

One-Carbon Metabolism-Related Micronutrients Intake and Risk for Hepatocellular Carcinoma: A Prospective Cohort Study

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Supplementary Table 1. Simultaneous evaluation of total ^a intake of one-carbon metabolism-related micronutrients and hepatocellular carcinoma risk among participants with >3years of follow-up, stratified by sex

| Micronutrient ^a | Male (N=267,670, cases: 457) | | | Female (N=185,612, cases: 102) | | |
|----------------------------|------------------------------|-------|--------------------------|--------------------------------|-------|--------------------------|
| | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b |
| Folate | | | | | | |
| Q1 | 61747 | 123 | 1.00 (ref) | 28929 | 22 | 1.00 (ref) |
| Q2 | 50624 | 84 | 0.94 (0.69-1.27) | 40053 | 18 | 0.54 (0.28-1.06) |
| Q3 | 49223 | 82 | 0.99 (0.72-1.37) | 41454 | 27 | 0.73 (0.38-1.40) |
| Q4 | 50870 | 86 | 1.05 (0.75-1.49) | 39807 | 21 | 0.53 (0.26-1.10) |
| Q5 | 55206 | 82 | 0.95 (0.64-1.40) | 35471 | 14 | 0.31 (0.12-0.75) |
| P-trend ^c | | | 0.92 | | | 0.04 |
| P-interaction ^d | | | | | | 0.30 |
| Methionine ^e | | | | | | |
| Q1 | 37,878 | 57 | 1.00 (ref) | 53,208 | 30 | 1.00 (ref) |
| Q2 | 46,985 | 73 | 1.02 (0.71-1.46) | 43,625 | 20 | 0.76 (0.41-1.41) |
| Q3 | 53,942 | 88 | 1.01 (0.70-1.44) | 37,125 | 24 | 0.95 (0.48-1.87) |
| Q4 | 60,372 | 108 | 1.01 (0.69-1.47) | 30,382 | 16 | 0.69 (0.29-1.62) |
| Q5 | 68,493 | 131 | 0.82 (0.51-1.32) | 21,374 | 12 | 0.53 (0.16-1.82) |
| P-trend ^c | | | 0.61 | | | 0.49 |
| P-interaction ^d | | | | | | 0.65 |
| Vitamin B2 | | | | | | |
| Q1 | 58659 | 98 | 1.00 (ref) | 32018 | 20 | 1.00 (ref) |
| Q2 | 54161 | 98 | 1.16 (0.84-1.60) | 36514 | 19 | 1.02 (0.49-2.11) |
| Q3 | 55637 | 90 | 0.98 (0.63-1.53) | 35043 | 13 | 1.25 (0.43-3.62) |
| Q4 | 49351 | 81 | 0.96 (0.53-1.72) | 41325 | 26 | 2.94 (0.72-11.94) |
| Q5 | 49862 | 90 | 0.74 (0.37-1.47) | 40814 | 24 | 1.78 (0.34-9.32) |
| P-trend ^c | | | 0.65 | | | 0.37 |
| P-interaction ^d | | | | | | 0.51 |
| Vitamin B3 | | | | | | |
| Q1 | 53151 | 102 | 1.00 (ref) | 37527 | 27 | 1.00 (ref) |
| Q2 | 56769 | 105 | 0.93 (0.69-1.26) | 33903 | 18 | 0.73 (0.37-1.41) |
| Q3 | 55392 | 83 | 0.53 (0.34-0.81) | 35289 | 16 | 0.44 (0.30-0.94) |
| Q4 | 50118 | 68 | 0.35 (0.19-0.63) | 40557 | 21 | 0.40 (0.38-0.66) |
| Q5 | 52240 | 99 | 0.43 (0.22-0.85) | 38438 | 20 | 0.39 (0.22-0.52) |
| P-trend ^c | | | 0.01 | | | 0.003 |
| P-interaction ^d | | | | | | 0.24 |
| Vitamin B6 | | | | | | |
| Q1 | 58049 | 108 | 1.00 (ref) | 32630 | 17 | 1.00 (ref) |
| Q2 | 54436 | 92 | 1.02 (0.73-1.42) | 36239 | 22 | 1.51 (0.72-3.16) |
| Q3 | 55236 | 84 | 1.18 (0.73-1.89) | 35440 | 15 | 1.85 (0.64-5.38) |
| Q4 | 49139 | 83 | 1.72 (0.89-3.33) | 41539 | 22 | 3.05 (0.70-13.21) |
| Q5 | 50810 | 90 | 1.67 (0.75-3.72) | 39866 | 26 | 6.21 (1.12-34.45) |
| P-trend ^c | | | 0.17 | | | 0.005 |
| P-interaction ^d | | | | | | 0.13 |
| Vitamin B12 | | | | | | |
| Q1 | 56871 | 96 | 1.00 (ref) | 33805 | 24 | 1.00 (ref) |
| Q2 | 54814 | 84 | 0.92 (0.66-1.27) | 35864 | 18 | 0.66 (0.33-1.33) |
| Q3 | 55347 | 96 | 1.20 (0.81-1.78) | 35330 | 13 | 0.38 (0.13-1.09) |
| Q4 | 49841 | 74 | 1.25 (0.74-2.10) | 40835 | 18 | 0.32 (0.09-1.15) |
| Q5 | 50797 | 107 | 1.76 (0.97-3.18) | 39880 | 29 | 0.57 (0.14-2.37) |
| P-trend ^c | | | 0.05 | | | 0.83 |
| P-interaction ^d | | | | | | 0.35 |

