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5 Social groups with diverse personalities mitigate physiological
6 stress in a songbird

7 Csongor I. Vágási^{1,2,†}, Attila Fülöp^{3,4,†}, Gergely Osváth^{1,2,5}, Péter L. Pap^{1,2}, Janka
8 Péntzes¹, Zoltán Benkő^{1,6}, Ádám Z. Lendvai² and Zoltán Barta³

9

10 2. Material and methods

11 (a) Study protocol

12 The study is based on a large sample of 240 house sparrows. We caught 40 sparrows during each
13 study replicate (1:1 sex ratio). Sparrows were caught with mist nets at a cattle farm near Bălcaciu
14 village, central Transylvania, Romania (46°11'N, 24°3'E) during six capture sessions (9
15 November 2014, 5 December 2014, 5 January 2015, 23 January 2015, 10 February 2015, and 28
16 February 2015). Upon capture (day 0), birds were marked with an aluminium ring, and their sex
17 and body mass (± 0.1 g) was recorded. The birds were transported to the campus of the Babeş-
18 Bolyai University, Cluj-Napoca (46°46'N, 23°33'E) and housed in indoor aviaries for 18 days.

19

20 (b) Study timeline

21 The study timeline was the same for all six replicates. We let the birds to habituate to captivity on
22 the day of capture (day 0) and the next two days (days 1–2). They were housed in four indoor
23 aviary rooms (3 m length × 2 m width × 2.5 m height) in which the birds were distributed
24 randomly in groups of equal sizes (10 birds in each room). The aviary rooms were visually
25 separated from each other. To assess the exploratory behaviour of birds in a novel environment,
26 we first transferred them into individual cages in the morning of day 3 and let them to habituate
27 for two days (days 3–4), then tested for exploration on days 5–7 (see below the details). Day 8
28 was a resting day. At day 9, we measured the body mass and tarsus length (± 0.01 mm) of the
29 birds, and took the pre-treatment blood sample (150–200 μ L; see below the methods). Then the
30 birds were allocated according to an *a priori* defined protocol into one of four social treatment
31 groups of 10 birds each (see below). These four social groups of 10 birds in each of the six study
32 replicates were housed in the same four adjacent aviary rooms as mentioned above. Each social
33 group had an even or quasi-even sex ratio (table S1). The social treatment period lasted nine days
34 until day 18, when we measured again the body mass and took a second blood sample to measure
35 the post-treatment physiological condition. On the same day, we released the birds at the site of
36 capture.

37

38 **Table S1.** Sex ratio as shown by the sample sizes per each sex (F – female, M – male) per each
 39 experimental group per each study replicate. Each group was formed by 10 birds during each
 40 study replicate totalling 40 birds per study replicate and 240 birds for the entire study.

	social treatment group							
	random		variable		low		high	
	F	M	F	M	F	M	F	M
replicate #1	4	6	5	5	6	4	5	5
replicate #2	6	4	6	4	4	6	4	6
replicate #3	5	5	3	7	7	3	5	5
replicate #4	5	5	3	7	7	3	5	5
replicate #5	7	3	4	6	5	5	4	6
replicate #6	7	3	4	6	5	5	4	6

41

42 (c) Housing and ethical note

43 Birds were transported within max. 4 h from capture into aviaries. To increase the sparrow’s
 44 comfort, aviaries were enriched with several perches and one nest box per bird for resting, hiding
 45 and roosting, and a water tank was full-time available for bathing. The artificial photoperiod was
 46 identical to the natural day–night cycle throughout. Birds were fed *ad libitum* with a seed mixture
 47 consisting of ground corn, barley, millet and sunflower, and this diet was supplemented with one
 48 grated boiled egg per aviary room every other day [1,2]. Fresh drinking water was provided on a
 49 daily basis. None of the birds died during the study and all of them were released at the site of
 50 capture in good health.

51

52 (d) Exploratory behaviour

53 When transferred into individual cages (day 3), birds were randomly ordered from 1 to 40 and
 54 split into three clusters (first 13, next 14, and last 13 birds). Their exploration test was performed

55 according to this 1–40 order on days 5–7 (one cluster was tested each day). We recorded
56 exploratory behaviour as a well-established axis of personality following the novel environment
57 test of Dingemanse et al. [3]. Sparrows were deprived of food and water for 1 h before the novel
58 environment test started. Their cage was moved to the test room 10 min before the test run and
59 was covered with a dark curtain, so birds were left to calm down in complete darkness and
60 quietness before the test run. The birds entered the test room from their cage through a sliding
61 door after being startled by knocking the wall of the cage, but without being handled or seeing
62 any person. They were tested alone by spending 10 min in the test room (3 m length \times 2 m width
63 \times 2 m height) that contained four artificial wooden trees with four branches each and arranged
64 symmetrically within the test room. Exploratory behaviour was video recorded through a one-
65 way window with a hand-held video camera (Panasonic HC-V510) between 09:00 and 16:00
66 (schedule of the test runs: 09:00, 09:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30, 13:00, 13:30,
67 14:00, 14:30, 15:00, and 15:30) by the same person (A.F.). Exploratory score is the total number
68 of hops (performed either on the trees or on the ground) and flights during the 10-min test. The
69 exploratory behaviour was scored by the same person (Z.Be.).

