Table S5. The detailed results of network meta-analysis for stiffness (Data are standardised mean difference, from the top left to the bottom right, higher comparator vs lower comparator, and their related 95% CI)

MSCs				
0.13 (-0.88 to 1.14)	PRP			
0.68 (-0.21 to 1.57)	0.55 (0.05 to 1.04)	НА		
1.24 (0.10 to 2.37)	1.10 (0.23 to 1.97)	0.55 (-0.17 to 1.28)	GCs	
1.02 (0.11 to 1.94)	0.89 (0.27 to 1.51)	0.34 (-0.09 to 0.77)	-0.21 (-0.98 to 0.56)	Pl