Figure S1a: Calcium intake (mg/day)

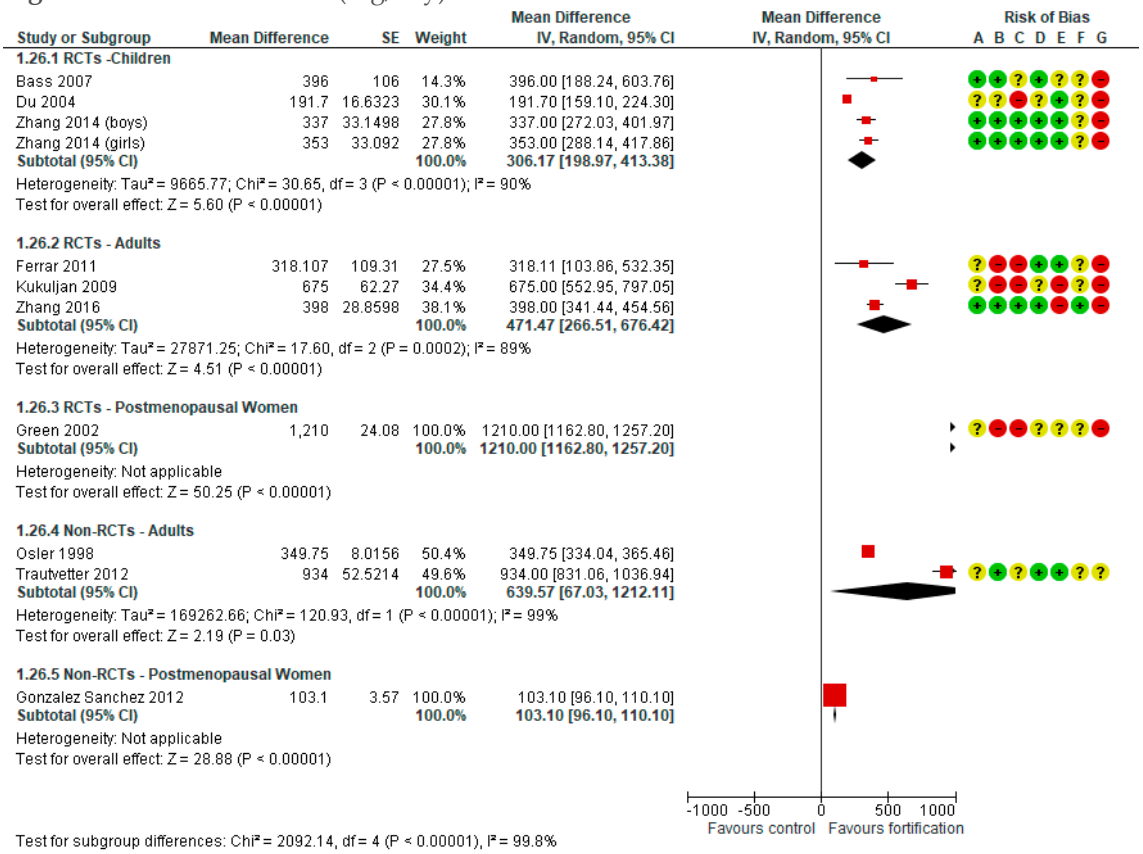


Figure S1b: Calcium intake by calcium fortification level (mg/day) reported in RCTs

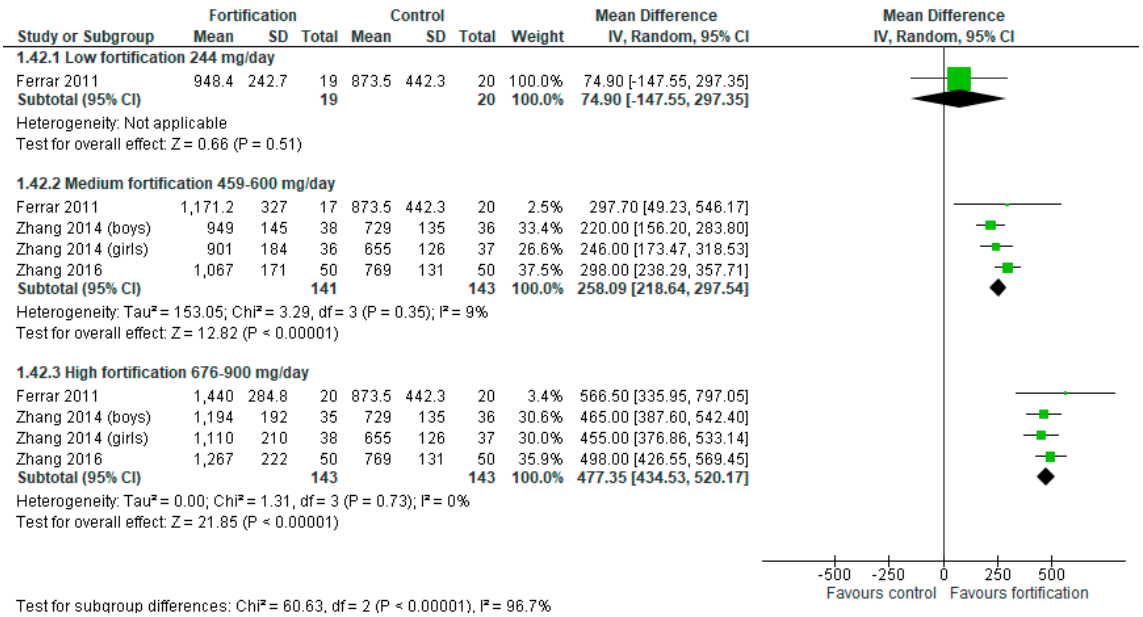


Figure S2: Weight (kg)

