## Supplementary Information for:

## Spatially controlled octahedral rotations and metalinsulator transitions in nickelate superlattices

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## MATERIALS AND METHODS

**Sample growth and characterization.** The pulsed laser depositions were conducted using a relatively high laser fluence of 2 J/cm<sup>2</sup> to insure the right stoichiometry of NdNiO<sub>3</sub>.<sup>1</sup> The oxygen pressure and repetition rate were fixed at 0.2 mbar and 2 Hz, respectively. The substrate temperature was kept at 700 °C. After the deposition, the samples were in-situ annealed for 15 min to improve the crystallinity before cooling down to room temperature. The single terminated NdGaO<sub>3</sub> substrates were obtained by chemical etching with buffered HF, followed by annealing at 1050 °C for 2 hours in oxygen flow.<sup>2</sup> The X-ray diffractions were performed on PANalytical-X'Pert materials research diffractometer at the high-resolution mode. The surface morphology was characterized by atomic force microscopy. Transport properties were measured using a van der Pauw geometry on the Quantum Design physical property measurement system. The resistivities of the superlattices are calculated using the actual thickness of NdNiO<sub>3</sub> since the growth at high oxygen pressure produces insulating SrTiO<sub>3</sub> layers.

**Scanning transmission electron microscopy.** The characterization of the atomic structure was conducted using Cs-corrected scanning transmission electron microscopy high angle dark field imaging (STEM-HAADF) on the X-Ant-Em instrument at the University of Antwerp operated at 300kV, a convergence angle of 20 mrad and a collection angle of 44-190 mrad. The samples were cut along the orthorhombic [001] direction of NdGaO<sub>3</sub> substrates using a FEI Helios 650 dual-beam Focused Ion Beam device. Chemical mapping was performed using electron energy loss spectroscopy (EELS) on a Gatan Quantum ERS spectrometer with a collection angle of 85 mrad, an exposure time of 80 ms/pixel and a 0.5 eV/pixel dispersion in dual EELS mode. Raw data

is presented after power-law background subtraction. Further details can also be found here<sup>3</sup>

**Resonant magnetic diffraction.** The resonant magnetic diffraction experiments were performed using an in-vacuum 4-circle diffractometer with chamber pressure below  $10^{-9}$  Torr at the resonant elastic and inelastic X-ray scattering beamline at Canadian light source in Saskatoon, Canada. The beamline has a flux of  $5 \times 10^{12}$  photon s<sup>-1</sup> and energy resolution of  $10^{-4}$  eV. During the angular scan, the energy of the incident X-ray was set to 853.3 eV, which is at the Ni L<sub>3</sub> maximum.

**X-ray absorption spectroscopy.** The XAS experiments were performed at the X-Treme beamline of the Swiss Light Source.<sup>4</sup> The data were collected using the total electron yield mode, with incoming X-ray at an angle of 30° from the sample surface. The spectra shown in Figure 4 were obtained by averaging four successive spectra measured with  $\pi$  and  $\sigma$  linear polarizations.



**Figure S1.** (a) Typical RHEED intensity profile recorded during the growth of NNO/STO SL with n = 4. The RHEED patterns taken after the last NNO and STO layers are shown in (b) and (c), respectively.



Figure S2. AFM images of the NNO/STO SLs with n = 2, 4, 7 and 8. The step-terrace surface confirms the high crystalline ordering of our samples.



**Figure S3.** RSMs around pseudocubic (013), (103), (0-13), and (-103) reflections measured from the NNO/STO SLs with n = 6 (a) and n = 3 (b). Both SLs share the same  $Q_X$  value with the NGO substrates, indicative of their coherently strained state. The four reflections show the same  $Q_Z$  value for both SLs with n = 6 and n = 3, attesting to their tetragonal symmetry.



**Figure S4.** Low-magnification STEM images of NNO/STO SLs with n = 4 (a) and n = 8 (b). The atomically resolved EELS mappings of Ni (green), Nd (purple), Sr (yellow) and Ti (red) are shown on the right side, along with the annular dark filed (ADF) images.



**Figure S5.** Fittings of the metallic resistivity for the SLs with  $n \ge 3$  to a power law  $\rho = \rho_0 + A * T^{\alpha}$ . The exponent  $\alpha$  is determined as described in Ref. 5.



**Figure S6.** Fitting of the resistivity of the n = 2 SL to the 2D-VRH mechanism,  $\rho = \rho_0 \exp[(T_0/T)^{1/3}]$ . Here  $T_0$  is derived as  $4.75 \times 10^4$  K. The mean hopping energy estimated by  $E_0 = 1/3k_{\rm B}T^{2/3}T_0^{1/3}$  is larger than  $k_{\rm B}T$  in the fitting temperature range, validating the use of a 2D-VRH model.<sup>6</sup> Such a conduction mechanism can persist to relatively high temperature because of the possible polaron-assisted electron hopping.<sup>7</sup>



**Figure S7.** (a) Enlarged view of the temperature dependent resistivity curve for the n = 2 SL to highlight the anomaly around ~68 K. (b) Isothermal rocking curves around  $q = (\frac{1}{4}, \frac{1}{4}, \frac{1}{4})_{pc}$  reflection of the n = 2 SL measured by x-ray resonant magnetic diffraction.



**Figure S8.** RSMs of the (103) reflection measured at four successive  $\varphi$  angles for the n = 5 SLs grown on NGO (001)<sub>pc</sub> (a), LSAT (001) (b) and STO (001) (c).

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