

Supplementary Material

1 Supplementary Figures and Tables

1.1 Supplementary Tables

Table 1. Means for state/trait anxiety, sleep, and executive functioning according to non-confinement samples.

	Total Mean (6-18 years) – Non-confinement samples		Total Mean – Confinement Sample	
	State Anxiety	Trait Anxiety	State Anxiety	Trait Anxiety
Anxiety (STAIC)	31.2	35.7	34.73	33.67
Sleep (BEARS)	7.4		13.18	
EF (BRIEF-2)	45.87		42.21	
EF (BDEFS-CA)	33.2		70.69	

STAIC. State-Trait Anxiety Inventory for Children.

BEARS. Screening for sleep disorders in childhood.

BRIEF-2. Behavioral Evaluation of Executive Function.

BDEFS-CA. Barkley Deficits in Executive Functioning Scale. Children and Adolescents.