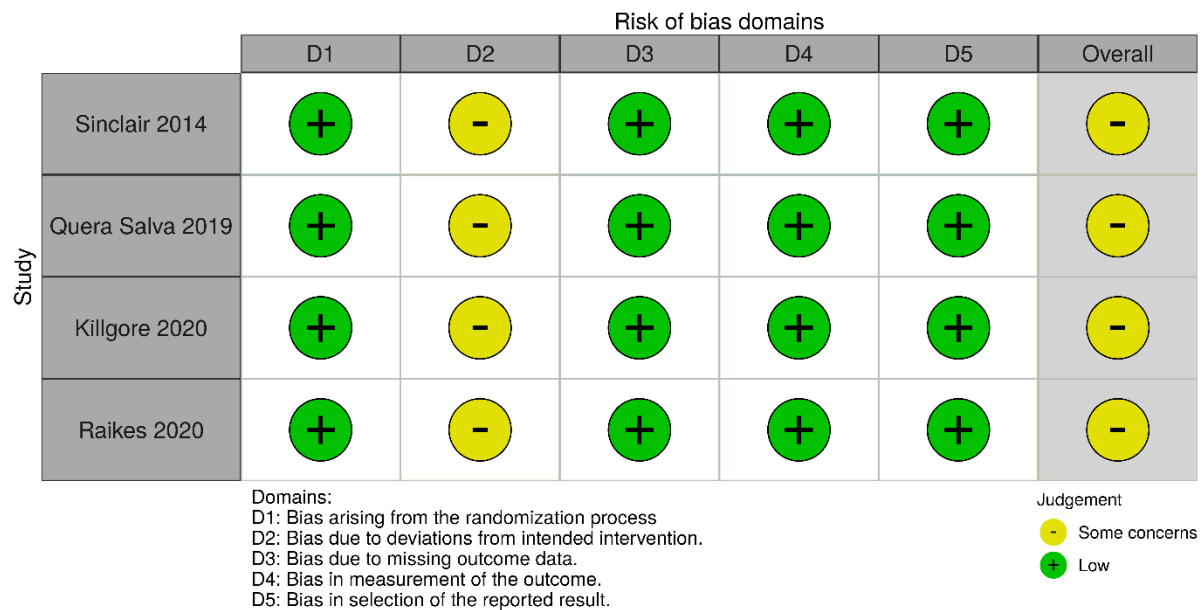
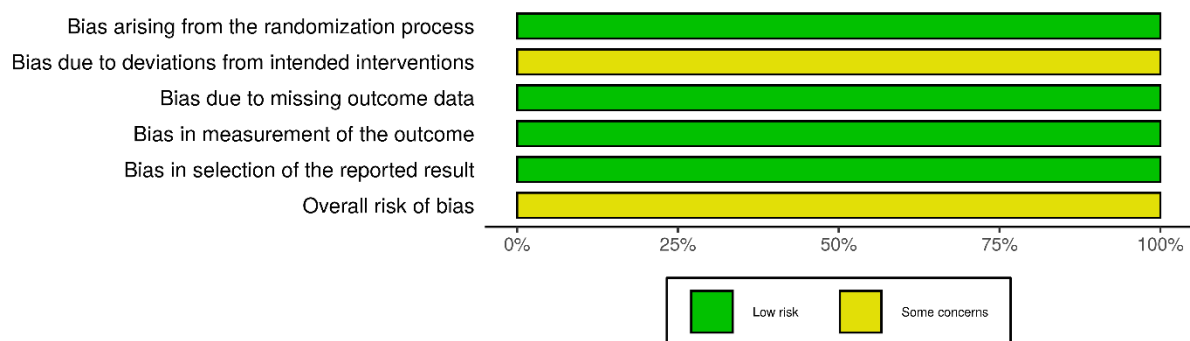


**S1 Fig.** Risks of bias assessed using the RoB (Risk of Bias) 2 tool for randomized trials<sup>1,2</sup>

(A) Within individual trials



(B) Across included trials



- Higgins J, Thomas J, Chandler J, et al. *Cochrane Handbook for Systematic Reviews of Interventions*. 2nd Edition. Chichester (UK): John Wiley & Sons, 2019.
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