70 An additional set of 40 birds that were not involved in the social experiment were
71 assessed thrice for their exploratory behaviour in the same novel environment as the 240
72 experimental birds in order to verify whether this behavioural trait is consistent in time, a
73 prerequisite of personality traits. The timeline and housing condition for these 40 birds were
74 identical with those 240 birds that were involved in the six study replicates (i.e. they were housed
75 under the same conditions and spent the same number of days before the first test and between
76 the consecutive tests). Consistency of the exploratory behaviour was measured by calculating
77 individual repeatability (i.e. separating variation in exploratory score into a within-individual and

78 an among-individuals component) using a linear mixed-effects model (R package ‘rptR’ [4]) as
79 per Nakagawa and Schielzeth [5]. Exploration score was first $\log(x+1)$ -transformed and then Z-
80 transformed (i.e. scaled to mean = 0 and standard deviation = 1; [6]). We first built a full model
81 in which exploration score was the dependent variable with sex (male/female), exploration test
82 repeat (first/second/third), aviary room (from one to four) where the birds were kept between test
83 repeats, and their second-order interaction were entered as potential confounding fixed effects,
84 and individual’s ID, test day (three test days; see above), and the novel environment test order
85 (1–40) nested within test day were entered as random factors. The minimal model was obtained
86 by sequentially dropping all the non-significant fixed predictors from the full model until only
87 significant effects remained. Individuals were significantly consistent in their exploratory
88 behaviour across the three exploration test repeats in both the full model and minimal model (full
89 model: $R = 0.472$, s.e. = 0.098, 95% confidence interval = 0.305–0.687, $p < 0.001$; minimal
90 model: $R = 0.416$, s.e. = 0.099, 95% confidence interval = 0.200–0.588, $p < 0.001$).

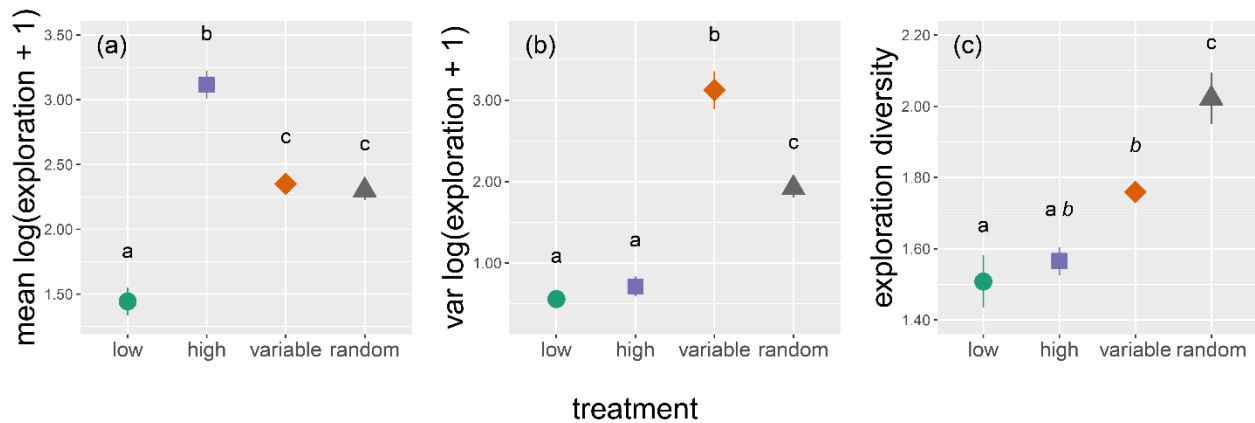
91

92 (e) Social treatment

93 The social treatment consisted of creating four groups that differed in personality composition:
94 ‘random’ (random subsample of birds of a given replicate), ‘variable’ (equal mixture of birds
95 with either low or high exploration scores), ‘low-exploratory’ (only birds with low scores), and
96 ‘high-exploratory’ (only birds with high scores). For this, we first ranked the 40 birds of each
97 study replicate according to their exploration score in an increasing order (i.e. rank #1 is the least
98 exploratory bird). The ‘random’ group was set up by forming 10 quartets along this rank order
99 (i.e. first quartet consisting of birds ranking #1–4 and the last quartet of birds ranking #37–40),
100 randomizing the order within each quartet, and then choosing the first bird from each quartet. The

101 ‘variable’ group was set up by reordering the remaining 30 birds, forming 15 duos along this rank
 102 order, randomizing the order of birds within each duo, and choosing the first bird from the first
 103 five and the last five duos. The remaining 20 birds were reordered once again and the first 10
 104 birds along this exploration rank order formed the ‘low-exploratory’ group, while the last 10
 105 birds formed the ‘high-exploratory’ group. The goodness of this protocol was *a priori* assessed
 106 by generating 40 random exploration scores with uniform, normal or exponential distribution.
 107 The group formation protocol worked for each of the three distribution types as the four groups
 108 the protocol created differed both according to mean and to variance of exploration scores.