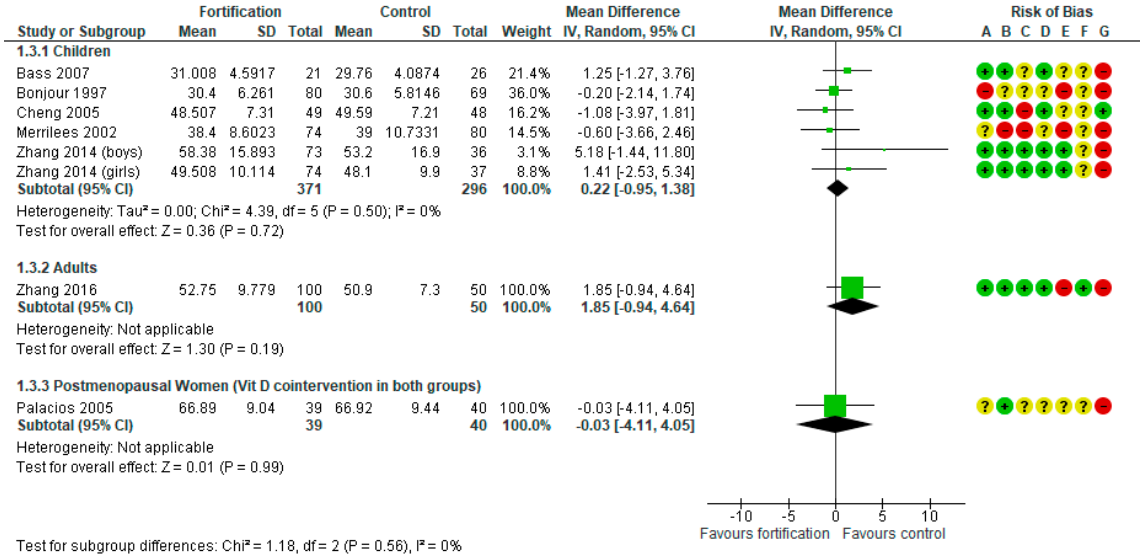


Figure S3: Height (cm)

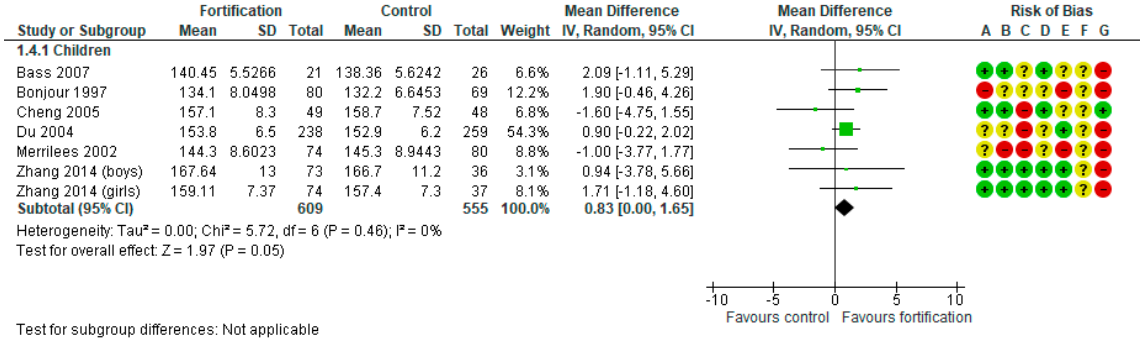


Figure S4: Parathyroid hormone (pmol/L)

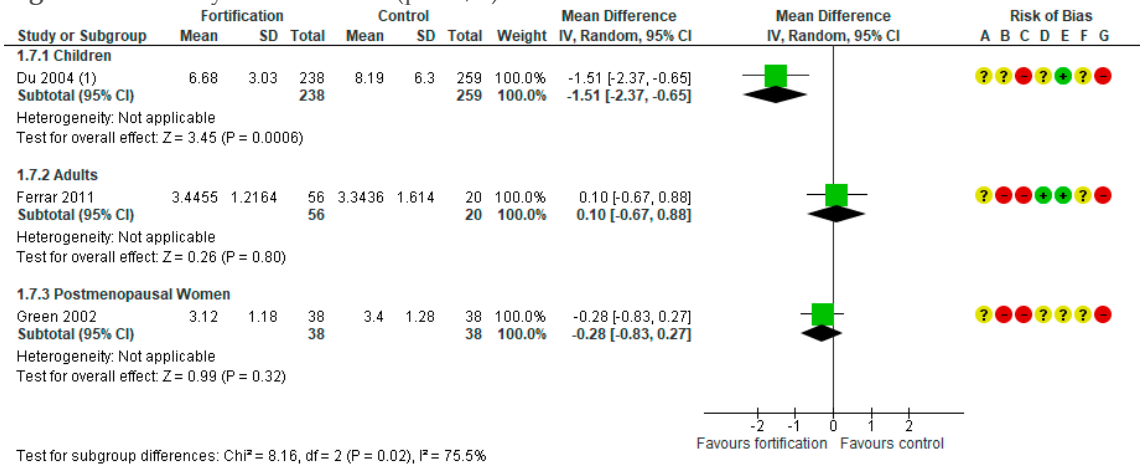


Figure S5: 25-hydroxy cholecalciferol (25 (OH) D3) (ng/mL)

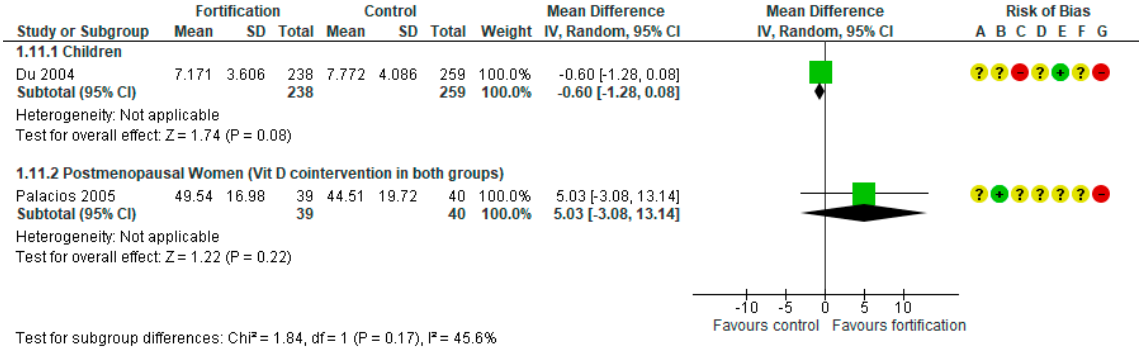


Figure S6: Serum Calcium (mg/dL)

