

Supplementary Table 2. Red blood cell DHA concentration at baseline and post intervention in the Mommy’s Food trial participants.

	RBC DHA (µg/g)		Difference between groups post intervention	
	Baseline	Post	Crude	Adjusted
	Mean (SD)	Mean (SD)	<i>p</i> -value ^a	<i>p</i> -value ^b
Control (n= 55)	136 (24)	137 (41)	<i>0.13</i>	<i>0.09</i>
Intervention (n= 61)	140 (37)	149 (39)		

^a Independent sampled t-test for comparison of log transformed values. ^b One-way analysis of covariance (ANCOVA) for comparison of differences between control and intervention group adjusted for pre DHA (µg/g). Abbreviations: DHA, docosahexaenoic acid; RBC, red blood cell.