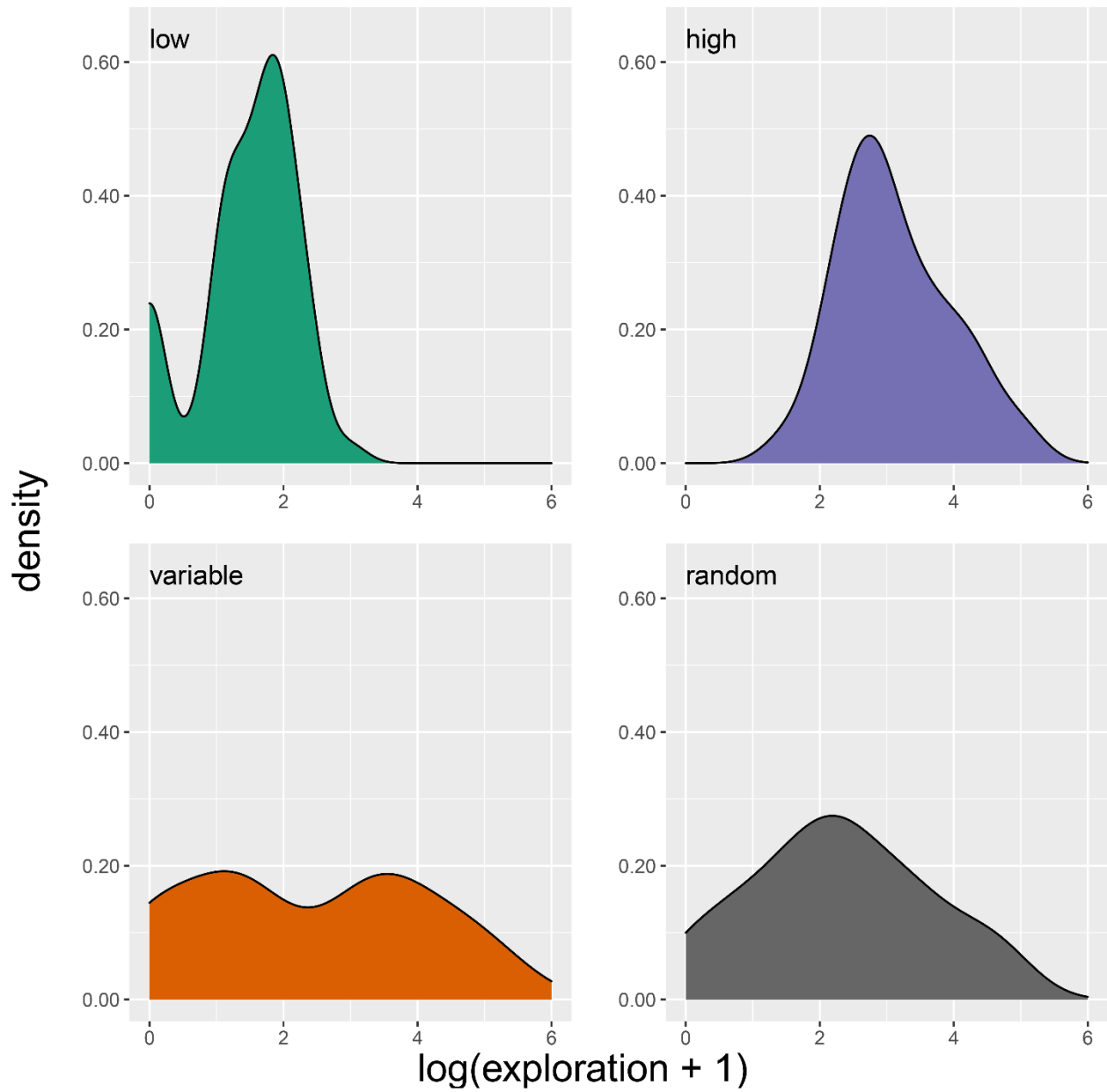
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110

111 **Figure S1.** Treatment groups differ according to (a) mean, (b) variance and (c) Shannon diversity
 112 index of personality (i.e. exploration score). Means \pm s.e. are shown on raw data. Different
 113 lowercase letters denote significant differences ($p \leq 0.050$), while similar but italicized letters
 114 denote marginal differences ($0.050 < p < 0.100$) between social treatment groups based on post-
 115 hoc pairwise comparisons with Tukey-adjusted p -values.

116



117

118 **Figure S2.** Treatment groups differ according to the density distribution of exploration score.

