SUPPLEMENTARY MATERIAL

Supplemental Table 1. Type of landmarks visited by participants by category. Categories are modified from OpenStreetMap (Ramm, 2019; Haklay & Weber, 2008).

Category	Landmark
Accommodation	camp site, caravan site, guesthouse, hotel, motel, shelter
Education	college, kindergarten, school, university
Food Shopping	bakery, beverages, butcher, greengrocer, supermarket
Health	dentist, doctors, hospital, pharmacy, veterinary
	cinema, dog park, golf course, ice rink, nightclub, park, pitch, playground,
Leisure	sports centre, stadium, swimming pool, theatre, track
Money	atm, bank
Place of worship	Buddhist, Christian, Jewish, Muslim
	arts center, community center, courthouse, fire station, graveyard, library,
	nursing home, police, post box, post office, prison, public building,
Public	recycling, recycling glass, recycling paper, town hall
Restaurant	bar, café, fast food, pub, restaurant
	beauty shop, bicycle rental, bicycle shop, bookshop, car dealership, car
	rental, car wash, chemist, clothes, computer shop, convenience, department
	store, doityourself, florist, furniture shop, garden center, gift shop,
	hairdresser, jeweler, laundry, mall, mobile phone, shop, newsagent,
	optician, outdoor shop, shoe shop, sports shop, stationery, toy shop, travel
Shopping other	agent, vending any, vending machine, vending parking, video shop
	archaeological, artwork, attraction, battlefield, memorial, monument,
Tourism	museum, picnic site, ruins, tourist info, viewpoint, wayside cross, zoo

Supplemental Table 2. Means (standard deviations) of driving measures for each study period and significance of the Time X Year interaction for each measure.

	2019 Pre	2019 Post	2020 Pre	2020 Post	Unadjusted P Value
All participants					
N	214	214	214	214	
Proportion of days driving,	0.695	0.749	0.673	0.382	
mean (SD)	(0.225)	(0.228)	(0.267)	(0.292)	<.001a
Trips/day, mean (SD)	3.3 (1.7)	3.8 (2.0)	3.2 (1.9)	1.4 (1.4)	<.001 a
Participants driving at all during each period					
N	212	211	205	173	
Speed/trip, mean (SD),	25.4	25.5	25.5	24.8	<.001 a
miles/hour	(5.0)	(5.2)	(5.1)	(5.7)	
Miles/trip, mean (SD), miles	7.1 (4.5)	7.4 (4.6)	6.9 (4.0)	6.4 (4.9)	.02 a
	0.028	0.026	0.027	0.025	.86
Hard braking/trip, mean (SD)	(0.046)	(0.031)	(0.044)	(0.044)	
Hard acceleration/trip, mean	0.012	0.011	0.015	0.009	.24
(SD)	(0.029)	(0.022)	(0.046)	(0.019)	
	0.017	0.019	0.011	0.005	<.001 a
Overspeeding/trip, mean (SD)	(0.022)	(0.024)	(0.017)	(0.011)	

^a Significant using the Benjamini-Hochberg procedure and a false-discovery rate of .05.

Supplemental Table 3. Mean proportion (standard deviation) of days driving during each study period and significance of the Time X Year interaction.

	N	2019 Pre	2019 Post	2020 Pro	2020 Post	Unadjusted <i>P</i> Value
A ga graun	IN .	Pre	Post	Pre	Post	value
Age group		0.727	0.773	0.718	0.431	
65 - 75.6 years	107	(0.727)	(0.773)	(0.718)	(0.431)	
03 - 73.0 years	107	0.664	0.725	0.629	0.333	58
≥ 75.6 years	107	(0.233)	(232)	(0.279)	(0.287)	
<u>> 75.0 years</u>	107	(0.233)	(232)	(0.27)	(0.207)	
Gender						
Gender		0.710	0.780	0.668	0.338	
Women	100	(0.218)	(0.195)	(0.272)	(0.270)	
vv Ollicii	100	0.683	0.722	0.678	0.421	02a
Men	114	(0.231)	(0.251)	(0.268)	(0.306)	
141011	111	(0.231)	(0.231)	(0.200)	(0.500)	
Race						
Tuoc		0.713	0.729	0.631	0.344	
African American	33	(0.233)	(0.318)	(0.327)	(0.368)	
1 111 1 0 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1		0.692	0.753	0.681	0.389	40
White	181	(0.224)	(0.208)	(0.257)	(0.276)	
		(11)				
Obesity						
		0.684	0.740	0.669	0.391	
No	147	(0.237)	(0.227)	(0.270)	(0.288)	41
		0.721	0.779	0.703	0.388	41
Yes	62	(0.195)	(0.217)	(0.260)	(0.297)	
Hypertension						
		0.712	0.742	0.692	0.376	
No	94	(0.206)	(0.208)	(0.245)	(0.283)	06
		0.682	0.754	0.658	0.387	96
Yes	120	(0.238)	(0.243)	(0.286)	(0.299)	
Diabetes						
		0.692	0.753	0.672	0.382	
No	190	(0.223)	(0.212)	(0.266)	(0.288)	.46
		0.723	0.716	0.688	0.382	
Yes	24	(0.242)	(0.331)	(0.297)	(0.329)	
Heart Disease						
		0.693	0.754	0.673	0.381	.19
No	191	(0.226)	(0.223)	(0.270)	(0.286)	.17