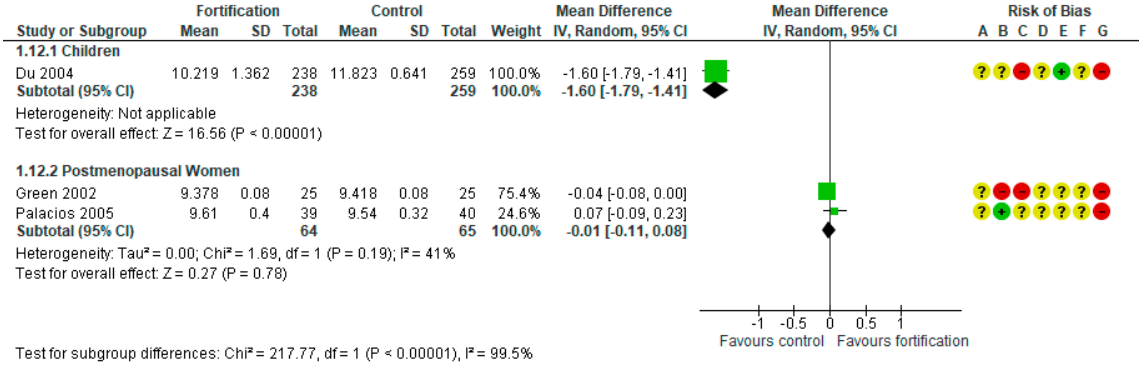


Figure S7: Urine Calcium / creatinine ratio

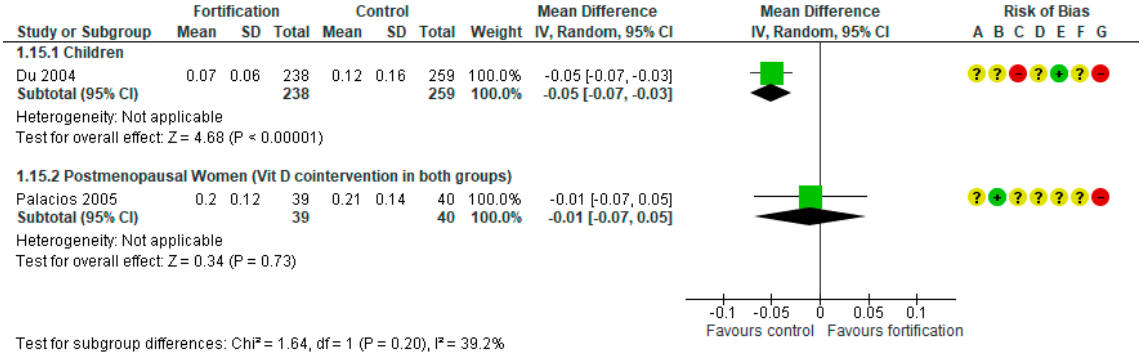


Figure S8: BMD Lumbar spine (g/cm^2)

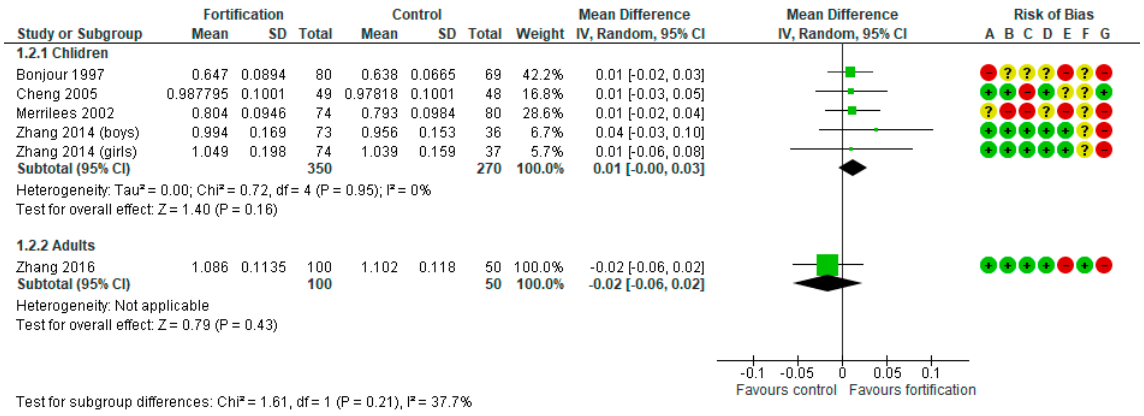


Figure S9: BMD Lumbar spine (g/cm²)

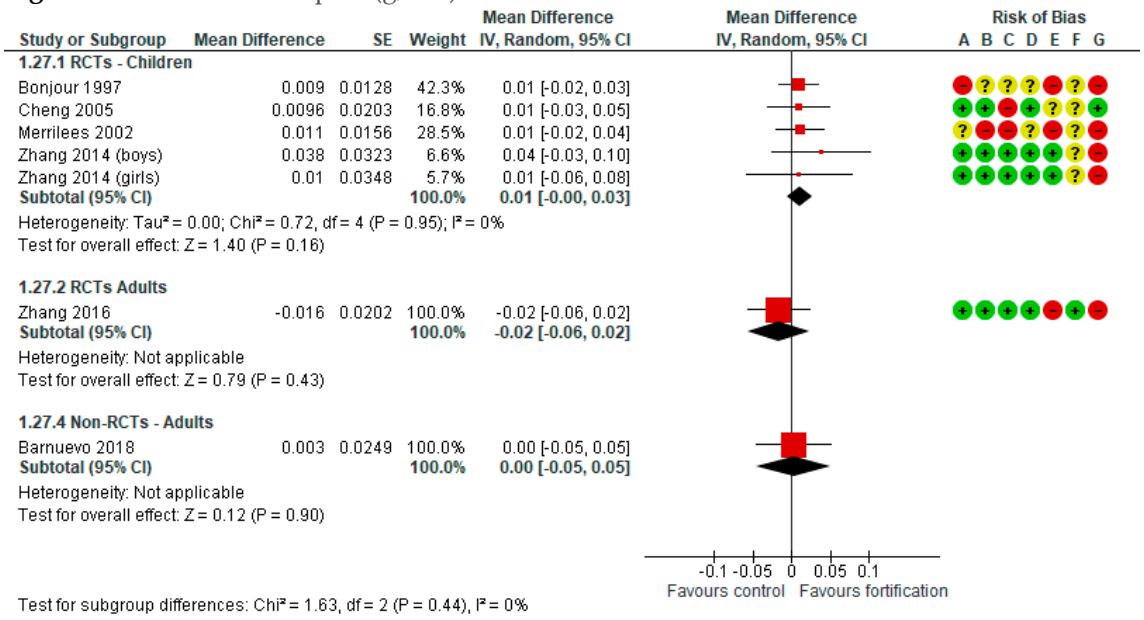


Figure S10: BMD hip (g/cm²)