119 The random and variable groups have wider distribution, unimodal in the random group, but
 120 bimodal in the variable group. The high- and low-exploratory groups have narrow distributions at
 121 the upper or lower range limit, respectively.

122

123 (f) Blood sampling

124 Blood samples were collected on day 9 and day 18 to assess the physiological state before and
125 after the social treatment period, respectively. Blood samples were collected into heparinized
126 capillaries by puncturing the brachial vein with insulin syringe. A drop of blood was smeared
127 onto a microscope slide for counting leucocytes. The capillaries with blood samples were stored
128 in dark cooling boxes at 4°C for max. 4 h until centrifuged (5 min at 6200 g) to separate the
129 plasma and erythrocyte fractions. Plasma was partitioned into aliquots for each physiological
130 parameter and all aliquots were stored at -50°C until the laboratory assay took place.

131

132 (g) Physiological parameters

133 We measured the following five parameters to describe the physiological state of the birds. First,
134 we computed a size-corrected body mass index to characterize the individuals' body condition
135 (i.e. the relative amount of energy stores in the form of muscle and fat). For this, we used the
136 Scaled Mass Index [7] (for details, see [8]). Second, 50 leukocytes were counted from blood
137 smears by G.O. (for details, see [9,10]). Heterophil-to-lymphocyte ratio was used as an indicator
138 of glucocorticoid-mediated stress response [11]. Because all the leukocytes were heterophils on
139 some smears, heterophil-to-lymphocyte ratio was calculated as heterophils / (heterophils +
140 lymphocytes); thus, a value close to 1 indicates higher physiological stress. Third, oxidative
141 stress was assessed by J.P. and C.I.V. by measuring the amount of oxidative damage to cell
142 membrane phospholipids via the plasma concentration of malondialdehyde, a toxic intermediate
143 of oxidative lipid decomposition (for details, see [12]). Fourth, the level of natural antibodies
144 (agglutination score) and the activity of the complement system (lysis score) as two associated

145 measures of the constitutive innate immune system was assessed by J.P. and C.I.V. via a
 146 haemagglutination–haemolysis assay [13] (for details, see [14]). Higher scores mean that the
 147 immune system constituents of the plasma can agglutinate or lyse foreign red blood cells at lower
 148 concentration (i.e. indicate better immune capacity).

149

150 3. Additional results

151 There was no significant difference among treatment groups in the pre-treatment values of the
 152 five physiological variables (body condition, SMI: $\chi^2 = 0.333$, $df = 3$, $p = 0.954$; heterophil-to-
 153 lymphocyte ratio, H/L: $\chi^2 = 2.441$, $df = 3$, $p = 0.486$; malondialdehyde, MDA: $\chi^2 = 4.790$, $df = 3$,
 154 $p = 0.188$; agglutination: $\chi^2 = 1.335$, $df = 3$, $p = 0.721$; lysis: $\chi^2 = 2.007$, $df = 3$, $p = 0.571$).

155

156 **Table S2.** Spearman rank correlation coefficients for the pair-wise correlations of the five
 157 physiological response variables (SMI – Scaled Mass Index (body condition); H/L ratio –
 158 heterophil-to-lymphocyte ratio (indicator of physiological stress); MDA – malondialdehyde
 159 (oxidative damage to lipids); agglutination – level of natural antibodies; lysis – activity of the
 160 complement system). Upper matrix (i.e. above the diagonal) shows the coefficients for the pre-
 161 treatment sampling event, while the lower matrix (i.e. below the diagonal) shows those for the
 162 post-treatment sampling event.

	SMI	H/L ratio	MDA	agglutination	lysis
SMI	–	–0.036	–0.051	0.095	0.157
H/L ratio	–0.058	–	0.038	–0.037	–0.146
MDA	0.014	–0.057	–	0.121	0.037
agglutination	0.038	–0.170	0.230	–	0.624
lysis	0.109	–0.165	0.140	0.683	–

163

164 **Table S3.** Parameter estimates of full models and minimal adequate models of individual
165 responses in physiological state of house sparrows during the social treatment period. Full models
166 contain all the predictors, while minimal models contain the significant predictors and the
167 sampling event \times treatment interaction even if not significant (predictor of interest). Statistically
168 significant effects (t -value or z -value ≥ 2) are marked in bold, while marginally significant effects
169 are marked in italic ($1.8 < t$ -value or z -value < 2). (a) SMI – Scaled Mass Index (body condition),
170 (b) H/L ratio – heterophil-to-lymphocyte ratio (indicator of physiological stress), (c) MDA –
171 malondialdehyde (oxidative damage to lipids), (e) Agglutination – level of natural antibodies, (f)
172 Lysis – activity of the complement system. Predictors: social treatment (HVG – variable group,
173 experimental group with high exploratory behaviour variance; HEG – high-exploratory group,
174 experimental group of birds with high exploratory behaviour; LEG – low-exploratory group,
175 experimental group of birds with low exploratory behaviour; reference level is the random group,
176 experimental group with a random sample of the exploratory behaviour range), S – sex (male is
177 the reference level), SE – sampling event (pre-treatment is the reference level), EB – exploratory
178 behaviour. Random effects: REP – study replicate ID, T – social treatment, ID – individual ID.
179 For random effects, σ^2 is the residual variance, while τ_{00} is the variance explained by random
180 factors.

