AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

1. Did the research questions and	inclusion criteria for the review include the	ne components of PICO?
For Yes:  Population Intervention Comparator group Outcome  2. Did the report of the review co	Optional (recommended)  □ Timeframe for follow-up  ontain an explicit statement that the review	☐ Yes ☐ No
	et of the review and did the report justify a	
For Partial Yes: The authors state that they had a written protocol or guide that included ALL the following:  review question(s) a search strategy inclusion/exclusion criteria a risk of bias assessment	For Yes: As for partial yes, plus the protocol should be registered and should also have specified:  a meta-analysis/synthesis plan, if appropriate, and a plan for investigating causes of heterogeneity justification for any deviations from the protocol	☐ Yes ☐ Partial Yes ☐ No
3. Did the review authors explain	their selection of the study designs for inc	lusion in the review?
For Yes, the review should satisfy ONE of Explanation for including only R  OR Explanation for including on OR Explanation for including both	RCTs nly NRSI	☐ Yes □ No
4. Did the review authors use a co	omprehensive literature search strategy?	
For Partial Yes (all the following):  searched at least 2 databases (relevant to research question) provided key word and/or search strategy justified publication restrictions (e.g. language)	For Yes, should also have (all the following):  searched the reference lists / bibliographies of included studies searched trial/study registries included/consulted content experts in the field where relevant, searched for grey literature conducted search within 24 months of completion of the review	☐ Yes ☐ Partial Yes ☐ No
5. Did the review authors perform	n study selection in duplicate?	
and achieved consensus on which  OR two reviewers selected a sam	ently agreed on selection of eligible studies h studies to include apple of eligible studies and achieved good with the remainder selected by one	□ Yes □ No

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6 Did the marie and a real and a	data autocation in Junicate 9	
6. Did the review authors perform	i data extraction in duplicate?	
included studies	from a sample of eligible studies and st 80 percent), with the remainder	□ Yes □ No
7. Did the review authors provide	a list of excluded studies and justify the excluded	lusions?
For Partial Yes:	For Yes, must also have:	
<ul> <li>provided a list of all potentially relevant studies that were read in full-text form but excluded from the review</li> </ul>	Justified the exclusion from the review of each potentially relevant study	<ul><li>☐ Yes</li><li>☐ Partial Yes</li><li>☐ No</li></ul>
8. Did the review authors describe	e the included studies in adequate detail?	
For Partial Yes (ALL the following):  described populations described interventions described comparators described outcomes described research designs	For Yes, should also have ALL the following:  described population in detail described intervention in detail (including doses where relevant)  described comparator in detail (including doses where relevant)  described study's setting timeframe for follow-up	☐ Yes ☐ Partial Yes ☐ No
9. Did the review authors use a sa individual studies that were inc	tisfactory technique for assessing the risk of cluded in the review?	bias (RoB) in
For Partial Yes, must have assessed RoB from	For Yes, must also have assessed RoB from:	
unconcealed allocation, and lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all-cause mortality)	allocation sequence that was not truly random, <i>and</i> selection of the reported result from among multiple measurements or analyses of a specified outcome	<ul><li>☐ Yes</li><li>☐ Partial Yes</li><li>☐ No</li><li>☐ Includes only NRSI</li></ul>
NRSI For Partial Yes, must have assessed RoB: from confounding, and from selection bias	For Yes, must also have assessed RoB:  methods used to ascertain exposures and outcomes, and selection of the reported result from among multiple measurements or analyses of a specified outcome	<ul> <li>☐ Yes</li> <li>☐ Partial Yes</li> <li>☐ No</li> <li>☐ Includes only RCTs</li> </ul>
	on the sources of funding for the studies incl	uded in the review?
	ces of funding for individual studies included that the reviewers looked for this information authors also qualifies	□ Yes □ No

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11. If meta-analysis was performed did the review authors use appropriate combination of results?	e metho	ods for statistical
RCTs		
For Yes:		
The authors justified combining the data in a meta-analysis	_	Yes
<ul> <li>AND they used an appropriate weighted technique to combine</li> </ul>		No
study results and adjusted for heterogeneity if present.	Ш	No meta-analysis
AND investigated the causes of any heterogeneity		conducted
For NRSI For Yes:		
	П	Yes
	П	No
AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present		No meta-analysis
<ul> <li>AND they statistically combined effect estimates from NRSI that</li> </ul>		conducted
were adjusted for confounding, rather than combining raw data,		
or justified combining raw data when adjusted effect estimates were not available		
☐ AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review		
12. If meta-analysis was performed, did the review authors assess the poter individual studies on the results of the meta-analysis or other evidence s		
For Yes:		
☐ included only low risk of bias RCTs		Yes
☐ OR, if the pooled estimate was based on RCTs and/or NRSI at variable		No No
RoB, the authors performed analyses to investigate possible impact of		
RoB on summary estimates of effect.		conducted
13. Did the review authors account for RoB in individual studies when into results of the review?	erpretii	ng/ discussing the
For Yes:		
☐ included only low risk of bias RCTs		Yes
□ OR, if RCTs with moderate or high RoB, or NRSI were included the		No No
review provided a discussion of the likely impact of RoB on the results		
14. Did the review authors provide a satisfactory explanation for, and disc heterogeneity observed in the results of the review?	ussion	of, any
For Yes:		
There was no significant heterogeneity in the results	_	***
OR if heterogeneity was present the authors performed an investigation of	<u>_</u>	Yes
sources of any heterogeneity in the results and discussed the impact of this on the results of the review		No
15. If they performed quantitative synthesis did the review authors carry of investigation of publication bias (small study bias) and discuss its likely the review?		
For Yes:		
performed graphical or statistical tests for publication bias and discussed	C	Yes
the likelihood and magnitude of impact of publication bias		110
		conducted

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16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?					
For `	Yes	:			
		The authors reported no competing interests OR		Yes	
		The authors described their funding sources and how they managed		No	
		potential conflicts of interest			

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