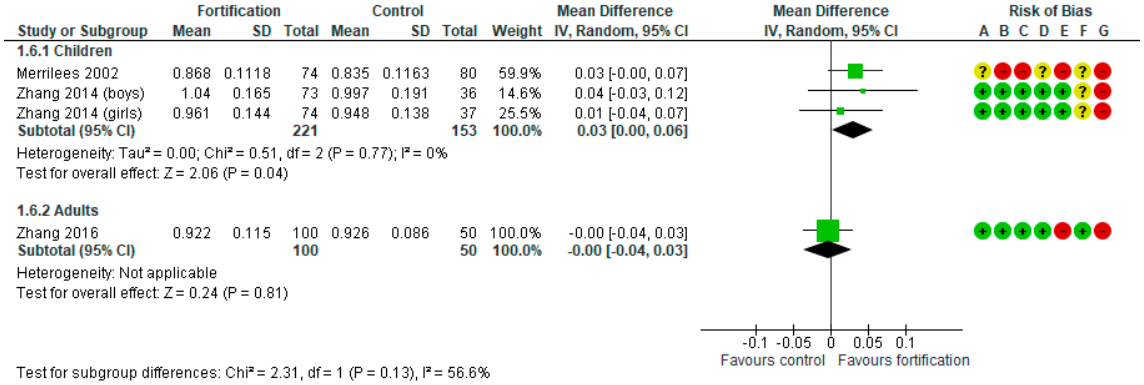


Figure S11: BMD Hip (g/cm²)

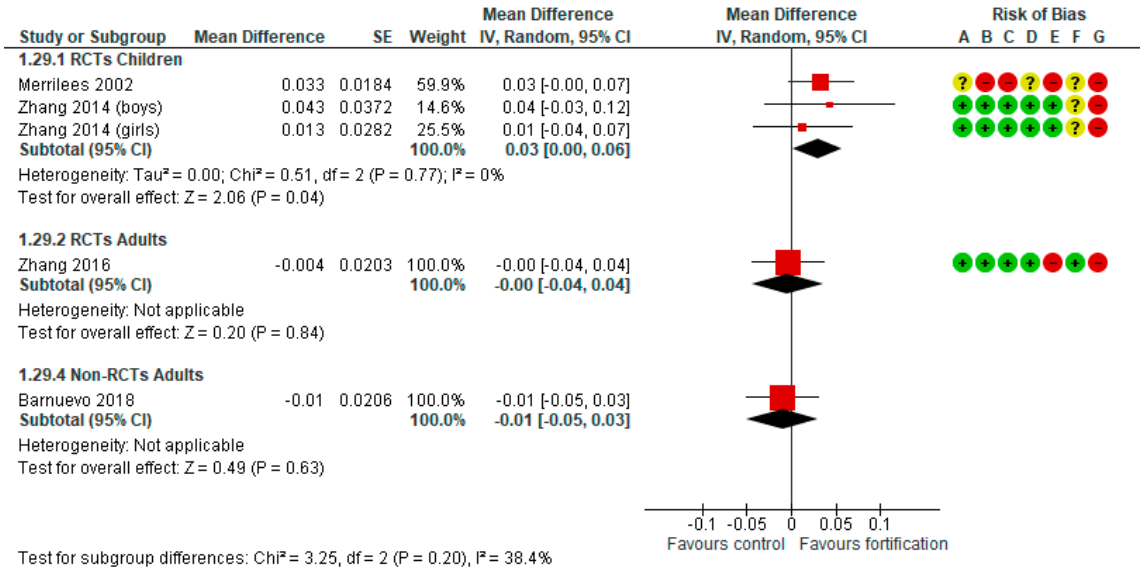


Figure S12: BMD total body (g/cm²)

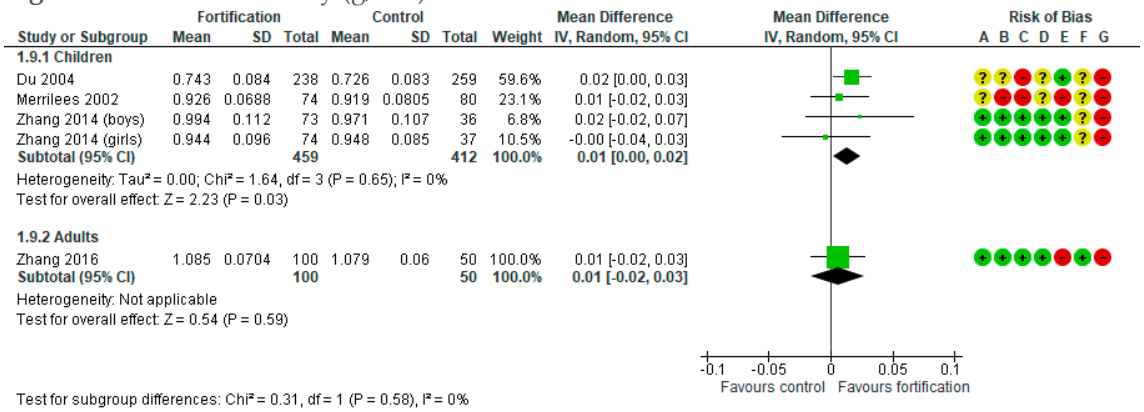


Figure S13: BMC total body (g)

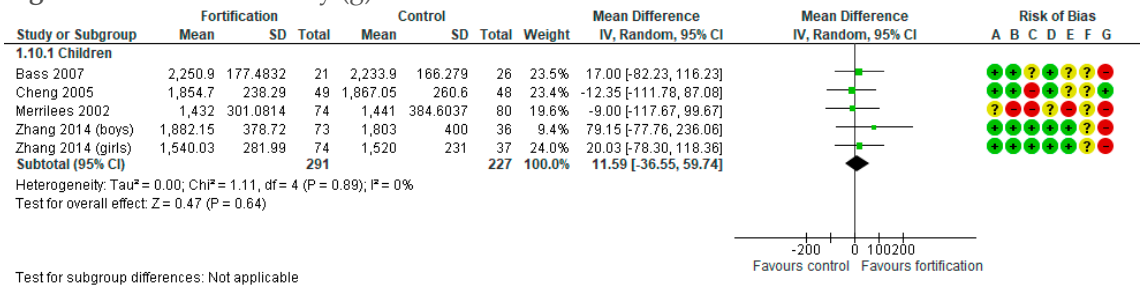


Figure S14: BMC lumbar spine (g)