	full model			min. adequate model		
fixed effects	β	s.e.	t -value	β	s.e.	t -value
intercept	0.351	0.193	1.821	0.297	0.143	2.069
SE	0.295	0.086	3.442	0.231	0.074	3.123
HVG	-0.210	0.254	0.827	-0.078	0.179	0.435
HEG	-0.350	0.290	1.205	-0.128	0.179	0.719
LEG	-0.159	0.306	0.519	-0.083	0.178	0.468
S	-0.524	0.254	2.063	-0.449	0.121	3.696
EB	0.082	0.149	0.552			
SE \times HVG	-0.276	0.105	2.624	-0.258	0.105	2.465
SE \times HEG	-0.402	0.108	3.737	-0.375	0.105	3.581
SE \times LEG	-0.278	0.108	2.573	-0.292	0.105	2.789
SE \times S	-0.113	0.077	1.468			
SE \times EB	0.022	0.042	0.530			
HVG \times S	0.305	0.364	0.840			
HEG \times S	0.277	0.360	0.768			
LEG \times S	0.162	0.364	0.445			
HVG \times EB	-0.022	0.164	0.132			
HEG \times EB	0.009	0.237	0.039			
LEG \times EB	-0.099	0.256	0.389			
S \times EB	0.099	0.144	0.686			
random effects						
σ^2	0.16			0.16		
τ_{00}	0.80 _{REP:T:ID}			0.79 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.00 _{REP}			0.00 _{REP}		
n	6 REP			6 REP		
	4 T			4 T		
	240 ID			240 ID		
observations	480			480		
marg. R^2 ; cond. R^2	0.337 / NA			0.282 / NA		

fixed effects	full model			min. adequate model		
	β	s.e.	<i>t</i> -value	β	s.e.	<i>t</i> -value
intercept	0.233	0.244	0.954	0.224	0.226	0.992
SE	-0.567	0.193	2.943	-0.542	0.191	2.834
HVG	-0.230	0.210	1.094	-0.216	0.167	1.294
HEG	-0.167	0.234	0.714	-0.184	0.167	1.104
LEG	-0.169	0.243	0.697	-0.194	0.166	1.166
S	-0.179	0.196	0.912	-0.152	0.119	1.278
EB	-0.001	0.114	0.012			
SE \times HVG	0.470	0.236	1.991	0.468	0.236	1.979
SE \times HEG	0.559	0.241	2.316	0.617	0.236	2.616
SE \times LEG	0.494	0.242	2.035	0.428	0.235	1.821
SE \times S	0.372	0.172	2.160	0.329	0.168	1.961
SE \times EB	0.103	0.095	1.086			
HVG \times S	0.012	0.255	0.046			
HEG \times S	0.128	0.253	0.505			
LEG \times S	-0.138	0.256	0.542			
HVG \times EB	-0.025	0.114	0.220			
HEG \times EB	-0.094	0.166	0.563			
LEG \times EB	-0.056	0.180	0.312			
S \times EB	-0.063	0.101	0.620			
random effects						
σ^2	0.83			0.83		
τ_{00}	0.01 _{REP:T:ID}			0.00 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.20 _{REP}			0.20 _{REP}		
<i>n</i>	6 REP			6 REP		
	4 T			4 T		
	240 ID			240 ID		
observations	480			480		
marg. R^2 ; cond. R^2	0.024 / 0.222			0.020 / 0.209		

fixed effects	full model			min. adequate model		
	β	s.e.	<i>t</i> -value	β	s.e.	<i>t</i> -value
intercept	-0.043	0.188	0.229	0.037	0.146	0.253
SE	-0.210	0.207	1.013	-0.203	0.178	1.139
HVG	0.228	0.225	1.013	0.188	0.178	1.053
HEG	0.009	0.253	0.036	-0.182	0.179	1.016
LEG	0.127	0.261	0.488	-0.159	0.178	0.891
S	0.115	0.210	0.547			
EB	0.130	0.122	1.066			
SE \times HVG	-0.232	0.255	0.910	-0.236	0.253	0.935
SE \times HEG	0.500	0.262	1.909	0.467	0.254	1.837
SE \times LEG	0.529	0.261	2.023	0.577	0.252	2.288
SE \times S	0.018	0.187	0.094			
SE \times EB	-0.067	0.103	0.654			
HVG \times S	-0.091	0.274	0.333			
HEG \times S	-0.068	0.274	0.247			
LEG \times S	-0.430	0.274	1.567			
HVG \times EB	-0.048	0.124	0.390			
HEG \times EB	-0.303	0.181	1.674			
LEG \times EB	-0.006	0.193	0.030			
S \times EB	-0.134	0.109	1.224			
random effects						
σ^2	0.95			0.95		
τ_{00}	0.02 _{REP:T:ID}			0.01 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.03 _{REP}			0.03 _{REP}		
<i>n</i>	6 REP			6 REP		
	4 T			4 T		
	240 ID			240 ID		
observations	471			471		
marg. R^2 ; cond. R^2	0.044 / NA			0.031 / NA		

