

## Supplemental Online Content

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This supplemental material has been provided by the authors to give readers additional information about their work.

## eMethods 1. Search strategy for Ovid MEDLINE(R) ALL (1946 to March 02, 2018).

Search conducted March 5, 2018.

1	exp Primary Health Care/
2	General Practice/
3	Family Practice/
4	General Practitioners/
5	Physicians, Primary Care/
6	Physicians, Family/
7	Primary Care Nursing/
8	Community Health Services/
9	Ambulatory Care Facilities/
10	Ambulatory Care/
11	Internal Medicine/
12	internal medicine.tw.
13	((primary or ambulatory or community) adj3 care).tw.
14	((primary or ambulatory or community) adj3 healthcare).tw.
15	((primary or ambulatory or community) adj3 health service\$.tw.
16	(primary adj3 provider\$.tw.
17	((general or ambulatory or primary or family) adj3 pract\$.tw.
18	generalist\$.tw.
19	gp.tw.
20	gps.tw.
21	family health\$.tw.
22	family medicine.tw.
23	family physician\$.tw.
24	family doctor\$.tw.
25	aboriginal health centre\$.tw.
26	community health center\$.tw.
27	community health centre\$.tw.
28	centre local de services.tw.
29	clscs.tw.
30	communautaire\$.tw.
31	community service center\$.tw.
32	community service centre\$.tw.
33	(nurse adj3 led clinic\$.tw.
34	outpost nursing station\$.tw.
35	or/1-34

36	Patient Care Team/
37	Cooperative Behavior/
38	interprofessional relations/
39	interdisciplinary communication/
40	physician-nurse relations/
41	Group Processes/
42	interprofessional\$.af.
43	inter-professional\$.af.
44	interdisciplinary.tw.
45	inter-disciplinary.tw.
46	multidisciplinary.tw.
47	multi-disciplinary.tw.
48	transdisciplinary.tw.
49	trans-disciplinary.tw.
50	cross-disciplinary.tw.
51	multiprofessional\$.tw.
52	multi-professional\$.tw.
53	transprofessional\$.tw.
54	trans-professional\$.tw.
55	team\$.tw.
56	collaborat\$.tw.
57	shared care.tw.
58	(shared adj3 appointment\$.tw.
59	or/36-58
60	triple aim.tw.
61	(35 and 59) or 60
62	exp Hypertension/
63	hypertens\$.tw.
64	Blood Pressure/
65	blood pressure.tw.
66	bloodpressure.tw.
67	Prehypertension/
68	prehypertension.tw.
69	systolic.tw.
70	diastolic.tw.
71	exp DIABETES MELLITUS/
72	diabet\$.tw.
73	glucose intolerance.tw.

74	insulin resistance.tw.
75	IDDM.tw.
76	NIDDM.tw.
77	T2DM.tw.
78	T1DM.tw.
79	or/62-78
80	61 and 79
81	limit 80 to yr="2013 -Current"
82	limit 81 to english language

## eMethods 2. Meta-analysis supplemental materials

The general procedure used was to enter the data into CMA spreadsheet based on the data reported. The tabs at the bottom of the page provide information on the types of data formats that can be used. For any study reporting CI's without SD's, the SD was calculated from the CI interval using the following procedure: Calculate total width of CI, divide by 3.92, and multiply by the square root of N.

The data was used from only one arm in 2 studies, Chwastiak, 2017, and Deichmann, 2013 and were classified as pre-post studies.

