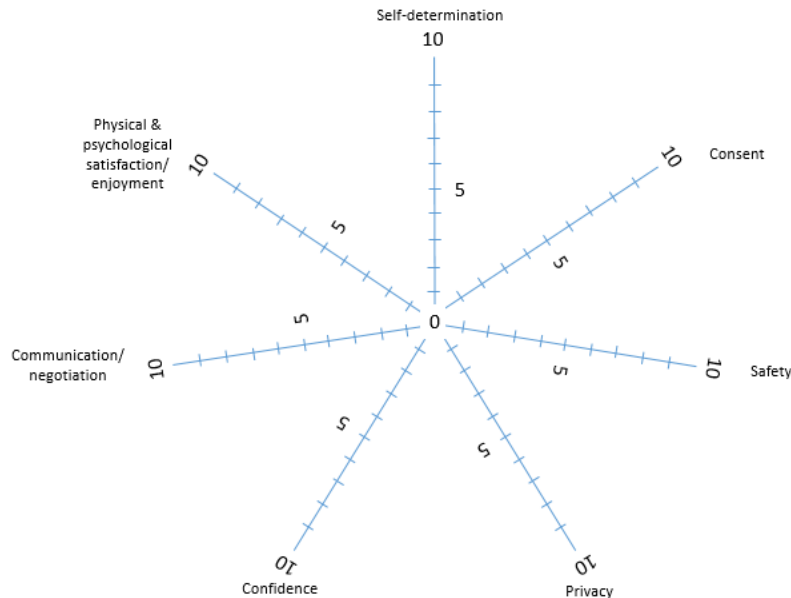


**Supplementary Material #1.**

**Step #1 of the *Pleasuremeter*: Scoring.**

Think about all your sexual relationships in the last 12 (3 or 6) months and answer the following questions:						
Physical and psychological satisfaction or enjoyment (Sexual pleasure)	Self-determination	Consent	Safety	Privacy	Confidence	Communication/negotiation
From 1 to 10 (or 1 to 5), how much did you enjoy (or how satisfied you were with or how much pleasure did you have with) your sexual experiences?	From 1 to 10, how free did you feel to make choices regarding your sexuality?	From 1 to 10, of all the things you did with your sexual partner(s), how many did you consent to?	From, 1 to 10, how safe did you feel in your sexual relationships?	From 1 to 10, how much privacy did you have in your sexual encounters?	From 1 to 10, how confident did you feel to express yourself with your partner(s)?	From 1 to 10, how would you rate the quality of your communication and negotiation (of what you wanted and didn't want to do) with your partner(s)?

**Spider-web diagram to document the scores provided by the client:**



Source: *The Global Advisory Board (GAB) for Sexual Health and Wellbeing, 2018*  
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Antón Castellanos-Usigli & Doortje Braeken-van Schaik (2019) The Pleasuremeter: exploring the links between sexual health, sexual rights and sexual pleasure in sexual history-taking, SRHR counselling and education, *Sexual and Reproductive Health Matters*, 27:1, 1-3, DOI: [10.1080/26410397.2019.1690334](https://doi.org/10.1080/26410397.2019.1690334)