

Expanded View Figures

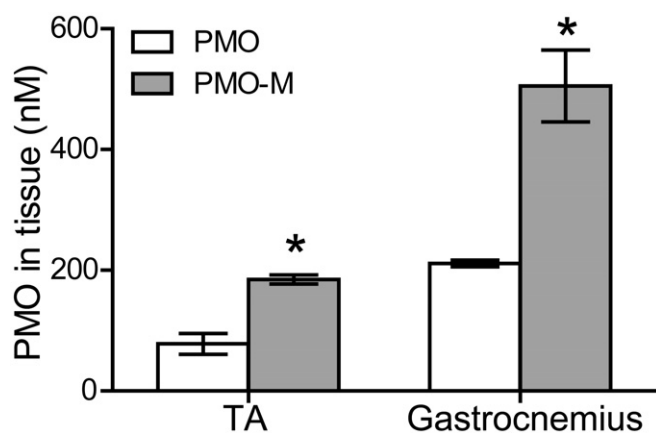


Figure EV1. Measurement of PMO in muscle tissues of *mdx* mice. FITC-labeled PMO (50 mg/kg) mixed with MOTS-c (500 μ g) (PMO-M) ($n = 3$) or FITC-labeled PMO in saline (PMO) ($n = 3$) was intravenously injected into *mdx* mice for once, and tissues were harvested 48 h later (* $P < 0.05$, two-tailed t -test). TA—tibialis anterior. Data information: Data were presented as mean \pm sem. Exact P values are specified in Appendix Table S1.

