

## Supplemental Digital Content 3: List of RCTs Sub-analysed From APS

### List of Abbreviations

APS.....	Annals of Plastic Surgery
JPRAS.....	Journal of Plastic, Reconstructive and Aesthetic Surgery
PRS.....	Plastic and Reconstructive Surgery
RCTs.....	Randomised Control Trials

Hsieh MC, Wu YC, Huang SH, Kuo YR, Lee SS. A Single-Center, Randomized, Double-Blind, Placebo-Controlled Clinical Trial of the Effectiveness of ANT1 Soybean Extract Cream on Skin Recovery After Nd: YAG Laser Treatment. *Ann Plast Surg.* 2018 Feb;80(2S Suppl 1):S26-S29.

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Beraldo FN, Veiga DF, Veiga-Filho J, Garcia ES, Vilas-Bôas GS, Juliano Y, Sabino-Neto M, Ferreira LM. Sexual Function and Depression Outcomes Among Breast Hypertrophy Patients Undergoing Reduction Mammoplasty: A Randomized Controlled Trial. *Ann Plast Surg.* 2016 Apr;76(4):379-82.

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