Study name	Data format	Treatment Pre Mean	Treatment Pre SD	Treatment Post Mean	Treatment Post SD	Treatment Sample size	Control Pre Mean	Control Pre SD	Control Post Mean	Control Post SD	Control Sample size	Pre Post correlation	Effect direction
1 AAAlamry, 2013	Paired groups (means, SD)												
2 ABacelo, 2010	Means, p in each group												
3 ABelue, 2014	Paired groups (means, SD)												
4 ABray, 2013	Means, SD in each group	7.900	2.100	7.400	1.600	368	7.900	2.200	7.700	1.900	359	0.400	Negative Po
5 AChwastiak, 2017	Mean change, SD difference in each group												
6 AChwastiak, 2017pp	Paired groups (difference, p)												
7 ACohen, 2011	Mean change, SD difference in each group												
8 ACollen, 2014	Paired groups (means, SD)												
9 ACuello-Marciano, 2013	Means, SD in each group	10.200	2.200	9.100	2.400	39	9.400	2.300	9.600	2.300	39	0.400	Negative Po
10 ADeichmann, 2013	Means, SD in each group	8.400	2.200	7.200	1.500	121	7.130	1.300	7.020	1.100	95	0.400	Negative Po
11 ADeichmann, 2013pp	Paired groups (means, SD)												
12 ADePue, 2013	Means, SD in each group	9.800	2.200	9.300	2.000	104	9.600	2.200	10.000	2.300	164	0.400	Negative Po
13 AEdelman, 2010	Independent groups (difference, SD)												
14 AFamk, 2013	Paired groups (means, p)												
15 AGilstrap, 2013B	Paired groups (means, p)												
16 AGoyer, 2013	Independent groups (means, SD's)												
17 AHasrabala, 2015	Paired groups (means, p)												
18 ALiao, 2014	Mean change, SD difference in each group												
19 ALiou, 2014	Means, SD in each group	8.300	1.200	7.600	1.100	54	8.100	1.200	8.100	1.300	41	0.400	Negative Po
20 AMAntos, 2004	Means, SD in each group	11.600	1.300	9.800	1.900	48	11.100	1.100	10.800	1.500	34	0.400	Negative Po
21 AMajumdar, 2003	Cohort 2x2 (E-vent)												
22 AMartin, 2015	Paired groups (means, p)												
23 AMohtar, 2016	Paired groups (means, SD)												
24 ANagepkek, 2018	Paired groups (means, p)												
25 AParker, 2016	Means, SD in each group	10.500	2.140	9.750	2.400	32	8.300	2.010	8.270	1.950	45	0.400	Negative Po
26 APerez-Nieto, 2011	Mean change, SD difference in each group												
27 AProvost, 2017	Matched 2x2 (All cells)												
28 ARanti, 2016	Means, SD in each group	8.400	1.950	8.300	1.950	471	8.400	1.830	8.500	2.040	417	0.400	Negative Po
29 ASchouten, 2010	Means, SD in each group	7.500	1.300	7.200	1.200	607	7.500	1.200	7.200	1.200	1254	0.400	Negative Po
30 ASingh-Franco, 2013	Paired groups (means, p)												
31 ATang, 2013	Means, SD in each group	9.240	1.950	8.100	1.680	202	9.280	1.740	8.330	1.810	213	0.400	Negative Po
32 ATaylor, 2010	Means, SD difference in each group												

The next step was to select the model to be used, random or fixed, and examine the data output to be used for the forest plot.