Supplementary Table 1. Continued

| | Male N=295,239 (cases: 530) | | | Female N=199,621 (cases: 117) | | |
|---------------------------------|--------------------------------|-------|-------------------------|----------------------------------|-------|-------------------------|
| | Total N | Cases | HR (95% CI) | Total N | Cases | HR (95% CI) |
| Methyl-donor index ^f | | | | | | |
| Q1 | 50822 | 85 | 1.00 (ref) ^e | 39855 | 22 | 1.00 (ref) ^e |
| Q2 | 57408 | 101 | 1.05 (0.78-1.42) | 33268 | 17 | 1.01 (0.52-1.97) |
| Q3 | 52893 | 85 | 0.95 (0.66-1.35) | 37784 | 18 | 1.16 (0.52-2.58) |
| Q4 | 52389 | 85 | 1.00 (0.66-1.52) | 38288 | 25 | 1.79 (0.73-4.39) |
| Q5 | 54158 | 101 | 1.13 (0.72-1.76) | 36519 | 20 | 1.53 (0.58-4.07) |
| P-trend ^c | | | 0.61 | | | 0.29 |
| P-interaction ^d | | | | | | 0.83 |

Abbreviations: HR, hazard ratio; CI, confidence interval; N/A, not applicable; Q1–Q5, calorie-adjusted quintiles of micronutrients intake

^aTotal intake was computed as diet plus supplement use. Each micronutrient was adjusted for total calories intake by the residual method. Quintiles were created from intake values at baseline and categorized based on distribution in the entire cohort using the 20th, 40th, 60th, and 80th percentile values as cut points.

^bAll models adjusted for age (continuous), race/ethnicity (White, Black, Hispanic, other), diabetes (yes, no), smoking status (never, former, current), alcohol use (<1, 1-3, >3 drinks/day), total calorie intake (continuous), body mass index (<25, 25-29, ≥30 kg/m²), education level (<high school, high school graduate, some college/post-high school education, college graduate/post-graduate), physical activity (0, <1, 1-2, 3-4, 5+ times per week), multivitamin use (yes, no), red meat intake (0-23, 24-41, 42-63, 64-99, >99 grams/day), and the healthy eating index scores (10-59, 60-66, 67-71, 72-76, >76)

^cP-trend were calculated by treating the quintile variable as a continuous variable

^eMethionine intake levels were based on dietary intake only because data on supplemental use was not available

^fA separate model was fitted for the methyl-donor index, adjusting for the factors listed in ^b.

Supplementary Table 2. Simultaneous evaluation of total ^a intake of one-carbon metabolism-related micronutrients and risk of hepatocellular carcinoma (N=453,384), stratified by body mass index

| Micronutrient ^a | < 25 kg/m ² (N=157,059, cases: 125) | | | ≥ 25 kg/m ² (N=285546, cases: 420) | | |
|----------------------------|--|-------|--------------------------|---|-------|--------------------------|
| | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b |
| Total folate | | | | | | |
| Q1 | 27852 | 32 | 1.00 (ref) | 60694 | 110 | 1.00 (ref) |
| Q2 | 29496 | 12 | 0.45 (0.23-0.91) | 58951 | 87 | 0.96 (0.71-1.31) |
| Q3 | 31145 | 31 | 1.16 (0.65-2.06) | 57482 | 74 | 0.87 (0.62-1.21) |
| Q4 | 32772 | 30 | 1.07 (0.58-1.97) | 55849 | 76 | 0.92 (0.65-1.30) |
| Q5 | 35794 | 20 | 0.60 (0.30-1.22) | 52570 | 73 | 0.88 (0.61-1.27) |
| P-trend ^c | | | 0.80 | | | 0.42 |
| P-interaction ^d | | | | | | 0.28 |
| Methionine ^e | | | | | | |
| Q1 | 37,858 | 26 | 1.00 (ref) | 50,531 | 59 | 1.00 (ref) |
| Q2 | 34,982 | 23 | 0.87 (0.48-1.56) | 53,474 | 68 | 0.99 (0.69-1.42) |
| Q3 | 32,413 | 24 | 0.87 (0.46-1.63) | 56,649 | 85 | 1.06 (0.74-1.53) |
| Q4 | 28,878 | 26 | 0.91 (0.45-1.81) | 60,001 | 94 | 0.98 (0.66-1.46) |
| Q5 | 22,928 | 26 | 0.78 (0.31-1.97) | 64,891 | 114 | 0.85 (0.51-1.39) |
| P-trend ^c | | | 0.80 | | | 0.67 |
| P-interaction ^d | | | | | | 0.73 |
| Vitamin B2 | | | | | | |
| Q1 | 29570 | 21 | 1.00 (ref) | 58726 | 95 | 1.00 (ref) |
| Q2 | 28882 | 28 | 2.01 (1.05-3.85) | 59604 | 86 | 0.96 (0.68-1.34) |
| Q3 | 31489 | 24 | 1.42 (0.55-3.64) | 57044 | 77 | 0.89 (0.57-1.39) |
| Q4 | 33343 | 25 | 1.05 (0.33-3.39) | 55357 | 79 | 1.14 (0.63-2.05) |
| Q5 | 33775 | 27 | 0.67 (0.18-2.54) | 54815 | 83 | 0.86 (0.42-1.68) |
| P-trend ^c | | | 0.71 | | | 0.34 |
| P-interaction ^d | | | | | | 0.25 |
| Vitamin B3 | | | | | | |
| Q1 | 30211 | 22 | 1.00 (ref) | 57903 | 102 | 1.00 (ref) |
| Q2 | 28764 | 26 | 1.44 (0.77-2.68) | 59811 | 96 | 0.80 (0.59-1.09) |
| Q3 | 31144 | 23 | 1.10 (0.46-2.66) | 57344 | 74 | 0.40 (0.26-0.62) |
| Q4 | 33639 | 27 | 0.98 (0.32-3.03) | 55114 | 61 | 0.23 (0.13-0.43) |
| Q5 | 33301 | 27 | 0.78 (0.22-2.82) | 55374 | 87 | 0.25 (0.13-0.50) |
| P-trend ^c | | | 0.99 | | | <0.0001 |
| P-interaction ^d | | | | | | 0.28 |
| Vitamin B6 | | | | | | |
| Q1 | 28039 | 29 | 1.00 (ref) | 60321 | 92 | 1.00 (ref) |
| Q2 | 29123 | 18 | 0.47 (0.24-0.92) | 59383 | 93 | 1.39 (0.99-1.95) |
| Q3 | 31769 | 22 | 0.52 (0.21-1.28) | 56712 | 77 | 1.82 (1.14-2.91) |
| Q4 | 33488 | 29 | 0.77 (0.23-2.53) | 55189 | 73 | 2.82 (1.46-5.46) |
| Q5 | 34640 | 27 | 0.67 (0.16-2.85) | 53941 | 85 | 3.58 (1.62-7.91) |
| P-trend ^c | | | 0.36 | | | 0.0006 |
| P-interaction ^d | | | | | | 0.08 |
| Vitamin B12 | | | | | | |
| Q1 | 32510 | 28 | 1.00 (ref) | 55712 | 88 | 1.00 (ref) |
| Q2 | 28415 | 20 | 0.75 (0.40-1.41) | 60094 | 80 | 0.93 (0.67-1.30) |
| Q3 | 31338 | 19 | 0.68 (0.30-1.57) | 57193 | 89 | 1.22 (0.81-1.82) |
| Q4 | 33208 | 22 | 0.95 (0.36-2.53) | 55535 | 66 | 1.10 (0.65-1.89) |
| Q5 | 31588 | 36 | 2.62 (0.95-7.25) | 57012 | 97 | 1.50 (0.83-2.69) |
| P-trend ^c | | | 0.08 | | | 0.19 |
| P-interaction ^d | | | | | | 0.11 |