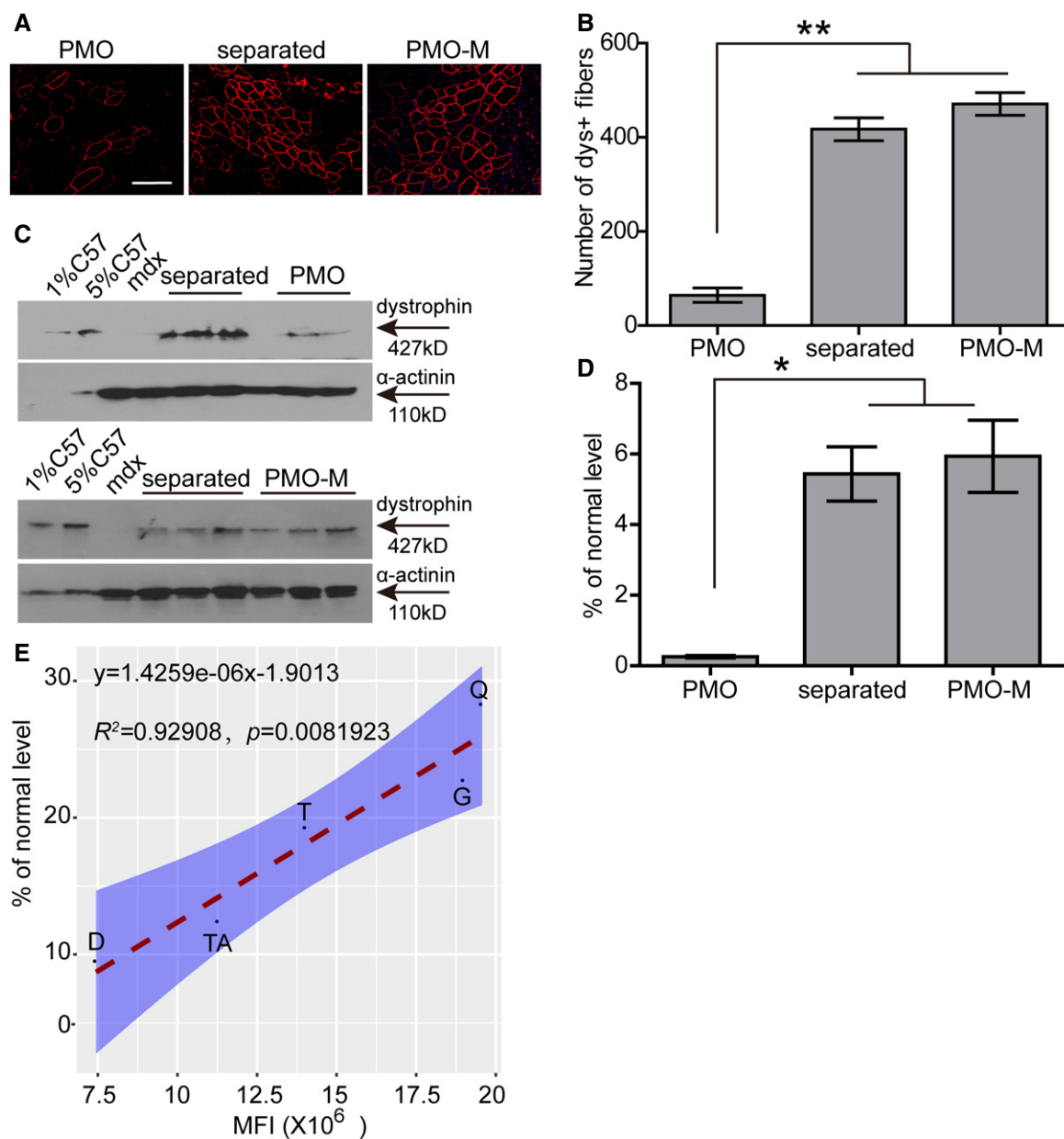


Figure EV2. Evaluation of the direct effect of MOT5-c on PMO activity in *mdx* mice and correlation of efficacy/quantity of PMO in dystrophic muscles.

PMO (0.5 μ g) in saline was administered into TA muscles of adult *mdx* mice, and MOT5-c (500 μ g) was simultaneously injected into the same mice intravenously, and muscles were harvested 2 weeks after injection.

- A, B Immunohistochemistry (A) and quantitative analysis (B) of dystrophin-positive fibers in TA muscles from treated *mdx* mice (scale bar: 100 μ m) ($n = 3$; $**P < 0.001$, one-way ANOVA post hoc Student–Newman–Keuls test). PMO-M means PMO mixed with MOT5-c, and PMO refers to PMO alone (the same is for the rest unless otherwise specified). Separated refers to intramuscular injection of PMO with simultaneous systemic injection of MOT5-c.
- C, D Western blot (C) and quantitative analysis (D) of dystrophin expression in TA muscles from treated *mdx* mice ($n = 3$; $*P < 0.05$, one-way ANOVA post hoc Student–Newman–Keuls test). 0.5 μ g and 2.5 μ g total protein from C57BL/6 and 50 μ g of muscle samples from untreated and treated *mdx* mice were loaded. α -actinin was used as the loading control.
- E Analysis of the correlation between quantity and efficacy of PMO in dystrophic muscles following systemic injection. Adult *mdx* mice were treated with PMO-M intravenously at the PMO dose of 50 mg/kg/week for 3 weeks, and muscles were harvested two weeks after last injection to examine dystrophin expression. Fluorescence intensity was measured 48 h after single intravenous injection of FITC-labeled PMO (50mg/kg) into adult *mdx* mice. TA—tibialis anterior, Q—quadriceps, G—gastrocnemius, T—triceps, D—diaphragm.

Data information: Data were presented as mean \pm sem. Exact *P* values are specified in Appendix Table S1.