Model	Study name	Total N	Std diff in means	Standard error	Variance	Lower limit	Upper limit	Z-Value	p-Value
Fixed	AAAlamry, 2013	41	-0.798	0.196	0.039	-1.183	-0.413	-4.064	0.000
Random	ABacelo, 2010	307	0.133	0.119	0.014	-0.365	0.100	-1.119	0.263
Random	ABelue, 2014	98	-0.033	0.117	0.014	-0.262	0.196	-0.284	0.776
Random	ABray, 2013	727	-0.171	0.074	0.006	-0.317	-0.025	-2.301	0.021
Random	AChwastiak, 2017	148	-0.221	0.083	0.007	-0.384	-0.058	-2.657	0.008
Random	ACohen, 2011	99	-0.172	0.201	0.041	-0.566	0.223	-0.852	0.394
Random	ACollen, 2014	95	-0.303	0.141	0.020	-1.179	-0.627	-4.405	0.000
Random	ACuello-Ma, 2013	78	-0.553	0.231	0.053	-1.005	-0.101	-2.397	0.017
Random	AEdelman, 2010	121	-0.649	0.110	0.012	-0.864	-0.434	-5.924	0.000
Random	ADePue, 2013	268	-0.320	0.126	0.016	-0.567	-0.073	-2.536	0.011
Random	AEdelman, 2010	229	-0.335	0.137	0.019	-1.203	-0.666	-4.821	0.000
Random	AFamk, 2013	1032	-0.103	0.031	0.001	-0.164	-0.042	-3.291	0.001
Random	AGilstrap, 2013B	43	-0.411	0.159	0.025	-0.723	-0.100	-2.591	0.010
Random	AGoyer, 2013	98	-0.259	0.203	0.041	-0.657	0.138	-1.278	0.201
Random	AHasrabala, 2015	148	-0.200	0.083	0.007	-0.363	-0.038	-2.413	0.016
Random	ALiao, 2014	2144	0.195	0.043	0.002	-0.280	-0.110	4.507	0.000
Random	ALiou, 2014	95	-0.588	0.211	0.045	-1.003	-0.174	-2.781	0.005
Random	AMAntos, 2004	82	-0.842	0.234	0.055	-1.299	-0.384	-3.603	0.000
Random	AMajumdar, 2003	207	0.164	0.212	0.045	-0.253	0.580	0.771	0.441
Random	AMartin, 2015	19	-0.794	0.269	0.073	-1.312	-0.256	-2.909	0.004
Random	AMohtar, 2016	89	-0.042	0.116	0.013	-0.270	0.185	-0.362	0.718
Random	ANagepkek, 2018	221	-0.064	0.067	0.005	-0.196	0.068	-0.943	0.345
Random	AParker, 2016	77	0.334	0.233	0.054	-0.791	0.122	-1.437	0.151
Random	APerez-Nieto, 2011	63	-0.806	0.262	0.069	-1.320	-0.292	-3.076	0.002
Random	AProvost, 2017	992	-0.156	0.042	0.002	-0.239	-0.074	-3.722	0.000
Random	AFamk, 2013	888	-0.100	0.067	0.005	-0.232	0.032	-1.482	0.136
Random	ASchouten, 2010	1861	0.000	0.049	0.002	-0.097	0.097	0.000	1.000
Random	ASingh-Franco, 2013	114	-0.236	0.096	0.009	-0.484	-0.109	-3.097	0.002
Random	ATang, 2013	415	-0.109	0.089	0.010	-0.301	0.084	-1.106	0.269
Random	ATavelia, 2010	109	-0.634	0.197	0.039	-1.020	-0.249	-3.225	0.001
Random	ATaylor, 2010	39	-0.540	0.326	0.106	-1.180	0.099	-1.657	0.097

The moderator variable was identified (baseline A1C group) and applied to the analysis. No mean baseline mean HA1c was provided in Provost, 2017. The study was included in the <8 group because 63% of the sample had an HA1c less than 7. A weighted mean for baseline A1C was calculated for each A1C group.



**eTable. Characteristics of the studies not included in the meta-analysis**

Source	Study design	Setting	Total No. <sup>a</sup>	Age mean (SD), y	% Male	Duration, months	Outcome measures	Team members (No. of professions in team) <sup>b</sup>	Main ICP team features or process (name of intervention program/model if specified OR other notable specifics) <sup>c</sup>
<b>Randomized clinical trials (RCTs)</b>									
Hutchison et al, <sup>1</sup> 2014 United States	RCT <sup>d</sup>	Volunteer driven community health center	124	Not reported	Not reported	I: 24 + follow-up at 36	HbA <sub>1c</sub>	Physician/doct or of nursing practice; clinical pharmacist; NP; physician; students (pre-medical, pharmacy, nursing)	Students had team building activities; co-location
							SBP		
							DBP		
Katon et al, <sup>2</sup> 2004 United States	RCT <sup>d</sup>	Ambulatory care clinics	329	I: 58.6 (11.8)	I: 34.	12	HbA <sub>1c</sub>	Physician; nurse; psychologist; psychiatrist	CPA; co-location; shared EMR; face-to-face (Individualized-stepped-care depression treatment program) <sup>e,f,g</sup>
				C: 58.1 (12.0)	C: 35.2				
Lin et al, <sup>3</sup> 2014 United States	RCT <sup>d</sup>	Group health primary care clinics	214	I: 57.4 (10.5)	I: 52	12 + follow-up at 12	HbA <sub>1c</sub>	Physician; medical consultant; patients; psychiatric consultant; TEAMcare nurse care managers	Weekly case reviews; shared EMRs; co-location; face-to-face communication <sup>e,f,g,h</sup>
				C: 56.3 (12.1)	C: 44		SBP		
<b>Prospective cohort studies</b>									
Tobe et al, <sup>4</sup> 2014 Canada	Prospective cohort	Ambulatory care clinic/ center/ office	2855	64.5 (12.1)	44	9	SBP DBP	Physician; community pharmacists; nurse; NP	IP group educational sessions; shared EMRs; regular team meetings, teleconferences, email; face-to-face communication; practice-based tools <sup>e,f,g,h</sup>
<b>Retrospective cohort studies</b>									
De La Rosa et al, <sup>5</sup> 2020 United States	Retrospective cohort	Family Practice Center	119	I: 58 C: 59	Not reported	12	HbA <sub>1c</sub> BP	Physician; medical assistants; medical students; nursing students	Interactive teamwork led by attending physician with nursing students serving as case managers
Reiss-Brennan et al, <sup>6</sup> 2016 United States	Retrospective cohort	Health Systems Primary Care Clinics	113 452	56.1	39.81	36	HbA <sub>1c</sub> SBP DBP	Primary care physician; clinic managers; medical support staff; mental health specialists; nurse care managers	Shared EMR; co-location (also established protocols, knowledge of team roles, use of decision support tools, standard assessment.)