fixed effects	full model			min. adequate model		
	β	s.e.	z-value	β	s.e.	z-value
intercept	-0.155	0.576	3.239	-0.216	0.454	3.373
SE	<i>2.711</i>	<i>0.533</i>	<i>1.871</i>	3.028	0.445	2.487
HVG	2.876	0.591	1.787	1.662	0.457	1.111
HEG	1.799	0.646	0.909	1.118	0.473	0.236
LEG	2.573	0.667	1.417	1.495	0.460	0.874
S (F)	1.778	0.542	1.061			
EB	1.037	0.311	0.117			
SE \times HVG	-0.672	0.619	0.643	0.647	0.603	0.722
SE \times HEG	-0.696	0.639	0.567	0.699	0.620	0.577
SE \times LEG	-0.629	0.642	0.722	0.603	0.606	0.834
SE \times S	1.226	0.448	0.454			
SE \times EB	1.039	0.247	0.157			
HVG \times S	-0.352	0.660	1.581			
HEG \times S	-0.510	0.660	1.021			
<i>LEG \times S</i>	<i>-0.290</i>	<i>0.670</i>	<i>1.845</i>			
HVG \times EB	-0.728	0.300	1.060			
HEG \times EB	-0.807	0.432	0.496			
LEG \times EB	-0.737	0.453	0.675			
S \times EB	1.091	0.259	0.336			
random effects						
σ^2	3.29			3.29		
τ_{00}	0.05 _{REP:T:ID}			0.06 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.44 _{REP}			0.49 _{REP}		
<i>n</i>	6 _{REP}			6 _{REP}		
	4 _T			4 _T		
	237 _{ID}			237 _{ID}		
observations	474			474		
marg. R^2 ; cond. R^2	0.074 / NA			0.052 / NA		

fixed effects	full model			min. adequate model		
	β	s.e.	z-value	β	s.e.	z-value
intercept	-0.160	0.633	2.896	-0.132	0.531	3.816
SE	1.874	0.587	1.071	2.321	0.495	1.701
HVG	-0.995	0.661	0.008	-0.859	0.555	0.274
HEG	-0.626	0.772	0.607	-0.474	0.619	1.204
LEG	1.652	0.741	0.677	1.138	0.533	0.243
S	-0.630	0.633	0.729			
EB	1.682	0.363	1.432			
SE \times HVG	1.412	0.728	0.473	1.289	0.703	0.361
SE \times HEG	1.439	0.793	0.458	1.186	0.771	0.221
SE \times LEG	1.347	0.726	0.410	1.508	0.678	0.606
SE \times S	1.495	0.560	0.717			
SE \times EB	-0.803	0.299	0.734			
HVG \times S	-0.424	0.846	1.015			
HEG \times S	-0.877	0.846	0.155			
LEG \times S	-0.499	0.773	0.899			
HVG \times EB	-0.580	0.368	1.481			
HEG \times EB	-0.391	0.598	1.573			
LEG \times EB	-0.778	0.512	0.489			
S \times EB	-0.582	0.340	1.591			
random effects						
σ^2	3.29			3.29		
τ_{00}	0.19 _{REP:T:ID}			0.21 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.65 _{REP}			0.69 _{REP}		
n	6 REP			6 REP		
	4 T			4 T		
	237 ID			237 ID		
observations	474			474		
marg. R^2 ; cond. R^2	0.179 / NA			0.111 / NA		

191 **Table S4.** Parameter estimates of full models and minimal adequate models of individual
192 responses in physiological state of house sparrows in relation with the Shannon diversity index of
193 the groups during the social treatment period. Full models contain all the predictors, while
194 minimal models contain the significant predictors and the sampling event \times Shannon diversity
195 interaction even if not significant (predictor of interest). Statistically significant effects (t -value or
196 z -value ≥ 2) are marked in bold, while marginally significant effects are marked in italic ($1.8 < t$ -
197 value or z -value < 2). (a) SMI – Scaled Mass Index (body condition), (b) H/L ratio – heterophil-
198 to-lymphocyte ratio (indicator of physiological stress), (c) MDA – malondialdehyde (oxidative
199 damage to lipids), (e) Agglutination – level of natural antibodies, (f) Lysis – activity of the
200 complement system. Predictors: SE – sampling event (pre-treatment is the reference level), S –
201 sex (male is the reference level), Sh – Shannon diversity index, EB – exploratory behaviour.
202 Random effects: REP – study replicate ID, T – social treatment, ID – individual ID. For random
203 effects, σ^2 is the residual variance, while τ_{00} is the variance explained by random factors.

