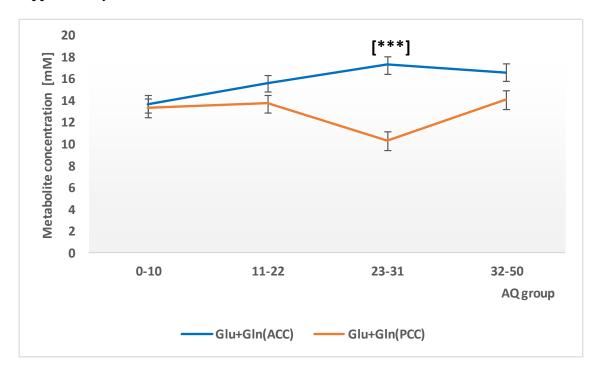
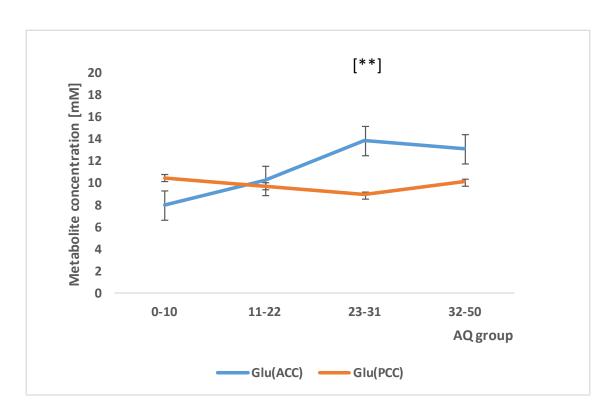
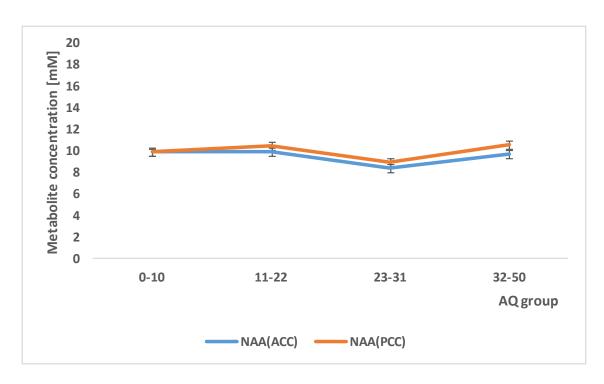
## **Supplementary Materials**



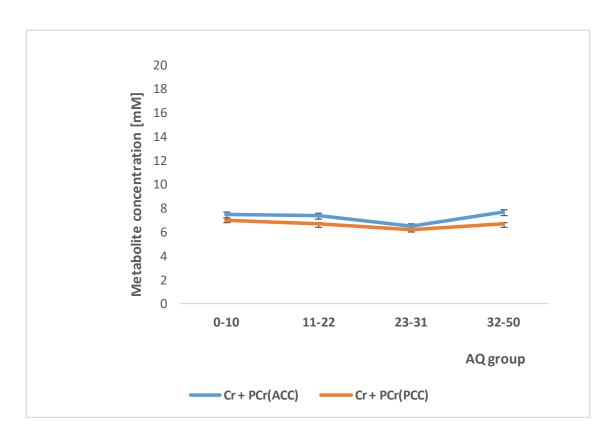
**Figure S1.** I Individual trajectories of (Glu + Gln); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different, [\*\*\*] significant at p < 0.001 respectively.



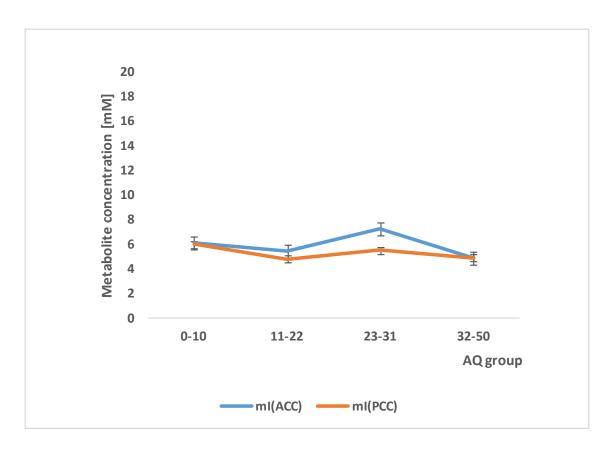
**Figure S2.** I Individual trajectories of (Glu); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different, [\*\*] significant at p < 0.01 respectively.



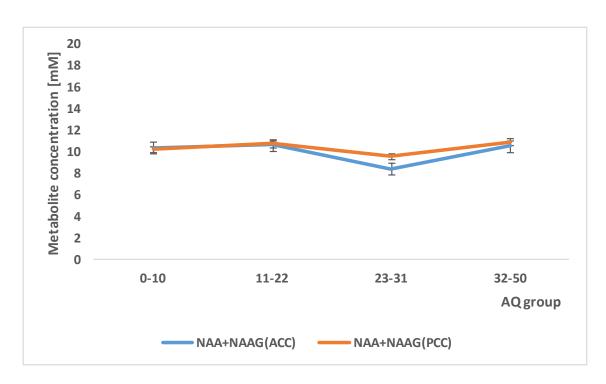
**Figure S3.** I Individual trajectories of (NAA); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different.



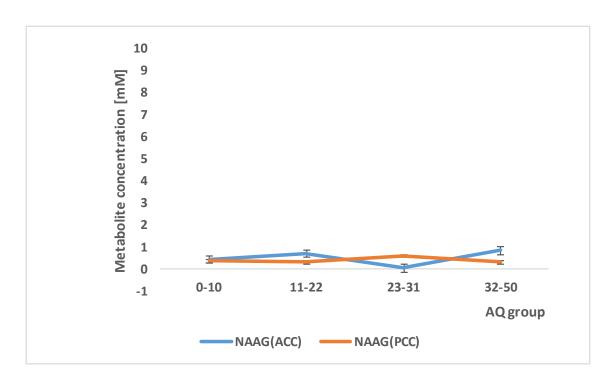
**Figure S4.** I Individual trajectories of (Cr + PCr); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different.



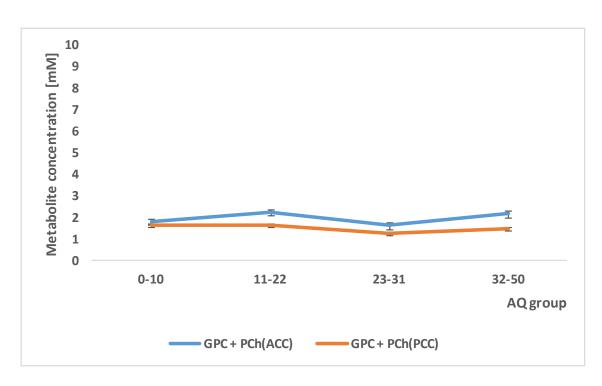
**Figure S5.** I Individual trajectories of (mI); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different.



**Figure S6.** I Individual trajectories of (NAA + NAAG); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different.



**Figure S7.** I Individual trajectories of (NAAG); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different.



**Figure S8.** I Individual trajectories of (GPc + PCh); absolute metabolite concentration between ACC and PCC within the AQ test score. AQ1 = 28.3% (n = 17); AQ2 = 43.3% (n = 26); AQ3 = 10.0% (n = 9); and AQ4 = 18.3% (n = 13). Figure shows all subjects used for quantification. Graphs showing the quantification are included in Figure 2. p < 0.05 considered significantly different.