Prospective pre-post studies									
Fortuna, <sup>7</sup> 2015 United States	Prospective pre-post	Urban internal medicine practice	13404	Not reported	44.8	42	BP	Physician; pharmacist; nurse	Co-management by pharmacist (patient and physician education, self-management for medication adherence) and RN (intensive self-management education, BP monitoring, reports to physicians) <sup>f,i</sup>
Retrospective pre-post studies									
Otero-Sabogal et al, <sup>8</sup> 2010 United States	Retrospective pre-post	Community Health Center	114	35	30.70	Up to 24	HbA <sub>1c</sub> SBP DBP	Physician; CHW; social worker; CDEs (profession unspecified)	Group patient educational sessions; Transforming primary care practice to PCMH; shared-medical appointments or group visits; co-location; face-to-face communication (Healthfirst Model) <sup>e,f,g,h,i</sup>
Rossum et al, <sup>9</sup> 2017 United States	Retrospective pre-post	Group-model; 18 care systems and 172 clinics in rural, urban, suburban settings	3609	60 (12)	62	Mean (range): 11 (1-26)	HbA <sub>1c</sub> SBP DBP	Physician; care manager; psychiatrist	Weekly meeting for case reviews <sup>j</sup> ; co-location; telecommunication/telemedicine; electronic care management tracking system
Edward set al, <sup>10</sup> 2019 United States	Retrospective pre-post	Veteran Affairs primary care clinics	44527	I: 59.3 (15.2) C: 61.8 (15.3)	I: 83.6 C: 91.6	48	HbA <sub>1c</sub>	Physician; NP; pharmacist; psychologist trainees	IP education; shared EMRs; co-location (CoEPCE, an initiative designed to promote IP education)
Hull et al, <sup>11</sup> 2014 United Kingdom	Retrospective pre-post <sup>d</sup>	Networks of Ambulatory care practices	41210	Not reported	Not reported	36	HbA <sub>1c</sub>	General Practitioner; care coordinator; community-based diabetes specialist nurses; consultant diabetologist	Joint IP or group patient educational sessions; shared EMRs; co-location <sup>e,g,h</sup>

Abbreviations: CDE, board certified diabetes educator; CoEPCE, centers of excellence in primary care education; CPA, collaborative practice agreement; DBP, diastolic blood pressure; EMR, electronic medical record; HbA<sub>1c</sub>, hemoglobin A<sub>1c</sub>; ICP, interprofessional collaborative practice; IP, interprofessional; NP, nurse practitioner; PCMH, patient-centered medical home; RCT, randomized clinical trial; RN, registered nurse, SBP, systolic blood pressure; SD, standard deviation; TEAMcare, treatment, enhancement, activation, and motivation care.

<sup>a</sup> Total number of enrolled patients.

<sup>b</sup> First team member listed represents the primary care professional who served the gatekeeper functions of the "primary care provider".

<sup>c</sup> Data reported descriptively as each manuscript described/defined the interprofessional team/features/processes and based on the predetermined data extraction categories used in this systematic review.

<sup>d</sup> Patient-level.

<sup>e</sup> Patient education/counseling.

<sup>f</sup> Medication management.