Supplementary Table 2. Continued

| Micronutrient ^a | < 25 kg/m ² (N=157,059, cases: 125) | | | ≥ 25 kg/m ² (N=285546, cases: 420) | | |
|---------------------------------|--|-------|-------------------------|---|-------|-------------------------|
| | Total N | Cases | HR (95% CI) | Total N | Cases | HR (95% CI) |
| Methyl-donor index ^f | | | | | | |
| Q1 | 30419 | 22 | 1.00 (ref) ^e | 57782 | 82 | 1.00 (ref) ^e |
| Q2 | 28852 | 20 | 0.91 (0.49-1.72) | 59743 | 95 | 1.06 (0.78-1.44) |
| Q3 | 31934 | 25 | 1.09 (0.54-2.20) | 56572 | 77 | 0.95 (0.66-1.38) |
| Q4 | 33075 | 33 | 1.39 (0.63-3.07) | 55637 | 74 | 0.99 (0.64-1.54) |
| Q5 | 32779 | 25 | 1.03 (0.43-2.47) | 55812 | 92 | 1.20 (0.75-1.91) |
| P-trend ^c | | 0.81 | | | 0.46 | |
| P-interaction ^d | | | | | 0.39 | |

Abbreviations: HR, hazard ratio; CI, confidence interval; N/A, not applicable; Q1–Q5, calorie-adjusted quintiles of micronutrients intake

^aTotal intake was computed as diet plus supplement use. Each micronutrient was adjusted for total calories intake by the residual method. Quintiles were created from intake values at baseline and categorized based on distribution in the entire cohort using the 20th, 40th, 60th, and 80th percentile values as cut points.

^bAll models adjusted for age (continuous), sex, race/ethnicity (White, Black, Hispanic, other), diabetes (yes, no), smoking status (never, former, current), alcohol use (<1, 1-3, >3 drinks/day), total calorie intake (continuous), education level (<high school, high school graduate, some college/post-high school education, college graduate/post-graduate), physical activity (0, <1, 1-2, 3-4, 5+ times per week), multivitamin use (yes, no), red meat intake (0-23, 24-41, 42-63, 64-99, >99 grams/day), and the healthy eating index scores (10-59, 60-66, 67-71, 72-76, >76)

^cP-trend were calculated by treating the quintile variable as a continuous variable

^eMethionine intake levels were based on dietary intake only because data on supplemental use was not available

^fA separate model was fitted for the methyl-donor index, adjusting for the factors listed in ^b.

