Characteristic	Category	n	%
Age, years, M (range)	31.42 (18-65)		
Gender	Female	24	63.2
	Male	14	36.8
GMFCS	I	12	31.6
	II	18	47.3
	III	9	21.1
Comorbidities	Cardiovascular Disease	1	2.6
	Hypertension	7	18.4
	Diabetes	2	5.3
	Arthritis	7	18.4
	Cancer	1	2.6
	Depression	10	26.3
	Anxiety	13	34.2
	Asthma	8	21.1
	Other	10	26.3
Education	Grade 12	12	31.6
	GED/certificate	4	10.5
	Associate	1	2.6
	BA	15	39.5
	MA	6	15.8
Living arrangements	Alone	8	21.1
	With family	23	60.5
	With friends	6	15.8
	Group home	1	2.6
Employment	Full time	8	21
	Part time	8	21
	Unemployed	22	58.0
Student status	Full time	7	18.4
	Part time	2	5.3
Community transportation	Drive independently	24	63.2
	Driven by someone else	24	63.2
	Bus	17	44.7
	Taxi	4	10.5
	Wheelchair	6	15.8
	Walk	18	47.4
Mobility aid	Walking aid	13	34.2
	Wheelchair	8	21.1