

Table S1. Comparison of dietary intake between nutritional intervention and control groups in the first three cycles of neoadjuvant chemotherapy.

Variables	Intervention Group (<i>n</i> = 19)			Control Group (<i>n</i> = 15)			<i>p</i> _{Interaction}	<i>p</i> _{time}	<i>p</i> _{group}
	T ₁	T ₂	T ₃	T ₁	T ₂	T ₃			
Energy (kcal/day)	1603.1 ± 107.9	1575.5 ± 103.4	1672.9 ± 96.9	1710.0 ± 112.5	1710.7 ± 163.8	1742.1 ± 240.1	0.917	0.761	0.526
Carbohydrate (g/day)	221.3 ± 13.5	217.0 ± 13.7	241.2 ± 22.6	219.5 ± 19.3	231.2 ± 19.1	224.7 ± 37.1	0.512	0.751	0.965
Protein (g/day)	79.2 ± 8.8	71.7 ± 7.0	83.7 ± 9.7	90.9 ± 8.8	84.1 ± 11.8	92.0 ± 12.1	0.951	0.457	0.245
Fat (g/day)	45.0 ± 5.9	42.6 ± 4.2	42.7 ± 3.8	52.2 ± 5.2	50.5 ± 7.1	51.4 ± 7.4	0.986	0.934	0.129
Cholesterol (mg/day)	357.3 ± 50.2	325.3 ± 57.5	314.5 ± 35.5	373.9 ± 52.9	315.3 ± 47.9	484.6 ± 71.2	0.262	0.382	0.244
Saturated fat (g/day)	16.3 ± 2.9	15.0 ± 1.4	13.9 ± 1.6	17.2 ± 2.1	16.0 ± 2.4	17.5 ± 3.6	0.701	0.862	0.422
Monounsaturated fat (g/day)	14.4 ± 2.3	13.0 ± 1.8	12.4 ± 1.4	17.2 ± 2.2	15.9 ± 2.6	15.8 ± 2.1	0.967	0.639	0.099
Polyunsaturated fat (g/day)	7.3 ± 0.8	7.0 ± 0.8	8.2 ± 1.2	8.8 ± 1.0	10.8 ± 1.6	10.0 ± 1.7	0.506	0.653	0.376
Fiber (g/day)	23.4 ± 2.4	21.5 ± 1.8	21.9 ± 2.5	20.3 ± 2.8	23.7 ± 3.6	20.6 ± 2.8	0.407	0.781	0.804
Sodium (mg/day)	1557.6 ± 209.0	1709.5 ± 216.3	1587.6 ± 176.6	2085.4 ± 420.9	1873.2 ± 268.5	2138.4 ± 481.0	0.614	0.977	0.140
Potassium (mg/day)	3026.0 ± 325.1	2920.3 ± 243.0	2997.7 ± 355.6	2743.1 ± 338.8	3097.3 ± 366.5	2684.5 ± 323.1	0.403	0.690	0.714
Zinc (mg/day)	8.9 ± 1.0	8.1 ± 1.2	8.1 ± 0.9	9.8 ± 1.3	9.6 ± 1.3	8.8 ± 1.3	0.903	0.711	0.360
Selenium (mg/day)	68.3 ± 10.5	73.4 ± 10.7	79.9 ± 21.3	76.6 ± 13.9	65.9 ± 12.0	98.4 ± 14.8	0.698	0.461	0.633
Piridoxina (mg/day)	1.6 ± 0.2	1.5 ± 0.2	1.2 ± 0.1	1.4 ± 0.2	1.6 ± 0.2	1.6 ± 0.3	0.272	0.648	0.761

Data presented in mean ± standard deviation. T1, regarding the end of the first chemotherapy cycle; T2, regarding the end of the second chemotherapy cycle; T3, regarding the end of the third cycle of chemotherapy.