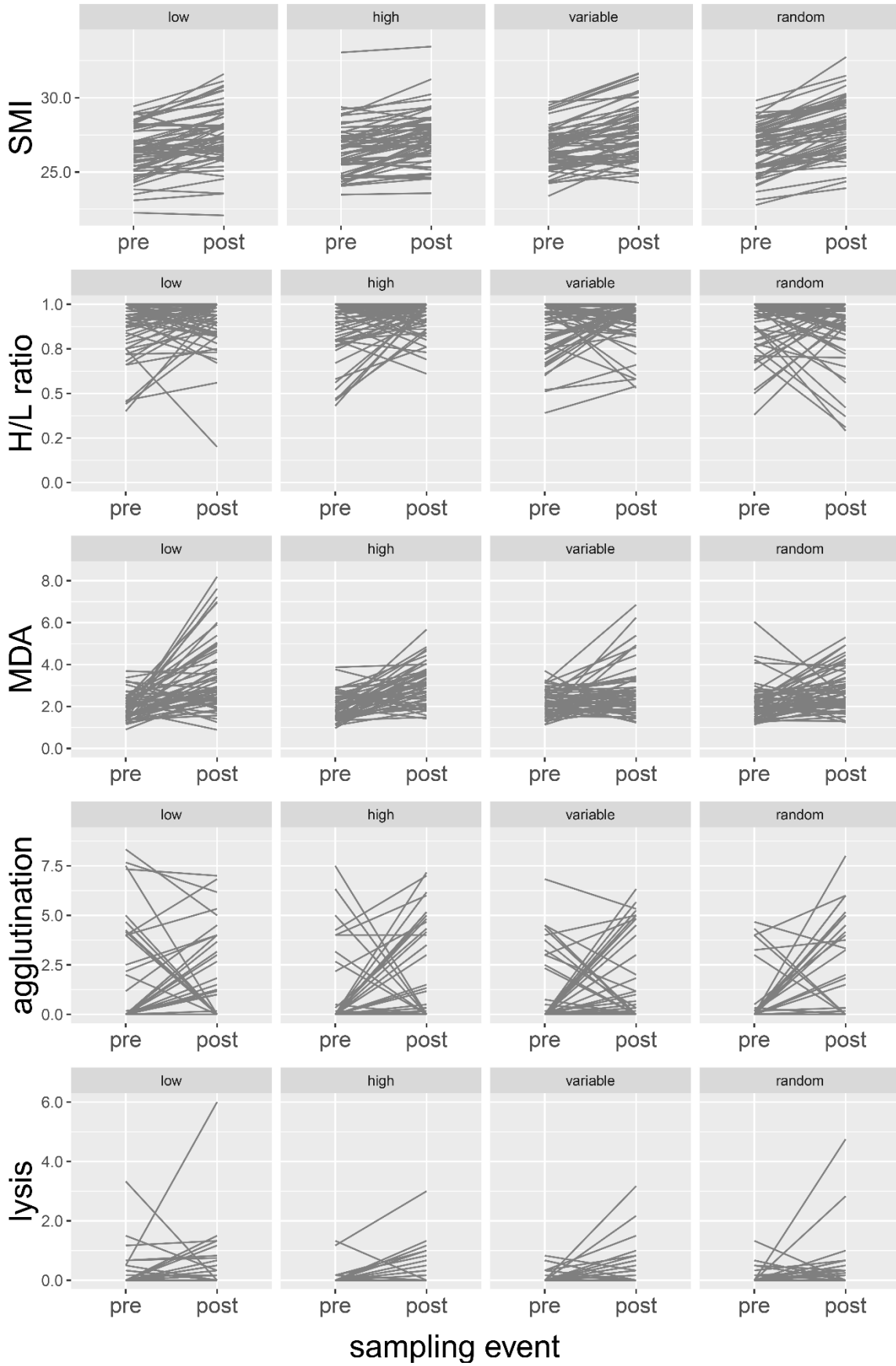
	full model			min. adequate model		
fixed effects	β	s.e.	t -value	β	s.e.	t -value
intercept	0.184	0.091	2.009	0.214	0.087	2.461
SE	0.047	0.053	0.895	0.000	0.037	0.000
S	-0.342	0.130	2.642	-0.429	0.120	3.561
Sh	0.085	0.089	0.949	0.005	0.063	0.085
EB	0.024	0.088	0.271			
SE \times S	-0.095	0.076	1.247			
SE \times Sh	0.140	0.037	3.773	0.140	0.037	3.800
SE \times EB	-0.001	0.038	0.024			
S \times Sh	-0.153	0.121	1.271			
S \times EB	0.112	0.124	0.904			
random effects						
σ^2	0.16			0.16		
τ_{00}	0.78 _{REP:T:ID}			0.79 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.00 _{REP}			0.00 _{REP}		
n	6 REP			6 REP		
	4 T			4 T		
	240 ID			240 ID		
observations	480			480		
marg. R^2 ; cond. R^2	0.307 / NA			0.259 / NA		