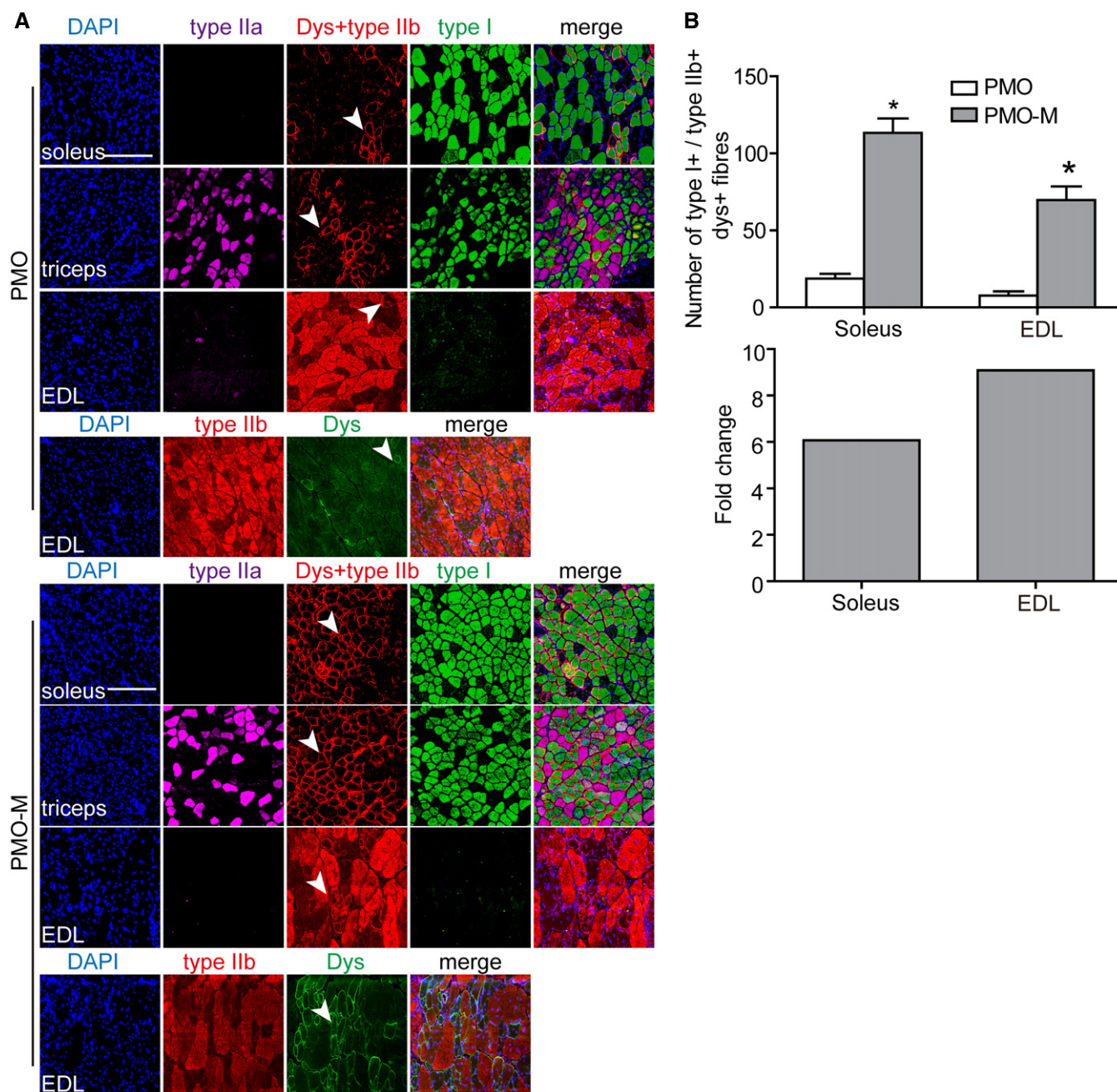


Figure EV3. Examination of muscle fiber type-specific dystrophin expression in treated *mdx* mice.

Adult *mdx* mice were intravenously injected with PMO at the dose of 12.5 mg/kg/week for 3 weeks mixed with MOTS-c (500 μ g), and tissues were harvested and examined two weeks after last injection.

A Immunohistochemistry for dystrophin expression in slow-twitch (soleus), fast-twitch (EDL), and mixed type (triceps) of muscle fibers of treated *mdx* mice (scale bar: 100 μ m). Type I MHC was used to identify slow-twitch muscle fibers, and type IIa and IIb MHC were used to characterize fast-twitch muscle fibers. The arrowheads point to dystrophin-positive fibers.

B Quantitative analysis of type I MHC- and dystrophin-positive or type IIb MHC- and dystrophin-positive fibers in treated *mdx* mice ($n = 3$; $*P < 0.05$, two-tailed t -test). Type I⁺ or type IIb⁺ means type I MHC-positive or type IIb MHC-positive fibers, respectively. Dys⁺ represents dystrophin-positive fibers. Fold change refers to PMO-M relative to PMO alone.