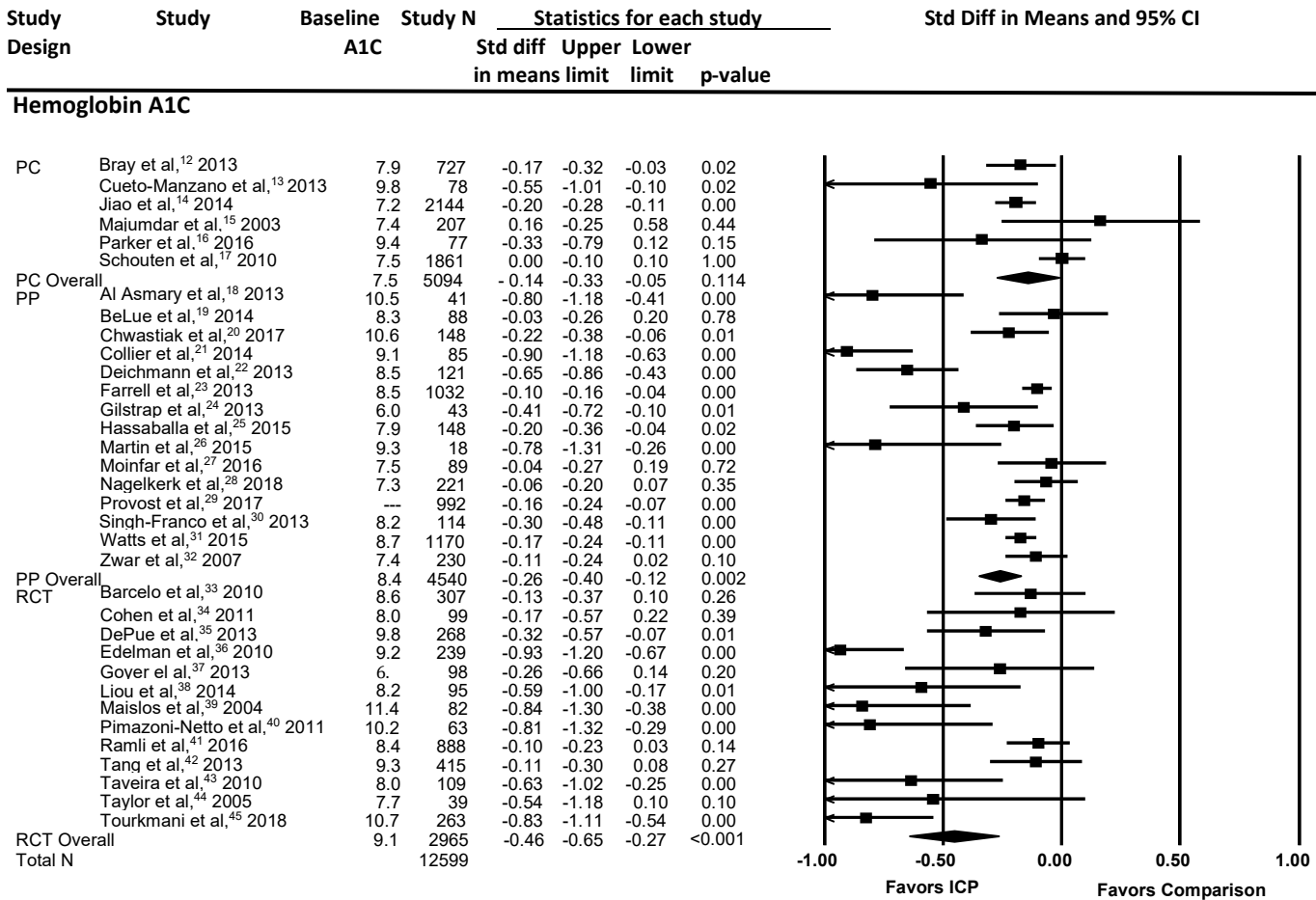
<sup>g</sup> Chronic disease management.

<sup>h</sup> Health promotion/disease prevention.

<sup>i</sup> Adherence support.