fixed effects	full model			min. adequate model		
	β	s.e.	<i>t</i> -value	β	s.e.	<i>t</i> -value
intercept	0.079	0.201	0.392	0.000	0.191	0.000
SE	-0.170	0.120	1.415	0.000	0.084	0.000
S	-0.159	0.122	1.305			
Sh	0.012	0.076	0.160	0.032	0.061	0.517
EB	-0.042	0.074	0.566			
<i>SE</i> × <i>S</i>	<i>0.340</i>	<i>0.173</i>	<i>1.971</i>			
SE × Sh	-0.069	0.084	0.817	-0.066	0.084	0.787
SE × EB	0.113	0.087	1.303			
S × Sh	0.039	0.085	0.460			
S × EB	-0.010	0.087	0.115			
random effects						
σ^2	0.84			0.84		
τ_{00}	0.00 _{REP:T:ID}			0.00 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.20 _{REP}			0.20 _{REP}		
<i>n</i>	6 REP			6 REP		
	4 T			4 T		
	240 ID			240 ID		
observations	480			480		
marg. R^2 ; cond. R^2	0.011 / NA			0.001 / NA		

fixed effects	full model			min. adequate model		
	β	s.e.	t -value	β	s.e.	t -value
intercept	0.019	0.113	0.172	-0.001	0.092	0.007
SE	-0.022	0.130	0.173	-0.001	0.090	0.015
S	-0.050	0.131	0.379			
Sh	0.032	0.081	0.389	0.054	0.065	0.832
EB	0.015	0.081	0.192			
SE \times S	0.042	0.188	0.221			
SE \times Sh	-0.217	0.091	2.371	-0.224	0.091	2.470
SE \times EB	-0.065	0.095	0.691			
S \times Sh	0.039	0.092	0.426			
S \times EB	-0.044	0.095	0.460			
random effects						
σ^2	0.97			0.96		
τ_{00}	0.00 _{REP:T:ID}			0.00 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.03 _{REP}			0.03 _{REP}		
n	6 REP			6 REP		
	4 T			4 T		
	240 ID			240 ID		
observations	471			471		
marg. R^2 ; cond. R^2	0.019 / 0.044			0.016 / NA		

fixed effects	full model			min. adequate model		
	β	s.e.	z-value	β	s.e.	z-value
intercept	-0.314	0.364	3.189	-0.277	0.335	3.828
SE	1.957	0.305	2.199	2.208	0.219	3.615
S	-0.808	0.330	0.645			
Sh	-0.767	0.217	1.222	-0.805	0.181	1.194
EB	-0.797	0.197	1.151			
SE \times S	1.284	0.438	0.572			
SE \times Sh	1.306	0.227	1.177	1.318	0.226	1.220
SE \times EB	1.051	0.222	0.222			
S \times Sh	1.134	0.226	0.555			
S \times EB	1.190	0.225	0.773			
random effects						
σ^2	3.29			3.29		
τ_{00}	0.06 _{REP:T:ID}			0.07 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.45 _{REP}			0.48 _{REP}		
n	6 REP			6 REP		
	4 T			4 T		
	237 ID			237 ID		
observations	474			474		
marg. R^2 ; cond. R^2	0.060 / NA			0.052 / NA		

fixed effects	full model			min. adequate model		
	β	s.e.	z-value	β	s.e.	z-value
intercept	-0.157	0.438	4.235	-0.113	0.414	5.267
SE	2.383	0.344	2.523	2.851	0.260	4.022
S	-0.455	0.440	1.789			
Sh	1.067	0.250	0.258	-0.927	0.225	0.335
EB	-0.938	0.231	0.279			
SE \times S	1.436	0.542	0.668			
SE \times Sh	1.124	0.270	0.434	1.087	0.268	0.311
SE \times EB	-0.778	0.270	0.929			
S \times Sh	-0.737	0.272	1.124			
S \times EB	-0.777	0.278	0.907			
random effects						
σ^2	3.29			3.29		
τ_{00}	0.16 _{REP:T:ID}			0.23 _{REP:T:ID}		
	0.00 _{REP:T}			0.00 _{REP:T}		
	0.63 _{REP}			0.65 _{REP}		
n	6 REP			6 REP		
	4 T			4 T		
	237 ID			237 ID		
observations	474			474		
marg. R^2 ; cond. R^2	0.128 / NA			0.078 / NA		



215 **Figure S3.** Individual reaction norms of physiological responses to social treatment. Each line
216 denotes an individual ($N = 60$ per group) connecting the pre-treatment value (sampling event =
217 pre) with the post-treatment value (sampling event = post). Treatment groups: low = low-
218 exploratory group, high = high-exploratory group, variable = variable group, random = random
219 group.

220

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