## **Description of Additional Supplementary Files**

File name: Supplementary Video 1.

**Description:** Real time imaging of TCs (red, RFP) flowing through the MVNs (green, GFP) under a 400 Pa pressure differential. The scale bar is 150 µm.

File name: Supplementary Video 2.

**Description:** Time-course imaging of arrested TCs (red) migrating within, and extravasating from the MVNs (green). The time between frames is 30 min.

File name: Supplementary Video 3.

**Description:** Time-course imaging of CD44 (white)-mediated extravasation of a TC from MVNs (green). The frame time is 30 min. CD44 focal points mediate adhesion to the endothelium and binding to the sub-endothelial ECM.

File name: Supplementary Video 4.

**Description:** Time-course imaging

File name: Supplementary Data 1.

**Description:** Data underlying manuscript figures.