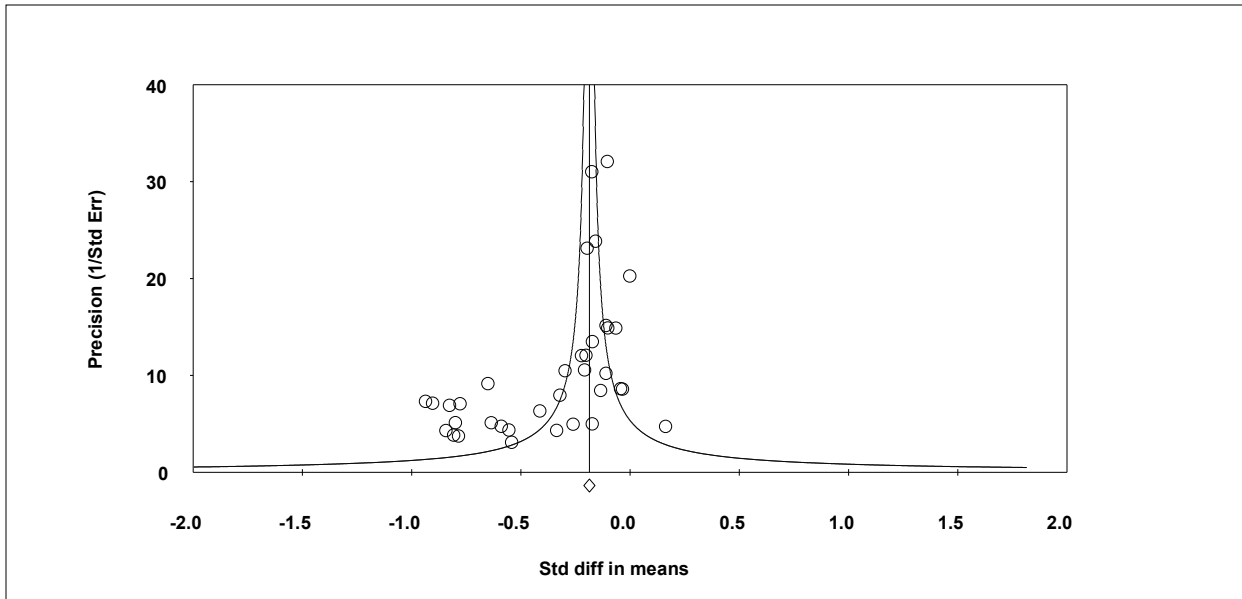
<sup>j</sup> Pre-post study comparing 2 independent groups before and after the intervention (before-and-after study).





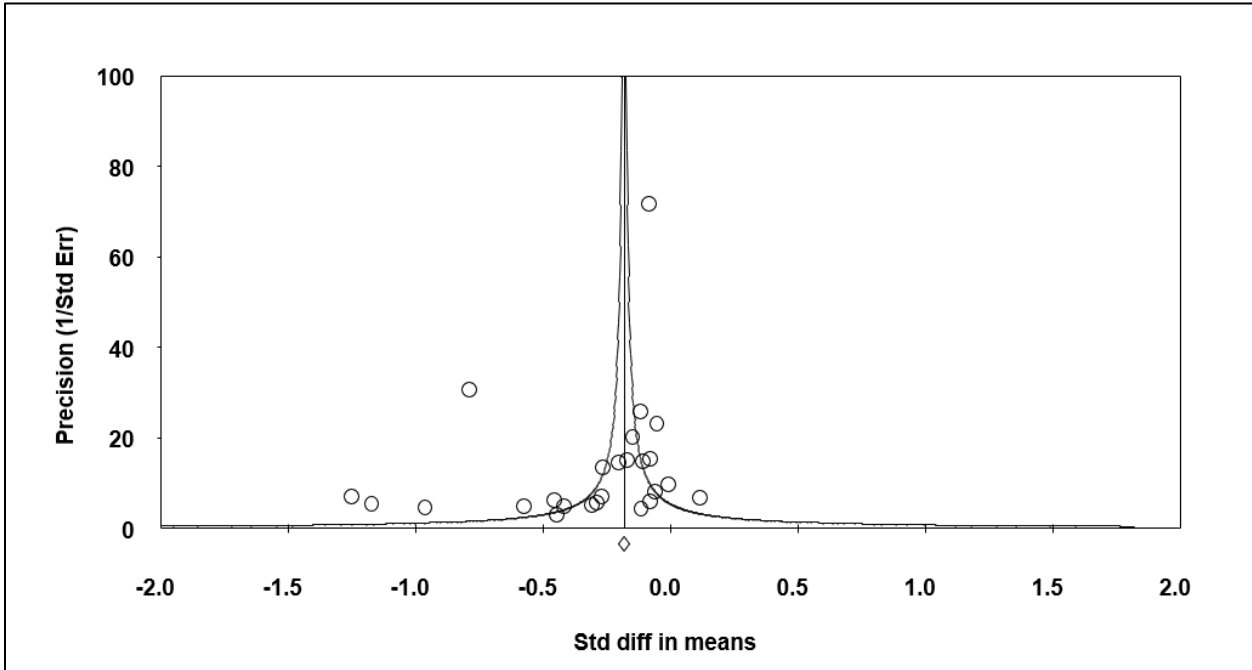
**Figure 1. Association of ICP with A1C stratified by study design**