Supplementary Table 3. Total ^a intake of one-carbon metabolism-related nutrients and risk of hepatocellular carcinoma among individuals with more than 3 years of follow-up (N=453,384), stratified by the number of drinks consumed per day

| Micronutrient ^a | Non-drinkers N=110,169 (cases: 179) | | | < 1drink/day N=240,258 (cases: 240) | | | 1-3 drinks/day N=69,465 (cases: 69) | | | >3 drinks/day N=33,492 (cases: 71) | | |
|----------------------------|--|-------|--------------------------|--|-------|--------------------------|--|-------|--------------------------|---------------------------------------|-------|--------------------------|
| | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b |
| Folate | | | | | | | | | | | | |
| Q1 | 19827 | 35 | 1.00 (ref) | 37843 | 44 | 1.00 (ref) | 14883 | 17 | 1.00 (ref) | 18123 | 49 | 1.00 (ref) |
| Q2 | 22139 | 28 | 0.74 (0.44-1.26) | 48457 | 56 | 1.16 (0.76-1.76) | 14544 | 13 | 1.05 (0.49-2.24) | 5537 | 5 | 0.37 (0.14-0.95) |
| Q3 | 22036 | 38 | 1.02 (0.61-1.70) | 51390 | 49 | 0.96 (0.61-1.50) | 13459 | 13 | 1.41 (0.63-3.14) | 3792 | 9 | 0.93 (0.43-2.02) |
| Q4 | 22284 | 43 | 1.13 (0.67-1.90) | 52231 | 48 | 0.90 (0.56-1.44) | 13116 | 13 | 1.70 (0.73-3.93) | 3046 | 3 | 0.40 (0.12-1.36) |
| Q5 | 23883 | 35 | 0.78 (0.43-1.36) | 50337 | 43 | 0.78 (0.47-1.30) | 13463 | 13 | 1.84 (0.74-4.62) | 2994 | 5 | 0.72 (0.25-2.03) |
| P-trend ^c | | | 0.69 | | | 0.21 | | | 0.13 | | | 0.34 |
| P-interaction ^d | | | | | | | | | | | | 0.29 |
| Methionine ^e | | | | | | | | | | | | |
| Q1 | 25742 | 32 | 1.00 (ref) | 49978 | 36 | 1.00 (ref) | 10830 | 9 | 1.00 (ref) | 4536 | 10 | 1.00 (ref) |
| Q2 | 21797 | 33 | 1.09 (0.65-1.83) | 49842 | 38 | 0.85 (0.53-1.36) | 13487 | 11 | 1.03 (0.41-2.60) | 5484 | 11 | 0.91 (0.38-2.17) |
| Q3 | 20791 | 37 | 1.13 (0.66-1.96) | 49094 | 48 | 0.88 (0.55-1.43) | 14645 | 13 | 1.16 (0.44-3.05) | 6537 | 14 | 1.04 (0.44-2.44) |
| Q4 | 20488 | 39 | 1.08 (0.58-2.00) | 47301 | 55 | 0.84 (0.50-1.41) | 15415 | 17 | 1.40 (0.49-4.01) | 7550 | 13 | 0.83 (0.33-2.07) |
| Q5 | 21351 | 38 | 0.77 (0.33-1.78) | 44043 | 63 | 0.61 (0.30-1.24) | 15088 | 19 | 1.63 (0.41-6.41) | 9385 | 23 | 1.09 (0.39-2.99) |
| P-trend ^c | | | 0.91 | | | 36 | | | 0.45 | | | 0.98 |
| P-interaction ^d | | | | | | | | | | | | 0.97 |
| Vitamin B2 | | | | | | | | | | | | |
| Q1 | 20143 | 32 | 1.00 (ref) | 42237 | 39 | 1.00 (ref) | 15796 | 18 | 1.00 (ref) | 12501 | 29 | 1.00 (ref) |
| Q2 | 23214 | 33 | 0.95 (0.55-1.64) | 50154 | 58 | 1.39 (0.88-2.20) | 12934 | 13 | 1.08 (0.48-2.45) | 4373 | 13 | 1.12 (0.51-2.45) |
| Q3 | 21877 | 34 | 1.15 (0.57-2.31) | 46828 | 44 | 1.25 (0.67-2.32) | 14038 | 10 | 0.89 (0.24-3.27) | 7937 | 15 | 0.61 (0.20-1.84) |
| Q4 | 22091 | 35 | 1.37 (0.54-3.47) | 51394 | 49 | 1.30 (0.58-2.89) | 13514 | 16 | 1.24 (0.25-6.12) | 3677 | 7 | 0.73 (0.17-3.07) |
| Q5 | 22844 | 45 | 0.97 (0.33-2.86) | 49645 | 50 | 1.01 (0.40-2.57) | 13183 | 12 | 0.66 (0.10-4.36) | 5004 | 7 | 0.78 (0.14-4.53) |
| P-trend ^c | | | 0.83 | | | 0.74 | | | 0.89 | | | 0.53 |
| P-interaction ^d | | | | | | | | | | | | 0.80 |
| Vitamin B3 | | | | | | | | | | | | |
| Q1 | 24504 | 43 | 1.00 (ref) | 43523 | 48 | 1.00 (ref) | 13008 | 16 | 1.00 (ref) | 9643 | 22 | 1.00 (ref) |
| Q2 | 21653 | 34 | 0.75 (0.46-1.23) | 49613 | 60 | 1.00 (0.66-1.52) | 14057 | 15 | 0.87 (0.40-1.89) | 5349 | 14 | 0.89 (0.40-1.99) |
| Q3 | 21467 | 29 | 0.46 (0.23-0.93) | 47352 | 37 | 0.50 (0.27-0.90) | 13856 | 12 | 0.48 (0.14-1.66) | 8006 | 21 | 0.63 (0.22-1.77) |
| Q4 | 21077 | 27 | 0.33 (0.13-0.85) | 50281 | 40 | 0.39 (0.17-0.87) | 14342 | 14 | 0.25 (0.05-1.20) | 4975 | 8 | 0.25 (0.06-1.05) |
| Q5 | 21468 | 46 | 0.40 (0.14-1.14) | 49489 | 55 | 0.53 (0.21-1.32) | 14202 | 12 | 0.11 (0.02-0.69) | 5519 | 6 | 0.31 (0.02-1.75) |
| P-trend ^c | | | 0.09 | | | 0.14 | | | 0.05 | | | 0.12 |
| P-interaction ^d | | | | | | | | | | | | 0.11 |