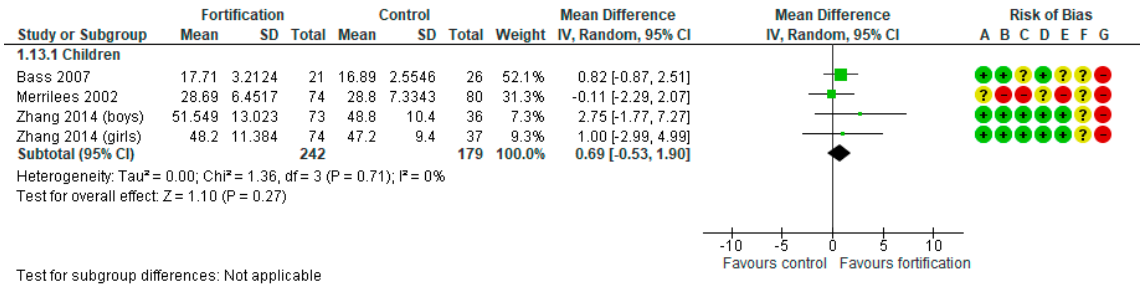


Figure S15: BMD Throcanteric region (g/cm²)

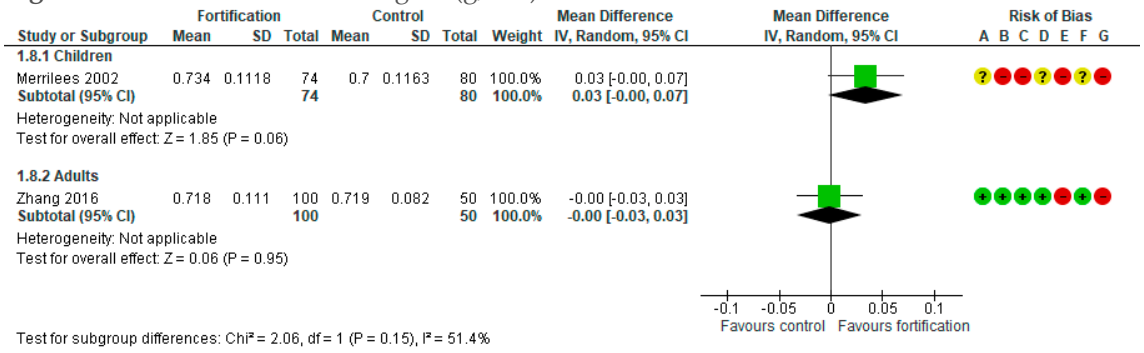


Figure S16: BMD Trochanteric region (g/cm²)

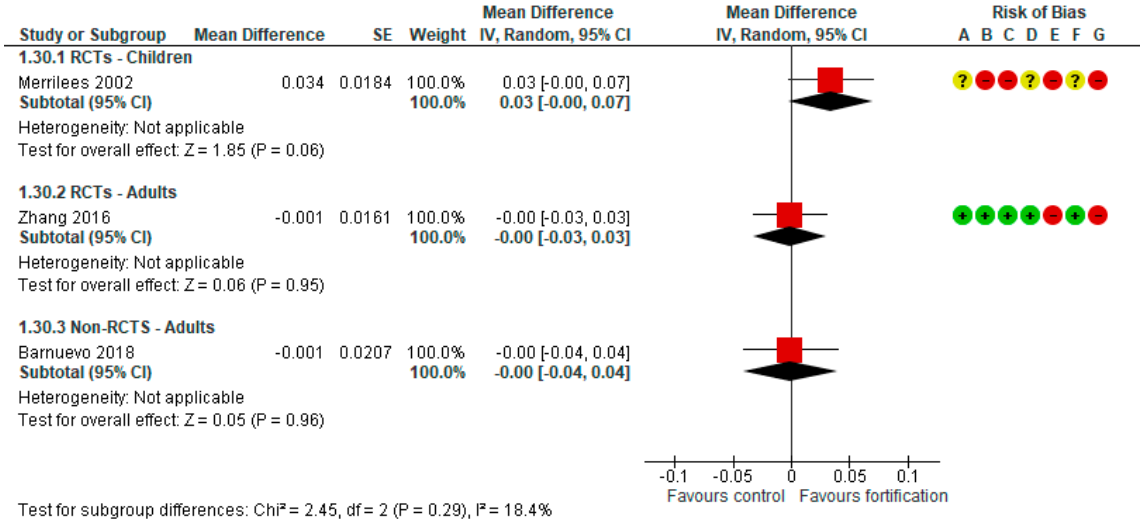


Figure S17: Calcium Intake (mg/day)

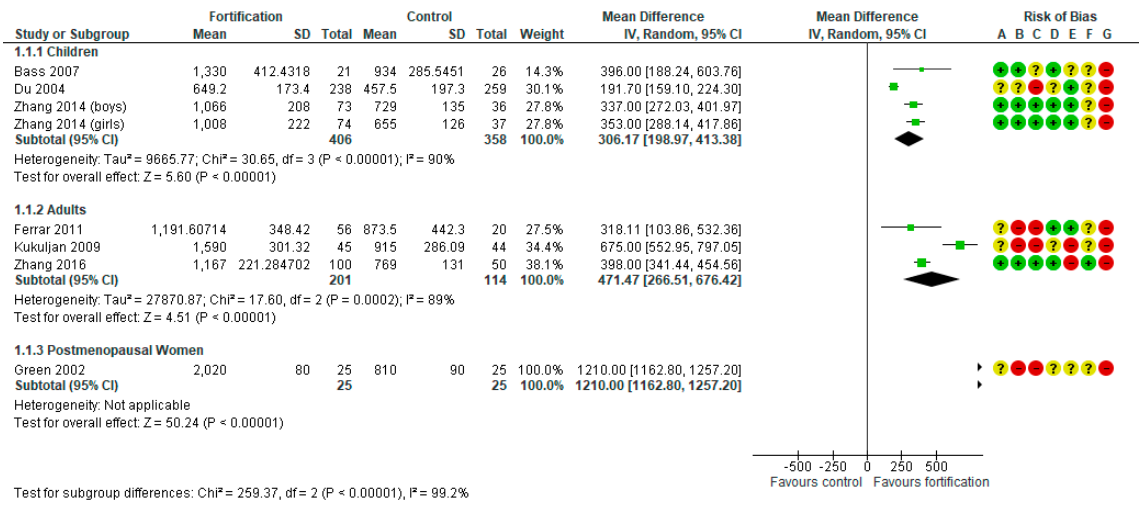


Figure S18: BMD Femoral neck (g/cm²)