Std diff = standard difference; CI = confidence interval; ICP = Interprofessional Collaborative Practice; PC = prospective cohort studies; PP = pre-post studies; RC = retrospective cohort study; RCT = randomized control trial; Total N for SBP=35,668; Total N for DBP=35,656; the overall SMD for SBP=-0.31, 95% CI, -0.46 to -0.17,  $p<0.001$ ; the overall SMD for DBP=-0.28, 95% CI, -0.42 to -0.14,  $p<0.001$ . For SBP, the SMD for the RC study was less than the SMD for PP studies ( $p=0.021$ ) and RCTs ( $p=0.015$ ) but not different from PC studies ( $p=0.286$ ). For DBP, the SMD for RC study was statistically less than for PP studies ( $<0.001$ ) and RCTs ( $p=0.006$ ), but not different from PC studies ( $p=0.387$ ). For both SBP and DBP there was no difference between the PC, PP, or RCT groups ( $p>0.270$ ). Heterogeneity  $I^2=95.4%$  for SBP and  $97.2%$  for DBP.



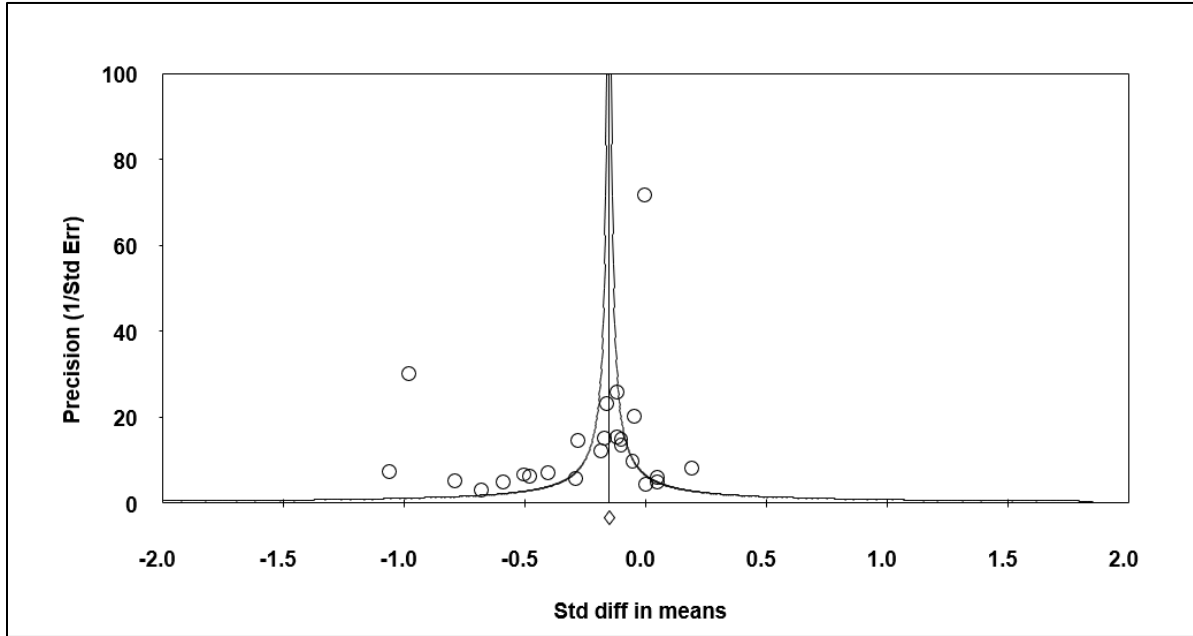
**eFigure 2. Funnel plot for hemoglobin A1C**

Std diff = standard difference; Std Err = standard error; The p-value for Kendall's tau was 0.002.



**eFigure 3. Funnel plot for systolic blood pressure**

Std diff = standard difference, Std Err = standard error. The p-value for Kendall's tau was 0.008, indicating that publication bias was likely present in this group of studies.



**eFigure 4. Funnel plot for diastolic blood pressure**

Std diff = standard difference, Std err = standard error. The p-value for Kendall's tau was 0.137, indicating that publication bias was not likely in this group of studies.

## eReferences

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