Supplementary Table 3. Continued

| Micronutrient ^a | Non-drinkers N=110,169 (cases: 179) | | | < 1 drink/day N=240,258 (cases: 240) | | | 1-3 drinks/day N=69,465 (cases: 69) | | | >3 drinks/day N=33,492 (cases: 71) | | |
|---------------------------------|--|-------|--------------------------|---|-------|--------------------------|--|-------|--------------------------|---------------------------------------|-------|--------------------------|
| | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b |
| Vitamin B6 | | | | | | | | | | | | |
| Q1 | 21926 | 35 | 1.00 (ref) | 44836 | 48 | 1.00 (ref) | 14071 | 21 | 1.00 (ref) | 9846 | 21 | 1.00 (ref) |
| Q2 | 22531 | 35 | 1.02 (0.60-1.76) | 49035 | 55 | 1.28 (0.82-2.01) | 13708 | 10 | 0.47 (0.19-1.13) | 5401 | 14 | 1.64 (0.72-3.73) |
| Q3 | 21922 | 32 | 1.24 (0.60-2.57) | 47237 | 39 | 1.44 (0.76-2.73) | 13564 | 10 | 0.52 (0.14-1.97) | 7953 | 18 | 2.20 (0.73-6.64) |
| Q4 | 21127 | 31 | 1.47 (0.53-4.12) | 50062 | 50 | 2.45 (0.99-5.94) | 14444 | 13 | 0.65 (0.11-3.77) | 5045 | 11 | 5.46 (1.23-24.23) |
| Q5 | 22663 | 46 | 1.72 (0.52-5.73) | 49088 | 48 | 2.13 (0.73-6.24) | 13678 | 15 | 1.42 (0.19-10.75) | 5247 | 7 | 7.38 (1.02-53.20) |
| P-trend ^c | | | 0.26 | | | 0.16 | | | 0.95 | | | 0.04 |
| P-interaction ^d | | | | | | | | | | | | 0.68 |
| Vitamin B12 | | | | | | | | | | | | |
| Q1 | 22761 | 35 | 1.00 (ref) | 42564 | 44 | 1.00 (ref) | 14143 | 15 | 1.00 (ref) | 11208 | 26 | 1.00 (ref) |
| Q2 | 22625 | 33 | 0.93 (0.54-1.58) | 49990 | 45 | 0.80 (0.51-1.27) | 13112 | 13 | 0.97 (0.43-2.18) | 4951 | 11 | 0.87 (0.40-1.89) |
| Q3 | 21619 | 33 | 1.01 (0.52-1.96) | 47513 | 48 | 1.11 (0.65-1.92) | 14136 | 10 | 0.80 (0.27-2.34) | 7409 | 18 | 1.16 (0.49-2.77) |
| Q4 | 21267 | 26 | 0.87 (0.37-2.07) | 50481 | 44 | 1.26 (0.61-2.58) | 14102 | 13 | 1.30 (0.35-4.87) | 4826 | 9 | 0.98 (0.31-3.11) |
| Q5 | 21897 | 52 | 1.71 (0.68-4.28) | 49710 | 59 | 1.59 (0.73-3.48) | 13972 | 18 | 2.61 (0.65-10.47) | 5098 | 7 | 0.76 (0.19-3.05) |
| P-trend ^c | | | 0.24 | | | 0.30 | | | 0.21 | | | 0.87 |
| P-interaction ^d | | | | | | | | | | | | 0.28 |
| Methyl-donor index ^e | | | | | | | | | | | | |
| Q1 | 23380 | 34 | 1.00 (ref) | 45760 | 39 | 1.00 (ref) | 13055 | 16 | 1.00 (ref) | 8482 | 18 | 1.00 (ref) |
| Q2 | 21720 | 33 | 0.94 (0.57-1.56) | 48555 | 56 | 1.26 (0.82-1.94) | 13960 | 10 | 0.55 (0.24-1.27) | 6441 | 19 | 1.20 (0.61-2.35) |
| Q3 | 21719 | 32 | 0.96 (0.54-1.72) | 47965 | 41 | 1.15 (0.68-1.92) | 13830 | 14 | 0.80 (0.32-2.00) | 7163 | 16 | 0.84 (0.38-1.87) |
| Q4 | 21241 | 37 | 1.19 (0.61-2.34) | 49390 | 48 | 1.49 (0.82-2.72) | 14347 | 13 | 0.73 (0.24-2.20) | 5699 | 12 | 0.72 (0.28-1.82) |
| Q5 | 22109 | 43 | 1.30 (0.63-2.67) | 48588 | 56 | 1.72 (0.91-3.26) | 14273 | 16 | 0.93 (0.29-2.97) | 5707 | 6 | 0.32 (0.10-1.01) |
| P-trend ^c | | | 0.38 | | | 0.09 | | | 0.93 | | | 0.05 |
| P-interaction ^d | | | | | | | | | | | | 0.14 |

Abbreviations: HR, hazard ratio; CI, confidence interval; N/A, not applicable; Q1–Q5, calorie-adjusted quintiles of micronutrients intake

^a Total intake was computed as diet plus supplement use. Each micronutrient was adjusted for total calories intake by the residual method. Quintiles were created from intake values at baseline and categorized based on distribution in the entire cohort using the 20th, 40th, 60th, and 80th percentile values as cut points.