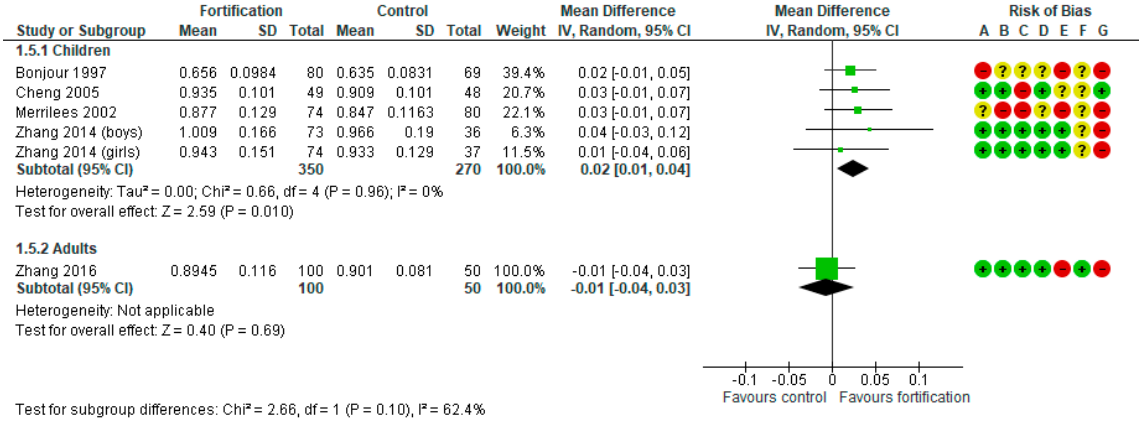


Figure S19: Body Mass Index (kg/m2)

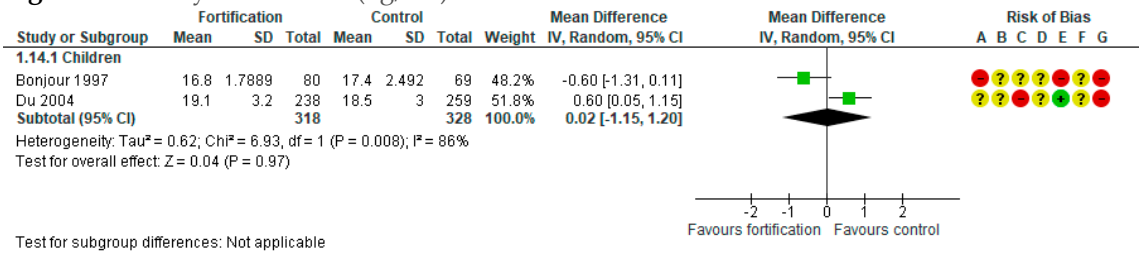


Figure S20: BMC Hip (g)

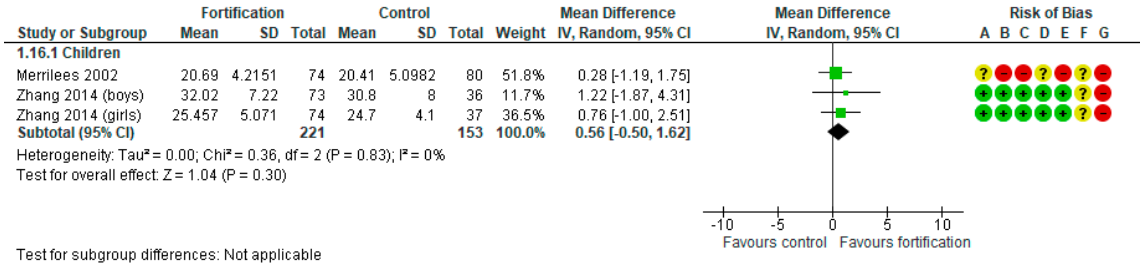


Figure S21: BMC Femoral Neck (g)

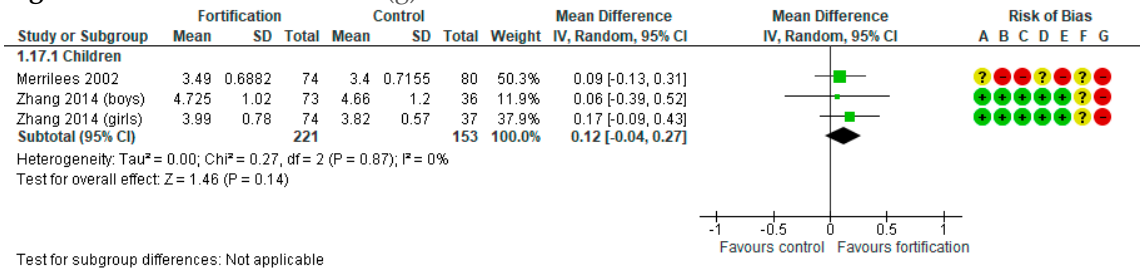


Figure S22: BMC Femoral Shaft (g)

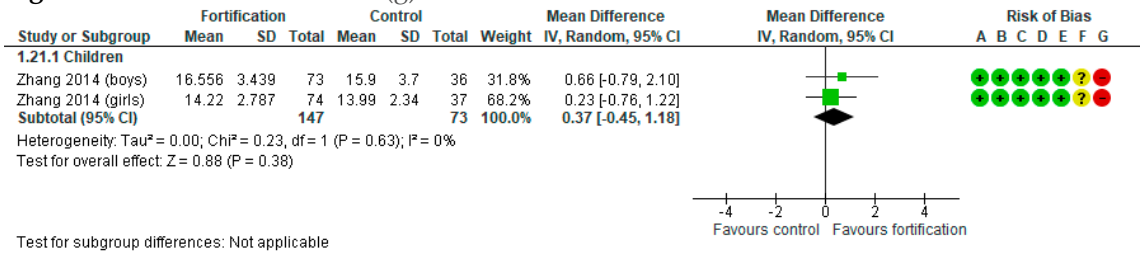


Figure S23: BMD Femoral Shaft (g/cm²)