Data information: Data were presented as mean \pm sem. Exact P values are specified in Appendix Table S1.

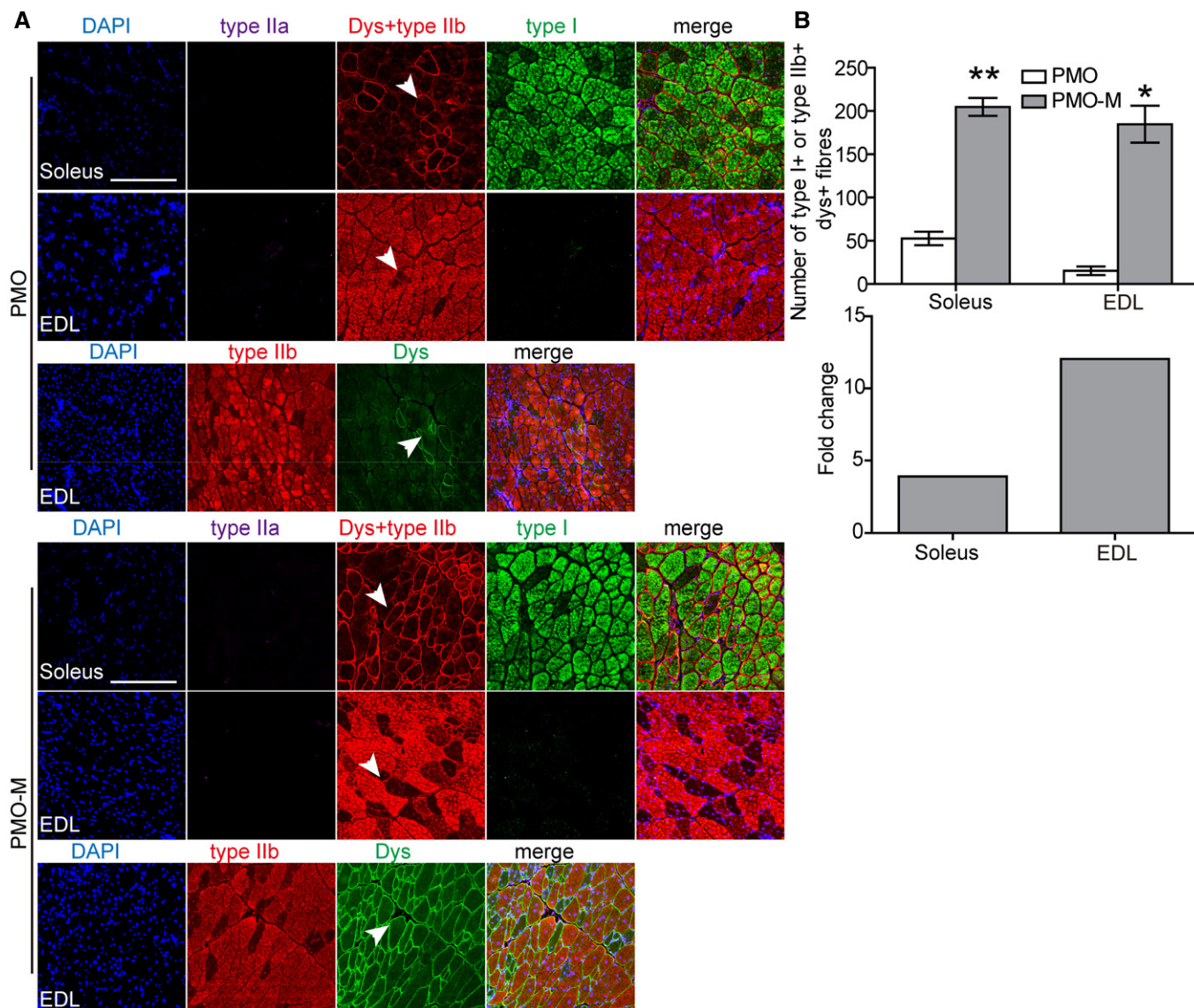


Figure EV4. Effect of PMO-M on dystrophin expression in different muscle fiber types of treated *mdx* mice.