^b All models adjusted for age (continuous), sex, race/ethnicity (White, Black, Hispanic, other), diabetes (yes, no), smoking status (never, former, current), total calorie intake (continuous), body mass index (<25, 25-29, ≥30 kg/m²), education level (<high school, high school graduate, some college/post-high school education, college graduate/post-graduate), physical activity (0, <1, 1-2, 3-4, 5+ times per week), multivitamin use (yes, no), red meat intake (0-23, 24-41, 42-63, 64-99, >99 grams/day), and the healthy eating index scores (10-59, 60-66, 67-71, 72-76, >76)

^c P-trend were calculated by treating the quintile variable as a continuous variable

^e Methionine intake levels were based on dietary intake only because data on supplemental use was not available

^d A separate model was fitted for the methyl-donor index, adjusting for the factors listed in ^b.

Supplementary Table 4. Total ^a intake of one-carbon metabolism nutrients and risk of hepatocellular carcinoma among individuals with more than 3 years of follow-up (N=453,384), stratified by level physical activity per week

| Micronutrient ^a | 0 N=19,320 (cases: 28) | | | < 1 per week N=122,095 (cases: 177) | | | 1-2 per week N=97,816 (cases: 126) | | | 3-4 per week N=121,856 (cases: 146) | | | 5+ per week N=87,438 (cases: 74) | | |
|----------------------------|---------------------------|--------------|---------------------------|--|-------|--------------------------|---------------------------------------|-------|--------------------------|--|-------|--------------------------|-------------------------------------|-------|--------------------------|
| | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b |
| Folate | | | | | | | | | | | | | | | |
| Q1 | 5900 | 7 | 1.00 (ref) | 31734 | 59 | 1.00 (ref) | 20014 | 28 | 1.00 (ref) | 18877 | 36 | 1.00 (ref) | 13088 | 13 | 1.00 (ref) |
| Q2 | 4323 | 7 | 1.70 (0.55-5.29) | 27956 | 37 | 0.85 (0.52-1.38) | 20501 | 26 | 1.17 (0.66-2.08) | 22538 | 21 | 0.63 (0.35-1.11) | 14305 | 10 | 0.69 (0.29-1.63) |
| Q3 | 3347 | 4 | 1.36 (0.35-5.24) | 24295 | 33 | 0.68 (0.39-1.17) | 20368 | 26 | 1.30 (0.71-2.36) | 25306 | 23 | 0.66 (0.36-1.19) | 16440 | 21 | 1.26 (0.58-2.75) |
| Q4 | 2979 | 2 | 0.62 (0.11-3.47) | 21093 | 24 | 0.72 (0.40-1.28) | 19559 | 30 | 1.64 (0.89-3.03) | 27205 | 31 | 0.84 (0.47-1.49) | 19008 | 19 | 0.97 (0.42-2.22) |
| Q5 | 2771 | 8 | 2.17 (0.56-8.43) | 17017 | 24 | 0.85 (0.52-1.38) | 17374 | 16 | 0.95 (0.45-1.98) | 27930 | 35 | 0.90 (0.49-1.64) | 24597 | 11 | 0.41 (0.15-1.07) |
| P-trend ^c | | 0.81 | | | | 0.24 | | | 0.78 | | | 0.94 | | | 0.18 |
| P-interaction ^d | | | | | | | | | | | | | | | 0.09 |
| Methionine ^e | | | | | | | | | | | | | | | |
| Q1 | 4966 | 2 | 1.00 (ref) | 27444 | 26 | 1.00 (ref) | 18759 | 23 | 1.00 (ref) | 22822 | 18 | 1.00 (ref) | 15498 | 15 | 1.00 (ref) |
