

**Appendix 5.** Therapeutic rationales of TBI arms (n=107) in included studies.

<b>Therapeutic rationale of TBIs</b>	<b>Number of identified TBI-arms</b>	<b>Proportion (in %) on all TBI-arms*</b>
Cognitive behavioral treatment approaches (behavioral activation [n=12], cognitive behavioral therapy [n=70], cognitive therapy [n=3])	85	79
Cognitive bias modification	7	7
Mindfulness	4	4
Problem solving therapy	3	3
Psychodynamic therapy	3	3
Affect regulation training	2	2
Acceptance and commitment therapy	1	1
Cognition focused treatment (ie, emotionally neutral memory recall)	1	1
Intensive clinical management	1	1
Interpersonal psychotherapy	1	1
Positive affect promotion	1	1
Positive psychology	1	1
Social rhythm therapy	1	1

**Note.** \*Overall percentage exceeds 100%, since three trials combined rationales (eg, psychodynamic therapy and mindfulness), and were thus considered repeatedly.