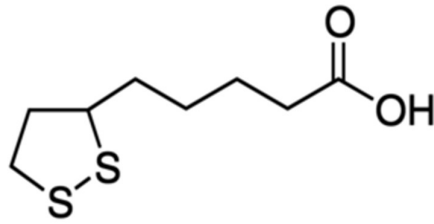
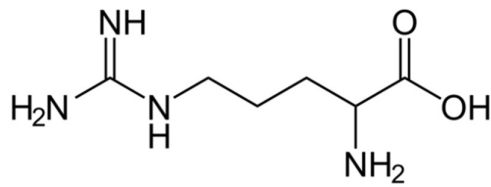


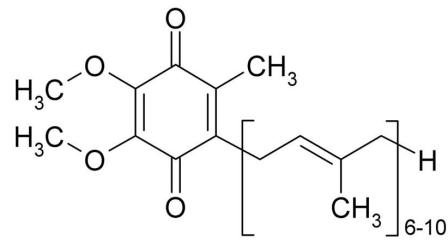
Supplementary Materials



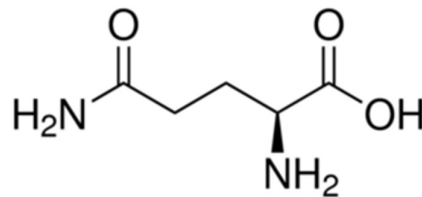
α-Lipoic acid



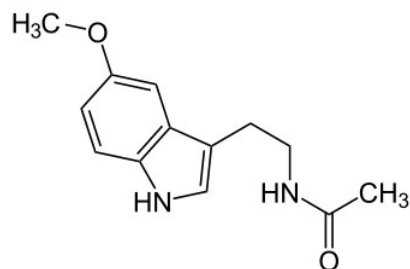
Arginine



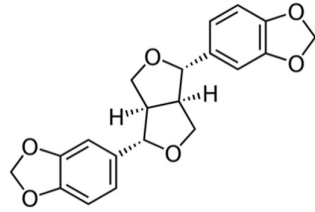
Coenzyme Q10



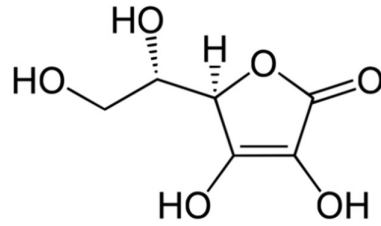
Glutamine



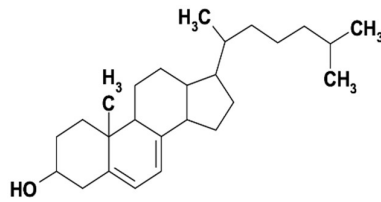
Melatonin



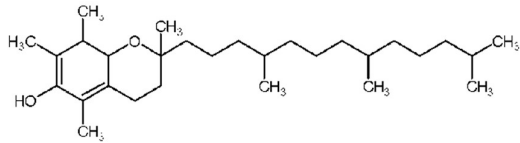
Sesamin



Vitamin C

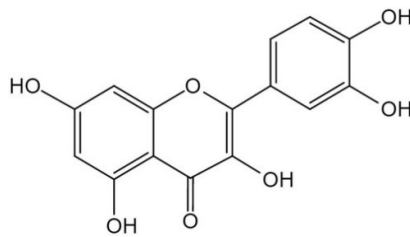


Vitamin D

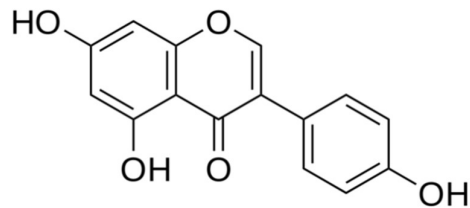


Vitamin E

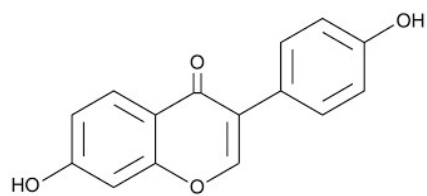
FLAVONOIDI



Quercetin



Genistein



Daidzein

Figure S1. Chemical structure of the principal exogenous antioxidants.