| Q2 | 3704 | 2 | 1.22 (0.16-9.09) | 25224 | 32 | 1.17 (0.68-1.99) | 19439 | 16 | 0.58 (0.30-1.12) | 24758 | 27 | 1.23 (0.67-2.29) | 16621 | 16 | 0.86 (0.41-1.80) |
| Q3 | 3457 | 6 | 3.32 (0.59-18.55) | 23970 | 39 | 1.30 (0.76-2.24) | 19817 | 27 | 0.83 (0.44-1.54) | 25308 | 24 | 0.96 (0.50-1.87) | 17718 | 13 | 0.54 (0.23-1.23) |
| Q4 | 3411 | 6 | 2.79 (0.46-17.07) | 23049 | 34 | 0.99 (0.54-1.81) | 20258 | 31 | 0.81 (0.40-1.61) | 25215 | 35 | 1.22 (0.62-2.42) | 18057 | 17 | 0.58 (0.24-1.40) |
| Q5 | 3782 | 12 | 4.55 (0.58-35.93) | 22408 | 46 | 0.92 (0.44-1.92) | 19543 | 29 | 0.55 (0.21-1.39) | 23753 | 42 | 1.17 (0.50-2.75) | 19544 | 13 | 0.26 (0.07-0.92) |
| P-trend ^c | | 0.10 | | | | 0.78 | | | 0.55 | | | 0.68 | | | 0.06 |
| P-interaction ^d | | | | | | | | | | | | | | | 0.32 |
| Vitamin B2 | | | | | | | | | | | | | | | |
| Q1 | 5225 | 6 | 1.00 (ref) | 29059 | 45 | 1.00 (ref) | 19601 | 22 | 1.00 (ref) | 20790 | 36 | 1.00 (ref) | 14823 | 8 | 1.00 (ref) |
| Q2 | 4000 | 4 | 1.68 (0.42-6.69) | 25573 | 44 | 1.16 (0.72-1.89) | 20058 | 27 | 1.40 (0.73-2.69) | 23783 | 28 | 0.72 (0.41-1.27) | 16172 | 12 | 1.96 (0.73-5.29) |
| Q3 | 3789 | 6 | 6.57 (1.48-29.25) | 24561 | 32 | 0.75 (0.38-1.48) | 20094 | 22 | 1.17 (0.48-2.83) | 24354 | 24 | 0.56 (0.25-1.23) | 16951 | 18 | 3.61 (1.06-12.28) |
| Q4 | 3154 | 6 | 19.34 (2.24-166.7) | 21424 | 24 | 0.83 (0.33-2.05) | 19088 | 25 | 1.17 (0.37-3.65) | 26813 | 33 | 0.82 (0.29-2.29) | 19410 | 17 | 2.07 (0.45-9.52) |
| Q5 | 3152 | 6 | 30.47 (2.71-342.1) | 21478 | 32 | 0.80 (0.28-2.33) | 18975 | 30 | 0.87 (0.23-3.25) | 26116 | 25 | 0.46 (0.13-1.56) | 20082 | 19 | 1.04 (0.18-5.98) |
| P-trend ^c | | 0.005 | | | | 0.50 | | | 0.80 | | | 0.21 | | | 0.81 |
| P-interaction ^d | | | | | | | | | | | | | | | 0.12 |
| Vitamin B3 | | | | | | | | | | | | | | | |
| Q1 | 5608 | 10 | 1.00 (ref) | 28539 | 45 | 1.00 (ref) | 19130 | 30 | 1.00 (ref) | 20758 | 32 | 1.00 (ref) | 15212 | 12 | 1.00 (ref) |
| Q2 | 3958 | 5 | 0.93 (0.28-3.08) | 26021 | 47 | 0.99 (0.63-1.57) | 20162 | 24 | 0.61 (0.34-1.10) | 23760 | 29 | 0.78 (0.45-1.36) | 15821 | 15 | 1.19 (0.51-2.78) |
| Q3 | 3617 | 3 | 0.93 (0.17-5.04) | 24507 | 33 | 0.47 (0.24-0.91) | 20135 | 20 | 0.47 (0.21-0.66) | 24313 | 31 | 0.74 (0.36-1.49) | 17213 | 10 | 0.32 (0.08-1.23) |
| Q4 | 3132 | 5 | 1.72 (0.15-19.3) | 21957 | 24 | 0.35 (0.14-0.87) | 19496 | 20 | 0.51 (0.24-0.76) | 26379 | 24 | 0.44 (0.16-1.18) | 18935 | 14 | 0.21 (0.04-1.06) |
| Q5 | 3005 | 5 | 2.33 (0.17-32.9) | 21071 | 28 | 0.25 (0.12-0.75) | 18893 | 32 | 0.45 (0.14-0.65) | 26646 | 30 | 0.55 (0.18-1.65) | 20257 | 23 | 0.31 (0.05-1.75) |
| P-trend ^c | | 0.60 | | | | 0.01 | | | 0.008 | | | 0.27 | | | 0.33 |
| P-interaction ^d | | | | | | | | | | | | | | | 0.93 |