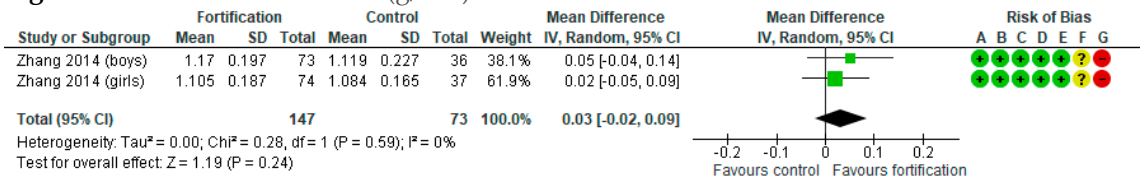


Figure S24: Parathyroid hormone by calcium fortification level (pmol/L)

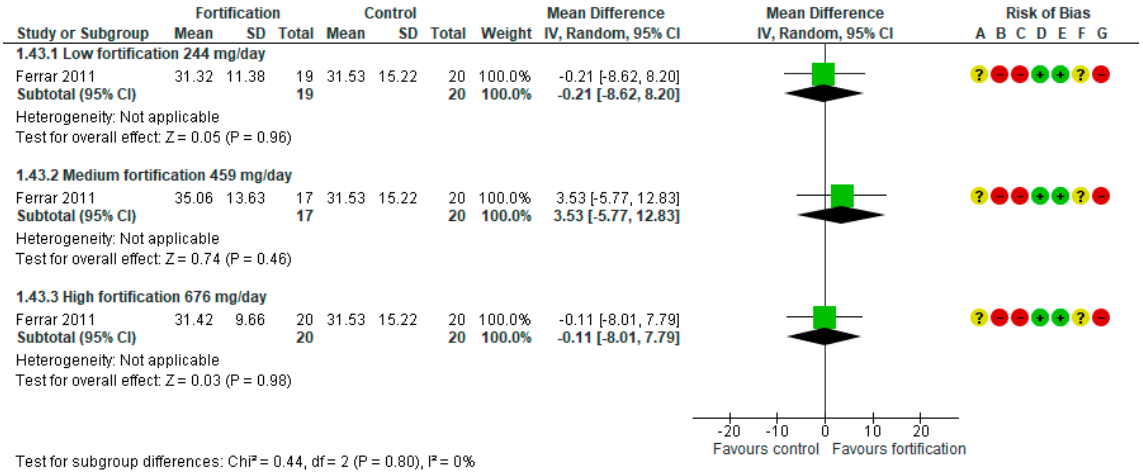


Figure S25: Serum 1,25-dihydroxycholecalciferol by calcium fortification level (nmol/l)

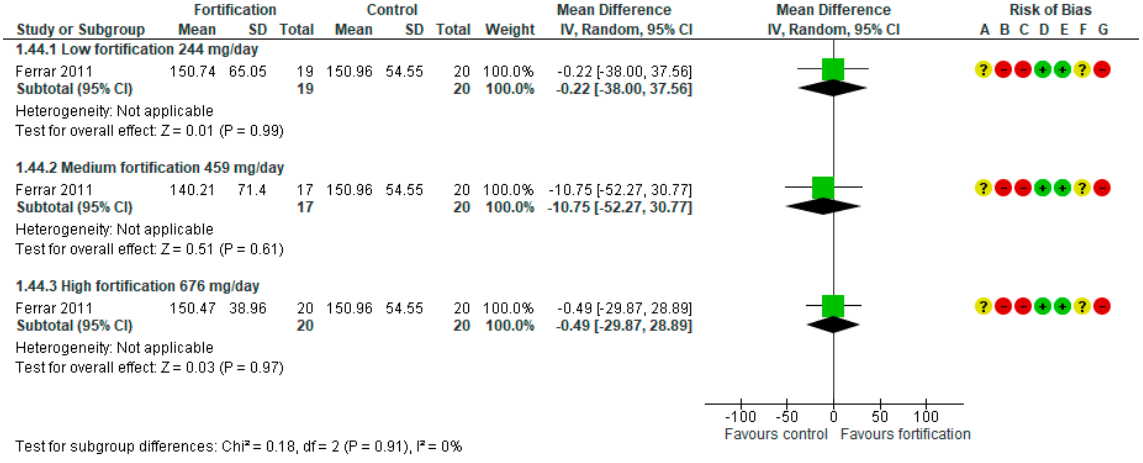


Figure S26: BMD Lumbar spine by calcium fortification level (g/cm²)

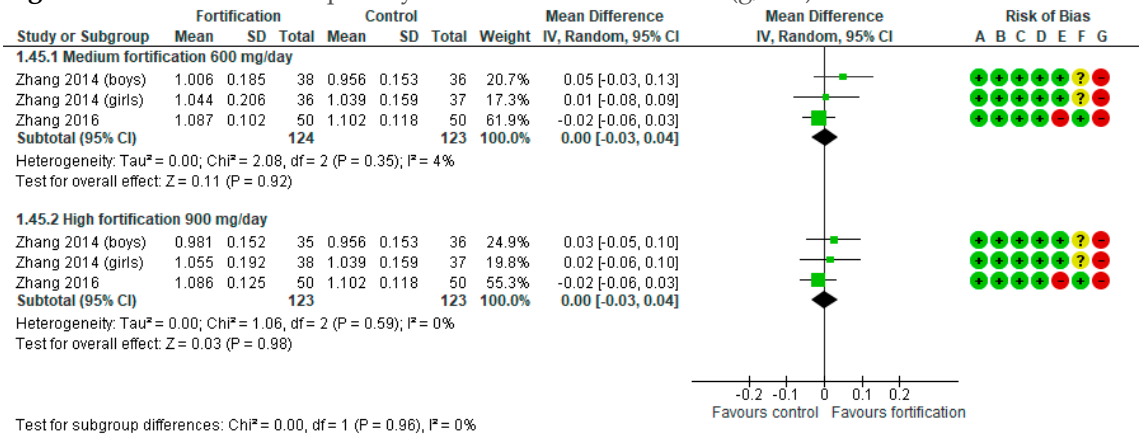


Figure S27: Weight by calcium fortification level (Kg)

