



Table S1. Descriptive and correlations between psychological variables.

Variable	Mean	SD	1	2	3	4	5	6	7	8	9	10
1. Negative Affectivity ¹	2.0	0.7										
2. Anxiety ¹	0.9	0.5	0.7*									
3. Optimism ¹	3.5	0.7	-0.2*	-0.4*								
4. Resilience ¹	6.0	0.6	-0.3*	-0.4*	0.4*							
5. Family-Work Conflict ²	0.9	0.7	0.2*	0.3*	-0.1	-0.04						
6. Pregnancy Concerns ²	1.7	0.5	0.3*	0.4*	-0.2*	-0.2	0.3*					
7. General Resources ²	2.1	0.7	0.2*	0.2*	-0.1	-0.3*	0.2*	0.3*				
8. Life Satisfaction ²	5.5	0.9	-0.1	-0.2	0.2*	0.3*	-0.3	-0.3*	-0.4*			
9. Depression ³	0.8	0.5	0.4*	0.3*	-0.2	-0.2*	0.2	0.3*	0.2*	-0.3*		
10. Resilience ³	5.5	1.5	-0.2*	-0.2	0.2*	0.2*	-0.1	-0.1	-0.1	0.2	-0.6*	
11. Optimism ³	3.4	0.6	-0.2*	-0.3*	0.7*	0.3*	-0.1	-0.1	-0.2	0.2*	-0.4*	0.4*

Standard Deviation (SD). ¹ At 9 week of gestation; ² at 24 week of gestation; ³ at 36 week of gestation. * *p*-value < 0.05 by Pearson's coefficients.