases collected in more than one center?	+	+	+	+	+	+	+	+
Are the eligibility criteria (inclusion and exclusion criteria) to enter the study explicit and appropriate?	+	+	+	+	+	+	+	+
Were participants recruited consecutively?	+	+	+	+	+	+	+	+
Did participants enter the study at a similar point in the disease?	+	+	+	+	+	+	+	+
Intervention and co-intervention								
Was the intervention clearly described in the study?	+	+	+	+	+	+	+	+
Were additional interventions (cointerventions) clearly reported in the study?	+	+	+	+	+	+	+	+
Outcome measures								
Are the outcome measures clearly defined in the introduction or methods section?	+	+	+	+	+	+	+	+
Were relevant outcomes appropriately measured with objective and/or subjective methods?	+	+	+	+	+	+	+	+
Were outcomes measured before and after intervention?	+	+	+	+	+	+	+	+
Statistical analysis								
Were the statistical tests used to assess the relevant outcomes appropriate?	+	+	+	+	+	+	+	+