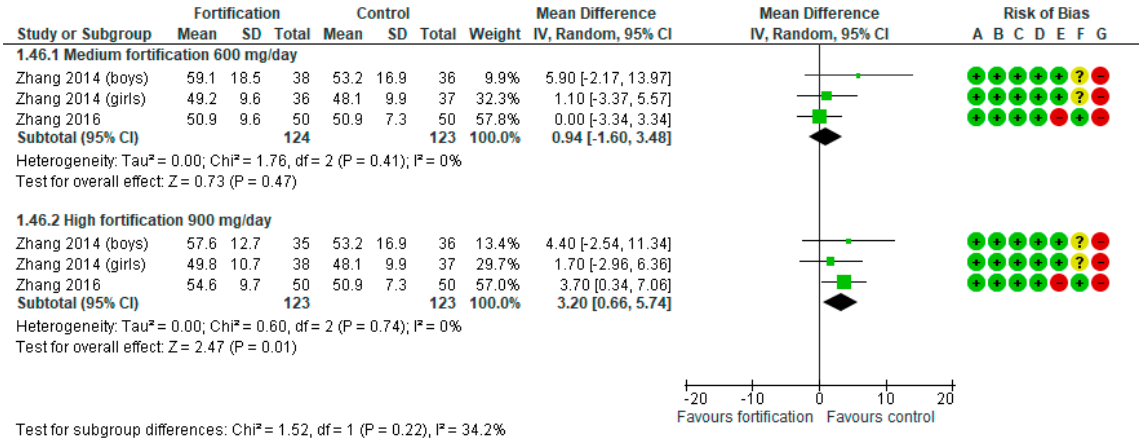


Figure S28: BMD Femoral neck by calcium fortification level (g/cm²)

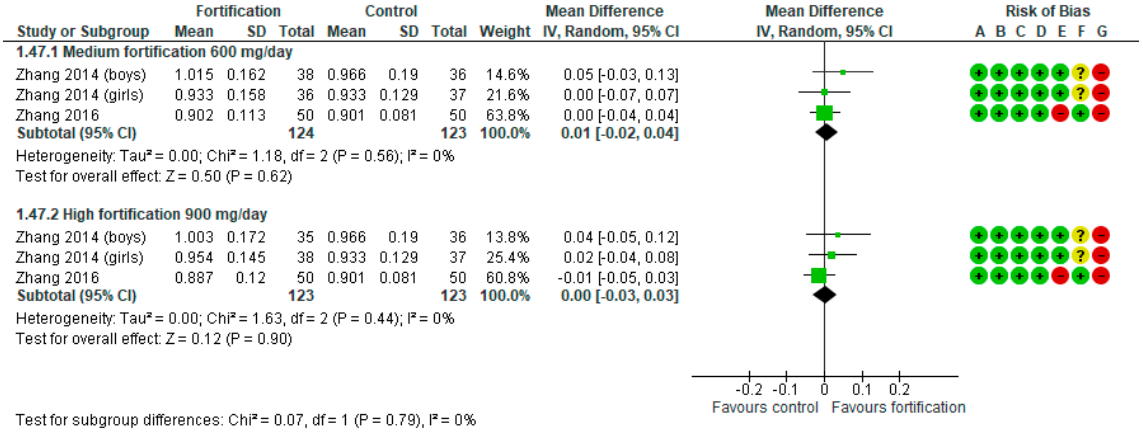


Figure S29: BMD hip by calcium fortification level (g/cm²)

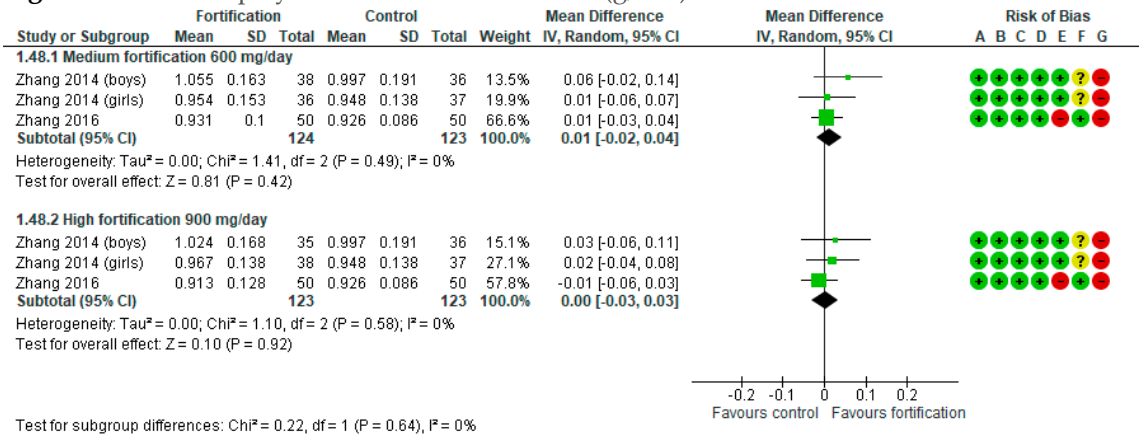
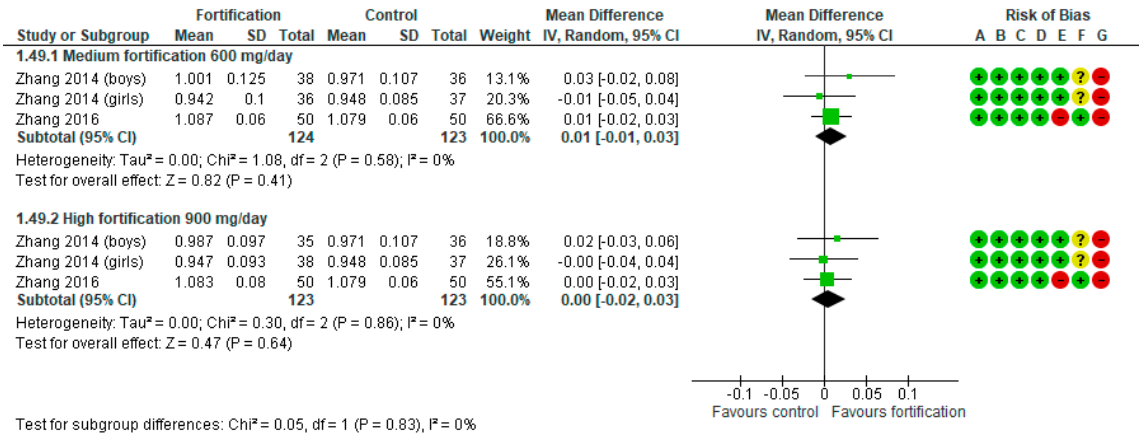


Figure S30: BMD total body by calcium fortification level (g/cm²)



Test for subgroup differences: Chi² = 0.05, df = 1 (P = 0.83), I² = 0%