PMO-M was administered intravenously into adult *mdx* mice at the PMO dose of 12.5 mg/kg/week for 3 weeks followed by 12.5 mg/kg/month for 3 months, and tissues were harvested two weeks after last injection.

A Immunohistochemistry for dystrophin expression in slow-twitch (soleus) and fast-twitch (EDL) muscle fibers of treated *mdx* mice (scale bar: 100 μ m). Type I MHC was used to identify slow-twitch muscle fibers, and type IIa and IIb MHC were used to characterize fast-twitch muscle fibers. The arrowheads point to dystrophin-positive fibers.

B Quantitative analysis of type I MHC- and dystrophin-positive or type IIb MHC- and dystrophin-positive fibers in *mdx* mice treated with PMO-M ($n = 4$) or PMO ($n = 3$) (* $P < 0.05$, ** $P < 0.001$, two-tailed t -test). Type I⁺ or type IIb⁺ means type I MHC-positive or type IIb MHC-positive fibers, respectively. Dys⁺ represents dystrophin-positive fibers. Fold change refers to PMO-M relative to PMO alone.

Data information: Data were presented as mean \pm sem. Exact P values are specified in Appendix Table S1.

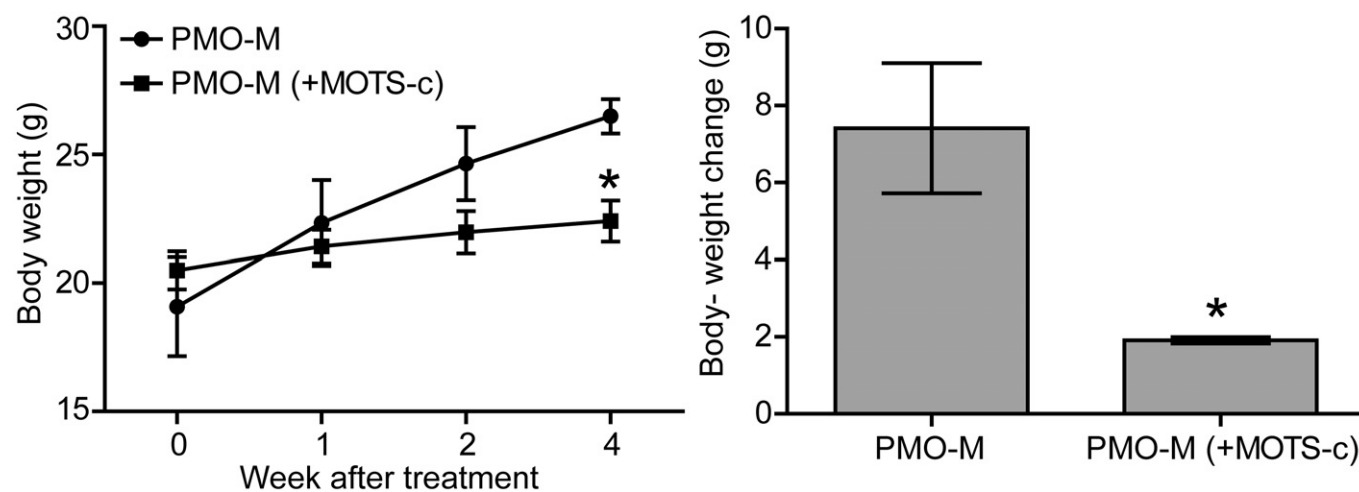


Figure EV5. Measurement of body-weight changes of treated *mdx* mice.

Adult *mdx* mice were treated with PMO-M or PMO-M with additional MOTS-c supply (500 μ g) (PMO-M (+MOTS-c)) at the PMO dose of 50 mg/kg/week for 3 weeks intravenously ($n = 3$; * $P < 0.05$, two-tailed t-test).

Data information: Data were presented as mean \pm sem. Exact P values are specified in Appendix Table S1.