Yes	23	0.718 (0.216)	0.703 (0.270)	0.674 (0.262)	0.396 (0.343)	
Number of Medical Risk Conditions						
0	62	0.714 (0.208)	0.760 (0.199)	0.700 (0.224)	0.392 (0.275)	
1	88	0.672 (0.240)	0.724 (0.222)	0.644 (0.290)	0.378 (0.292)	10
2	54	0.694 (0.227)	0.789 (0.242)	0.678 (0.295)	0.361 (0.311)	.10
3 or more	10	0.788 (0.161)	0.690 (0.348)	0.739 (0.152)	0.471 (0.315)	

^a Significant using the Benjamini-Hochberg procedure and a false-discovery rate of .05.
^b N=5 participants were missing data for this variable.

Supplemental Table 4. Mean trips/day/person (standard deviation) driven during each study period and significance of the Time X Year interaction.

	N	2019 Pre	2019 Post	2020 Pre	2020 Post	Unadjusted P Value	
Age group							
65 - 75.6 years	107	3.5 (1.7)	4.0 (2.1)	3.4 (1.9)	1.6 (1.5)	57	
≥ 75.6 years	107	3.1 (1.7)	3.6 (1.9)	2.9 (1.9)	1.2 (1.3)	57	
Gender							
Women	100	3.4 (1.7)	3.9 (1.9)	3.1 (1.8)	1.1 (1.2)	.07	
Men	114	3.3 (1.7)	3.7 (2.1)	3.2 (2.0)	1.6 (1.6)	.07	
Race							
African American	33	3.9 (2.2)	4.3 (3.0)	3.2 (2.3)	1.5 (1.9)	.70	
White	181	3.2 (1.6)	3.7 (1.8)	3.2 (1.8)	1.4 (1.3)	.70	
Obesity ^a							
No	147	3.4 (1.9)	3.9 (2.1)	3.2 (2.1)	1.5 (1.5)	.98	
Yes	62	3.3 (1.3)	3.7 (1.7)	3.1 (1.5)	1.3 (1.3)	.76	
Hypertension							
No	94	3.4 (1.6)	3.7 (1.7)	3.2 (1.8)	1.3 (1.3)	.57	
Yes	120	3.3 (1.8)	3.9 (2.2)	3.1 (2.0)	1.4 (1.5)	.51	
Diabetes							
No	24	3.3 (1.5)	3.8 (2.4)	3.4 (2.2)	1.3 (1.5)	0.52	
Yes	190	3.3 (1.7)	3.8 (2.0)	3.1 (1.9)	1.4 (1.4)	0.52	
Heart Disease							
No	23	3.8 (2.0)	3.8 (2.4)	3.3 (2.3)	1.6 (2.0)	.17	
Yes	191	3.3 (1.7)	3.8 (2.0)	3.2 (1.9)	1.4 (1.3)	.1/	
Number of							
Medical Risk							
Conditions	(2	2.5 (1.7)	2.0 (1.0)	2.2 (1.0)	1.4 (1.2)		
0	62	3.5 (1.7)	3.9 (1.9)	3.3 (1.8)	1.4 (1.3)		
1	88	3.1 (1.7)	3.5 (1.9)	2.9 (1.9)	1.3 (1.3)	.06	
2	54	3.5 (1.8)	4.3 (2.3)	3.4 (2.2)	1.4 (1.7)		
3 or more	10	3.4 (1.2)	3.3 (1.8)	3.1 (0.8)	1.4 (1.0)		

^a N=5 participants were missing data for this variable.