Supplementary Table 4. Continued

| Nutrient ^a | 0 N=19,320 (cases: 28) | | | < 1 per week N=122,095 (cases: 177) | | | 1-2 per week N=97,816 (cases: 126) | | | 3-4 per week N=121,856 (cases: 146) | | | 5+ per week N=87,438 (cases: 74) | | |
|---------------------------------|---------------------------|-------|--------------------------|--|-------|--------------------------|---------------------------------------|-------|--------------------------|--|-------|--------------------------|-------------------------------------|-------|--------------------------|
| | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b | Total N | Cases | HR (95% CI) ^b |
| Vitamin B6 | | | | | | | | | | | | | | | |
| Q1 | 5791 | 12 | 1.00 (ref) | 31398 | 43 | 1.00 (ref) | 20248 | 29 | 1.00 (ref) | 19138 | 28 | 1.00 (ref) | 12937 | 12 | 1.00 (ref) |
| Q2 | 3788 | 3 | 0.19 (0.04-0.82) | 25245 | 43 | 1.50 (0.91-2.45) | 20037 | 23 | 0.95 (0.50-1.79) | 24224 | 31 | 1.40 (0.77-2.55) | 16320 | 11 | 0.63 (0.25-1.59) |
| Q3 | 3792 | 3 | 0.13 (0.02-0.87) | 24217 | 39 | 2.23 (1.12-4.42) | 19870 | 18 | 1.18 (0.46-3.00) | 24507 | 27 | 1.63 (0.73-3.62) | 17302 | 11 | 0.81 (0.24-2.73) |
| Q4 | 3108 | 6 | 0.24 (0.02-2.81) | 21638 | 24 | 2.39 (0.88-6.44) | 19501 | 25 | 2.53 (0.71-8.99) | 26893 | 33 | 3.34 (1.10-10.13) | 18757 | 15 | 1.41 (0.27-7.38) |
| Q5 | 2841 | 4 | 0.07 (0.01-1.36) | 19597 | 28 | 2.76 (0.79-9.63) | 18160 | 31 | 3.82 (0.84-17.18) | 27094 | 27 | 2.54 (0.67-9.62) | 22122 | 25 | 3.31 (0.51-21.30) |
| P-trend ^c | | | 0.11 | | | 0.04 | | | 0.10 | | | 0.10 | | | 0.36 |
| P-interaction ^d | | | | | | | | | | | | | | | 0.13 |
| Vitamin B12 | | | | | | | | | | | | | | | |
| Q1 | 4775 | 7 | 1.00 (ref) | 25680 | 43 | 1.00 (ref) | 18521 | 22 | 1.00 (ref) | 22834 | 34 | 1.00 (ref) | 17694 | 13 | 1.00 (ref) |
| Q2 | 4210 | 6 | 0.70 (0.20-2.47) | 27066 | 35 | 0.83 (0.50-1.36) | 20378 | 21 | 0.84 (0.43-1.61) | 22888 | 30 | 1.07 (0.61-1.85) | 15040 | 8 | 0.54 (0.21-1.44) |
| Q3 | 3700 | 3 | 0.31 (0.06-1.70) | 24349 | 38 | 1.18 (0.65-2.11) | 20078 | 24 | 1.25 (0.58-2.72) | 24367 | 28 | 0.84 (0.40-1.73) | 17276 | 15 | 1.05 (0.36-3.10) |
| Q4 | 3243 | 7 | 0.99 (0.16-6.23) | 22434 | 21 | 1.01 (0.45-2.27) | 19447 | 23 | 1.52 (0.56-4.09) | 26243 | 22 | 0.58 (0.22-1.49) | 18497 | 17 | 1.51 (0.40-5.66) |
| Q5 | 3392 | 5 | 0.50 (0.06-4.22) | 22566 | 40 | 1.97 (0.85-4.59) | 19392 | 36 | 2.16 (0.74-6.32) | 25524 | 32 | 1.06 (0.38-2.94) | 18931 | 21 | 1.81 (0.41-7.92) |
| P-trend ^c | | | 0.66 | | | 0.22 | | | 0.14 | | | 0.96 | | | 0.40 |
| P-interaction ^d | | | | | | | | | | | | | | | 0.76 |
| Methyl-donor index ^e | | | | | | | | | | | | | | | |
| Q1 | 5663 | 8 | 1.00 (ref) | 31264 | 40 | 1.00 (ref) | 19667 | 22 | 1.00 (ref) | 19994 | 27 | 1.00 (ref) | 12729 | 9 | 1.00 (ref) |
| Q2 | 3814 | 4 | 0.56 (0.16-1.95) | 25061 | 47 | 1.20 (0.77-1.88) | 20336 | 28 | 1.19 (0.66-2.15) | 24018 | 26 | 0.77 (0.44-1.34) | 16511 | 11 | 0.98 (0.39-2.43) |
| Q3 | 3843 | 5 | 0.91 (0.25-3.28) | 24676 | 35 | 0.91 (0.52-1.57) | 19906 | 18 | 0.80 (0.38-1.68) | 24490 | 27 | 0.91 (0.48-1.70) | 16818 | 17 | 1.48 (0.56-3.89) |
| Q4 | 3091 | 5 | 1.59 (0.35-7.31) | 21342 | 25 | 0.70 (0.36-1.37) | 19495 | 25 | 1.25 (0.55-2.82) | 26558 | 35 | 1.30 (0.63-2.68) | 19445 | 17 | 1.32 (0.42-4.11) |
| Q5 | 2909 | 6 | 1.61 (0.30-8.59) | 19752 | 30 | 0.81 (0.41-1.63) | 18412 | 33 | 1.73 (0.74-4.03) | 26796 | 31 | 1.08 (0.49-2.41) | 21935 | 20 | 1.53 (0.46-5.04) |
| P-trend ^c | | | 0.48 | | | 0.36 | | | 0.15 | | | 0.62 | | | 0.49 |
| P-interaction ^d | | | | | | | | | | | | | | | 0.74 |

Abbreviations: HR, hazard ratio; CI, confidence interval; N/A, not applicable; Q1–Q5, calorie-adjusted quintiles of micronutrients intake

^aTotal intake was computed as diet plus supplement use. Each micronutrient was adjusted for total calories intake by the residual method. Quintiles were created from intake values at baseline and categorized based on distribution in the entire cohort using the 20th, 40th, 60th, and 80th percentile values as cut points.

^bAll models adjusted for age (continuous), sex, race/ethnicity (White, Black, Hispanic, other), diabetes (yes, no), smoking status (never, former, current), alcohol use (<1, 1-3, >3 drinks/day), total calorie intake (continuous), body mass index (<25, 25-29, ≥30 kg/m²), education level (<high school, high school graduate, some college/post-high school education, college graduate/post-graduate), multivitamin use (yes, no), red meat intake (0-23, 24-41, 42-63, 64-99, >99 grams/day), and the healthy eating index scores (10-59, 60-66, 67-71, 72-76, >76)

^cP-trend were calculated by treating the quintile variable as a continuous variable

^dMethionine intake levels were based on dietary intake only because data on supplemental use was not available

^eA separate model was fitted for the methyl-donor index, adjusting for the factors listed in ^b.